Assisted Living/TCU Activity Calendar

January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
A - Artisans CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations JC - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears O - Out & About	Resident Birthday's 1/14-Donald O.	All activities are subject to change. Changes are posted on the LifeShare TV monitors located around the campus.	New Year's Day 9:00 Sensations 10:30 Chef Circle 10:30 Forever Fit 11:45 Table Talk 2:00 Creative Cooking- Sausage, Cheese, and Crackers	9:00 Sensations 10:30 Forever Fit 11:45 Table Talk 2:00 Paper Straw Snowflakes 3:00 Dream VR- Winter in Venice M 6:00 Live Music with Memory Lane Band	9:00 Sensations 10:30 Around the Town K 11:45 Table Talk K 2:00 Ticket Turnover S 3:00 Happy Hour M 3:00 Live Music with John Ivers	9:30 Saturday Stretch K 10:30 January Spelling Bee K 11:45 Table Talk GF 2:00 Saturday Social K 3:00 Bridgepointe Bingo			
9:30 Sunday Sweat 10:30 Danish and Hot Chocolate K 11:45 Table Talk 2:00 Church Service with First Baptist Church 2:30 Movie Matinee	9:00 Sensations V 10:30 Forever Fit K 11:45 Table Talk S 1:30 Inspired Living Committe JG 2:00 Men's Group K 3:00 Volunteer Lead Bingo	7 MN 9:00 Sensations O 10:30 Lunch Outing- Denny's M 11:30 Lunch Tunes with Carol and Cindy K 11:45 Table Talk K 12:00 Lunch Time Bingo A 2:00 Watercolor Snowflakes I 4:00 Bible Study with First Baptist Church	MM 9:00 Sensations 1 9:30 Catholic Mass S 10:30 Chef Circle V 10:30 Forever Fit K 11:45 Table Talk CC 2:00 Cooking with Cresta- Best Ever Apple Crisp S 3:00 Dream VR- National Geographic, Antarctica:	9 9:00 Sensations V 10:30 Forever Fit I1:45 Table Talk A 2:00 Watercolor Snowflake cont' L 3:00 Dream VR Discovery, Science Sky Dive K 6:00 UNO!!	MM 9:00 Sensations 10:30 Around the Town 11:45 Table Talk K 2:00 Ticket Turnover S 3:00 Happy Hour	V 9:30 Saturday Stretch GC 10:30 Winter Color Sheet K 11:45 Table Talk GF 2:00 Saturday Social K 3:00 Bridgepointe Bingo			
9:30 Sunday Sweat 10:30 Danish and Hot Chocolate K 11:45 Table Talk 2:00 Church Service with First Baptist Church 3F 2:30 Movie Matinee	9:00 Sensations V 10:30 Forever Fit K 11:45 Table Talk I 2:00 Pastor Dave K 3:00 Volunteer Lead Bingo	MM 9:00 Sensations O 10:30 Lunch Outing- McDonald's M 11:30 Lunch Tunes with Carol and Cindy K 11:45 Table Talk K 12:00 Lunch Time Bingo A 2:00 Color Sharpie Tiles I 4:00 Bible Study with First	9:00 Sensations 10:30 Chef Circle 10:30 Forever Fit K 11:45 Table Talk CC 3:00 Cooking with Cresta- Garlic Toast Pizza	9:00 Sensations V 10:30 Forever Fit K 11:45 Table Talk A 2:00 Color Sharpie Tiles-cont' 3:00 Dream VR- Discovery, A Day in the Life on the Refuge K 6:00 Farkle	MM 9:00 Sensations O 10:30 Around the Town K 11:45 Table Talk K 2:00 Ticket Turnover S 3:00 Happy Hour	9:30 Saturday Stretch K 10:30 Winter Word Search K 11:45 Table Talk GF 2:00 Saturday Social K 3:00 Bridgepointe Bingo			
9:30 Sunday Sweat 11:00 Sunday Brunch 2:00 Bible Study with First Baptist Church 3F 2:30 Movie Matinee	Martin Luther King Day 9:00 Sensations 10:30 Resident Council Meeting V 10:30 Forever Fit K 11:45 Table Talk JG 2:00 Men's Group K 3:00 Volunteer Lead Bingo	9:00 Sensations 0 10:30 Lunch Outing- Steak and Shake M 11:30 Lunch Tunes with Carol and Cindy K 11:45 Table Talk K 12:00 Lunch Time Bingo A 2:00 Popsicle Stick Snowflake I 4:00 Bible Study with First	9:00 Sensations 10:30 Chef Circle 10:30 Forever Fit 11:45 Table Talk 2:00 Cooking with Cresta- Scalloped Potatoes 1:3:00 Dream VR- Discovery, Highlight Reel	9:00 Sensations 10:30 Forever Fit K 11:45 Table Talk A 2:00 Bubble Wrap Snowy Tree S:00 Dream VR- Discovery, Route to Everest 6:00 Live Music with Shawn Hawley	9:00 Sensations 10:30 Around the Town K 11:45 Table Talk C 2:00 Ticket Turnover S 3:00 Happy Hour M 3:00 Live Music with Randy & Kaleena	25 Chinese New Year V 9:30 Saturday Stretch K 10:30 Bridgepointe Bingo K 11:45 Table Talk GF 2:30 Banana Split Social			
9:30 Sunday Sweat 10:30 Danish and Hot Chocolate 11:45 Table Talk 2:00 Church Service with First Baptist Church 2:30 Movie Matinee	9:00 Sensations V 10:30 Forever Fit K 11:45 Table Talk 2:00 Ticket Store K 3:00 Volunteer Lead Bingo	9:00 Sensations 10:30 Shopping Outing- Walmart M 11:30 Lunch Tunes with Carol and Cindy K 11:45 Table Talk K 12:00 Lunch Time Bingo A 2:00 Let it Snow plaque I 4:00 Bible Study with First	9:00 Sensations 10:30 Chef Circle 10:30 Forever Fit 11:45 Table Talk 12:00 Taste of Town CC 2:00 Cooking with Cresta- Sweet Southern Cornbread 1:00 Dream VR- Discovery,	9:00 Sensations 10:30 Forever Fit 11:45 Table Talk 2:00 Let it Snow plaque- cont' 3:00 Dream VR	9:00 Sensations 10:30 Around the Town K 11:45 Table Talk K 2:00 Ticket Turnover S 3:00 Happy Hour	Life Enrichment staff offer supplies for residents in their rooms such as books, newspapers, magazines, games, puzzles, and tablets. Please see a LE staff if interested.			

Health Center Activity Calendar

January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
A - Artisans CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations JC - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MV - Mindful Moments M - Music to My Ears O - Out & About	Resident Birthday's 1/1-Doris L. 1/16- Joan G. 1/22- Edna B.	All Activities are subject to change. Changes will be posted on the LifeShare TV monitors located around the campus.	New Year's Day 9:00 Sensations S 10:00 Chef Circle V 10:30 Forever Fit K 11:45 Table Talk CC 2:00 Creative Cooking- Sausage, Cheese, and Crackers	9:00 Sensations 10:30 Forever Fit 11:45 Table Talk 2:00 Paper Straw Snowflakes 3:00 Dream VR- Winter in Venice M 6:00 Live Music with Memory Lane Band	9:00 Sensations 10:30 Around the Town 11:45 Table Talk 2:00 Ticket Turnover 3:00 Happy Hour M 3:00 Live Music with John Ivers	V 9:30 Saturday Stretch K 10:30 January Spelling Bee K 11:45 Table Talk GF 2:00 Saturday Social K 3:00 Bridgepointe Bingo		
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