## Wellbrooke of Wabash **Assisted Living**

# January 2020





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
A - Artisans CC - Community Connections GF - Gathering of Friends GC - Group Games I - Inspirations JC - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About	Our Ombudsman is Terry Holtz. He can be reached at 574-737-2169.	We provide transportation for doctor's appointments on Mondays and Wednesdays. Please let your nurse know of any upcoming appointments to book with us. Fees may apply.	New Year's Day  V 10:00 First Workout of 2020! K 10:30 New Years Trivia A 11:00 New Years Craft K 11:00 New Years Puzzles GC 1:30 New Years Bingo	V 10:00 Shakers and Movers K 10:30 Telling Jokes- Someday We'll Laugh About This Week K 2:00 Card Club M 2:30 Sam Piercy O 2:30 Salvation Army Shopping Trip	3 GG 10:00 Life Enrichment Store 10:00 -11:00 V 10:30 Friday Fitness GG 1:00 Life Enrichment Store 1- 2pm K 2:00 Wellbrooke Book Club 1:00 Tour of Texas M 3:30 Deep in the Heart of Texas Happy Hour	V 10:00 Saturday Stretch K 10:30 Dominos Club L 10:30 National Trivia Day GG 2:30 Bingo		
GF 10:00 Coffee & Conversation 10:30 Sunday Crossword Puzzles L 11:00 Dream VR- Under the Sea I 2:00 Wabash Church of the Nazarene	10:00 Monday Morning Moves 10:30 Dominos Club 2:00 Resident Council- AL 3:00 Bingo A 6:15 Snowman Wine Glasses	7 V 10:00 Senior Sneakers I 10:45 Bible Study w/ Pastor Jackie Weaver CC 1:30 Manicures w/ Heartland K 2:00 Card Club O 3:00 Scenic Drive	V 10:00 Senior Sneakers A 11:00 Elvis Craft S 2:00 Chef's Circle- AL GC 3:00 Bingo CC 6:15 Wellbrooke Ambassadors - Making Blankets	9 V 10:00 Shakers and Movers 11:00 Out to Eat- Applebee's 2:00 Card Club GF 2:30 Soup's On Day- Soup Tasting	CC 10:00 Wabash County Animal Shelter Pals V 10:30 Friday Fitness JG 2:00 Deer Huntin' 2:00 Wellbrooke Book Club M 3:30 Winter Wonderland Happy Hour	V 10:00 Saturday Stretch K 10:30 Dominos Club L 10:30 Dream VR- Roller Coaster Ride GG 2:30 Bingo		
GF 10:00 Coffee & Conversation 10:30 Sunday Crossword Puzzles 2:00 Wabash Freewill Baptist Church Service	13  V 10:00 Monday Morning Moves 10:30 Dominos Club 1 11:00 Emmanuel Church Bible Study & Hymns 2:30 Inspired Living - AL 3:00 Bingo GF 6:15 Monday Night Movie- Falling Inn Love	14  V 10:00 Senior Sneakers I 10:45 Bible Study w/ Pastor Jackie Weaver O 11:00 Out to Lunch- The Fried Egg CC 1:30 Manicures w/ Heartland K 2:00 Card Club	10:00 Senior Sneakers 11:00 Coffee Filter Snowflakes 2:00 Chef's Circle- AL 3:00 Bingo 6:15 Snowflake Craft	10:00 Shakers and Movers 10:30 How It's Made- Food Trucks 2:00 Walmart Shopping Trip 2:00 Card Club	GG 10:00 Life Enrichment Store- 10-11 am V 10:30 Friday Fitness GG 11:00 Men's Coffee Club 12:00 Taste of the Town- Wings Etc GG 1:00 Life Enrichment Store 1-2 pm K 2:00 Wellbrooke Book Club	18  V 10:00 Saturday Stretch 10:30 Dominos Club 10:30 Winter Tree Craft GC 2:30 Bingo		
GF 10:00 Coffee & Conversation 10:30 Sunday Crossword Puzzles S 11:30 Sunday Brunch 2:00 Worship Service and Communion	20 Martin Luther King Day  V 10:00 Monday Morning Moves 10:30 Dominos Club GF 2:00 I Love Mondays Party GC 3:00 Bingo GF 6:15 Monday Movie Night- Residents Choice	V 10:00 Senior Sneakers I 10:45 Bible Study w/ Pastor Jackie Weaver O 11:00 Out to Lunch- Mi Pueblo CC 1:30 Manicures w/ Heartland K 2:00 Card Club	V 10:00 Senior Sneakers 11:00 Snowflake Jars 2:00 Chef's Circle- AL 3:00 Bingo 6:15 Pick Up A Hobby Day	V 10:00 Shakers and Movers 10:30 Around the World- Antartica Card Club 2:30 Dairy Queen Ice Cream Outing	CC 10:00 Wabash County Animal Shelter Pals V 10:30 Friday Fitness GF 11:00 Winter Tea Party MM 11:30 Mindful Moments- Friday Fun K 2:00 Wellbrooke Book Club M 3:30 Beer Can Appreciation Day Happy Hour	Chinese New Year  V 10:00 Saturday Stretch 10:30 Dominos Club 10:30 Dream VR- Swimming with Sharks  GG 2:30 Bingo		
GF 10:00 Coffee & Conversation 10:30 Sunday Crossword Puzzles 1 11:00 Worship Service and Communion	V 10:00 Monday Morning Moves 10:30 Wintertime Memories GC 2:00 Snowball Fight 3:00 Bingo GF 6:15 Secret Residents	V 10:00 Senior Sneakers I 10:45 Bible Study w/ Pastor Jackie Weaver O 11:00 Out to Lunch- Eugenia's CC 1:30 Manicures w/ Heartland K 2:00 Card Club	V 10:00 Senior Sneakers 11:00 Winter Reflections Craft 2:00 Chef's Circle- AL 3:00 Bingo A 6:15 Making Winter Wreaths	V 10:00 Shakers and Movers 10:30 Around the World- Canada O 1:30 Dollar Tree K 2:00 Card Club	V 10:00 Friday Fitness K 10:30 Friday Fun Trivia K 2:00 Wellbrooke Book Club M 3:30 Coca-Cola Happy Hour	During cold weather, outings may be cancelled. Please watch the Community Share screens for any changes!		

## Wellbrooke of Wabash **Health Center**

# January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
A - Artisans CC - Community Connections GF - Gathering of Friends GC - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MIV - Mindful Moments M - Music to My Ears O - Out & About	Any calendar changes will be posted on the Community Share Screens in the hallways!	Our Ombudsman is Terry Holtz (574-737-2169).	New Year's Day  V 10:00 First Workout of 2020! K 10:30 New Years Trivia A 11:00 New Years Craft K 11:00 New Years Puzzles MN 11:30 Mindful Moments- Bringing in the New Year  GG 1:30 New Years Bingo	<ul> <li>10:30 Telling Jokes- Someday</li> <li>We'll Laugh About This</li> <li>Week</li> <li>MI 11:00 Mindful Moments- Telling</li> </ul>	3 GC 10:00 Life Enrichment Store 10:00 -11:00 V 10:30 Friday Fitness MM 11:30 Mindful Moments- In The Kitchen GC 1:00 Life Enrichment Store 1-2pm K 2:00 Wellbrooke Book Club 2:00 Tour of Texas	V 10:00 Saturday Stretch I0:30 Dominos Club I0:30 National Trivia Day MM 11:30 Mindful Moments - Saturday Sing-a-long GC 2:30 Bingo		
5 10:00 Coffee & Conversation 10:30 Sunday Crossword Puzzles 11:00 Dream VR- Under the Sea 11 11:30 Mindful Moments- Sundays 1 2:00 Wabash Church of the Nazarene	V 10:00 Monday Morning Moves K 10:30 Dominos Club S 11:00 Resident Council- HC MN 11:30 Mindful Moments- Monday Music GC 3:00 Bingo A 6:15 Snowman Wine Glasses	7 V 10:00 Senior Sneakers I 10:45 Bible Study w/ Pastor Jackie Weaver MN 11:30 Mindful Moments- Putty In Your Hands Day CC 1:30 Manicures w/ Heartland K 2:00 Card Club O 3:00 Scenic Drive	V 10:00 Senior Sneakers L 10:30 Elvis Trivia A 11:00 Elvis Craft MN 11:30 Mindful Moments- Elvis Music S 2:30 Chef's Circle - HC GG 3:00 Bingo CC 6:15 Wellbrooke Ambassadors - Making	9 V 10:00 Shakers and Movers 10:30 Mindful Moments- Musical Memories O 11:00 Out to Eat- Applebee's 2:00 Card Club GF 2:30 Soup's On Day- Soup Tasting	CC 10:00 Wabash County Animal Shelter Pals V 10:30 Friday Fitness MM 11:30 Mindful Moments- Friday Fun C:00 Deer Huntin' X 2:00 Wellbrooke Book Club M 3:30 Winter Wonderland Happy Hour	V 10:00 Saturday Stretch I0:30 Dominos Club I0:30 Dream VR- Roller Coaster Ride MM 11:30 Mindful Moments - Saturday Sing-a-long GC 2:30 Bingo		
10:00 Coffee & Conversation 10:30 Sunday Crossword Puzzles 11:00 Sunday Hymns 11:30 Mindful Moments- Sunday Hymns 2:00 Wabash Freewill Baptist Church Service	V 10:00 Monday Morning Moves K 10:30 Dominos Club I 11:00 Emmanuel Church Bible Study & Hymns 11:30 Mindful Moments- In The Garage S 2:00 Inspired Living Committee - HC GG 3:00 Bingo	V 10:00 Senior Sneakers MN 10:30 Mindful Moments- Singalong I 10:45 Bible Study w/ Pastor Jackie Weaver O 11:00 Out to Lunch- The Fried Egg CC 1:30 Manicures w/ Heartland K 2:00 Card Club	15  V 10:00 Senior Sneakers A 11:00 Coffee Filter Snowflakes MN 11:30 Mindful Moments- Active Minds S 2:30 Chef's Circle - HC GG 3:00 Bingo A 6:15 Snowflake Craft	Trucks  MN 11:30 How It's Made- Food Trucks  MN 11:30 Mindful Moments- Thursday Tunes  2:00 Walmart Shopping Trip  Card Club	17 GC 10:00 Life Enrichment Store- 10-11 am V 10:30 Friday Fitness 11:00 Men's Coffee Club MM 11:30 Mindful Moments- Friday Fun S 12:00 Taste of the Town- Wings Etc GC 1:00 Life Enrichment Store 1-2	10:00 Saturday Stretch 10:30 Dominos Club 10:30 Winter Tree Craft 11:30 Mindful Moments - Saturday Sing-a-long GC 2:30 Bingo		
19  SF 10:00 Coffee & Conversation Sunday Crossword Puzzles S 11:30 Sunday Brunch 2:00 Worship Service and Communion Min 3:00 Mindful Moments-Sunday Hymns	20 Mart in Luther King Day  V 10:00 Monday Morning Moves 10:30 Dominos Club MN 11:30 Mindful Moments- Active Minds  GF 2:00 I Love Mondays Party GG 3:00 Bingo GF 6:15 Monday Movie Night- Residents Choice	V 10:00 Senior Sneakers 10:30 Mindful Moments- Tuesday Tunes I 10:45 Bible Study w/ Pastor Jackie Weaver O 11:00 Out to Lunch- Mi Pueblo CC 1:30 Manicures w/ Heartland K 2:00 Card Club	V 10:00 Senior Sneakers A 11:00 Snowflake Jars MN 11:30 Mindful Moments- Animals S 2:30 Chef's Circle - HC GG 3:00 Bingo L 6:15 Pick Up A Hobby Day	V 10:00 Shakers and Movers 10:30 Around the World- Antartica MN 11:30 Mindful Moments- January 2:00 Card Club 0 2:30 Dairy Queen Ice Cream Outing	CC 10:00 Wabash County Animal Shelter Pals V 10:30 Friday Fitness GF 11:00 Winter Tea Party MM 11:30 Mindful Moments- Friday Fun K 2:00 Wellbrooke Book Club M 3:30 Beer Can Appreciation Day Happy Hour	Chinese New Year  V 10:00 Saturday Stretch 10:30 Dominos Club 10:30 Dream VR- Swimming with Sharks  MM 11:30 Mindful Moments - Saturday Sing-a-long  GC 2:30 Bingo		
10:00 Coffee & Conversation 10:30 Sunday Crossword Puzzles 11:00 Worship Service and Communion 1:00 Mindful Moments- Sunday Hymns 2:00 Snow Window Clings	V 10:00 Monday Morning Moves K 10:30 Wintertime Memories MM 11:30 Mindful Moments- Monday Music GC 2:00 Snowball Fight GC 3:00 Bingo GF 6:15 Secret Residents	V 10:00 Senior Sneakers MM 10:30 Mindful Moments- Active Minds I 10:45 Bible Study w/ Pastor Jackie Weaver O 11:00 Out to Lunch- Eugenia's CC 1:30 Manicures w/ Heartland K 2:00 Card Club	29  V 10:00 Senior Sneakers A 11:00 Winter Reflections Craft 11:30 Mindful Moments- Active Minds S 2:30 Chef's Circle - HC GG 3:00 Bingo A 6:15 Making Winter Wreaths	V 10:00 Shakers and Movers 10:30 Around the World- Canada MM 11:30 Mindful Moments- Thursday Tunes O 1:30 Dollar Tree K 2:00 Card Club	10:00 Friday Fitness K 10:30 Friday Fun Trivia MM 11:30 Mindful Moments- Friday Fun K 2:00 Wellbrooke Book Club 3:30 Coca-Cola Happy Hour	We provide transportation for doctor's appointments on Mondays and Wednesdays. Please let your nurse know of any upcoming appointments to book your ride. Fees may apply.		