

ROSEWOOD ESTATES

Gracious Retirement Living

255 Densmore Road • Cobourg, Ontario K9A 0E5 • Phone (905) 373-5000 • www.seniorlivinginstyle.com

DECEMBER 2019

ROSEWOOD ESTATES STAFF

Managers..... MYRON THOMPSON &
HELEN COLLINS
Assistant Managers KEN & CARRIE BUCKLER
Executive Chef DARRIN LOGAN
Activity Coordinator MELISSA DAVEY
Maintenance AUSTIN MACKIE
Bus Driver RICHARD ANDERSON

TRANSPORTATION

Monday, Wednesday & Friday,
9 a.m.-noon and 2-4 p.m.:
Errands and Shopping

Tuesday & Thursday,
9 a.m.-noon and 2-4 p.m.:
Medical Appointments

Saturday & Sunday: No Bus Service

HAWTHORN
SENIOR LIVING

Christmas Is Coming, Christmas Is Coming!

Christmas is an annual festival commemorating the birth of Jesus Christ, observed primarily on December 25th as a religious and cultural celebration among billions of people around the world. A feast central to the Christian liturgical year, it is preceded by the season of Advent or the Nativity Fast and initiates the season of Christmastide, which historically in the West lasts 12 days and culminates on Twelfth Night; in some traditions, Christmastide includes an octave. Christmas Day is a public holiday in many of the world's nations, is celebrated religiously by a majority of Christians, as well as culturally by many non-Christians, and forms an integral part of the holiday season centered around it.

Christmas at Rosewood is a magical experience that you don't want to miss! We start our festivities off with decorating our very big and beautiful tree that catches the eye of everyone as they walk through the front door. From there, it's tree lighting parties, concerts, delicious dinners, choirs and much more ... we even get a jolly ol' visit from Santa and Mrs. Claus.

Make sure to be checking your Rosewood calendar all month long so you don't miss out on any of these exciting events!





Oktoberfest Fun!

Oktoberfest is the world's largest Volksfest. Held annually in Munich, Bavaria, Germany, it is a 16- to 18-day folk festival running from mid or late September to the first Sunday in October, with more than six million people from around the world attending the event every year. Locally, it is often called the Wiesn, after the colloquial name for the fairgrounds, Theresa's Meadows. The Oktoberfest is an important part of Bavarian culture, having been held since the year 1810. Other cities across the world also hold Oktoberfest celebrations that are modeled after the original Munich event.

Germany may hold the real deal but putting on an Oktoberfest anywhere else can be just as fun. With so many ideas and activities how can you not haben eine schone Zeit (have a good time)?

At Rosewood Estates, we had the privilege of being joined by Walter Ostenak, Canada's Polka King.

To Walter, the title Canada's Polka King is much more than just a name. It is, to Walter, a special honour that carries with it an obligation to a special dedication and a promise to his fans and followers that wherever and whenever the Walter Ostanek Band appears in public, the band will do their utmost to please the audience and keep them happy.

Along with Walter's band, we had the opportunity to enjoy some Oktoberfest favorites from our kitchen and because we have such an amazing kitchen you would have thought we were in Germany. Soft pretzels with a delicious German dip, different German meats and cheeses and you can't forget beer to cheers with!

While our Oktoberfest celebration continued, many residents participated in a little polka dancing. For some, they had that special someone to enjoy the festivities with and for others it brought back many beautiful memories. Either way, the feeling of the music running through us kept those toes tapping and hands clapping, which could only bring happiness and a smile from ear to ear.

Between our upbeat, uplifting residents and our dedicated, caring staff, you couldn't help but feel like you were enjoying the real deal. That good vibe feeling comes so easily to Rosewood Estates.



Along with a delicious German spread, we had to have our drinks!



Our staff having some fun with Walter!



Cheers, everyone!



Hello Everyone, From Carrie and Ken

We just wanted to say a really big thank-you to all of the residents and staff here at Rosewood for welcoming us and making us feel like we are a part of the Rosewood Family. With our roots grounded in Cape Breton, Nova Scotia and careers as nurses spanning 30 years, we feel like we have finally come to rest in a place we can call home.

People say home is where the heart is and our hearts are definitely here at Rosewood.

Thank you all for this wonderful opportunity to be a part of something special.

Carrie and Ken



Our new Assistant Managers, Carrie and Ken, fitting right in! Welcome!

A Trip to Ripley's Aquarium

Ripley's Aquarium of Canada is a public aquarium in Toronto, Ontario, Canada. The aquarium is one of three aquariums owned and operated by Ripley Entertainment. It is located in downtown Toronto, just southeast of the CN Tower. The aquarium has 5.7 million litres of marine and freshwater habitats from across the world. The exhibits hold more than 16,000 exotic sea and freshwater specimens from more than 450 species.

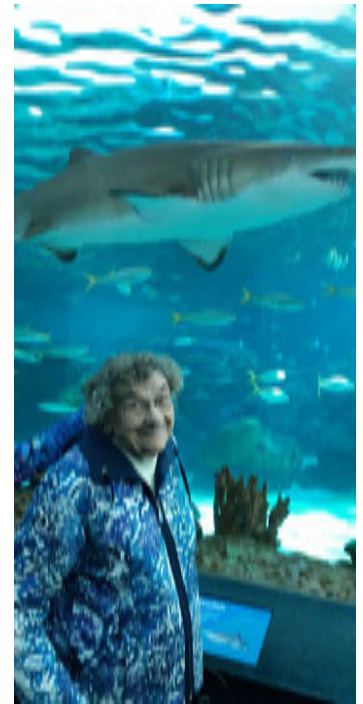
While traveling along a moving guided path we were able to enter the ocean realm and come face-to-face with thousands of fascinating fishes and menacing sea creatures. We were able to see everything from barracudas, jellyfish, octopi, rays, eels and even giant sharks ... SHARK!

From breathtaking underwater galleries such as dangerous lagoons to the warm and inviting coral seas of the Indo-Pacific Ocean. It was like you were scuba diving in the rainforest of the seas.

Another exciting and learning adventure with great company!



You're so brave, Maura!



DECEMBER 2019

Birthdays

Eleanor McFarlane, 1st
Doreen King, 1st
Vi McDougall, 7th
Helen Delavinge, 10th
George Shirton, 10th
Mary Jones, 13th
Teresa Yanta, 20th
John Jolie, 22nd
Arnold Mullen, 23rd
Cyril Peister, 27th
Ilse Price, 28th
Joan Robertson, 30th











Locations

Activity Room, AR
Atrium, AT
Beauty Salon: Third Floor, S
Bus (Sign Up For Bus In The Activity Room), B
Chapel: Third Floor, CH
Dining Room, DR
Exercise Room: Second Floor, ER
Library: Second Floor, LB
Outside, O
Patio, P
Pool Room: Second Floor, PR
TV Room: Second Floor, TV

Trivia Tuesdays — every Tuesday before dinner!

“Always be on the lookout for the presence of wonder.”

—E.B. White

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>2:00 Bean Bag Baseball with Coach Myron!, AR</p> <p>3:00 Helping Hands: Milk Bag Mats, AR</p> <p>6:45 Card Games, AR</p> <p>7:00 Netflix, TV </p>	<p>2</p> <p>9:00 Exercises, AR</p> <p>9:30 Carpet Bowl</p> <p>11:00 Jumbo Crossword, AR</p> <p>11:00 Women's Pool, PR</p> <p>3:00 Our Tree Lighting Ceremony, AT</p> <p>3:00 Men's Pool, PR</p> <p>7:00 Presenting the Northumberland Chorus</p>	<p>3</p> <p>Nightly Puzzles</p> <p>9:00 Exercises, AR</p> <p>10:00 “Family Feud” Fun!, AR</p> <p>11:00 Women's Pool, PR</p> <p>2:00 A Little Fun with Music and Dance!, AR</p> <p>2:00 Scripture Talk with Rosewood Residents, TV</p> <p>3:00 Men's Pool, PR</p> <p>4:00 Knitters Circle, AR</p> <p>6:30 St. John Therapy Dog</p> <p>7:00 Card Games, AR</p>	<p>4</p> <p>9:00 Exercises, AR</p> <p>9:30 Carpet Bowl</p> <p>10:00 Church Service, CH</p> <p>10:30 Mobile Senior Shop, AT</p> <p>11:00 Residents Meeting, AR</p> <p>11:00 Women's Pool, PR</p> <p>11:55 Let's Make a Deal: What Can You Show Me?, DR</p> <p>2:15 Fall Prevention, TV</p> <p>3:00 Men's Pool, PR</p> <p>3:15 Let's Burn Off That Lunch with Chicken Fat Fun!, AR</p> <p>4:00 Card Bingo, AR</p> <p>6:30 Bid Euchre, AR</p> <p>7:00 Netflix, TV</p>	<p>5</p> <p>Nightly Puzzles</p> <p>9:00 Exercises, AR</p> <p>10:00 Golfing at Rosewood, DR</p> <p>11:00 Women's Pool, PR</p> <p>12:00 50/50 Draw, DR</p> <p>3:00 Horse Racing, AR</p> <p>3:00 Men's Pool, PR</p> <p>6:30 Bridge & Euchre, AR</p>	<p>6</p> <p>9:00 Exercises, AR</p> <p>9:30 Carpet Bowl</p> <p>9:30 Vendor: The Bra Boutique</p> <p>10:30 Earn Rubels with Let's Walk</p> <p>11:00 Women's Pool, PR</p> <p>11:45 Lunch on the Town!</p> <p>2:15 Fall Prevention, TV</p> <p>2:30 Anyone for a Smoothie?, AR</p> <p>3:00 Hand Wax Therapy, AR</p> <p>3:00 Men's Pool, PR</p> <p>6:30 St. John Therapy Dog, AT</p> <p>7:00 Penny Poker, PR</p>	<p>7</p> <p>11:00 Cribbage with Ken & Carrie, AR</p> <p>2:00 Card Bingo, AR</p> <p>2:00 Women's Pool, PR</p> <p>6:30 Bid Euchre, AR</p> <p>7:00 Netflix Movie, TV </p>
<p>8</p> <p>12:30 Our Giving Tree Buffet</p> <p>3:00 Helping Hands: Milk Bag Mats, AR</p> <p>6:45 Card Games, AR</p> <p>7:00 Netflix, TV</p> <p>7:00 The Symons Family Singalong, AR</p>	<p>9</p> <p>9:00 Exercises, AR</p> <p>9:30 Carpet Bowl</p> <p>11:00 Jumbo Crossword, AR</p> <p>11:00 Women's Pool, PR</p> <p>1:45 Bingo, AR</p> <p>3:00 Men's Pool, PR</p> <p>3:15 Helping Hands Milk Bag Mats, AR</p> <p>6:30 Bridge & Euchre, AR</p>	<p>10</p> <p>Nightly Puzzles</p> <p>9:00 Exercises, AR</p> <p>9:30 Hearing Aid Clinic, AT</p> <p>10:00 “Family Feud” Fun!, AR</p> <p>11:00 Women's Pool, PR</p> <p>2:00 A Little Fun with Music and Dance!, AR</p> <p>2:00 Scripture Talk with Rosewood Residents, TV</p> <p>3:00 Men's Pool, PR</p> <p>3:15 Tricky Trivia Tuesday, AR</p> <p>4:00 Knitters Circle, AR</p> <p>6:30 A Christmas Light Tour!</p> <p>6:30 St. John Therapy Dog </p>	<p>11</p> <p>9:00 Exercises, AR</p> <p>9:30 Carpet Bowl</p> <p>10:30 Wii Bowling, AR</p> <p>11:00 Women's Pool, PR</p> <p>2:00 Chef Meeting, AR</p> <p>2:15 Fall Prevention, TV</p> <p>3:00 Men's Pool, PR</p> <p>3:15 Let's Burn Off That Lunch with Chicken Fat Fun!, AR</p> <p>4:00 Card Bingo, AR</p> <p>7:00 Netflix, TV</p> <p>7:00 Performance by the Noct, AR</p>	<p>12</p> <p>Nightly Puzzles</p> <p>9:00 Exercises, AR</p> <p>10:00 Golfing at Rosewood, DR</p> <p>11:00 Women's Pool, PR</p> <p>12:00 50/50 Draw, DR</p> <p>1:30 Vendor: Bling It On, AT</p> <p>3:00 Horse Racing, AR</p> <p>3:00 Men's Pool, PR</p> <p>6:30 Bridge & Euchre, AR</p>	<p>13</p> <p>9:00 Exercises, AR</p> <p>9:30 Carpet Bowl</p> <p>10:30 Earn Rubels with Let's Walk</p> <p>11:00 Women's Pool, PR</p> <p>2:15 Fall Prevention, TV</p> <p>2:30 Anyone for a Smoothie?, AR</p> <p>3:00 Hand Wax Therapy, AR</p> <p>3:00 Men's Pool, PR</p> <p>6:30 St. John Therapy Dog, AT</p> <p>7:00 Penny Poker, PR </p>	<p>14</p> <p>11:00 Cribbage with Ken & Carrie, AR</p> <p>1:20 Cinderella the Panto @ The Capitol Theatre</p> <p>2:00 Card Bingo, AR</p> <p>2:00 Women's Pool, PR</p> <p>6:30 Bid Euchre, AR</p> <p>7:00 Netflix Movie, TV</p>
<p>15</p> <p>2:00 Bean Bag Baseball with Coach Myron!, AR</p> <p>2:00 Christmas Hymn Singalong with Reverend Black</p> <p>3:00 Helping Hands: Milk Bag Mats, AR</p> <p>6:45 Card Games, AR</p> <p>7:00 Netflix, TV</p>	<p>16</p> <p>9:00 Exercises, AR</p> <p>9:30 Carpet Bowl</p> <p>11:00 Jumbo Crossword, AR</p> <p>11:00 Women's Pool, PR</p> <p>1:45 Bingo, AR</p> <p>3:00 Men's Pool, PR</p> <p>3:15 Helping Hands Milk Bag Mats, AR</p> <p>6:30 Bridge & Euchre, AR</p>	<p>17</p> <p>Nightly Puzzles</p> <p>9:00 Exercises, AR</p> <p>10:00 “Family Feud” Fun!, AR</p> <p>11:00 Women's Pool, PR</p> <p>2:00 A Little Fun with Music and Dance!, AR</p> <p>2:00 Scripture Talk with Rosewood Residents, TV</p> <p>3:00 Men's Pool, PR</p> <p>4:00 Knitters Circle, AR</p> <p>6:30 St. John Therapy Dog</p> <p>6:30 Christmas Light Tour!</p> <p>7:00 Card Games, AR</p>	<p>18</p> <p>9:00 Exercises, AR</p> <p>9:30 Carpet Bowl</p> <p>10:30 Wii Bowling, AR</p> <p>11:00 Women's Pool, PR</p> <p>2:00 Learn the Basics of Your Technology!, AR</p> <p>2:15 Fall Prevention, TV</p> <p>3:00 Men's Pool, PR</p> <p>5:30 Candlelight Christmas Dinner, DR</p> <p>6:30 Bid Euchre, AR</p> <p>7:00 Netflix, TV</p>	<p>19</p> <p>Nightly Puzzles</p> <p>9:00 Exercises, AR</p> <p>10:00 Golfing at Rosewood, DR</p> <p>11:00 Women's Pool, PR</p> <p>12:00 50/50 Draw, DR</p> <p>2:00 A Jazzy Christmas with Bruce McGregor, AT</p> <p>3:00 Men's Pool, PR</p> <p>6:30 Bridge & Euchre, AR</p>	<p>20</p> <p>9:00 Exercises, AR</p> <p>9:30 Carpet Bowl</p> <p>10:30 Earn Rubels with Let's Walk</p> <p>2:00 December Birthday Celebration!, AR</p> <p>2:15 Fall Prevention, TV</p> <p>3:00 Hand Wax Therapy, AR</p> <p>3:00 Men's Pool, PR</p> <p>6:30 St. John Therapy Dog, AT</p> <p>7:00 Penny Poker, PR </p>	<p>21</p> <p>WINTER BEGINS</p> <p>11:00 Cribbage with Ken & Carrie, AR</p> <p>2:00 Women's Pool, PR</p> <p>2:00 Greetings From Comfor Care Home Care!, AR</p> <p>6:30 Bid Euchre, AR</p> <p>7:00 Netflix Movie, TV</p>
<p>HANUKKAH BEGINS AT SUNSET 22</p> <p>2:00 Bean Bag Baseball with Coach Myron!, AR</p> <p>3:00 Helping Hands: Milk Bag Mats, AR</p> <p>6:45 Card Games, AR</p> <p>7:00 Netflix, TV</p>	<p>23</p> <p>9:00 Exercises, AR</p> <p>9:30 Carpet Bowl</p> <p>11:00 Jumbo Crossword, AR</p> <p>11:00 Women's Pool, PR</p> <p>1:45 Bingo, AR</p> <p>3:00 Men's Pool, PR</p> <p>3:15 Helping Hands Milk Bag Mats, AR</p> <p>6:30 Bridge & Euchre, AR </p>	<p>24</p> <p>Nightly Puzzles</p> <p>9:00 Exercises, AR</p> <p>10:00 “Family Feud” Fun!, AR</p> <p>11:00 Women's Pool, PR</p> <p>2:00 Scripture Talk with Rosewood Residents, TV</p> <p>3:00 Men's Pool, PR</p> <p>3:15 Tricky Trivia Tuesday, AR</p> <p>7:00 Card Games, AR</p>	<p>25</p> <p>CHRISTMAS DAY</p> <p>Merry Christmas to All!</p> <p>9:00 Exercises, AR</p> <p>9:30 Carpet Bowl</p> <p>11:00 Women's Pool, PR</p> <p>2:15 Fall Prevention, TV</p> <p>3:00 Men's Pool, PR</p> <p>6:30 Bid Euchre, AR</p> <p>7:00 Netflix, TV</p>	<p>26</p> <p>BOXING DAY</p> <p>Nightly Puzzles</p> <p>11:00 Women's Pool, PR</p> <p>3:00 Men's Pool, PR</p> <p>6:30 Bridge & Euchre, AR</p>	<p>27</p> <p>9:00 Exercises, AR</p> <p>9:30 Carpet Bowl</p> <p>11:00 Women's Pool, PR</p> <p>2:15 Fall Prevention, TV</p> <p>3:00 Men's Pool, PR</p> <p>7:00 Penny Poker, PR </p>	<p>28</p> <p>11:00 Cribbage with Ken & Carrie, AR</p> <p>2:00 Card Bingo, AR</p> <p>2:00 Women's Pool, PR</p> <p>6:30 Bid Euchre, AR</p> <p>7:00 Netflix Movie, TV </p>
<p>29</p> <p>2:00 Bean Bag Baseball with Coach Myron!, AR</p> <p>3:00 Helping Hands: Milk Bag Mats, AR</p> <p>6:45 Card Games, AR</p> <p>7:00 Netflix, TV</p>	<p>30</p> <p>9:00 Exercises, AR</p> <p>9:30 Carpet Bowl</p> <p>11:00 Jumbo Crossword, AR</p> <p>11:00 Women's Pool, PR</p> <p>1:45 Bingo, AR</p> <p>3:00 Men's Pool, PR</p> <p>3:15 Helping Hands Milk Bag Mats, AR</p> <p>6:30 Bridge & Euchre, AR </p>	<p>31</p> <p>NEW YEAR'S EVE</p> <p>Nightly Puzzles</p> <p>9:00 Exercises, AR</p> <p>11:00 Women's Pool, PR</p> <p>2:00 Scripture Talk with Rosewood Residents, TV</p> <p>3:00 Men's Pool, PR</p> <p>5:00 A Delicious New Year's Eve Dinner!, DR</p> <p>7:00 Our New Year's Eve Celebration Begins!, AR</p>				



A Spook-Tacular Halloween!

Some people put a lot of effort into decorating their homes, yards and drives. They may even construct life-size replica graveyards or dungeons and invite people from the neighborhood to view their creations or hold a themed party. Other people may organize fancy dress parties for adults or children. Popular activities at parties include watching horror films and trying to make fellow guests jump in fright.

Many children go out to play trick-or-treat. They dress up as ghosts, witches, skeletons or other characters and visit homes in their neighborhood. They ring doorbells and, when someone answers, they call out “trick-or-treat.” This means that they hope to receive a gift of candy or other snacks and that they are threatening to play a trick if they do not get anything. Usually, they receive a treat and tricks are rarely carried out.

Our spook-tacular day started off with a visit from one of our local daycares with little ones trick-or-treating around while showing off some of the cutest costumes of dragons, princesses, dinosaurs and much more. After this uplifting, adorable morning we then got into our own gear to send a fright through the dining room while strutting our stuff to some freaky Halloween music.

Now, we couldn't have been done there because we didn't have our own trick-or-treat goodies yet. We made our way into the activity room to end our fun afternoon with our Halloween Bash. Our entertainer Ron Willmott kept us on our toes with some great, upbeat music, that even pulled some of us onto the dance floor.

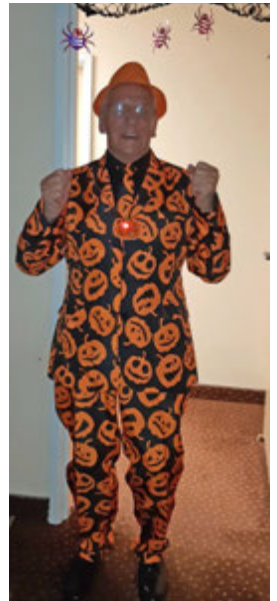
Now this was a good thing because we all had a visit to our candy bar on the way back to our rooms to fill that sweet tooth!



Great costumes, ladies!



So creative, Bonnie, we love it!



Happy Halloween, Willy!



We are getting ready to strut our stuff!



A Hoot in the Activity Room!

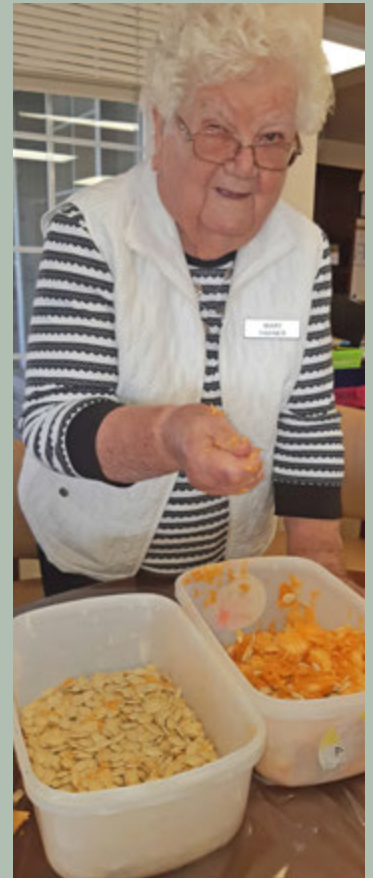
Our fun-filled month of October started off with some very creative pumpkin carving. While cleaning the gooey insides out, we had the opportunity to share our stories of all the good times that we had while carving pumpkins with our families. After this messy but fun activity, we decided to dry out the seeds and try our hand at roasting the shells. What a tasty afternoon that turned out to be.

With our creativity flowing, we then moved on to crafts.

With a little help from some crafty residents, we put together a googly eyed Halloween hunt. It started with decorating our own googly eyed mason jars. Once we felt they were spooky enough, we filled them with Halloween surprises for our Rosewood hunters. If you were lucky enough to find a jar then you were rewarded with 500 Rosewood Rubels, a ticket for our 50/50 draw and some Halloween treats. Now, that's a reward worth hunting for!



Great job, ladies!



Mary is having fun separating the seeds!



Let the roasting begin!



Spooky!

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Leave Your Winter Worries Behind

Enjoy the winter season by joining us for hot chocolate and homemade treats around a warm and cozy fire. You can count on things really "heating up" with our packed winter activities calendar. Please call for more information on any of the activities you'd like to participate in, or stop by for a complimentary meal and tour.

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