

Hilltop Commons Information

Office: (530) 272-5274
Kitchen: (530) 272-2854
Fax: (530) 272-5275

Laundry Room Hours:
Daily: 7:00am-9:00pm
Please remove all items from washers and dryers by 9:00pm

Van Schedule
Van leaves at 10:00 am
Tuesday: Brunswick Area
Wednesday: Medical Appointments
Thursday: Pine Creek Area

Beauty Salon Hours:
Tuesday - Friday
By appointment only
Please call (530) 271-5958

Important Phone Numbers:
Gold Country Lift: 271-7433 (271-RIDE)
Post Office: 273-3429
The Union: 273-9565
Comcast Cable: 1-800-266-2278
(Mike at Comcast: 530 570-9230)
Gold Country Cab: 274-8294
Fast Taxi: 477-7766
Grass Valley Police
477-4600 (non-emergency)



January Birthdays

Merrill Putnam.....1/3
Irene Lucas.....1/6
Colleen Krebs.....1/8
Doris Moore.....1/31

January Anniversaries

Lee Barnes.....1 year
Shirlee Shaman.....1 year
Bill & Ann Holsclaw.....1 year
Pat Thomas.....2 years
Neva Bright.....4 years
Tom Robins.....4 years
Jean Thompson.....6 years



January Newsletter

Hilltop Commons 131 Eureka St. Grass Valley CA 95945 (530) 272-5274 www.raystoneseniors.com

**From the Desk of Terri Howell
Community Administrator**



Welcome 2020!

It is hard to believe that 2019 has come and gone and what a momentous year it has been. New friendships have been forged, a few sad goodbyes exchanged and many precious memories created. I am extremely fortunate to have been a part of these great adventures, along with all of you.

Let's start the New Year off by remembering to check your activity calendar every day. You won't want to miss out on any of the fun and informative events already in the works for 2020. It's going to be an amazing year!

I would like to remind everyone that our office is staffed 24 hours a day. Our fantastic evening porters, Al, Andrea, Kym and Sean, are just a phone call away and ready to help in any emergency situation. Our office number is 272-5274 and if they miss your call, please leave a message and they will contact you as quickly as possible. Your safety and well-being is always our top priority.

With each New Year we get a fresh, clean page to start over. Here's to hoping that life writes a beautiful new chapter for each of us this year.

Happy New Year!!

Celebrating January

Wednesday, January 1st
New Year's Day

Friday, January 3rd
*Happy Hour
Music
"Elvis and Patsy"*

Tuesday, January 14th
*Speaker
Memory Function*

Friday, January 24th
*Happy Hour
Music
Ciprian Mihut
Violinist*

Every Sunday
Treat Social



Marketing Minutes By Sue Hudson Marketing Director

We are kicking off 2020 in a big way, with many new faces and lots of renewed energy! Please take the time to meet a new friend and help our new residents feel at home.

January is the month many of us start our New Year's resolutions; watching our diet, starting an exercise regime, reconnecting with friends and family, being more active, reading more, starting a new hobby (like painting)...whatever New Year's resolutions you may have, please be patient with yourself and take one step at a time. Remember, nobody is perfect and each day can be a new start if need be. Let us know if we can help you achieve your goals because when you're happy we're happy!!

May 2020 be filled with good health and much happiness for you and your family!

Sue



Activity Corner By Sabrina Busher Activity Director

"Even if you don't reach all your goals, you've gone higher than if you would have not set any at all. "

2020 is going to be a great year here at Hilltop. I am looking for new ideas and would love to know the events that you would enjoy doing or seeing again.

To start off, we are going to have the founder of Curious Forge Lima come and talk to us about all the wonderful things Curious Forge has to offer. They are proud to say "It is one of the most enriching experiences you can have. There is a wide variety of tools and equipment to use, teachers that help you and much more."

There is going to be a new yoga teacher, Lennie. She has been teaching at senior communities for 20 years. Lennie is excited to meet you and get started.

On the 8th we will be having in the common area "OUT WITH THE OLD, IN WITH THE NEW". It is a clothing, scarfs, shoes, etc. exchange. This should be a lot of fun.

Friday's happy hour & music will be starting at 3pm. We have new music this month so be sure and check your calendars. Please remember I am always looking for new ideas.

LET'S HAVE A FANTASTIC 2020!

Culinary Corner



Happy New Year everyone!! Out with the old and in with the new. This last year went by so fast. It was a good year for me and this one will be just as good, if not better than the last. I hope you all enjoyed your holidays. It was nice to see you all and your family at the Holiday party and I hope you all enjoyed your Holiday dinner. I know you all looked forward to it. **New Year's Day, January 1st, is a half day for the kitchen staff. We will close by 2:00pm. There will be boxed dinners for dinner that night. You can pick them up at brunch, or the office staff will be more than happy to get you one if it is after 2:00pm.**

I wanted to let you know and have said in the past, that I like to hear what you all have to say. I am listening and so is the staff. We like to hear all your feedback and requests of what you might like to see on the menu and what you would like to have removed from the menu. I want to thank you for all your compliments and your appreciation for all of us in the kitchen. It is always nice to hear a kind word on a busy day. I know you all see how hard we work. So, thank you all and a big thanks to my staff.

Just a reminder about the about the dining room dishes and utensils; they need to stay in the dining room please. We are missing quite a few dishes, utensils and glasses. If you could kindly return them there will be no questions asked. Also, if you are going to have guests or would like to reserve the Gold Room in the dining room, please make reservations with the kitchen. You can give us a call or come talk to us. The sooner the better so we can accommodate you and your guests. Once again, Happy New Year!

Sincerely,

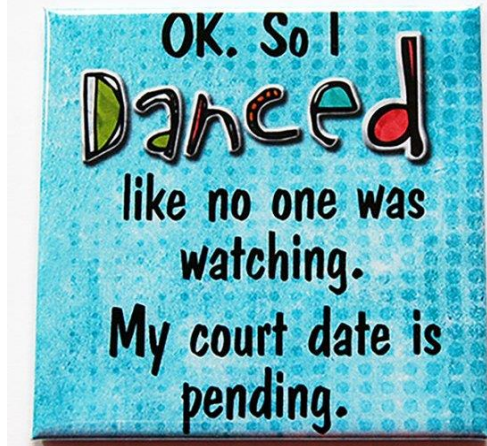
Jammie Barquilla (Chef)

Kitchen # 272-2854

Letter from the Editor Traci Gelgood Assoc. Marketing Director



I hope everyone had wonderful holidays and a happy new year!



Stay happy, healthy, and safe!!

