



Celebrating IL Resident Birthdays in December

- Dec 4 – Marcia L.
- Dec 5 – Mary Anne A.
- Dec 6 – Mary Jane L. & Don M.
- Dec 7 – Lucille G.
- Dec 13 – Eileen H.
- Dec 16 – Maurice V.
- Dec 20 – Leona B.
- Dec 21 – Abraham D.
- Dec 22 – Diana J.
- Dec 23 – Janet P.
- Dec 25 – Noelle C. & Ken V.
- Dec 27 – Theresa H.
- Dec 29 – George K.
- Dec 30 – Robert R.

Please join us for a birthday celebration in the dining room on December 18th! All residents are welcome to attend!

CHEF’S COOKING DEMONSTRATIONS

04

Pierogi Demo during the Holiday Open House from 12:30pm-2:30pm in the Dining Room

12

Hot Cocoa Bar for National Cocoa Day at 1:30pm in the Dining Room along with entertainment

16

Chocolate Fountain Demo for National Chocolate Covered Anything Day at 2:00pm in the Café.

22

Cookie Decorating at 1:00pm in the Dining Room

RESIDENT INFORMATION

All sign-up sheets for outings, doctor visits, church outings, shopping trips, walking club, and more are found in the green binder in the Post Office. Please sign up in advance! Space is limited on some outings.

Any comments, suggestions, concerns, and compliments for the Resident Council to review can be placed in the suggestion box in the Post Office. These notes are read monthly at the council meetings with management. The minutes from the monthly Resident Council meetings are posted in the Post Office. Residents are welcome to read the minutes, and the front desk will make copies.

The Community Social for this month will be on December 20th. All residents are invited to join our department heads to discuss community ongoings and to answer any questions.

Welcome Home all of the new residents this month:
*Joyce Carlson, apt 143
*Donna Sepke, apt 237
*Bob Pierce, apt 242
We are very happy you are here! Please join us for a New Resident Social on Thursday, December 12th at 1:30pm!

Please see Ariel, Life Enrichment Manager, with any important announcements for the newsletter!



\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

CHERRY HILL CONNECT

DECEMBER 2019



HAPPY HOLIDAYS

It's the most wonderful time of the year! With the holidays fast approaching, there is plenty to do around the community to keep you busy!

To begin the month, we have our Waltonwood Holiday Open House on December 4th from 12:30-2:30pm. There will be entertainment, a culinary Pierogi demonstration, carriage rides, and a Scent of the Season craft. We hope you will join us!

We have several outings to Christmas concerts, such as the Plymouth Community Band, the Michigan Philharmonic, a play at Northridge Church, and more! Please sign up in the Post Office if you would like to attend.

On December 19th, we will be hosting our Holiday Family Dinner with seating times at 4:00pm, 5:30pm, and 7:00pm. Please RSVP at the front desk with your preferred seating time. All residents are welcome to attend, even without a guest. We hope you will join us!

At the end of the month, Elvis will be in the building for a special Christmas show on December 23rd. And, the Gene n Tonic band will entertain us for a New Year's Party on December 30th! There will also be a champagne happy hour on December 31st to ring in the New Year.

As always, please review the monthly Life Enrichment calendar for all of the fun programs and events!

42600 Cherry Hill, Canton, MI 48187
www.waltonwood.com | 734-981-7100
Facebook: /WaltonwoodCherryHill

COMMUNITY MANAGEMENT

- Jennifer Crader
Executive Director

Deanna Hite
Business Office Manager

Renee Ralsky
Marketing Manager

Jolene Maples
Move In Coordinator

Kara Triplett
Culinary Services Manager

April Marcotte
Independent Living Manager

Ariel Starr
Independent Living Life Enrichment Manager

Christina Ewald
Assisted Living Life Enrichment Manager

Candice Jones
Memory Care Life Enrichment Manager

Jasmine Montgomery
Resident Care Manager

Tiffany Woodson
Wellness Coordinator

Charlie Harris
Wellness Coordinator

Lindsay Orler
Housekeeping Supervisor

ASSOCIATE SPOTLIGHT

Independent Living Associate of the Month:
Lyniah Wilson, Server

Lyniah works very hard as a server, and it shows! She is always smiling and in a good mood. She is friendly and kind to the residents.

Lyniah is a good team player and is willing to help others when they are in need.

Here is Lyniah with the Vermeulen's, who have nominated her as this month's Associate of the Month! We are so lucky to have Lyniah as part of our Cherry Hill team! Congrats!

Please see the front desk concierge to nominate an associate you feel has been doing a wonderful job!



NOVEMBER HIGHLIGHTS

05

We helped arrange items to place in shoeboxes for Operation Christmas Child to help children all over the world. Here is Kay T. with Ivy!

14

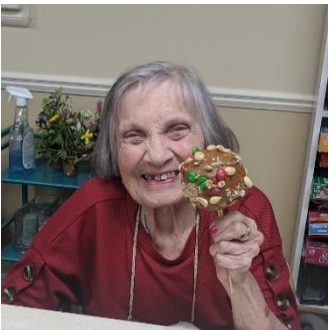
We traveled to Frankenmuth to go to Bronner's Christmas Wonderland. Here is Veralou S.!

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The Honor Guard from American Legion Post 32 helped us honor our Veterans. Here are Joe Y. and Jim L.!

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We made our own delicious caramel apples with candies and nuts. Here is Janina H. with her apple!



FOREVER FIT: HAPPY, HEALTHY HOLIDAY

The holiday season is in full swing, and one of the happiest times of the year is also one of the most stressful. Taking care of ourselves should be a top priority in the coming weeks and no matter what big plans you have in store, don't let the hectic pace of the season derail your health and wellbeing. Keep these few tips in mind to have the happiest and healthiest of holiday seasons.

Moderation: Balance the sweets with some healthy options too. Eating plenty of fruits and veggies around the holiday table will help ensure you get the nutrients you need to feel your best.

Stay active: A busy schedule can leave little room for exercise but don't neglect it completely. Even 30-minutes a day can help to boost mood and reduce stress.

Manage Stress: Be sure to take "me time". Setting aside even a few mindful minutes every day can help to prevent the burnout and the overwhelming feeling that the holidays can bring.

- Chris, Fitness Instructor

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TRANSPORTATION INFORMATION

Waltonwood offers transportation via bus or car for resident appointments and activity outings Monday through Friday. Please see the front desk receptionist to request a bus trip. We require at least a 24-hour advance notice, but of course, the earlier the better.

The bus is free for trips under 10 miles. If the trip is longer than 10 miles, a fee of \$2 per mile will be charged. Residents will not be charged for mileage on group activity outings.

All sign up sheets for activity outings, walking group outings, community doctor visits, church outings, etc, can be found in the Green Binder in the Post Office. You must sign up by writing your name on the respective sheet.

In addition to the regularly scheduled outings found on the Life Enrichment Calendar, here are our special outings for this month:

- 12/6: Plymouth Community Band Christmas Concert
- 12/11: Schoolcraft College Jazz Concert
- 12/12: Michigan Philharmonic Holiday Pops Concert
- 12/15: Glory of Christmas Play at Northridge Church & Dinner
- 12/17: "Holiday Healthcare" Lunch Theater at Genitti's
- 12/17: Hines Drive Lightfest

DECEMBER SPECIAL EVENTS

04

Holiday Open House with entertainment, Scent of the Season craft, and a culinary Pierogi Demo

16

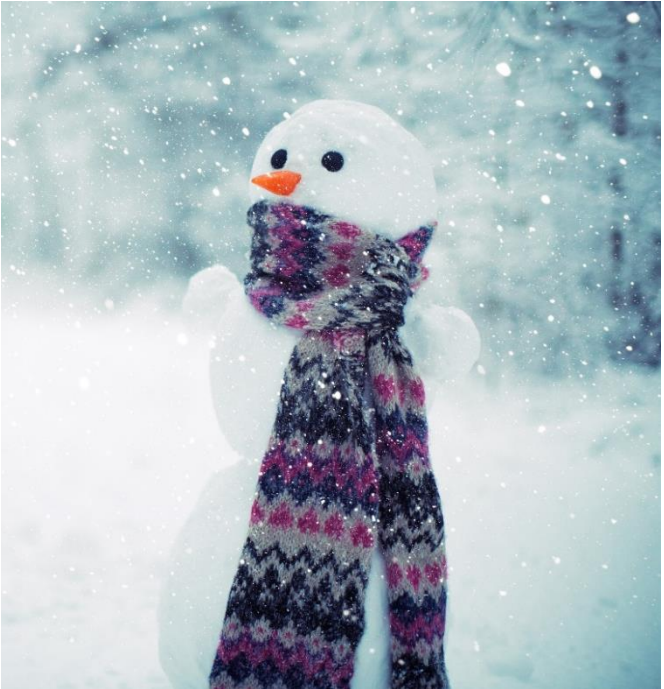
Cherry Hill Choir Concert

23

Elvis Christmas Show

30

New Year's Party with Entertainment by the Gene n' Tonics



EXECUTIVE DIRECTOR CORNER

Season's Greetings,

The holiday season has officially begun and there is a lot happening at Waltonwood Cherry Hill!

We had the pleasure of serving Thanksgiving dinner to over 450 residents and families this year. It was a treat to watch all enjoying a delicious meal in the company of loving family and friends. We will be transforming our community into a winter wonderland of sorts as we prepare for our Holiday Open House on December 4th. The festivities will include musical entertainment, classic carriage rides, seasonal crafts and delicious food. We will be hosting our Holiday Dinner on December 19...please RSVP to the front desk if you haven't already.

As I reflect on the year passed and ponder the new year to come, I would like to take this opportunity to express my gratitude to the residents, families and associates of Waltonwood Cherry Hill. It is your joyful spirit that creates our beautiful community. Thank you all!

Sincerely, Jennifer Crader
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