

December 2019

Saturdays & Sundays Movies start at 2:30 pm

December 7th & 8th

A Christmas Story

Rated PG 1hr 33 min

This beloved holiday movie follows the wintry exploits of youngster Ralphie Parker (Peter Billingsley), who spends most of his time dodging a bully

(Zack Ward) and dreaming of his ideal Christmas gift, a "Red Ryder air rifle." Frequently at odds with his cranky dad (Darren McGavin) but comforted by his doting mother (Melinda Dillon), Ralphie struggles to make it to Christmas Day with his glasses and his hopes



December 14th & 15th

The Family Stone

Rated PG-13 1 hr 46 min

Everett Stone wants to bring his girlfriend, Meredith Morton to meet his bohemian Connecticut family at Christmas. Straitlaced Meredith, feeling she needs backup, asks her sister Julie

to come along. Hoping to win the approval of her boyfriend's parents Sybil and Kelly and the rest of the family, instead Meredith succeeds only in highlighting her uptight personality and

making Everett doubt





December 21st & 22nd

It's A Wonderful Life

Rated G 2 hrs 12 min George Bailey has so many problems he is think-

ing about ending it all and it's Christmas! As the angels discuss George, we see his life in flashback. As George is about to jump from a bridge, he ends up rescuing his guardian angel, Clarence - who then shows George what his town would have looked like if it hadn't been for all

December 28th & 29th

The Holiday

Rated PG-13 2 hrs 16 min

Dumped and depressed, English rose Iris agrees





to swap homes with similarly unlucky in love Californian Amanda for a much-needed break. Iris finds herself in a palatial Hollywood mansion while Amanda navigates the lanes of a pictureperfect English village. Soon enough, both lovelorn ladies bump into lo-



Business Office Manager Casandra Roberts

Blake Olin

2019

Community Relations Director Leah Yanega

Director of Health & Wellness Tammy Scott

Director of Lifestyle & Leisure Jess Watchie

Director of Culinary Services Art Herrera

Maintenance Director Mike Mosley

Housekeeping Supervisor Jillian Johnston





www.ChandlerSquare.com

www.milestoneretirement.com





Friday, December 13th + 2:00 p.m. to 4:00 p.m.



See Page 10 for more information

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Resident's November Birthdays



Activities Suggestions Meeting

Wednesday, December 11th Meet us at 11:15 a.m. in the Library Bring your ideas for adventures!



Food Committee Meeting

Cancelled until January!

December Birthday Party Tuesday, December 3rd

In the Dining Room at 2:30 p.m.

Cake and ice cream. Raffle of awesome things. Don't miss out.

DECEMBER BIRTHDAYS

Residents

Mike J. December 6 Pat H. December 9 Dave F. December 24 Clark Mc. December 27

Staff

Alyssa Foster, Caregiving Dec 3 Blake Olin, Executive Director Dec 25

Famous People born in December

Walt Disney	Dec 6, 1901
Mary Queen of Scotts	Dec 8, 1542
Frank Sinatra	Dec 12, 1915
Ludvig Von Beethoven	Dec 16, 1770
Jane Austen, author	Dec 16, 1775
Keith Richards (Rolling Stones)	Dec 16, 1943
Howard Hughes	Dec 24, 1905
Humphrey Bogart	Dec 25, 1899
Tiger Woods, golfer	Dec 30, 1975

Resident Council Meeting



Tuesday, Dec 17th @ 2:30 p.m.

Voice your concerns or suggestions with the staff to bring about discussion you'd like to

Chandler's Square Presents

Local Author

Nicola Pearson

Friday, December 20 at 2:30pm



DOGS ON CAL

See Page 11 for more

information on

Nicola Pearson.

Nicola will be reading from her book, The Gift, a captivating story about animal care and caring animals and the magic that happens when the two intersect.

Accompanied by therapy dog

Mac from Dogs on Call



A Words and Woofs Meet & Greet



Mac

1300 O Avenue Anacortes, WA 98221 (360) 293 1300



in the Conference Room

see take place.

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New Events, Old Events & Reminders!

Downton Days - An Afternoon TV Series!

Have you heard whisperings about the PBS series *Downton Abbey?* Perhaps you've seen the entire series already (maybe you still have a couple of episodes saved on your TV still). Either way, this afternoon TV series is for you!

Downton Abbey is a part of the Masterpiece Classics produced by PBS. Their website describes the show as:

"Downton Abbey, the award-winning series from Julian Fellowes, spans 12 years of gripping drama centered on a great English estate on the cusp of a vanishing way of life. Nearly six years ago, America fell in love with Downton Abbey's Granthams and their family of servants, and has followed them through sweeping change, scandals, love, ambition, heartbreak, and hope ever since. With Julian Fellowes' crackling writing and its stellar ensemble cast led by Maggie Smith, Downton Abbey delivers wit, warmth, passion and a phenomenon that is, at its heart, utterly human."

Starting THIS Wednesday, December 4th, we will be meeting in the Compass Room at 4 pm to start a 1 hour episode (that way no one is late for dinner). Join us!

Additional Music

We are waiting to hear back from some of our other musical groups! Once we get confirmation from them, notices will be sent out to each door! Thank you!



Conversation Starters

Start a conversation at your table during a meal and learn something new...

- 1) What was the most special Christmas memory you have?
- 2) Tell about the most funny holiday "incident" you ever experienced.
- 3) What is the worst gift you gave to your spouse or to a loved one for Christmas?

December Music Mondays @ 2:30 p.m.

in the **Captain's Crossing**

Join us for music, coffee and light snacks

- ~ Dec 2nd Maria Lynn
- ~ Dec 9th Connor Cho
- ~ Dec 16th Ward McCary
- ~ Dec 23rd Nick & Judy
- ~ Dec 30th Nathan McCartney

Monday Dec. 16th @ 4:30 p.m. in the Captain's Crossing Special Appearance by a local Girl Scout Troop singing Christmas Carols.













Christmas Music with the Iverson Family

Thursday December 12th @ 2:30 p.m.

Captain's Crossing



This will be the 4th year Martin has brought his family together as a gift for all of the residents here at Chandler's Square. There will be three generations of family playing instruments and singing. Martin and his four children will play at least one instrument and some will play two or more including piano, violin, cello, viola, with some guitar and percussion instruments as well.

Special guests who have played for the Seattle Ballet and Symphony and will be joining them. And, there will be a few sing along carols, and for those numbers Martin will have his mother playing the piano and singing too.

Resident Council Meeting

Tuesday November 19, 2019

Meeting called to order: 2:30 pm ~ Meeting adjourned: 2:56 pm.

Respectfully submitted by Blake Olin, Interim Secretary

In Attendance:

Loraine P. Nancy A. Jim J. Dee H. Duane S. Noel J. Maxine L. Harvey O. Sandy K. Margaret S.

Old Business:

Heat turned up in the Theatre – Mike took care of it

The council requested that the heat be turned up in the theater. They also discussed the Christmas gratuity letter for staff and the details for the November Food drive.

New business:

The council requested that the lobby copies of the newspaper be left there for all to read. The council also requested more afternoon movies in the middle of the week.

The council has also requested that the Soroptimist cart be consistently placed out before dinners on Thursdays.

The council was informed that rent increase letters would be sent out next week. Chandler's Square is required to give 2 months notice on increases, therefore the increase will not occur until February 2020.

A Special Morning Concert!

The Esquires - Monday, December 23rd

Join us at 10 am in the Captains Crossing for an extra morning concert of Christmas Songs with the Esquire Band!

Chandler's Square Monthly Lectures presents Nicola Pearson

Discussing her book, "The Gift" Friday, Dec. 20th @ 2:30pm



Nicola Pearson is an award-winning play-wright, whose plays have been produced through-out the US and in Sydney, Australia. Nicola is also the author of three novels, including <u>The Gift</u>, and three short mysteries as well as two children's picture books. Her play, <u>Carried by the Current</u>, based on a true story from American history, is currently heading to the stage in Seattle through Women's Work Productions. Nicola is married to the potter at Sauk Mountain Pottery in the Upper Skagit Valley and divides her time between selling his work and writing.

<u>Towards the play production</u> - We have developed a 20 minute preview of *Carried by the Current*, which includes a discussion with the playwright and three scenes acted from the script (presented in various locations) to gather support for the production. Please contact us if you know of a group/business interested in seeing this preview or donating to the production. https://www.womensworkproductions.com

The story behind the play, "Carried by the Current"

In the late 1800s, in a small town in Texas, a group of women led by Martha McWhirter, moved away from life with their abusive husbands and on to financial independence and great success. These women, all from wealthy white families, professed "sanctification" as a way to stop sleeping with their husbands and to stop taking their money. They sold eggs, butter and cheese, chopped firewood and did laundry to raise

money for their Common Fund. Because their work was menial the abuse became more open and the town turned against them so Martha began "renting" rooms in her house, though no money changed hands, creating the first safe house for battered women in the United States. But the story doesn't end there. These women went on to inspire an entire community to question the





Chandler's Square Christmas High Tea



Friday December 13, 2019 2:00 p.m. until 4:00 p.m.

Répondez s'il vous plaît on the rsvp list in the lobby on the bulletin board.



There will be three locations throughout the building for seating.

- 1. Dining Room
- 2. Captain's Crossing
- 3. Compass Room (quieter seating location)

Please join us for a Chandler's Square New Years Eve Ball

Tuesday, December 31st

One dinner seating at 5:30 p.m. in the Dining Room Serving Prime Rib on a carving station

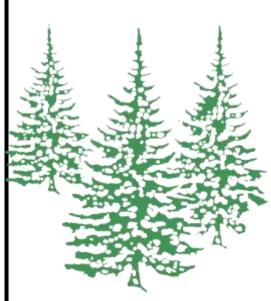
Desert Buffet & Cocktail hour to follow

Champagne Toast ~ Times Square ball drop @ 9:00 pm

Semi-Formal attire if you wish More information to come.



little tree By E. E. CUMMINGS



little tree little silent Christmas tree you are so little you are more like a flower

who found you in the green forest? and were you very sorry to come away? See, I will comfort you because you smell so sweetly

I will kiss your cool bark and hug you safe and tight just as your mother would, only don't be afraid look the spangles that sleep all the year in a dark box shine taken out and allowed to shine

dreaming of being taken out and allowed to shine, the balls the chains red and gold the fluffy threads,

put up your little arms
and I'll give them all to you to hold
every finger shall have its ring
and there won't be a single place dark or unhappy

then when you're quite dressed you'll stand in the window for everyone to see and how they'll stare! Oh but you'll be very proud

and my little sister and I will take hands and looking up at our beautiful tree we'll dance and sing "Noel Noel"

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Deck the Doorway Contest at Chandler's Square









This year Chandler's Square is going to host a holiday decorating competition! From staff to residents we are going to "Deck The Doorways!"

This year, we will decorate doorways with holiday cheer, but to spice things up even more there will be prizes awarded for the top five doors.

Winners will be determined by 50% resident vote and 50% staff judges vote. Doors will be judged on creativity, craftsmanship, and visual impact. So break out the eggnog, and get going on those popcorn chains - it's time to get decorating!

There are 4 steps to this competition!

- 1. Sign up on the lobby bulletin board to register your door. Please list your name and apartment number by 12/12 at 5 pm to register your door so we know you're competing.
- 2. Decorate your doorway or entryway exterior before 5pm on Thursday December 12. Rules: Do Not Wrap the door, No candles, and Do Not run extension cords across hall ways, or under doors (from an inside plug to doorway).
- 3. Vote for your favorite door on Friday, December 13th! Take a tour of the building, visit your neighbors. A ballot will be sent out to residents on the Thursday night (Dec 12th). You must return your vote to the front desk by, Tuesday, December 17th at 5 pm.

*note: you can vote even if you do not decorate your door.

4. Come to the Holiday Party on *Wednesday, December 18th @ 2:30 pm in the Dining Room* for our award ceremony to hear from our staff judges and award our winners! There will be Christmas treats and prizes to pass out. Holiday outfits are encouraged!

Changes to the <u>December Calendar</u> at Chandler's Square

No Stretch & Flex on Saturdays.

For the month of December 2019, there will be no Stretch and Flex on Saturdays. Stretch and Flex will continue Monday through Friday each week.



Saturday Shopping leaves at 10:15 a.m.

Saturday Shopping and Saturday morning outings on the bus will move from 11:15 a.m. to 10:15 a.m. Shopping transport will return to Chandler's Square at approximately 1:30 p.m.

Saturday Bingo will start at 3:00 p.m.

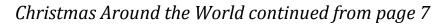
Saturday Bingo will move to 3:00 p.m. sharp!

PLEASE mark your calendars with these changes so you don't miss out. Thank you!



Study the Bible with Brad
We are taking a break for the holidays!
We'll see you next year!

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Christmas Around the World

What I treasure most about the holiday season as it comes around each year is looking forward to the time my family will spend together. We celebrate the old traditions from the past and enjoy the new ones we have made as a family. I love the feeling of joy looking forward to going to church together, waking up early Christmas morning for hot coffee and

breakfast and opening a few sweet gifts while hoping that the sky will fill with snow-flakes.

In my little corner of the world, the holidays are simple; filled with baking cookies, wrapping gifts, sending cards and sipping tea. I thought it might be fun to look around the world to see how other cultures and countries celebrate the season.

<u>Christmas in Madagascar</u>—Madagascar is an Island off the east coast of Africa, so it is very warm in December. Even though it's hot, common decorations include holly, robins and snow even though none of them exist in Madagascar. Most people go to Church on Christmas Eve. Services start about 5.00pm and last until after midnight! Different groups in the Church, especially children, perform songs and plays celebrating the birth of Jesus. People also go to Church on Christmas Day as well. After the Christmas Eve or Christmas Day service, churches give out sweets or biscuits to the people in the Church.

Christmas in Angola—Angola is located in Southern Africa where nearly 70% of the population participate in a church of some kind. Christmas is a huge holiday with most people saving up all year to provide a fancy dinner that day. The meal traditionally consists of 'pirão' or 'funge' (a type of polenta made of corn meal or cassava flour) with rice, spaghetti, french fries, turkey, fried chicken and dishes like 'ozido de bacalhau' (cooked cold fish with vegeta-



bles), 'calulu' (a dish of fired fish or beef with tomatoes, garlic, okra, sweet potatoes and spinach, etc.) and 'mufete' (grilled fish served with stewed palm oil beans, sweet potato, plantain and cassava). Gifts are generally only exchanged in the city, not in rural areas.

<u>Christmas in Norway</u>—Christmas Eve is the time when presents are exchanged. Gifts are sometimes brought by Santa Claus (called 'Julenissen') or brought by the small gnomes called 'Nisse.' There are also hobgoblins (Nisse) decorations. Children pick up the presents from under the Christmas Tree and read the cards that are with

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the presents out loud. During Advent/December, sometimes small gifts are given on each day of December leading up to Christmas that are called Adventsgave or Kalendergave.

<u>Christmas in Estonia</u>—Estonia is on the Northern Coast of the Baltic Sea. Christmas time starts at Advent (Dec 1). Children put their socks on their window ledge and every day until Christmas Eve an elf comes and puts sweets in it. On Christmas Eve families come together and in the evening Santa visits and asks people to tell him poems in exchange for gifts.

<u>Christmas in Egypt</u>—In Egypt only about 15% of the population celebrate Christmas as a religious festival. Most belong to the Coptic Orthodox Church and they have some very unique traditions. Christmas Day isn't celebrated on December 25th, but on January 7th. The Coptic month leading up to Christmas is called Kiahk. On Coptic Christmas Eve (6th January), Coptic Christians go to church for a special liturgy that normally start about 10.30pm but some chapels will be open for people to pray from 10.00pm. Many people meet up with friends and families in churches at 9.00pm. The services are normally finished shortly after midnight, but some go onto 4.00am!

<u>Christmas in Venezuela</u>—Christmas in Venezuela is one of the most colorful in Latin world. Celebrating includes firework shows, traditional Christmas music (Gaita) and folk music from the Zulia state. Some homes will be decorated with a traditional Christmas tree, but normally they are artificial since pine and fir trees are not common in Venezuela. Nativity Scenes (Nacimiento) are very popular and in some regions they are more common than Christmas trees.

Going to Midnight Mass (Misas de Aguinaldo) is very popular and there many other masses and church services in the days before Christmas. In Caracas, the capital of Venezuela, there's a tradition of people roller-skating to the early morning church services from December 16th to 24th and roads are often closed to traffic by 8.00am to make it safe for people to skate.

However you celebrate the season, treasure your memories, appreciate each other's company here and enjoy the time you spend with your loved ones. And remember, this season is all about joy and love. You are surrounded by people at Chandler's Square who care about you and love you. It is our joy to be here and spend time with you.

Happy Holidays to you all!