

The PALMS at La Quinta

GRACIOUS RETIREMENT LIVING

45190 Seeley Drive • La Quinta, CA 92253 • Phone (760) 345-0022 • www.seniorlivinginstyle.com

DECEMBER 2019

THE PALMS AT LA QUINTA STAFF

Managers..... RUSS & SUSAN PARKER

Assistant Managers MARSHALL &
CINDY JACKMAN

Executive Chef..... MARTIN RODARTE

Activity Coordinator ELIZABETH BARRY

Maintenance Coordinator.... ESTEBAN LOZANO

TRANSPORTATION

Monday, 9:45 a.m.: Shopping

Tuesday, 9:30 a.m.: Appointments

Tuesday, 1:45 p.m.: Shopping

Wednesday, 12:30 p.m.: Fun Bus Outing

Thursday, 9:30 a.m.: Appointments

HAWTHORN
SENIOR LIVING

Snuggle Down Sunday

Sitting in front of our softly glowing crescent moon, Johnny Morris did not disappoint with his intimate performance of all of our musical favorites in our Activity Center Lounge for our first Snuggle Down Sunday evening event.

With over 1,000 melodies committed to memory, and an equal number of wonderful anecdotes, there was not an empty sofa seat to be found as the comfortably dressed audience made their musical requests while sipping hot chocolate.

A perfect way to end a fun-filled week, Snuggle Down Sunday will be a nice addition to our Palms' Event Calendar.



Johnny Morris, Snuggle Down Sunday



Snuggle Down Sunday audience

Ageless Aviation

It couldn't have been a more perfect day. The gentle breeze and mild morning temperature had already portended the possibility of the clear skies needed for a successful take-off but making our way slowly through the security gate toward the private tarmac, our caravan grew hushed as we saw her there waiting: A Hollywood crew could not have done a better job of staging the site. Nose high and proud, signaling her readiness for her "close-up" as the morning sun dramatically intensified the moment by back-lighting her flawlessly, our 1942 Boeing White Stearman welcomed us with a regal "Good Morning."

After an informative orientation by our wonderful hosts, "Captain Mike," our pilot and his wife, Lynn, little time was lost until our first Ageless Aviator, Bill Johnson, smartly dressed in cap and goggles and securely harnessed to his seat, was on his way.

One by one, we cheered them out, Hannalore Thomas, Dave Smith, Caroline Smith, Sandi White and Dee Buckles, as they excitedly taxied out from our comfortable patio area until they reached their take-off position. Then, with the mounting roar of the Pratt and Whitney 450 miles per hour engine building all around them, our aviators lifted off, climbing into that clear morning sunshine towards the mountain ranges ahead until gently leveling off to view the Salton Sea below from the open cockpit.

The legs may have been a bit wobbly as they returned, but as our applause welcomed each of our wonderful aviators home, the broad smiles said it all. Regardless if this day was a reawakening of some glorious memories long forgotten, or if it signified a challenge bravely taken for the first time, it was without question, an experience that will never be forgotten.



Ageless Aviation Emblem



Our first aviator up: Bill Johnson



Aviator Hannalore Thomas



Aviator Caroline Smith



Aviator Dave Smith



Aviator Sandi White



Aviator Dee Buckles



With "Captain Mike"



Editorial

Each month of this year has been filled with great fun and discovery but, for the Palms, December is always the busiest and best of them all!

Covered in beautiful lights and adorned trees throughout, Santa will not be able to miss us as he circles his sleigh overhead this Christmas.

Tree trimming, live entertainment, and of course, feasts and treats are only part of the holiday fun that's coming up.

Our Christmas Party is sure to get the momentum mounting as Prince returns with his Musical Holiday Extravaganza.

And residents will again take the stage as they present their own amazing and unique talents to another packed audience when we present our Annual Palms' Christmas Talent Show.

And, of course, this month of merriment would not be complete without our last and perhaps grandest celebration of all, Casino Night, when we welcome in the New Year together along with dear family members and friends.

Yes, it's been a remarkable year here at The Palms at La Quinta, but we are all excitedly looking forward to experiencing what other adventures await us together in 2020!



DECEMBER 2019

Birthdays

Don Dunn, 2nd
Ruth Simpkins, 7th
Pearl Hoyt, 10th
Luella Grinsfelder, 11th
Wayne Tyler, 14th
Geri Karlan, 16th
Shirley Sawyer, 17th
Dulcie Anderson, 17th
Nick Potenza, 21st
Ardis Johnson, 22nd
Rhoda Singer, 24th
Barbara Jacobson, 24th
Rolf Lehman, 30th

Locations

Activity Center, AC
Atrium, A
Billiards Room, BR
Bistro, B
Chapel, CH
Computer Center, CC
Dining Room, DR
Exercise Room, EX
Fireplace Nook, FN
Firepit, FP
Front Lobby, Lobby
Garden, G
Library, L
Movie Theater, MT
Pool, P
Putting Green, PG
TV Room, TV

Mealtimes

Breakfast: 8 a.m.
Dinner: 12:30 p.m.
Supper: 5:30 p.m.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>1</div> <div>9:00 Chair Exercise, EX 9:30 Church Service, AC 1:45 Movie, MT 2:00 Bingo, AC 4:00 Manager’s Event, AC 6:45 Movie, MT</div>	<div>2</div> <div>8:30 Therapy Dog Visit! 9:00 Chair Exercise, EX 10:00 Water Aerobics, P 10:00 Meditative Melodies, L 11:00 Blood Pressure Checks, A 1:45 Movie, MT 2:00 Mexican Train, AC 6:45 Movie, MT</div>	<div>3</div> <div>9:00 Chair Yoga, EX 10:00 TED Talk Tuesdays, AC 10:00 Fun Brain Games, BR 11:00 Balance Class, AC 1:45 Movie, MT 3:30 Bible Study, CH 6:45 Movie, MT</div>	<div>4</div> <div>9:00 Chair Exercise, EX 10:00 Hand & Foot Card Game, BR 10:00 Water Aerobics, P 12:00 Fun Bus 1:45 Movie, MT 4:00 Singalong with Bob S., AC 6:15 Palm Springs Tramway Supper 6:45 Poker Night, AC 6:45 Movie, MT</div>	<div>5</div> <div>Bingo, AC 9:00 Chair Yoga, EX 9:45 Flower Delivery: BYOV (Bring Your Own Vase), AC 11:15 Bible Reflections, CH 1:45 Movie, MT 2:00 Bingo, AC 4:00 Left, Right & Center, AC 6:45 Movie, MT</div>	<div>6</div> <div>9:00 Chair Exercise, EX 10:00 Water Aerobics, P 11:30 Tai Chi for Balance, EX 1:45 Movie, MT 2:00 Ice Cream Social, AC 3:30 <i>Happy Happy Hour!, DR</i> 6:45 Movie, MT</div>	<div>7</div> <div>9:00 Sit & Be Fit, EX 1:45 Movie, MT 2:00 Hand & Foot, BR 3:00 Manager’s Event, AC 6:45 Bingo, AC 6:45 Movie, MT</div>
<div>8</div> <div>9:00 Chair Exercise, EX 9:30 Church Service, AC 1:45 Movie, MT 2:00 Bingo, AC 4:00 Manager’s Event, AC 6:45 Movie, MT</div>	<div>9</div> <div>8:30 Therapy Dog Visit! 9:00 Chair Exercise, EX 10:00 Water Aerobics, P 11:00 Blood Pressure Checks, A 1:45 Movie, MT 2:00 Mexican Train, AC 6:45 Movie, MT</div>	<div>10</div> <div>9:00 Chair Yoga, EX 10:00 TED Talk Tuesdays, AC 10:00 Fun Brain Games, BR 10:00 Missy’s Chic Boutique, AC 11:00 Balance Class, AC 1:45 Movie, MT 3:30 Bible Study, CH 6:45 Movie, MT</div>	<div>11</div> <div>9:00 Chair Exercise, EX 10:00 Hand & Foot Card Game, BR 10:00 Water Aerobics, P 12:00 Fun Bus 1:45 Movie, MT 2:00 The Palms Christmas Party, AC 4:00 Singalong with Bob S., AC 6:45 Poker Night, AC 6:45 Movie, MT</div>	<div>12</div> <div>Bingo, AC 9:00 Chair Yoga, EX 9:45 Flower Delivery: BYOV (Bring Your Own Vase), AC 11:15 Bible Reflections, CH 1:45 Movie, MT 2:00 Bingo, AC 4:00 Left, Right & Center, AC 6:45 Movie, MT</div>	<div>13</div> <div>9:00 Chair Exercise, EX 10:00 Water Aerobics, P 11:30 Tai Chi for Balance, EX 1:45 Movie, MT 2:00 Ice Cream Social, AC 3:30 <i>Happy Happy Hour!, DR</i> 6:45 Movie, MT</div>	<div>14</div> <div>9:00 Sit & Be Fit, EX 1:45 Movie, MT 2:00 Hand & Foot, BR 3:00 Manager’s Event, AC 6:45 Bingo, AC 6:45 Movie, MT</div>
<div>15</div> <div>9:00 Chair Exercise, EX 9:30 Church Service, AC 1:45 Movie, MT 2:00 Bingo, AC 4:00 Manager’s Event, AC 6:45 Movie, MT</div>	<div>16</div> <div>8:30 Therapy Dog Visit! 9:00 Chair Exercise, EX 10:00 Water Aerobics, P 10:00 Meditative Melodies, L 11:00 Blood Pressure Checks, A 1:45 Movie, MT 2:00 Mexican Train, AC 6:45 Movie, MT</div>	<div>17</div> <div>9:00 Chair Yoga, EX 10:00 TED Talk Tuesdays, AC 10:00 Fun Brain Games, BR 11:00 Balance Class, AC 1:45 Movie, MT 3:30 Bible Study, CH 6:45 Movie, MT</div>	<div>18</div> <div>9:00 Chair Exercise, EX 10:00 Hand & Foot Card Game, BR 10:00 Water Aerobics, P 12:00 Fun Bus 1:45 Movie, MT 3:30 The Palms Christmas Talent Show, DR 4:00 Singalong with Bob S., AC 6:45 Poker Night, AC 6:45 Movie, MT</div>	<div>19</div> <div>Bingo, AC 9:00 Chair Yoga, EX 9:45 Flower Delivery: BYOV (Bring Your Own Vase), AC 11:15 Bible Reflections, CH 1:45 Movie, MT 2:00 Bingo, AC 4:00 Left, Right & Center, AC 6:45 Movie, MT</div>	<div>20</div> <div>9:00 Chair Exercise, EX 10:00 Water Aerobics, P 11:30 Tai Chi for Balance, EX 1:45 Movie, MT 2:00 Ice Cream Social, AC 3:30 <i>Happy Happy Hour!, DR</i> 6:45 Movie, MT</div>	<div>21</div> <div>WINTER BEGINS 9:00 Sit & Be Fit, EX 1:45 Movie, MT 2:00 Hand & Foot, BR 3:00 Manager’s Event, AC 6:45 Bingo, AC 6:45 Movie, MT</div>
<div>HANUKKAH BEGINS AT SUNSET 22</div> <div>9:00 Chair Exercise, EX 9:30 Church Service, AC 1:45 Movie, MT 2:00 Bingo, AC 4:00 Manager’s Event, AC 6:45 Movie, MT</div>	<div>23</div> <div>8:30 Therapy Dog Visit! 9:00 Chair Exercise, EX 10:00 Water Aerobics, P 11:00 Blood Pressure Checks, A 1:45 Movie, MT 2:00 Mexican Train, AC 6:15 Candy Cane Lane Night Ride 6:45 Movie, MT</div>	<div>24</div> <div>9:00 Chair Yoga, EX 10:00 TED Talk Tuesdays, AC 10:00 Fun Brain Games, BR 11:00 Balance Class, AC 1:45 Movie, MT 3:30 Bible Study, CH 6:45 Movie, MT</div>	<div>CHRISTMAS DAY 25</div> <div>9:00 Chair Exercise, EX 10:00 Hand & Foot Card Game, BR 10:00 Water Aerobics, P 12:00 Fun Bus 1:45 Movie, MT 4:00 Singalong with Bob S., AC 6:45 Poker Night, AC 6:45 Movie, MT</div>	<div>26</div> <div>Bingo, AC 9:00 Chair Yoga, EX 9:45 Flower Delivery: BYOV (Bring Your Own Vase), AC 11:15 Bible Reflections, CH 1:45 Movie, MT 2:00 Bingo, AC 4:00 Left, Right & Center, AC 6:45 Movie, MT</div>	<div>27</div> <div>9:00 Chair Exercise, EX 10:00 Water Aerobics, P 11:30 Tai Chi for Balance, EX 1:45 Movie, MT 2:00 Ice Cream Social, AC 3:30 <i>Happy Happy Hour!, DR</i> 6:45 Movie, MT</div>	<div>28</div> <div>9:00 Sit & Be Fit, EX 1:45 Movie, MT 2:00 Hand & Foot, BR 3:00 Manager’s Event, AC 6:45 Bingo, AC 6:45 Movie, MT</div>
<div>29</div> <div>9:00 Chair Exercise, EX 9:30 Church Service, AC 1:45 Movie, MT 2:00 Bingo, AC 4:00 Manager’s Event, AC 6:45 Movie, MT</div>	<div>30</div> <div>8:30 Therapy Dog Visit! 9:00 Chair Exercise, EX 10:00 Water Aerobics, P 11:00 Blood Pressure Checks, A 1:45 Movie, MT 2:00 Mexican Train, AC 6:45 Movie, MT</div>	<div>NEW YEAR’S EVE 31</div> <div>9:00 Chair Yoga, EX 10:00 TED Talk Tuesdays, AC 10:00 Fun Brain Games, BR 11:00 Balance Class, AC 1:45 Movie, MT 3:30 Bible Study, CH 6:45 Movie, MT 6:45 Casino Night, AC</div>				

Halloween

Well, The Palms' gang certainly showed up for this year's Monster Mash!

From gangsters to pirates to witches, (a LOT of witches), everyone jumped at the chance to transform into their favorite scary alter-ego this year.

Mounds of candy, as well as a filling buffet, kept our tricksters happily occupied as we chose this year's Costume Winner!



The witches among us!



Everyone came!



Halloween Dinner



She's got him this time!



Our Halloween Costume Winner: Arlene Chapman!

Homemade Chili Tasting

It was after dinner so who would be interested in eating chili? Everyone!

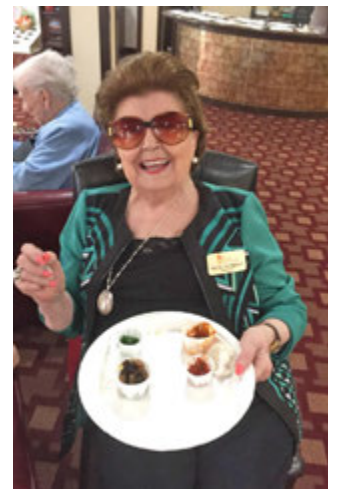
The smells of simmering chili and beans in a rich tomato sauce sprinkled with finely minced chives and peppered with oh-so-secret spices were just too hard to resist as they filled the air for hours before Grandma's Kitchen officially opened for some slammin' chili with all the fixin's!

Sampling cups filled with savory treats were quickly grabbed up as the entire Activity Center filled with eager "tasters," making the two-day feast preparation well worth it!

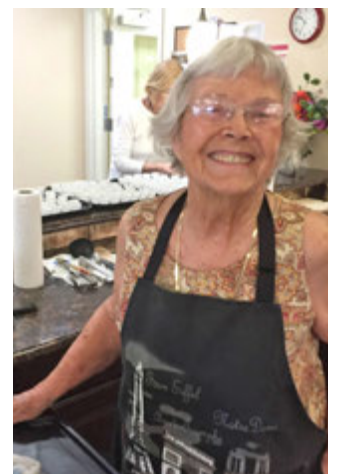
Kudos to Dave Smith, our Grand Chef, and his fantastic Sous Chefs, Toni Perluss, Charlotte Anderson, Ann Leavitt, and of course to his "better half," Caroline Smith, for making this afternoon event such a culinary success!



Homemade Chili Chef Dave Smith



A happy chili taster



A happy Sous Chef



More Fun at the Palms



Christmas jigsaw puzzlers



Chef and his beautiful daughter



Our first Book Club Meeting was a hit!



We shopped 'til we dropped!



The Xavier Drama School play was terrific!



We just cannot get enough of this Craft Class!

Choo-Choo!

It's coming down the tracks!

Palmsters are doing a great job on our Gingerbread Train and it hasn't even pulled into the station yet, so stay tuned!



It started out slowly ...



But look at her now!

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Leave Your Winter Worries Behind

Enjoy the winter season by joining us for hot chocolate and homemade treats around a warm and cozy fire. You can count on things really "heating up" with our packed winter activities calendar. Please call for more information on any of the activities you'd like to participate in, or stop by for a complimentary meal and tour.

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