



CHEF’S COOKING DEMONSTRATIONS

04

Pierogi Demo  
3 pm in the Dining Room

12

Hot Cocoa Bar  
10am in the Cafe

16

Chocolate Fountain Demo  
3 pm in activity room

22

Cookie Decorating  
3 pm in the Activity Room

Chef’s Signature Recipe

Homemade Pierogi

Ingredients  
2 large eggs  
1/4 cup water  
1/2 teaspoon salt  
2 cups all-purpose flour

FILLING:  
1 large egg  
1 teaspoon salt  
1/2 teaspoon sugar  
Dash pepper  
16 oz whole-milk ricotta cheese  
1 to 4 tablespoons butter, divided  
Sour cream, optional

Directions

1. In a large bowl, whisk eggs, water and salt until blended; gradually stir in flour. Transfer to a lightly floured surface; knead 10-12 times, forming a firm dough. Cover with plastic wrap and let rest 10 minutes.
2. For filling, in a small bowl, whisk egg, salt, sugar and pepper. Stir in cheese.
3. Divide dough into 4 portions. On a lightly floured surface, roll each portion to 1/8-in. thickness; cut with a floured 4-in. round cookie cutter. Place 1 tablespoon filling in center of each circle. Moisten edges with water; fold in half and press edges to seal. Repeat with remaining dough and filling.
4. In a 6-qt. stockpot, bring water to a boil. Add pierogi in batches; reduce heat to a gentle simmer. Cook until pierogi float to the top and are tender, 2-3 minutes. Remove with a slotted spoon.
5. In a large skillet, heat 1 tablespoon butter over medium-high heat. Add pierogi in batches; cook until golden brown, 1-3 minutes on each side, adding additional butter as necessary. If desired, serve with sour cream.

**Celebrating Resident Birthdays in December**

- December 2<sup>nd</sup> Arthella M.
- December 13<sup>th</sup> Marg W.
- December 23<sup>rd</sup> Nick W
- December 31<sup>st</sup> Edward C.

**Please join us for a birthday celebration in the dining room on December 24<sup>th</sup> at 2:00 pm!**

**All residents are welcome to attend!**

**Live Entertainment & Dessert!**



\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

CHERRY HILL  
CONNECT

DECEMBER 2019 – MEMORY CARE



42600 Cherry Hill, Canton, MI 48187  
[www.waltonwood.com](http://www.waltonwood.com) | 734-981-7100  
Facebook: /WaltonwoodCherryHill



Holiday Cheers

When many think of December they think of cold weather, layers of clothing, and snow covered grounds. Many also think that because it isn't bright and sunny it's the perfect time to stay indoors and do nothing. Is It okay to feel that that way sometimes? Absolutely! However it's also important to realize that socializing is a way to keep the mind and body strong, as well as helps one from becoming isolated and withdrawn. So despite it being cold out, what a great time of year to surround ourselves with holiday cheers and gather together for some special moments!

This month we have an outing to Wild Swan Theatre on December 6<sup>th</sup> to go see the play A Christmas Carol. We continue the month singing Christmas Carols of our own on December 5<sup>th</sup> at 2:00 pm as well as December 20<sup>th</sup> at 6 pm with the wonderful Girl Scouts! For those who enjoy an evening on the town the celebration continues by going to the Hines Drive Lightfest on December 18<sup>th</sup> at 6:15 pm for an extravagant light show with a pleasant drive and great company!

What's the holidays without food you ask? That's nothing you have to worry about if you RSVP for our Waltonwood friends and family holiday buffet. What better way to bring in the holidays than together accompanied by a great meal and desserts, you don't have to personally prepare.

We wrap up the month with Elvis on December 23<sup>rd</sup> at 1:30 pm! Although some events are mentioned here please be sure to check your activity calendars as there are many more fun and festive things happening around your community! We hope to see you all, and make many memories to soon take into the new year!

COMMUNITY  
MANAGEMENT

- Jennifer Crader  
Executive Director
- Deanna Hite  
Business Office Manager
- Renee Ralsky  
Marketing Manager
- Jolene Maples  
Move In Coordinator
- Kara Triplett  
Culinary Services Manager
- April Marcotte  
Independent Living Manager
- Ariel Starr  
Independent Living Life Enrichment Manager
- Christina Ewald  
Assisted Living Life Enrichment Manager
- Candice Jones  
Memory Care Life Enrichment Manager
- Jasmine Montgomery  
Resident Care Manager
- Tiffany Woodson  
Wellness Coordinator
- Lindsay Orler  
Housekeeping Supervisor

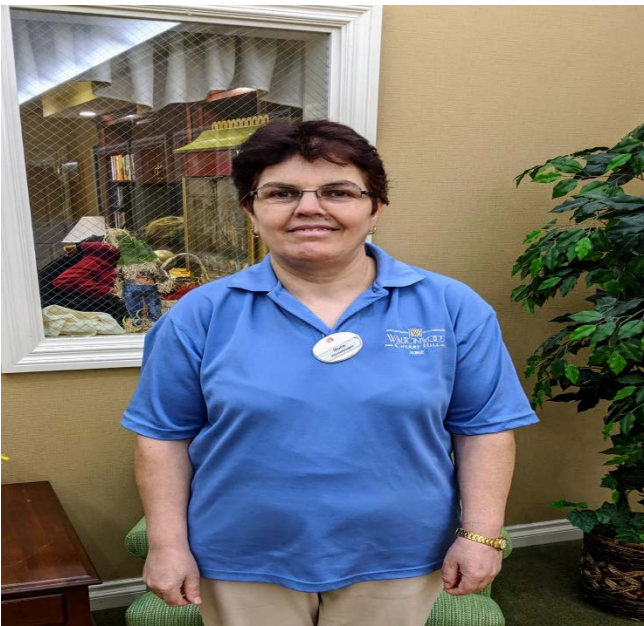


ASSOCIATE SPOTLIGHT

Assisted Living Associate of the Month:  
Manushaqe Laci “Mona”, Housekeeping

Mona is a kind and gentle individual. She does an exceptional job and puts her heart in all she does. She is not only helpful but willing to assist any and everyone with any task. Mona brings a great smile and warm heart to Waltonwood each time she enters the building. For these reasons and more we are thankful she is a part of our Waltonwood Cherry Hill team!

*Please see the front desk concierge to nominate an associate you feel has been doing a wonderful job!*



NOVEMBER HIGHLIGHTS

11

Veteran Cermony  
hosted by American  
Legion Post 32

14

Bronner’s Christmas  
Wonderland at  
Frankenmuth



21

Michigan Science  
Center

22

Pet therapy with  
Michelle and Moose



FOREVER FIT: Focus on Fitness

Happy, Healthy Holiday

The holiday season is in full swing and one of the happiest times of the years is also one of the most stressful. Taking care of ourselves should be a top priority in the coming weeks and no matter what big plans you have in store don’t let the hectic pace of the season derail your health and wellbeing. Keep these few tips in mind to have the happiest and healthiest of holiday season.

Moderations: Tis the season of excess, but that doesn’t mean you can’t balance the goodies out with some healthy option too. Eating plenty of fruits and veggies around the holiday table will help ensure you get the nutrients you need to feel your best.

Stay active: Busy schedule can leave little room for exercise but don’t neglect it completely. Even 30-minutes a day can help to boost mood and reduce stress.

Manage Stress: Be sure to take “me time”. Setting aside even a few mindful minutes every day can help to prevent the burnout and the overwhelming feeling that the holidays can bring.

TRANSPORTATION INFORMATION

Waltonwood offers transportation via bus or car for resident appointments and Life Enrichment outings Monday through Friday.

The bus is complementary for transportation under 10 miles. If the trip is longer than 10 miles, a fee of \$2 per mile will be charged.

All sign up sheets for Life Enrichment outings can be found in the Outing Binder in the Assisted Living Post Office. You must sign up by writing your name and aptment number on the respective sheet.

Waltonwood pays upfront for the cost of the residents on the outings. The amount is billed back on the residents monthly statement.

- 12/:6 Outing: Christmas Carol Show
- 12/9: Lunch Outing: Leo’s Coney Island
- 12/12: Outing: Holiday Tour at Meadow Brook
- 1216: Lunch Outing: Buffalo Wild Wings
- 12/18: Outing: Hines Drive Lightfest
- 12/23: Lunch Outing: Tony Sacco’s Coal Oven Pizza
- 12/30: Lunch Outing: Ihop

DECEMBER SPECIAL EVENTS

6

Christmas Carol Show at  
Wild Swan Theatre

12

Holiday Tour at Meadow  
Brook

18

Hines Drive Lightfest

19

Holiday Family Dinner



EXECUTIVE DIRECTOR CORNER

Season’s Greetings,  
The holiday season has officially begun and there is a lot happening at Waltonwood Cherry Hill!

We had the pleasure of serving Thanksgiving dinner to over 450 residents and families this year. It was a treat to watch all enjoying a delicious meal in the company of loving family and friends. We will be transforming our community into a winter wonderland of sorts as we prepare for our Holiday Open House on December 4th. The festivities will include musical entertainment, classic carriage rides, seasonal crafts and delicious food. We will be hosting our Holiday Dinner on December 19...please RSVP to the front desk if you haven’t already.

As I reflect on the year passed and ponder the new year to come, I would like to take this opportunity to express my gratitude to the residents, families and associates of Waltonwood Cherry Hill. It is your joyful spirit that creates our beautiful community. Thank you all!

Sincerely,  
Jennifer Crader