

Your Management Team

Steve Sarine
Executive Director

Heather Murdock
Marketing Director

Ligia Rodriguez
Director of Care

Melina Dearing
Wellness Director

Bernadette Soliz
Culinary Director

Kelli Hendrickson
Transportation

Lupe Ramirez
Joseph Enriquez
Jill Betz
Activity Staff

Jessica Ramirez
Office Manager

Lorine Ricardos
Housekeeping & Laundry Director

Russell Thomas & Clemente Lopez
Maintenance

December Horoscopes and Birthdays

In astrology, those born between December 1–21 are centaur archers of Sagittarius. Archers are curious, energetic, and enjoy change, the restless travelers of the zodiac. They cherish freedom as their greatest treasure. Those born between December 22–31 are the horned goats of Capricorn. As goats climb to great heights, Capricorns strive to get to the top, using discipline and common sense to find fame.

Bette Midler – December 1, 1945
Monica Seles – December 2, 1973
Walt Disney – December 5, 1901
Marie Tussaud – December 7, 1761
Sammy Davis Jr. – December 8, 1925
Bobby Flay – December 10, 1964
Frank Sinatra – December 12, 1915
Nostradamus – December 14, 1503
Beethoven – December 16, 1770
Ray Romano – December 21, 1957
Ava Gardner – December 24, 1922
Clara Barton – December 25, 1821
Tiger Woods – December 30, 1975

Resident Birthdays

#24 Helen Hardy ----- December 4th
#81 Patrick Byrnes ----- December 8th
#11B Francine Combs ----- December 17th
#27B Kermit Costa ----- December 26th

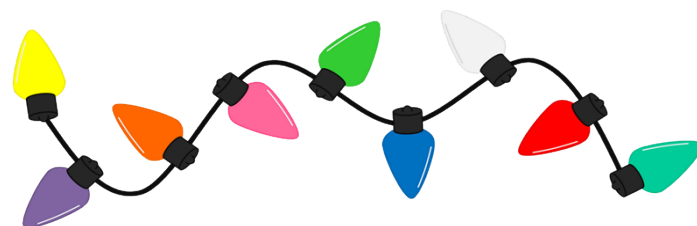


Birthday Party

The December Birthday Party will take place on Wednesday, December 18th at 3:15. Rick Turnage will be here to play the guitar and sing. Please join us for the fun! Cupcakes and ice cream will be served.

Trivia Answers

1. An old silk hat
2. Tinsel
3. Jimmy Stewart
4. Eggnog
5. Cupid
6. The Nutcracker
7. The Polar Express
8. Fruitcake
9. Ebenezer
10. White Christmas
11. Hansel and Gretel
12. Macy's
13. Mistletoe
14. Coca-Cola
15. Krampus



Reflections on the Pond

December 2019



Golden Pond Assisted Living
3415 Mayhew Rd. Sacramento, CA.
95827 916.369.8967 RCFE #347000985

Merry Christmas

Celebrating December

Antarctica Day
December 1

Cookie Day
December 4

Entertainment w/ James Phillips
December 14

Birthday Celebration
w/ Rick Turnage
December 18

Winter Solstice
December 21

Hanukkah
December 22–30

Christmas Party
December 23

New Year's Eve Party
December 31

“One of the most glorious messes in the world is the mess created in the living room on Christmas Day. Don't clean it up too quickly.” – Andy Rooney

It's that time of year again! Christmas time... when the smell of pine, the sight of bright lights, and the taste of egg nog bring back memories like none other.

So, with Christmas time comes a Christmas Party. Join us on Monday, December 23rd to celebrate the holidays with all the people you share your home with. We will have carollers singing from 3 to 4pm and a horse and carriage that you can take a ride in, from 3 to 5pm. Not only that but Santa's coming to town too! Keep your eye out for the Merry man himself.

The New Year is here!

Golden Pond is welcoming the new year on December 31st from 6 - 8pm. Join us as we welcome 2020 with live entertainment from the Sactown Swing Dancers (6:00 - 6:30) and the Stompy Jones Dance Band (6:00 - 7:30). Come on down to the Performing Arts Room in your best New Year's Eve outfit!



We Love Referrals!

Did you know that Golden Pond loves referrals? Refer Golden Pond to a friend or family member and we will provide a credit of \$750 to you! Meet with Heather Murdock, our Marketing Director, to further discuss the details of our referral program.

Reservations

Is your birthday coming up? Do you want to celebrate with family & friends in a private setting without having to leave your home? Well the Family and Friends room is the place for you! Please contact Joseph, Jill or Lupe to reserve the room. It can also be reserved for holidays, like Thanksgiving or Mothers Day for example.

Guess Who!

Check out the Guess Who board in the dining room. There are 15 pictures of staff members and your job is to guess who they are! Take a slip, fill it out and turn it in to the front office. Good luck!

Christmas Caroling

Tis the season for Christmas caroling! Golden Pond expects some carolers to stroll through so keep your ears open so you don't miss them! Scheduled carolers will appear in the calendar.



Dec. 6

Dec. 13

Dec. 20

Dec. 27



Christmas Socks

Santa Hat

Ugly Sweater

Red / Green

Christmas Trivia

- 1. In the song "Frosty the Snowman," what made Frosty come to life?
- 2. What Christmas decoration was originally made from strands of silver?
- 3. Who played George Bailey in the Christmas classic "It's a Wonderful Life?"
- 4. What Christmas beverage is also known as "milk punch?"
- 5. One of Santa's reindeer shares a name with a famous symbol of Valentine's Day. Which reindeer is that?
- 6. What Christmas-themed ballet premiered in Saint Petersburg, Russia in 1892?
- 7. What animated 2004 film is about a train that carries kids to the North Pole on Christmas Eve?
- 8. What much-reviled Christmas edible is known for its long shelf life?
- 9. In Charles Dickens' "A Christmas Carol," what was Mr. Scrooge's first name?
- 10. What Bing Crosby song is the best-selling single ever?
- 11. In the early 1800s, the first gingerbread houses were reportedly inspired by what famous fairy tale?
- 12. "Miracle on 34th Street" centers on what real-life department store?
- 13. What traditional Christmas decoration is actually a parasitic plant?
- 14. What beverage company has been using Santa Claus in its advertising since 1931?
- 15. According to the folklore of Austria and other countries, what horned figure punishes naughty children at Christmastime?

New Entertainer

Introducing... James Phillips. He plays keyboard and will be here to provide you with some background music during lunch on December 14th from 12-1pm.

Christmas Caroling

"The best way to spread Christmas cheer is singing loud for all to hear."
- Will Ferrell, 'Elf'

Tis the season for Christmas caroling! Golden Pond expects some carolers to stroll through so keep your ears open so you don't miss them! Scheduled carolers will appear in the monthly calendar.



Joy to the World!