

December 2019

Brookstone Assisted Living

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| Dec 1 Green Salad Seasoned Pot Roast AuGratin Potatoes Seasoned Cauliflower Fresh Banana Cream Pie | 2 Green Salad Country Fried Steak with Gravy Mashed Potatoes Capri Blend Baked Roll Pumpkin Pie | 3 Green Salad Lime Cilantro Chicken Seasoned Rice Herbed Corn Baked Roll Blueberry Cobbler | 4 Green Salad Roasted Ham Fresh Cooked Yams Green Beans Baked Roll Fresh Coconut Cream Pie | 5 Green Salad Beef Patty with Mushroom Gravy Boiled Potatoes Baby Carrots Baked Roll Pear Fruit Cup | 6 Green Salad Seasoned Parmesan Haddock Parsley Egg Noodles Sauteed Yellow Squash Fresh Cornbread Fruit Crisp | 7 Green Salad Roast Pork with Apples Collard Greens Baked Roll Cookie |
| 8 Green Salad Southern Fried Chicken Mashed Potatoes Mixed Vegetables Pumpkin Pie | 9 Green Salad Rosemary Lemon Chicken Dill New Potatoes Honey Glazed Pea Pods with Carrots Baked Roll Peach Cobbler | 10 Green Salad Bread Crumb Pork Chop Sweet Baked Yams Scandinavian Veg Baked Roll Orange Cake | 11 Green Salad Seasoned Salisbury Steak Twice Baked Potato Casserole Cauliflower and Carrots Baked Roll Maple Bar | 12 Green Salad Mushroom and Swiss Chicken Noodles Roasted Brussels Sprouts Baked Roll Blueberry Pie with Topping | 13 Green Salad Baked Cod with Panko Crust Rice Pilaf Chef's Steamed Vegetable Baked Roll Ice Cream | 14 Green Salad Spaghetti with Meatballs Garlic Zucchini Saute Garlic Bread Sprinkled Fruit Salad |
| 15 Green Salad Beef Pot Roast Baked Yams Seasoned Cabbage Baked Roll Apple Pie | 16 Green Salad Roasted Lemon Chicken Ranch Potato Bake Capri Blend Baked Roll Oatmeal Raisin Cookie | 17 Green Salad Lemon Oregano Turkey Garlic Pasta Parmesan Green Beans Garlic Bread Homemade Chocolate Cake | 18 Green Salad Roast Pork with Apples Lyonnaise Potatoes Buttered Squash Baked Roll Mixed Berry Crisp | 19 Green Salad Hamburger Steak with Gravy Sour Cream Potatoes Parsley Carrots Pineapple Fruit Cup | 20 Green Salad Fried Catfish Steamed Red Potatoes Southern Coleslaw Ice Cream Pudding Swirl | 21 Green Salad Turkey Roast Mashed Potato Casserole Roasted Parmesan Brussels Sprouts Baked Roll Fruit Cobbler |
| 22 Green Salad Beef Pot Roast Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie | 23 Green Salad Roasted Chicken Legs Ranch Roasted Potatoes Lemon Buttered Broccoli Baked Roll Apple Crisp | 24 Green Salad Pork Chops and Gravy Baked Yams Capri Blend Baked Roll Homemade Carrot Cake | 25 Green Salad Bacon and Cheese Chopped Steak Cheesy Scalloped Potatoes Oven Roasted Cauliflower Baked Roll Ice Cream | 26 Green Salad Pesto Chicken Pork Roast with Mustard Sauce Lemon Pasta Green Beans Baked Roll Vanilla Fruit Pudding | 27 Green Salad Almond Crusted Haddock with Citrus Sauce Roasted Potato Medley Spinach Baked Roll White Cake | 28 Green Salad Meatloaf Fried Potatoes and Onions Seasoned Peas Baked Roll Peach Crisp |
| 29 Green Salad Roast Beef with Mushroom Sauce Mashed Potatoes and Gravy California Normandy Blend Baked Roll Cheesecake with Fruit Topping | 30 Green Salad Herb Seasoned Pork Glazed Sweet Potatoes Yellow Squash and Onions Baked Roll Orange Cake | 31 Green Salad Ground Beef Enchiladas Cheesy Rice Steamed Broccoli Baked Roll Homemade Chocolate Cake | Jan 1 | 2 | 3 | 4 |