

Whispering Pines

Gracious Retirement Living

7501 Lead Mine Road • Raleigh, NC 27615 • Phone (919) 870-0222 • www.seniorlivinginstyle.com

DECEMBER 2019

WHISPERING PINES STAFF

Managers.....WINDY & CHRIS READ
Assistant ManagersLYNN & SCOTT ENOCH
Executive Chef MOLLY SWAIN
Activity CoordinatorCOLETTE MOLNAR
MaintenanceJOHN RODRIGUES
TransportationTOM MADIGAN

TRANSPORTATION

Monday, 2-4 p.m.: Shopping

Tuesday, 8:30 a.m.-12:30 p.m.:
Medical Appointments

Wednesday, 9:30-11:30 a.m.: Shopping

Thursday, 8:30 a.m.-12:30 p.m.:
Medical Appointments

Friday, 9:30-11:30 a.m.: Shopping

HAWTHORN
SENIOR LIVING

“O Christmas Tree, O Christmas Tree...”

The History of This Wonderful Tradition

After we finish up the Thanksgiving leftovers, most of us can't wait to start decorating our homes with Christmas decorations! For most of us, that is the day after Thanksgiving! Out come the boxes from storage, the decorations are laid out and up goes the Christmas tree! We adorn the Christmas tree with lights and ornaments we have collected and cherished over the years. These treasures are carefully arranged on each branch with much love and thought. Now, this magnificently decorated Christmas tree becomes the focal point of our home during the Christmas season.

Where did this custom of bringing a real tree into our living rooms come from? Evidently, during the 16th century, German households started the tradition of decorating a live evergreen tree with fruits and nuts and putting real candles on the branches to be lit. Evergreens were chosen because the branches remain green throughout the season of Advent. When German immigrants settled in Pennsylvania during the 1700s, they brought this wonderful tradition to America. Over time, Americans added the tradition of stringing popcorn and paper decorations to decorate the tree. Evergreens have remained the choice for a Christmas tree because they symbolize growth and everlasting love, meaning the everlasting love and life God gave to us when he sacrificed his only son, Jesus Christ. The round circular evergreen wreaths are also symbols of eternal life, with no beginning and no end.

When we put our Christmas tree up at Whispering Pines, it is so beautiful, situated in our center lobby. Every resident and guest is in awe of its magnificence when they enter our doors. It truly is the focal point of our building, where we sit and gather to enjoy its beauty.

What a wonderful 400-year-old tradition that Germany immigrants brought to this country, a tradition that is still going strong in all Christian households today!

Merry Christmas, everyone!



*Our magnificent 2018
Christmas tree surrounded by
our Gingerbread Cookie Train*



History of Hanukkah

The Jewish holiday of Hanukkah comes every year around the same time as Christians celebrate Christmas. Many Christians see the Menorah candelabrum out for display and wonder, "Why aren't all the candles lit?" There is a reason why they are lit on eight consecutive days.

Hanukkah is known as the "Festival of Lights" because over the span of eight days, Jewish people around the world light one candle each night during the evening meal and share with friends and family traditional symbolic foods, saying prayers together and retelling the history of Hanukkah.

According to legend, Jews rose up against their Greek Syrian oppressors in the Maccabean Revolt. When the Jewish people retook the Second Temple back from their

oppressors, they needed to let other Jews know of their success and bring others to support the takeover. They decided to use their sacred Menorah candelabrum, which had seven branches to represent knowledge and creation. When they went to light the menorah candles, there was not enough oil to let the others know the temple was being rededicated to the Jewish people. Miraculously, with very little oil, the menorah stayed lit for eight days!

Today, the Menorah has nine branches to represent the eight days of rededication of the temple, and the middle candle is called the shamash (aka "the helper").

Welcome to Our New Residents



Originally from Virginia, Alice Little moved to Raleigh three years ago to be near her daughter. She loves her little dog Cody and playing Bingo.



Jim from New York and Lucille from North Dakota have lived with their five children (and foster children!) in North Carolina for over 31 years!



Robert and JoAnn Hardee, both born in South Carolina, moved to the North Carolina country side in 1961 with their two children for over 40 years!

2019 Gingerbread Contest

It's that time of year again where we create an original gingerbread creation. Our resident, Jan Haswell, has designed another incredible entry for us to create in 2019. This year our theme is "A Patriotic Christmas." With 26 veterans in our building, we wanted to honor them with our entry this year. Roll up your sleeves, join the fun and come to the Activity room to help create another masterpiece!





The History of Christmas Lights

Want a little bit of serenity this Christmas season? Well, grab a cup of hot chocolate (or a glass of wine), get snuggled under a cozy blanket, sit next to a fire in the fireplace and watch the Christmas lights flicker on the Christmas tree. For me, that is the best remedy after a busy day of Holiday “hustle and bustle.” What is it about Christmas lights that draw us in? When and where did this custom come from?

The tradition of lighting small candles placed on a freshly cut evergreen tree dates back to the 17th century. Originally, the custom started in Germany but quickly spread throughout Eastern Europe. European Christians also often displayed a single lit candle in windows to indicate to other Christians they were welcome to come inside and worship with them.

In 1880, Edward Johnson was an inventor under the supervision of Thomas Edison and created the first string of electric Christmas lights to decorate Christmas trees. (A lot safer than lit candles). By the 20th century, Christmas lights improved significantly and were being used to decorate trees outside!

Today, we all enjoy nothing better than hopping in the car and driving around neighborhoods to see all the spectacular Christmas lights and Christmas decorations. There are competitions within neighborhoods and even a TV show showcasing exceptionally decorated homes throughout the United States!

We have our own tradition of drinking hot chocolate and singing Christmas carols on the bus while we take in the wonderful Christmas lights and decorations in adjacent neighborhoods. Please join the fun on Thursday, Dec. 12, at 6:45 p.m., and help us serenade some of our favorite neighbors!



Jean and Ercell having fun caroling on the bus while wearing their festive Christmas hats and seeing all the neighborhood Christmas lights!



Merrie and Sam Summey pose in front of the brightly lit huge and magnificent Christmas tree at the Angus Barn Restaurant.

All I Want For Christmas Is My Two Front Teeth...

Our resident, Carol Gordon, unfortunately suffered a terrible fall this past summer, and one of the many things she suffered was having her two front teeth knocked out! Carol is such a good sport, she wanted to bring awareness to others of the danger of falling in a humorous Holiday way!

Did you know when a senior citizen falls, it can be the demise of their health? In 2018, the Consumer Product Safety Commission (CPSC) reported an estimated 13,000 people were treated in emergency rooms around the country for injuries tied to holiday lights, Christmas trees, ornaments and other decorations?

This holiday, let's be extra safe. First, clean up clutter.

Put away Christmas paper, boxes, etc., and decorations should be put up high on tables and not on the floor. Make sure your shoes fit you properly and have non-skid bottoms, and never go barefoot! Remove tripping hazards. That means throw rugs, baskets on the floor and lamp wires. Make sure you have plenty of light in your apartment so you can see everything ahead of you. Mostly, recognize your physical limitations and take it slow. No need to rush!

In order to have a Merry Christmas and Happy Hanukkah, let's be safe so we can enjoy Holiday season.

Carol, I sure hope Santa knows how nice you have been all year and grants you that one wish, “your two front teeth!”



Carol Gordon showing her toothless grin! Santa, please help Carol sport a pretty smile for Christmas!

DECEMBER 2019

Birthdays

Jeanine Rodgers, 3rd
George Vlahos, 7th
Davison Wilkis, 13th
Joan Clare, 13th
Wanda Sanderson, 16th
Linda Measamer, 18th
George Matthews, 18th
Sheldon Sutton, 22nd
Mary Conant, 28th
Sue King, 30th

Locations







Activity Room, AR
Billiards Room, BR
Bistro, B
Chapel, CH
Computer Center, CC
Courtyard, CY
Dining Room, DR
Exercise Room, EX
Front Lobby, Lobby
Movie Theater, MT
Sign Up, SU
TV Room, TV

Movie Showtimes

- 2:30 p.m. Matinee
- 7 p.m. Evening Show

Shopping & Errands

Mondays: 2–4 p.m.
Wednesdays: 9:30–11:30 a.m.
Fridays: 9:30–11:30 a.m.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div><div>Toys 4 Tots Drive Begins, Lobby</div><div>11:00 Worship with Rev. Jerry & Joyce Hundley, CH</div><div>4:00 Football on Big Screen, MT</div><div>4:00 “Crazy” Bingo with Chris, AR</div></div><div>1</div></div>	<div><div><div>9:30 Upper Body Exercises, AR</div><div>10:00 New Resident Meeting with Windy and Chris, AR</div><div>10:30 Fun Trip to the Public Library, SU</div><div>2:00 Make a Holiday Door Decoration, AR</div><div>4:00 Group Crossword Puzzle, AR</div><div>7:00 Big Money Bingo with Chris, AR</div></div><div>2</div></div>	<div><div><div>9:30 Live Well Exercising with Legacy, AR</div><div>10:00 Devotion, CH</div><div>11:00 Community Meeting with Management & Activities, AR</div><div>2:00 Bridge Group, BR</div><div>2:00 “Golden Girls” Holiday Performance, AR</div><div>3:15 Money Bingo, AR</div><div>4:00 Trivia History of Advent and Hanukkah, AR</div><div>7:00 Poker Club, BR</div></div><div>3</div><div></div></div>	<div><div><div>9:30 Workout with Weights, AR</div><div>10:00 Bible Study with Joanne, CC</div><div>11:00 Catholic Communion Service, CH</div><div>11:30 “East Wake Strutters” Holiday Performance, Lobby</div><div>12:15 Lunch Outing Cheesecake Factory & Visit Santa!, SU</div><div>2:00 Bean Bag Baseball with Lynn and Scott, AR</div><div>3:00 Learning to Quilt with Janet, AR</div><div>4:15 Singalong Music with Algia, Lobby</div></div><div>4</div></div>	<div><div><div>9:30 Live Well Exercising with Legacy, AR</div><div>11:30 Piano Playing by Joanne, Lobby</div><div>2:00 Money Bingo, AR</div><div>2:00 Bridge Group, BR</div><div>4:00 Piano & Holiday Singalong with Sue Merrill, Lobby</div><div>7:00 NC’s Sweet Adelines “Carolina Harmony” Perform, Lobby</div></div><div>5</div></div>	<div><div><div>9:30 Fitness Fun!, AR</div><div>10:00 Devotion, CH</div><div>10:30 Dedication of “Angel Tree of Remembrance,” CH</div><div>2:00 LRC/Bottoms Up, AR</div><div>4:00 Hot Chocolate and Holiday Reminiscing, AR</div><div>7:00 Poker Club, BR</div></div><div>6</div></div>	<div><div><div>11:00 Group Rummikub, AR</div><div>2:00 Money Bingo, AR</div><div>4:15 Gabriel David Performs Holiday Music, Lobby</div></div><div>7</div><div></div></div>
<div><div><div>11:00 Worship with Rev. Jerry & Joyce Hundley, CH</div><div>4:00 Football on Big Screen, MT</div><div>4:00 “Crazy” Bingo with Chris, AR</div></div><div>8</div></div>	<div><div><div>9:30 Upper Body Exercises, AR</div><div>10:30 Discuss Current Events with Coffee, AR</div><div>2:00 Mexican Train Dominoes, AR</div><div>4:00 Christmas Pine Cone Craft, AR</div><div>7:00 Big Money Bingo with Chris, AR</div></div><div>9</div></div>	<div><div><div>9:30 Live Well Exercising with Legacy, AR</div><div>10:00 Devotion, CH</div><div>11:00 Make Beaded Jingle Bell Bracelets, AR</div><div>1:45 Montessori Children’s Holiday Singalong, Lobby</div><div>2:00 Bridge Group, BR</div><div>2:00 Money Bingo, AR</div><div>4:00 Book Club Meeting</div><div>7:00 Poker Club, BR</div></div><div>10</div></div>	<div><div><div>9:30 Workout with Weights, AR</div><div>10:00 Bible Study with Joanne, CC</div><div>11:00 Catholic Communion Service, CH</div><div>11:45 Lunch Outing & Visit the Oak Farm Village, SU</div><div>2:00 Bean Bag Baseball with Lynn and Scott, AR</div><div>3:00 Learning to Quilt with Janet, AR</div><div>4:15 Music with Zeke on Keyboard, CY</div></div><div>11</div></div>	<div><div><div>9:30 Live Well Exercising with Legacy, AR</div><div>10:00 Trivia with Nichole From Com for Care, AR</div><div>11:00 Community Meeting with Chef Molly, AR</div><div>11:30 Piano Playing by Joanne, Lobby</div><div>2:00 Money Bingo, AR</div><div>2:00 Bridge Group, BR</div><div>4:00 Piano & Holiday Singalong with Sue Merrill, Lobby</div><div>6:45 Bus Trip Caroling & See Christmas Lights!, SU</div></div><div>12</div></div>	<div><div><div>9:30 Fitness Fun!, AR</div><div>10:00 Devotion, CH</div><div>11:00 Christmas Card Writing by the Fireplace, DR</div><div>2:00 Visit the Governor’s Mansion for Christmas, SU</div><div>4:45 “Taste” Of Raleigh’s Holiday Performance, Lobby</div><div>7:00 Poker Club, BR</div></div><div>13</div><div></div></div>	<div><div><div>11:00 Adult Coloring, AR</div><div>11:30 Vietnamese Youth Movement Holiday Performance, Lobby</div><div>2:00 Money Bingo, AR</div></div><div>14</div></div>
<div><div><div>11:00 Worship with Rev. Jerry & Joyce Hundley, CH</div><div>4:00 Football on Big Screen, MT</div><div>4:00 “Crazy” Bingo with Chris, AR</div></div><div>15</div></div>	<div><div><div>9:30 Upper Body Exercises, AR</div><div>10:30 Christmas Party with Greystone Baptist Preschoolers, AR</div><div>2:00 Live Well Playing “Jeopardy!” W/Legacy, AR</div><div>4:00 Craft Homemade Christmas Ornaments, AR</div><div>6:45 Chris Dodson’s Children’s Holiday Piano Recital, Lobby</div><div>7:00 Big Money Bingo with Chris, AR</div></div><div>16</div><div></div></div>	<div><div><div>9:30 Live Well Exercising with Legacy, AR</div><div>10:00 Devotion, CH</div><div>11:00 Judy Zerbe’s Shares Her White House Ornaments, AR</div><div>2:00 Bridge Group, BR</div><div>2:00 Money Bingo, AR</div><div>4:00 Trivia History of Favorite Christmas Songs, AR</div><div>7:00 Poker Club, BR</div></div><div>17</div></div>	<div><div><div>9:30 Workout with Weights, AR</div><div>10:00 Bible Study with Joanne, CC</div><div>11:00 Catholic Communion Service, CH</div><div>11:45 Lunch at the “Flying Bisquit” & Visit Cathedral, SU</div><div>2:00 Bean Bag Baseball with Lynn and Scott, AR</div><div>3:00 Learning to Quilt with Janet, AR</div><div>4:15 Music with Ed Lyons on Saxophone, Lobby</div></div><div>18</div><div></div></div>	<div><div><div>9:30 Live Well Exercising with Legacy, AR</div><div>11:00 Bake and Decorate Christmas Cookies, AR</div><div>11:30 Piano Playing by Joanne, Lobby</div><div>2:00 Money Bingo, AR</div><div>2:00 Bridge Group, BR</div><div>4:30 Resident Holiday Choir Performance, DR</div><div>7:00 Open Discussion-Stories in the Bible, AR</div></div><div>19</div></div>	<div><div><div>9:30 Fitness Fun!, AR</div><div>10:00 Devotion, CH</div><div>11:00 Activity, AR</div><div>2:00 “Old School” Holiday Performance, AR</div><div>3:15 Visit the “Angus Barn” For Holiday Cocktails, SU</div><div>4:00 Shabbat Service, CH</div><div>7:00 Poker Club, BR</div></div><div>20</div></div>	<div><div><div>WINTER BEGINS</div><div>11:00 Group Rummikub, AR</div><div>2:00 Money Bingo, AR</div><div>4:15 Bruce Smith Performs, Lobby</div></div><div>21</div></div>
<div><div><div>HANUKKAH BEGINS AT SUNSET</div><div>11:00 Worship with Rev. Jerry & Joyce Hundley, CH</div><div>4:00 Football on Big Screen, MT</div><div>4:00 “Crazy” Bingo with Chris, AR</div></div><div>22</div><div></div></div>	<div><div><div>9:30 Upper Body Exercises, AR</div><div>10:30 Make Fresh Holiday Flower Centerpieces, AR</div><div>12:30 Special Hanukkah Meal, DR</div><div>2:00 Mexican Train Dominoes, AR</div><div>4:15 Luke Lowe’s Holiday Performance, Lobby</div><div>7:00 Big Money Bingo with Chris, AR</div></div><div>23</div></div>	<div><div><div>10:00 Special Christmas Eve Devotional Service, CH</div><div>2:00 Bridge Group, BR</div><div>2:00 Christmas Eve Bingo with Surprises!, AR</div></div><div>24</div></div>	<div><div><div>CHRISTMAS DAY</div><div>Merry Christmas, Everyone!</div><div>12:30 Enjoy a Lovely Christmas Meal, DR</div><div>2:00 Special Christmas Movie “The Nativity,” MT</div></div><div>25</div></div>	<div><div><div>9:30 Live Well Exercising with Legacy, AR</div><div>11:30 Piano Playing by Joanne, Lobby</div><div>2:00 Money Bingo, AR</div><div>2:00 Bridge Group, BR</div></div><div>26</div></div>	<div><div><div>9:30 Fitness Fun!, AR</div><div>10:00 Devotion, CH</div><div>2:00 LRC/Bottoms Up, AR</div><div>4:00 Holiday Mocktails & Share Your Holiday Goodies, AR</div><div>7:00 Poker Club, BR</div></div><div>27</div></div>	<div><div><div>11:00 Adult Coloring, AR</div><div>2:00 Money Bingo, AR</div><div>4:00 Group Scrabble Game, AR</div></div><div>28</div><div></div></div>
<div><div><div>11:00 Worship with Rev. Jerry & Joyce Hundley, CH</div><div>4:00 Football on Big Screen, MT</div><div>4:00 “Crazy” Bingo with Chris, AR</div></div><div>29</div></div>	<div><div><div>9:30 Upper Body Exercises, AR</div><div>11:00 Let’s Discuss New Year’s Resolutions... Ha Ha!, AR</div><div>2:00 Play Pokeno, AR</div><div>4:00 Make Sparkled Dipped Roses for New Year’s Eve, AR</div><div>7:00 Big Money Bingo with Chris, AR</div></div><div>30</div><div></div></div>	<div><div><div>NEW YEAR’S EVE</div><div>9:30 Live Well Exercising with Legacy, AR</div><div>10:00 Devotion, CH</div><div>2:00 Bridge Group, BR</div><div>2:00 Money Bingo, AR</div><div>4:00 Make New Year’s Eve Hats & Noise Makers!, AR</div><div>5:30 Elegant New Year’s Eve Meal, DR</div><div>7:00 Musical Performance by Paul Indelicato, DR</div></div><div>31</div></div>				

We Had A Lot of Fall Fun Festivities!

The fall brings a unique set of activities we all look forward to celebrating. With the wonderful change in temperature, we love to venture outside. We enjoy our Fall Craft Fairs to purchase gifts for others or something special for ourselves! Our annual Health Care, Financial, Legal, etc. Event is a great opportunity to gather important information regarding health, finances, legal affairs and services that are provided in our building. Visiting the yearly State County Fair is like a blast into the past when we young kids enjoying the fair. October is Breast Cancer Awareness Month, and we show our support by wearing pink clothes and making beaded pink bracelets.

We also have our yearly Wii Bowling Championship between our three floors, with a special luncheon to celebrate all our Wii Bowling athletes. We are never too old to dress up and enjoy Halloween festivities with a party and music! With so many Veterans in our building, Veterans Day is very special to us.



Pretty in pink! Our ladies wearing pink to support breast cancer research. Some of these ladies are breast cancer survivors.



The "Big Bad Wolf" and "Little Red Riding Hood" even made an appearance at the party!



Veteran of the US Army, Dr. Frank Maida proudly wore his "Thank a Veteran" cap given to all resident Veterans on Veterans Day.



Janet Irwin and Audrey Byrd accepted single stem roses to mark the service of their deceased husbands to our great country.



Our Halloween party was such fun with live music and costumes! "Raggety" Ann Davis especially enjoyed dancing with her handsome grandson!



Our annual Healthcare, Legal, Financial and Computer Services Event was a great success for our residents to gather information.



Such fun at our Annual Wii Bowling Championship Luncheon! Everyone got a new pink "This is How I Roll" tee shirt!

Holiday Highlights Pull Out Section

December 1st-13th: Toys 4 Tots Drive

Dec. 3rd at 2 p.m.: "Golden Girls" Perform

Dec. 4th at 11:30 a.m.: "East Wake Strutters" Perform

Dec. 4th at 12:15 p.m.: Trip to Mall! Visit Santa/Lunch at Cheesecake Factory

Dec. 4th at 4:15 p.m.: Algia Performs Christmas Music

Dec. 5th at 10:30 a.m.: Christmas Themed Watercolor Painting with Linda

Dec. 5th at 7 p.m.: NC's Sweet Adelines "The Carolina Harmony" Perform!

Dec. 6th at 10 a.m.: Visit NC Symphony Christmas Performance

Dec. 7th at 4:15 p.m.: Gabriel David's Holiday Performance

Dec. 9th at 1:30 p.m.: Christmas Yummy Treats From Legacy

Dec. 10th at 1:45 p.m.: Montessori Children Perform

Dec. 11th at 11:45 a.m.: Visit Oak Farm's Christmas Village and Lunch

Dec. 12th at 6:45 p.m.: Bus Trip Caroling & Neighborhood Christmas Lights

Dec. 13th at 2 p.m.: Visit the Governor's Mansion's Christmas Open House

Dec. 13th at 4:45 p.m.: "TASTE" of Raleigh's Holiday Performance

Dec. 14th at 11:30 a.m.: Vietnamese Youth Movement's Holiday Performance

Dec. 16th at 10:30 a.m.: Christmas Party with Greystone Baptist Preschoolers

Dec. 16th at 6:45 p.m.: Chris Dodson's Children's Holiday Piano Recital

Dec. 17th at 11 a.m.: Judy Zerbe Shares Her White House Ornaments

Dec. 18th at 11:45 p.m.: Lunch at "Flying Bisquit" / Visit the Cathedral

Dec. 19th at 4:30 p.m.: Resident Holiday Choir Performance

Dec. 20th at 2 p.m.: "Old School" Holiday Performance

Dec. 20th at 3:15 p.m.: Visit the "Angus Barn" for Holiday Cocktails

Dec. 21st at 4:15 p.m.: Bruce Smith's Christmas Performance

Dec. 23rd at 4:15 p.m.: Luke Lowe's Holiday Performance

Dec. 24th at 10 a.m.: Christmas Eve Devotional Service

Dec. 31st at 7 p.m.: New Year's Eve with Music by Paul Indelicato

Whispering Pines
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Raleigh, NC 27615



Leave Your Winter Worries Behind

Enjoy the winter season by joining us for hot chocolate and homemade treats around a warm and cozy fire. You can count on things really "heating up" with our packed winter activities calendar. Please call for more information on any of the activities you'd like to participate in, or stop by for a complimentary meal and tour.

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919-870-0222