



Dec 1 Broccoli Raisin Salad Honey Glazed Pork <i>or</i> Herbed Roast with Vegetables Baked Sweet Potato Hawaiian Beets Baked Roll Tapioca Pudding	2 Cottage Cheese and Fruit Philly Cube Steak <i>or</i> Rosemary Roasted Turkey Roasted Yams Capri Blend Baked Roll Pumpkin Angel Cake	3 Green Salad Smothered Chicken Breasts <i>or</i> German Braised Sausage Mashed Red Potatoes Herbed Corn Baked Roll Blueberry Cobbler	4 Select Orange Salad Lemon Garlic Fish <i>or</i> Citrus Glazed Ham Rice Orzo Pilaf Green Beans Baked Roll Coconut Cream Pie	5 Cranberry Applesauce Pepper Steak and Gravy <i>or</i> Turkey Roast with Stuffing Boiled Potatoes Baby Carrots Baked Roll Eclair Pudding Cake	6 Green Salad Chicken with Savory Cream Gravy <i>or</i> Baked Cod with Creole Sauce Parsley Egg Noodles Sauteed Yellow Squash Baked Roll Black Forest Poke Cake	7 Tropical Pear Salad Country Style Pork Ribs <i>or</i> Steak Picante Potato Salad Collard Greens Baked Roll Pineapple Parfait
8 Fruited Jello Salad Meatloaf and Gravy <i>or</i> Feta Chicken O'Brien Potatoes Mixed Vegetables Baked Roll Pumpkin Pie	9 Pineapple Cucumber Salad Teriyaki Chicken <i>or</i> Tilapia with Tomato Cream Sauce Brown Rice Honey Glazed Pea Pods and Carrots Baked Roll Apple Cobbler	10 Green Salad Pork Milanese <i>or</i> Herb Roasted Turkey Sweet Baked Yams Scandinavian Veg Baked Roll Lemon Cream Cake	11 Four Bean Salad Seasoned Salisbury Steak <i>or</i> Ham with Raisin Sauce Twice Baked Potato Casserole Cauliflower and Carrots Baked Roll Banana Split Dessert	12 Green Salad Mushroom and Swiss Chicken <i>or</i> Hot Pork Gravy Penne Pasta Roasted Brussels Sprouts Baked Roll Blueberry Pie	13 Orange-Kiwi Salad Grilled Cod with Lemon Dill Sauce <i>or</i> Spanish Cubed Steak Rice Pilaf Chef's Steamed Vegetable Baked Roll Key Lime Pudding	14 Green Salad Lasagna <i>or</i> Sliced Turkey Breast Garlic Zucchini Saute Garlic Bread Buttermilk Spice Cake
15 Cranberry Spinach Salad Glazed Baked Ham <i>or</i> English Pub Steak Mushroom Rice Cauliflower Baked Roll Apple Pie	16 Orange Cottage Salad Herb Crusted Chicken <i>or</i> Shrimp Creole Ranch Potato Bake Capri Blend Baked Roll Cheesecake	17 Green Salad Meatballs with Marinara Sauce <i>or</i> Lemon Oregano Turkey Garlic Pasta Parmesan Green Beans Garlic Bread Chocolate Oreo Poke Cake	18 Harvest Salad Roast Pork with Apples <i>or</i> Quiche Lorraine Lyonnaise Potatoes Buttered Squash Baked Roll Mixed Berry Crisp	19 Fresh Fruit Salad Hamburger Steak with Gravy <i>or</i> Swiss Chicken Sour Cream Potatoes Parsley Carrots Baked Roll Butterscotch Bread Pudding	20 Pineapple Fruit Cup Flounder Fillet <i>or</i> Shredded Pork Lemon Rice Spinach Polonaise Baked Roll Ice Cream Pudding Swirl	21 Green Salad Turkey Roast <i>or</i> Sirloin Steak Apple Sausage Stuffing Roasted Parmesan Brussels Sprouts Baked Roll Lazy Daisy Oatmeal Cake
22 Apple Orange Salad Swedish Meatballs <i>or</i> Lemon Pepper Salmon Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	23 Colorful Quinoa Salad Roasted Chicken Legs <i>or</i> Veal Marsala Seasoned Rice Lemon Buttered Broccoli Baked Roll Apple Crisp	24 Green Salad Pork Chops and Gravy <i>or</i> Country Fried Steak with Gravy Baked Yams Capri Blend Baked Roll Spiced Pear Cake	25 Cottage Cheese and Fruit Bacon and Cheese Chopped Steak <i>or</i> Cranberry Glazed Turkey Roast Baked Potato Oven Roasted Cauliflower Baked Roll Banana Crumb Cake	26 Arugula Caesar Salad Pesto Chicken <i>or</i> Pork Roast with Mustard Sauce Lemon Pasta Green Beans Baked Roll Vanilla Fruit Pudding	27 Creamy Coleslaw Cod Fillet with Lemon Sauce <i>or</i> Ham with Pineapple Sauce Roasted Potato Medley Spinach Baked Roll White Cake	28 Apple Cranberry Walnut Salad Glazed Meatloaf <i>or</i> Turkey with Basil Cream Sauce Fried Potatoes and Onions Seasoned Peas Baked Roll Peach Crisp
29 Green Salad Chicken Parmesan <i>or</i> Italian Beef Pot Roast Garlic Pasta California Normandy Blend Crusty Cheese Bread Cherry Pie	30 Ambrosia Jello Salad Herb Seasoned Pork <i>or</i> Italian Lasagna Glazed Sweet Potatoes Yellow Squash and Onions Baked Roll Chocolate Lush	31 Spinach Cheese Salad Beef Burgundy <i>or</i> Baked Tilapia with Dijon Dill Sauce Parsley Egg Noodles Steamed Broccoli Baked Roll Lime Poke Cake	Jan 1	2	3	4