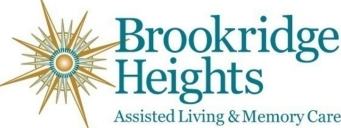


December 2019
Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>10:00 <i>Let the Bible Speak</i> [ATV]</div> <div>10:30 <i>Stronger Seniors</i> [AR]</div> <div>1:30 <i>Matinee Movie</i> [ATV]</div> <div>3:00 <i>Cutthroat Checkerz</i> [BS]</div> <div>4:00 <i>Puzzle Perfect</i> [ATV]</div> <div>6:00 <i>The Jolly Jenga Jackpot</i> [AR]</div> <div>1</div>	<div>10:15 PE Gentle Yoga with the YMCA [CL]</div> <div>11:00 CE Team Brainpower [ATV]</div> <div>1:30 SS Catholic Mass [CL]</div> <div>2:30 <i>Brookridge Town Hall</i> [CL]</div> <div>3:30 CE Birding Basics with Scot Stewart [ATV]</div> <div>4:00 SS Women for Christ [CL]</div> <div>6:30 Studio Time with Kristie [AR]</div> <div>6:30 LL The Millionaire Challenge with Dave [ADR]</div> <div>2</div>	<div>10:00 PE Fitness Fun [AR]</div> <div>11:00 Morning Mindfulness and Guided Meditation [CL]</div> <div>1:00 PE <i>Tai Chi</i> [AR]</div> <div>2:00 <i>U.P. Health Systems Christmas Party!</i></div> <div>2:00 Wags & Wiggles- Pet Therapy</div> <div>6:30 LL Boisterous Bingo [ADR]</div> <div>3</div>	<div>9:00 Foot Care with Kate's Place [AR]</div> <div>10:00 Pump Up The Jam! [CL]</div> <div>11:00 CE Team Brainpower [ATV]</div> <div>1:00 PE <i>Stronger Seniors</i> [AR]</div> <div>1:30 <i>Cutthroat Checkerz</i> [BS]</div> <div>1:30 SS The Catholic Rosary [CL]</div> <div>2:00 Sing with your Bingo [AR]</div> <div>3:30 CE Armchair Explorer [ATV]</div> <div>4</div>	<div>10:00 PE Fitness Fun [AR]</div> <div>11:00 Java Jive</div> <div>2:00 <i>Game Day with Amy!</i> [AR]</div> <div>2:00 <i>Puzzle Perfect</i> [ATV]</div> <div>4:00 Netflix and Chill (Before Dinner) [ATV]</div> <div>6:30 LL Merriment with Kristie [AR]</div> <div>5</div>	<div>9:00 Manicures and Morning News [ATV]</div> <div>10:15 PE Sit and Be Fit with the YMCA [AR]</div> <div>1:00 PE <i>Tai Chi</i> [AR]</div> <div>2:00 LL Happy Hour with Jim Pederson [MCLR]</div> <div>4:00 <i>The Jolly Jenga Jackpot</i> [AR]</div> <div>6:00 Brookridge Troubadours with Stewart Bruce [ATV]</div> <div>7:00 LL Friday Night Feature Film [ATV]</div> <div>6</div>	<div>10:15 <i>Stronger Seniors</i> [AR]</div> <div>11:00 <i>Creating with Clay</i> [AR]</div> <div>1:00 AE Express Yourself- Water-coloring [AR]</div> <div>2:00 Sand Bag Toss! [ATV]</div> <div>3:00 <i>Cutthroat Checkerz</i> [BS]</div> <div>4:00 <i>Puzzle Perfect</i> [ATV]</div> <div>6:00 <i>The Jolly Jenga Jackpot</i> [AR]</div> <div>6:30 Bingo with Steve-o! [ADR]</div> <div>7</div>
<div>10:00 <i>Let the Bible Speak</i> [ATV]</div> <div>10:30 <i>Stronger Seniors</i> [AR]</div> <div>1:30 <i>Matinee Movie</i> [ATV]</div> <div>3:00 <i>Cutthroat Checkerz</i> [BS]</div> <div>4:00 <i>Puzzle Perfect</i> [ATV]</div> <div>6:00 <i>The Jolly Jenga Jackpot</i> [AR]</div> <div>8</div>	<div>10:15 PE Gentle Yoga with the YMCA [CL]</div> <div>11:00 CE Team Brainpower [ATV]</div> <div>1:30 SS Catholic Mass [CL]</div> <div>2:00 <i>Brookridge Music Scene</i> [AR]</div> <div>4:00 SS Women for Christ [CL]</div> <div>6:30 Studio Time with Kristie [AR]</div> <div>6:30 LL The Millionaire Challenge with Dave [ADR]</div> <div>9</div>	<div>10:00 PE Fitness Fun [AR]</div> <div>11:00 Morning Mindfulness and Guided Meditation [CL]</div> <div>1:00 PE <i>Tai Chi</i> [AR]</div> <div>2:00 CC A Novel Idea (Reading Group) [CL]</div> <div>2:00 Wags & Wiggles- Pet Therapy</div> <div>3:00 <i>Holiday Mug Gift Making</i> [AR]</div> <div>6:30 LL Boisterous Bingo [ADR]</div> <div>10</div>	<div>10:00 Pump Up The Jam! [AR]</div> <div>11:00 CE Team Brainpower [ATV]</div> <div>1:00 PE <i>Stronger Seniors</i> [AR]</div> <div>1:30 <i>Cutthroat Checkerz</i> [BS]</div> <div>1:30 SS The Catholic Rosary [CL]</div> <div>2:00 Sing with your Bingo [AR]</div> <div>3:30 CE Armchair Explorer [ATV]</div> <div>11</div>	<div>10:00 PE Fitness Fun [AR]</div> <div>11:00 Java Jive</div> <div>1:00 <i>Gravaeraet Elementary Caroling and Holiday Bingo!</i> [ADR]</div> <div>2:00 <i>Puzzle Perfect</i> [ATV]</div> <div>3:00 <i>O. Henry Storytelling by John</i> [ATV]</div> <div>4:00 Netflix and Chill (Before Dinner) [ATV]</div> <div>6:30 LL Merriment with Kristie [AR]</div> <div>12</div>	<div>9:00 Manicures and Morning News [ATV]</div> <div>10:15 PE Sit and Be Fit with the YMCA [AR]</div> <div>1:00 PE <i>Tai Chi</i> [AR]</div> <div>2:00 LL Happy Hour with The Sunshine Girls [MCLR]</div> <div>4:00 <i>The Jolly Jenga Jackpot</i> [AR]</div> <div>6:00 Brookridge Troubadours with Stewart Bruce [ATV]</div> <div>7:00 LL Friday Night Feature Film [ATV]</div> <div>13</div>	<div>10:15 <i>Stronger Seniors</i> [AR]</div> <div>11:00 <i>Creating with Clay</i> [AR]</div> <div>1:00 AE Express Yourself- Water-coloring [AR]</div> <div>2:00 <i>Marquette Center for Dance- Christmas Recital</i> [MCLR]</div> <div>3:00 <i>Cutthroat Checkerz</i> [BS]</div> <div>4:00 <i>Puzzle Perfect</i> [ATV]</div> <div>6:00 <i>The Jolly Jenga Jackpot</i> [AR]</div> <div>6:30 Bingo with Steve-o! [ADR]</div> <div>14</div>
<div>10:00 <i>Let the Bible Speak</i> [ATV]</div> <div>10:30 <i>Stronger Seniors</i> [AR]</div> <div>1:30 <i>Matinee Movie</i> [ATV]</div> <div>2:30 SS Worship Service with Jim Larson [CL]</div> <div>3:00 <i>Cutthroat Checkerz</i> [BS]</div> <div>3:00 <i>Tuba Christmas</i> [ADR]</div> <div>4:00 <i>Puzzle Perfect</i> [ATV]</div> <div>6:00 <i>The Jolly Jenga Jackpot</i> [AR]</div> <div>15</div>	<div>10:15 PE Gentle Yoga with the YMCA [CL]</div> <div>11:00 CE Team Brainpower [ATV]</div> <div>1:30 SS Catholic Mass [CL]</div> <div>3:30 CE Birding Basics with Scot Stewart [ATV]</div> <div>4:00 SS Women for Christ [CL]</div> <div>5:30 Christmas Caroling with Bob from Knights of Columbus</div> <div>Studio Time with Kristie [AR]</div> <div>6:30 LL The Millionaire Challenge with Dave [ADR]</div> <div>16</div>	<div>9:30 U.P. Health and Hospice- Blood Pressure and Diabetic checks</div> <div>10:00 PE Fitness Fun [AR]</div> <div>11:00 Morning Mindfulness and Guided Meditation [CL]</div> <div>1:00 PE <i>Tai Chi</i> [AR]</div> <div>2:00 <i>Brookridge Music Scene</i> [AR]</div> <div>2:00 Wags & Wiggles- Pet Therapy</div> <div>3:00 <i>Holiday Gift Wrapping</i> [AR]</div> <div>6:30 LL Boisterous Bingo [ADR]</div> <div>17</div>	<div>10:00 Pump Up The Jam! [AR]</div> <div>11:00 CE Team Brainpower [ATV]</div> <div>1:00 PE <i>Stronger Seniors</i> [AR]</div> <div>1:30 <i>Cutthroat Checkerz</i> [BS]</div> <div>1:30 SS The Catholic Rosary [CL]</div> <div>2:00 Sing with your Bingo [AR]</div> <div>3:30 CE Armchair Explorer [ATV]</div> <div>18</div>	<div>10:00 PE Fitness Fun [AR]</div> <div>11:00 Java Jive</div> <div>2:00 <i>Brookridge Music Scene Holiday Concert</i> [ADR]</div> <div>2:00 <i>Puzzle Perfect</i> [ATV]</div> <div>4:00 Netflix and Chill (Before Dinner) [ATV]</div> <div>6:30 LL Merriment with Kristie [AR]</div> <div>19</div>	<div>9:00 Manicures and Morning News [ATV]</div> <div>10:15 PE Sit and Be Fit with the YMCA [AR]</div> <div>1:00 PE <i>Tai Chi</i> [AR]</div> <div>2:00 LL Happy Hour with Pierre Ogea [ADR]</div> <div>4:00 <i>The Jolly Jenga Jackpot</i> [AR]</div> <div>6:00 Brookridge Troubadours with Stewart Bruce [ATV]</div> <div>7:00 LL Friday Night Feature Film [ATV]</div> <div>20</div>	<div>10:15 <i>Stronger Seniors</i> [AR]</div> <div>11:00 <i>Creating with Clay</i> [AR]</div> <div>1:00 AE Express Yourself- Water-coloring [AR]</div> <div>2:00 Sand Bag Toss! [ATV]</div> <div>3:00 <i>Cutthroat Checkerz</i> [BS]</div> <div>4:00 <i>Puzzle Perfect</i> [ATV]</div> <div>6:00 <i>The Jolly Jenga Jackpot</i> [AR]</div> <div>6:30 Bingo with Steve-o! [ADR]</div> <div>21</div>
<div>10:00 <i>Let the Bible Speak</i> [ATV]</div> <div>10:30 <i>Stronger Seniors</i> [AR]</div> <div>1:30 <i>Matinee Movie</i> [ATV]</div> <div>3:00 <i>Cutthroat Checkerz</i> [BS]</div> <div>4:00 <i>Puzzle Perfect</i> [ATV]</div> <div>6:00 <i>The Jolly Jenga Jackpot</i> [AR]</div> <div>22</div>	<div>10:15 PE Gentle Yoga with the YMCA [CL]</div> <div>1:30 SS Catholic Mass [CL]</div> <div>4:00 SS Women for Christ [CL]</div> <div>6:30 Studio Time with Kristie [AR]</div> <div>6:30 LL The Millionaire Challenge with Dave [ADR]</div> <div>23</div>	<div>Christmas Eve</div> <div>10:00 PE Fitness Fun [AR]</div> <div>11:00 Morning Mindfulness and Guided Meditation [CL]</div> <div>1:00 PE <i>Tai Chi</i> [AR]</div> <div>2:00 <i>Game Day with Amy!</i> [AR]</div> <div>2:00 Wags & Wiggles- Pet Therapy</div> <div>6:30 LL Boisterous Bingo [ADR]</div> <div>24</div>	<div>Christmas Day</div> <div>1:00 PE <i>Stronger Seniors</i> [AR]</div> <div>1:30 <i>Cutthroat Checkerz</i> [BS]</div> <div>25</div>	<div>10:00 PE Fitness Fun [AR]</div> <div>11:00 Java Jive</div> <div>2:00 <i>Game Day with Amy!</i> [AR]</div> <div>2:00 <i>Puzzle Perfect</i> [ATV]</div> <div>4:00 Netflix and Chill (Before Dinner) [ATV]</div> <div>6:30 LL Merriment with Kristie [AR]</div> <div>26</div>	<div>9:00 Manicures and Morning News [ATV]</div> <div>10:15 PE Sit and Be Fit with the YMCA [AR]</div> <div>1:00 PE <i>Tai Chi</i> [AR]</div> <div>2:00 LL Happy Hour with Johnny Kero [MCLR]</div> <div>4:00 <i>The Jolly Jenga Jackpot</i> [AR]</div> <div>6:00 Brookridge Troubadours with Stewart Bruce [ATV]</div> <div>7:00 LL Friday Night Feature Film [ATV]</div> <div>27</div>	<div>10:15 <i>Stronger Seniors</i> [AR]</div> <div>11:00 <i>Creating with Clay</i> [AR]</div> <div>1:00 AE Express Yourself- Water-coloring [AR]</div> <div>3:00 <i>Cutthroat Checkerz</i> [BS]</div> <div>4:00 <i>Puzzle Perfect</i> [ATV]</div> <div>6:00 <i>The Jolly Jenga Jackpot</i> [AR]</div> <div>6:30 Bingo with Steve-o! [ADR]</div> <div>28</div>
<div>10:00 <i>Let the Bible Speak</i> [ATV]</div> <div>10:30 <i>Stronger Seniors</i> [AR]</div> <div>1:30 <i>Matinee Movie</i> [ATV]</div> <div>3:00 <i>Cutthroat Checkerz</i> [BS]</div> <div>4:00 <i>Puzzle Perfect</i> [ATV]</div> <div>6:00 <i>The Jolly Jenga Jackpot</i> [AR]</div> <div>29</div>	<div>10:15 PE Gentle Yoga with the YMCA [CL]</div> <div>11:00 CE Team Brainpower [ATV]</div> <div>1:30 SS Catholic Mass [CL]</div> <div>4:00 SS Women for Christ [CL]</div> <div>6:30 LL The Millionaire Challenge with Dave [ADR]</div> <div>30</div>	<div>New Year's Eve</div> <div>10:00 PE Fitness Fun [AR]</div> <div>11:00 Morning Mindfulness and Guided Meditation [CL]</div> <div>1:00 PE <i>Tai Chi</i> [AR]</div> <div>2:00 Wags & Wiggles- Pet Therapy</div> <div>31</div>	<div>1901 Division Street Marquette, MI 49855 (906) 225-4488</div>			<div><div>AE Artistic Expression</div><div>CC Community Connections</div><div>CE Continuing Education</div><div>LL Lifestyle & Leisure</div><div>PE Physical Engagement</div><div>SS Spiritual Support</div></div> <div><div>Location Keys</div><div>AL Dining Room</div><div>AL TV Room</div><div>Activity Room</div><div>Bistro</div><div>Chapel</div><div>MC New Living Room</div><div>ADR</div><div>ATV</div><div>AR</div><div>BS</div><div>CL</div><div>MCLR</div></div>