

## December 2019

## Brookstone Assisted Living

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Dec 1 Green Salad Seasoned Pot Roast AuGratin Potatoes Seasoned Cauliflower Fresh Banana Cream Pie	2 Green Salad Country Fried Steak with Gravy Mashed Potatoes Capri Blend Baked Roll Pumpkin Pie	3 Green Salad Lime Cilantro Chicken Seasoned Rice Herbed Corn Baked Roll Blueberry Cobbler	4 Green Salad Roasted Ham Fresh Cooked Yams Green Beans Baked Roll Fresh Coconut Cream Pie	5 Green Salad Beef Patty with Mushroom Gravy Boiled Potatoes Baby Carrots Baked Roll Pear Fruit Cup	6 Green Salad Seasoned Parmesan Haddock Parsley Egg Noodles Sauteed Yellow Squash Fresh Cornbread Fruit Crisp	7 Green Salad Roast Pork with Apples Collard Greens Baked Roll Cookie
8 Green Salad Southern Fried Chicken Mashed Potatoes Mixed Vegetables Pumpkin Pie	9 Green Salad Rosemary Lemon Chicken Dill New Potatoes Honey Glazed Pea Pods with Carrots Baked Roll Peach Cobbler	10 Green Salad Bread Crumb Pork Chop Sweet Baked Yams Scandinavian Veg Baked Roll Orange Cake	11 Green Salad Seasoned Salisbury Steak Twice Baked Potato Casserole Cauliflower and Carrots Baked Roll Maple Bar	12 Green Salad Mushroom and Swiss Chicken Noodles Roasted Brussels Sprouts Baked Roll Blueberry Pie with Topping	13 Green Salad Baked Cod with Panko Crust Rice Pilaf Chef's Steamed Vegetable Baked Roll Ice Cream	14 Green Salad Spaghetti with Meatballs Garlic Zucchini Saute Garlic Bread Sprinkled Fruit Salad
15 Green Salad Beef Pot Roast Baked Yams Seasoned Cabbage Baked Roll Apple Pie	16 Green Salad Roasted Lemon Chicken Ranch Potato Bake Capri Blend Baked Roll Oatmeal Raisin Cookie	17 Green Salad Lemon Oregano Turkey Garlic Pasta Parmesan Green Beans Garlic Bread Homemade Chocolate Cake	18 Green Salad Roast Pork with Apples Lyonnaise Potatoes Buttered Squash Baked Roll Mixed Berry Crisp	19 Green Salad Hamburger Steak with Gravy Sour Cream Potatoes Parsley Carrots Pineapple Fruit Cup	20 Green Salad Fried Catfish Steamed Red Potatoes Southern Coleslaw Ice Cream Pudding Swirl	21 Green Salad Turkey Roast Mashed Potato Casserole Roasted Parmesan Brussels Sprouts Baked Roll Fruit Cobbler
22 Green Salad Beef Pot Roast Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	23 Green Salad Roasted Chicken Legs Ranch Roasted Potatoes Lemon Buttered Broccoli Baked Roll Apple Crisp	24 Green Salad Pork Chops and Gravy Baked Yams Capri Blend Baked Roll Homemade Carrot Cake	25 Green Salad Bacon and Cheese Chopped Steak Cheesy Scalloped Potatoes Oven Roasted Cauliflower Baked Roll Ice Cream	26 Green Salad Pesto Chicken Pork Roast with Mustard Sauce Lemon Pasta Green Beans Baked Roll Vanilla Fruit Pudding	27 Green Salad Almond Crusted Haddock with Citrus Sauce Roasted Potato Medley Spinach Baked Roll White Cake	28 Green Salad Meatloaf Fried Potatoes and Onions Seasoned Peas Baked Roll Peach Crisp
29 Green Salad Roast Beef with Mushroom Sauce Mashed Potatoes and Gravy California Normandy Blend Baked Roll Cheesecake with Fruit Topping	30 Green Salad Herb Seasoned Pork Glazed Sweet Potatoes Yellow Squash and Onions Baked Roll Orange Cake	31 Green Salad Ground Beef Enchiladas Cheesy Rice Steamed Broccoli Baked Roll Homemade Chocolate Cake	Jan 1	2	3	4