

DECEMBER 2019

WILLOW CREEK STAFF

Managers......GLENN & VALERIE CAMPBELL
Assistant Managers...DALE & MARILYN WRIGHT
Executive Chef.......TONIA JOYNER
Activity Coordinator......MEREDITH TYSON
Maintenance.......D.J. RALSTON
Bus Driver......APRIL OUTLAND

TRANSPORTATION

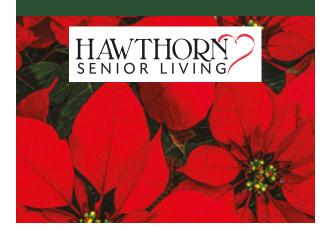
Monday, 9:30 a.m. and 2 p.m.: Shopping Day — Front Lobby

Tuesday: Doctor Appointments — Front Lobby

Wednesday: Weekly Outings — Front Lobby

Thursday: Doctor Appointments — Front Lobby

Friday, 9:30 a.m. and 2 p.m.: Shopping Day — Front Lobby



Christmas Open House

December 12th, 2:30-4:30 p.m.

Resident and Staff Christmas Party

We wish you all a very Happy Holidays! To celebrate the season we welcome you to invite your families and join us for the Annual Christmas Party. You and the family can take photos with Santa and Mrs. Claus, fill up with a variety of hors d'oeuvres, mingle and dance the night away.

Veterans Day

It was a pleasure honoring all of our WC vets.



Fall Dessert Extravaganza



Val, Earlene, Virginia W.



Flourine, Glenn and guest



Meredith and Shirley S.



Patricia, Betty M., Shirley J. and Fannie



Chef Tonia with her amazing dessert spread

Happy Birthday!



Claudia C. and Charles W. we loved having you!



November Party: Joan K., Sandi, Shirley J., Jeanette V., Sandra R.

English Rose Tea Room



Ladies, it was a lovely Tea Party: Barbara M., Jean, Audrey, Marge, April, Betty B., Dolores, Meredith

November's Artist Spotlight

Carol Finlay, Acrylic Painter

If you would like to share some of your work, see Meredith, we would love to display it and share with everyone here as we dedicate each month to one person at a time.



Culinary Corner Came With A "Latte" Laughs

Chef Tonia and Meredith failed their first attempt at making pumpkin lattes, but the residents saved the day and stepped in for the second batch, giving it extra love as they added every component to the mix. The final outcome was taste-test approved with all thumbs up!

In November, Chef Tonia worked with the group to make a tasty cranberry sauce that they were able to add to Friendsgiving Feast.



Chef Tonia mixing up some pumpkin spice and everything nice

Welcome to Willow Creek



Sandi Randle, who goes way back with Shirley S.! She is so bubbly and sweet, stop and introduce yourself. We are happy she's part of our WC family.

What the Fitz Is All About

Join us on the Gingerbread committee with Ed Fitzgerald. After Meredith's new resident interview with Ed, she was intrigued by his hidden talents. After years of coaching track with high school teams, then moving up to college level teams, he is a man with many stories and finds enjoyment working on new projects in his apartment. His completed projects are simply breathtaking and it all began when he moved to Virginia in the 1990s. Ed's hobby started with a fascination for bonsai trees. He had multiple bonsai trees displayed on his front porch while living in Virginia Beach. He has taken care of them for many years without any disturbance of nature until he moved to Chesapeake! The day he moved to Chesapeake was when the war against the squirrels began. It didn't take long before the squirrels destroyed all of his precious bonsai trees. The squirrels won the battle and so he decided to create his own bonsai tree. It is made out of real wood tree roots or limbs which are indestructible and he could keep inside. From there his creative side went in many directions, creating all kinds of sentimental pieces of work. Each piece has many details and not one is alike. We hope to show some of his work as our Spotlight artist in the future, so everyone can see his beautiful work. He looks forward to a new challenge helping out with the Gingerbread Contest. We look forward to everyone's participation in this annual contest.



Ed working on the technical building model for the gingerbread



Flashback photo from his track coaching days



The first bonsai tree he made by hand

Daily Trivia

To start our daily Trivial Pursuit and earn \$10 in Funny Money, answer the following question: On December 2nd, 70 years ago, what famous holiday song was sung by Gene Autry?

Look at the Activity
Board for the Daily
Trivia Question. Be the
first one to have the
correct answer and win
\$5 in Funny Money!
The first trivia question
will be posted on
December 5th.

DECEMBER 2019

Birthdays

Joan Barnes, 5th Barbara Sullivan, 9th Lenelle Janis, 11th William Kuse, 16th Viney Mae Aycock, 18 Betty Baron, 20th Ruth Kemp, 21st Natalie Blanco, 25th Patricia Woolwine, 27 Bill Hash, 30th

Locations

Activity Room, AR Atrium, AT Billiards Room, BR Bistro, BT Chapel, CH Corner Kitchen, CK Dining Room, DR Fitness Room, FR Front Lobby, FL Library, LB Patio, PT Theater, TH TV Room, TV

Legacy **Health Care Services**

(757) 842-4130 Call to learn more about services you can receive without having to leave home. Legacy is practicing out of room 127, located on the first floor. Drop in to see Jessica and Ron.

2:00 New Release Movie

& Popcorn, TH

2:00 Sunday Service with

7:00 New Release Movie

& Popcorn, TH

Pastor Troy & Son, CH

Service, TH

10:30 Wii Bowl, AR

12:30 Matinee Monday, TH

2:00 Movie: "Same Time

Time Next Year,"

Amazon, TH

Next Year," Amazon, TH

2:00 Bingo: Susan, AR

7:00 Movie: "Same

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
R	9:00 Worship Service with Billy, AR 10:30 Great Bridge Baptist Service, TH 2:00 Sunday Service with Pastor Troy & Son, CH 3:00 Children's Piano Recital with Cookies & Hot Cocoa, DR 7:00 New Release Movie & Popcorn, TH	8:50 Prayer Warriors, TH 9:30 Chairobics with Meredith, AR 10:30 Wii Bowl, AR 11:30 Up, Up & Away Reindeer Game, Win Funny Money, AR 2:00 Bingo: Susan, AR 2:00 Movie: "Christmas Comes to Willow Creek," Amazon, TH 4:00 "Sew" Much Fun Knitting & Crocheting Club, AR 7:00 Movie: "Christmas Comes to Willow Creek," Amazon, TH	8:50 Prayer Warriors, TH 9:30 Gentle Fitness, AR 10:00 Bridge Club, LB 10:30 Acrylic Painting: Wreaths with Vicki, AR 2:00 Bingo: Debbie, AR 2:00 Movie: "Daisies in December," Amazon, TH 4:00 Dance by Design, AT 7:00 Left, Center, Right, AR 7:00 Movie: "Daisies in December," Amazon, TH	Angel Tree Donations Due 8:50 Prayer Warriors, TH 9:30 Sit & Be Fit — Jessica, AR 10:00 Catholic Communion, CH 10:00 Smithfield Inn Restaurant & Shopping, FL 10:30 Wii Bowl, AR 2:00 Movie: "Big Time or Bust," Amazon, TH 3:30 Mexican Train Dominoes, BR 4:15 "Holy Grounds" Coffee & Chat with Pastor Rick, AR 7:00 Movie: "Big Time or Bust," Amazon, TH	8:50 Prayer Warriors, TH 9:30 Exercise with Meredith, AR 10:00 Bridge Club, LB 12:00 Go Chicken Fat Go!, AR 2:00 Afternoon Movie, TH 2:15 Brain Games with Denise, AR 4:00 CBN Christmas Village Trip & Supper Out, FL 7:00 Left, Center, Right, AR 7:00 Evening Movie, TH	Wear Your Patriotic 6 Colors Day 8:50 Prayer Warriors, TH 10:00 Jan's Friday Jump Start Exercise Class, AR 10:30 Wii Bowl, AR 2:00 Bingo, AR 2:00 Afternoon Movie, TH 4:00 Holiday Symbol Pictionary, AR 7:00 Evening Movie, TH	8:50 Prayer Warriors, TH 10:00 The Ivory's Piano Recital, DR 10:30 Good Ole Guys, BT 11:00 Ches. Parks & Rec: Holiday Lunch-In, \$10 at OSHS 11:30 Wii Bowl Open Court, AR 2:00 Afternoon Movie, TH 2:00 Bingo: Charlotte, AR 3:30 Mexican Train Dominoes, BR 4:00 Great Bridge Christmas Parade 7:00 Left, Center, Right, AR 7:00 Evening Movie, TH
8th 7th	9:00 Worship Service with Billy, AR 10:30 Great Bridge Baptist Service, TH 2:00 New Release Movie & Popcorn, TH 2:00 Sunday Service with Pastor Troy & Son, CH 7:00 New Release Movie & Popcorn, TH	8:50 Prayer Warriors, TH 9:30 Chairobics with Meredith, AR 10:30 Wii Bowl, AR 2:00 Bingo: Susan, AR 2:00 Movie: "A Norman Rockwell Xmas Story," Amazon, TH 4:00 Supper Out & Tacky Light Tour to 34th Street, FL 7:00 Movie: "A Norman Rockwell Xmas Story," Amazon, TH	8:50 Prayer Warriors, TH 9:30 Gentle Fitness with Linda, AR 10:00 Rosary Prayer & Communion, CH 10:00 Bridge Club, LB 11:00 Decorating Christmas Cards with Carolyn, AR 2:00 Afternoon Movie, TH 2:00 Bingo: Debbie, AR 4:00 Entertainment: Group Therapy, AR 7:00 Left, Center, Right, AR 7:00 Evening Movie, TH	8:50 Prayer Warriors, TH 9:25 Outing: Hurrah Players Holiday Show, \$10, FL 9:30 Sit & Be Fit — Jessica, AR 10:00 Catholic Communion, CH 10:30 Wii Bowl, AR 3:30 Beltone Hosts: Milk & Cookies with Santa, AR 7:00 Movie: "Waterfront Lady," TH	8:50 Prayer Warriors, TH 9:30 Exercise with Meredith, AR 10:00 Bridge Club, LB 2:30 Christmas Open House Until 4:30 p.m. 7:00 Left, Center, Right, AR 7:00 Evening Movie, TH	Wear Your Patriotic Colors Day 8:50 Prayer Warriors, TH 9:30 Shopping Trip to Belk & Lunch at Plaid Turnip, FL 10:00 Jan's Friday Jump Start Exercise Class, AR 10:30 Wii Bowl, AR 1:30 Beltone Hearing Aid Checks, CH 2:00 Absentee/Voting Registration Help, AT 4:00 Out of the Hat Social!, AT 7:00 Evening Movie, TH	8:50 Prayer Warriors, TH 10:30 Good Ole Guys, BT 11:30 Wii Bowl Open Court, AR 2:00 Bingo: Elsie, AR 2:00 Afternoon Movie, TH 3:30 Mexican Train Dominoes, BR 4:00 "Sew" Much Fun Knitting & Crocheting Club, AR 7:00 Left, Center, Right, AR 7:00 Evening Movie, TH
	9:00 Worship Service with Billy, AR 10:30 Great Bridge Baptist Service, TH 2:00 New Release Movie & Popcorn, TH 2:00 Sunday Service with Pastor Troy & Son, CH 7:00 New Release Movie & Popcorn, TH	8:50 Prayer Warriors, TH 9:30 Chairobics with Meredith, AR 10:30 Wii Bowl, AR 1:30 Podiatrist Visit with Dr. Cook, CH 2:00 Bingo: Susan, AR 2:00 Movie: "Christmas Vacation," Amazon, TH 4:00 "Sew" Much Fun Knitting & Crocheting Club, AR 6:30 Deep Creek Baptist Live Nativity Trip, FL 7:00 Movie: "Christmas Vacation," Amazon, TH	8:50 Prayer Warriors, TH 9:30 Gentle Fitness with Linda, AR 10:00 Bridge Club, LB 2:00 Bingo: Debbie, AR 2:00 Afternoon Movie, TH 4:00 Visit & Christmas Singalong with The Daisy Troop, AR 7:00 Left, Center, Right, AR 7:00 Evening Movie, TH	Shopping Trip: Details to Come 8:50 Prayer Warriors, TH 9:30 Sit & Be Fit — Jessica, AR 10:00 Catholic Communion, CH 10:30 Wii Bowl, AR 2:00 Afternoon Movie, TH 3:30 Mexican Train Dominoes, BR 4:15 "Holy Grounds" Coffee & Chat with Pastor Rick, AR 7:00 Evening Movie, TH	Gingerbread House Submission Due 8:50 Prayer Warriors, TH 9:30 Exercise with Meredith, AR 10:00 Bridge Club, LB 12:00 Go Chicken Fat Go!, AR 2:00 Afternoon Movie, TH 2:15 Brain Games with Denise, AR 7:00 Left, Center, Right, AR 7:00 Evening Movie, TH	Wear Your Patriotic Colors Day 8:50 Prayer Warriors, TH 10:00 Jan's Friday Jump Start Exercise Class, AR 10:30 Wii Bowl, AR 2:00 Bingo, AR 2:00 Afternoon Movie, TH 4:00 Out of the Hat Social!, AT 6:00 Resident & Staff Family Christmas Party Until 8 p.m., DR	8:50 Prayer Warriors, TH 10:30 Good Ole Guys, BT 11:30 Wii Bowl Open Court, AR 2:00 Bingo: Charlotte, AR 2:00 Afternoon Movie, TH 3:30 Mexican Train Dominoes, BR 7:00 Left, Center, Right, AR 7:00 Evening Movie, TH
	9:00 Worship Service with Billy, AR 10:30 Great Bridge Baptist Service, TH 2:00 New Release Movie & Popcorn, TH 2:00 Sunday Service with Pastor Troy & Son, CH 7:00 New Release Movie & Popcorn, TH	8:50 Prayer Warriors, TH 23 9:30 Chairobics with Meredith, AR 10:30 Wii Bowl, AR 2:00 December Birthday Party with Ent. By Adam Nixon, AR 3:15 Christmas Carols Around the Piano with NAH, DR 7:00 Evening Movie, TH	8:50 Prayer Warriors, TH 10:00 Bridge Club, LB 2:00 Bingo: Debbie, AR 2:00 Afternoon Movie, TH 7:00 Left, Center, Right, AR 7:00 Evening Movie, TH	CHRISTMAS DAY Merry Christmas! 8:50 Prayer Warriors, TH 12:30 Holiday Dinner, DR 1:45 Movie: "White Christmas," TH 5:45 Pajama Party with Hot Cocoa & Cookies, TH 6:45 Movie in Your PJ's, "It's a Wonderful Life," TH	8:50 Prayer Warriors, TH 9:30 Exercise with Meredith, AR 10:00 Bridge Club, LB 2:00 Afternoon Movie, TH 7:00 Left, Center, Right, AR 7:00 Evening Movie, TH	Wear Your Patriotic Colors Day 8:50 Prayer Warriors, TH 10:30 Wii Bowl, AR 2:00 Movie: "Mrs. Doubtfire," DVD, TH 3:00 Senior Games with Legacy Therapy, AR 7:00 Movie: "Mrs. Doubtfire," Amazon, TH	8:50 Prayer Warriors, TH 28 10:30 Good Ole Guys, BT 11:30 Wii Bowl Open Court, AR 2:00 Bingo: Elsie, AR 2:00 Afternoon Movie, TH 3:30 Mexican Train Dominoes, BR 7:00 Left, Center, Right, AR 7:00 Evening Movie, TH
an	9:00 Worship Service 29 with Billy, AR 10:30 Great Bridge Baptist	8:50 Prayer Warriors, TH 30 9:30 Chairobics with Meredith, AR	NEW YEAR'S EVE 31 8:50 Prayer Warriors, TH 9:30 Gentle Fitness	DATE			

10:00 Bridge Club, LB

7:00 New Year's Eve

Party, AR

2:00 Bingo: Debbie, AR

2:00 Afternoon Movie, TH

5:30 Candlelight Dinner, DR

with Linda, AR

Carousel Park Take Two

It was a great day, low humidity and beautiful blue skies. The carousel ride was so much fun, we rode it twice! Afterwards, we sat outside at the Carousel Park and enjoyed a picnic lunch by the water.



Group picture! Thanks for coming everybody, we had so much fun with you all!



Velma, Helen G. and Velma's son Thomas



Yee-haw, Natalie B.



Nancy D. enjoying the great day!



Double trouble, Barbara S. and Ruth K. Looking sweet as can be!

Mystery Resident

First to guess wins funny money!



Ceramics Class With Angela

A new class will be offered! Angela will be sharing her talents with us every other month. Family and guests are welcome.

There is a \$10 guest joining fee, but free to all residents! Due to the busy holiday season, Angela will be back for the next class in January.



Sandra R., Marge, Mae Marie, Joann J., Rita and Jessica



Carol, Shirley F., Wilma, Betty H., Helen G., Gail H.

Employee Spotlight

Introducing the dream team! Frankie has two new sidekicks, Dominique and Jennifer. We are so grateful to have them on board. After quickly learning the ropes, it is easy to see their 110% is put into everything they do. Here are some things you may not know about these fabulous gals ...

Dominique is a mother of four, which includes a set of twins and her oldest child is 23 years old. If she had more time to spare, one of things she enjoys in life is roller skating. Her favorite holiday tradition is to dress up in ugly Christmas sweaters. When it's time to open



Dominique, Jennifer, and Frankie

Christmas presents, her family puts on their footie pajamas and enjoys time together as a family.

Jennifer also has a son who will be 23 a month from now. One of her hidden hobbies is oil painting, particularly landscapes. During the holidays she loves decorating her home and getting creative each year to make the best stuffed stockings.

Frankie has been at Willow Creek for two years now. Her kindness continues to radiate and she has been such a great team leader. This Christmas she looks forward to the excitement of the holiday as they set out their Elf on a Shelf. The elf watches over her seven-year-old daughter and reports back to Santa, and of course they cannot wait to make more memories together as a family of four!

Acrylic Painting With Artist Vicki

December's paint project is a Christmas wreath on Tuesday, December 3rd at 10:30 a.m.



Wilma, Inez, Audrey, Mikey, Jim L.

Up, Up, And Away!

April will be dashing us away in our Willow Creek Sleigh, the Willow Creek bus.

This month we have added all kinds of fun trips to the mix.

Wednesday the 4th: Our wonderful volunteer Wendy will be joining us as we dash away to Smithfield for shopping at two lovely stores that have cute finds to give to loved ones for the holidays. Then you will have lunch at The Smithfield Inn. A reservation for 20 has been made. Please notify the office the day before the trip if you cannot go.

Thursday Evening the 5th: Our 1st Tacky Light Tour takes a turn to a classier one! We are going to visit CBN's Christmas Village. Admission is free and they have all sorts of beautiful sights to see, carriage rides, lights, decorations, and of course, Santa Claus.

Saturday Night the 7th: We will be participating in the annual Great Bridge Christmas play. If you or family members would like to walk alongside our Willow Creek sleigh, please inform the office staff. This year's theme is dedicated to those who have served. We encourage our vets to ride the bus so we can share them with the community! We will be selling Christmas Willow Creek sweatshirts again. See office or Meredith for more details.

Monday the 9th: Tacky Light Tour #2. Bring money for supper and we will then go to the amazing variety of decorated homes on 34th Street in Virginia Beach.

Wednesday the 10th: Hip, Hip, Hurrah Players Show: "The Best Christmas Pageant Ever." The last performance they put on was excellent and made everyone feel happy. Get your tickets ahead of time for \$10. The show starts at 10 a.m. and we will be back in time for lunch.

Monday the 16th: Tacky Light Tour #3 isn't so tacky at all. We will drive to Deep Creek Baptist Church to see the live Nativity. Admission is FREE.

Wednesday the 18th: Stay tuned for more details about a full day of shopping at a variety of stores.





