

DECEMBER 2019 PIONEER RIDGE STAFF

TRANSPORTATION

Monday, 10 a.m. and 1:45 p.m.: Shopping Tuesday, 9 a.m.-3 p.m.: Appointments Wednesday, TBD: Outings Thursday, 9 a.m.-3 p.m.: Appointments



Thank You to Our Helping Hands With Big Hearts

We have so many wonderful residents that love to give a helping hand when needed. All though the list is very long, we want to say a special "thank you" to those who help all year long.

Thank you to Frankie Cooper for all you do in every way. Rick Blackwell for printing all those puzzles we love when Aprel isn't here. Dick Hall for doing the weekend exercise classes. Janice Lauderdale for checking the memory and spotthe-difference puzzles daily and all your help in between. Jack Greever for your spiritual contributions. Tommy Watkins for helping out with funny money and everything else as needed. Andy Anderson, words cannot begin to do justice of just how much you help. Marge and Cheryl for your wonderful piano skills and time. Betty for all your team support. Brad Nerringer and Marie Hunt for your wonderful poems and articles, and the list goes on and on. There are so many amazing residents among us that I don't have enough space! Thank you from the bottom of my heart for all you do. I love you all, and all of my residents! I couldn't be more pleased with this extended family here at Pioneer. Again, a sincere and humble thank-you.



Resident Frankie Cooper



Resident Rick Blackwell

Christmas Traditions, At My House

Most families have holiday traditions. Mine is no exception. We have a few we keep every year. On Thanksgiving Day, as we sit around the table, we tell what we are thankful for. Then we decide as a family, what theme we will do for Christmas. Then on Christmas Eve, the doorbell rings and the youngest child gets to answer it and there on the ground is a big box with North Pole labels all over it and snowman stamps. She brings it inside and as a family we open the box first thing in the box we see is a letter addressed to our family from Santa. I read it to everyone. The letter states



Santa will be coming after everyone is fast asleep and that Christmas Eve is a special time for being with your family, sharing memories old and new. Then it goes on to say, enclosed is a pair of Christmas pajamas for each person in the house and a pair of silly socks, a mug, ingredients for making homemade cocoa, silly reindeer ears, the movie we chose, and pails of popcorn and candy, too. We put on our pajamas, fix the cocoa, gather pillows and blankets in the living room and we put the movie on and cuddle up to watch it. When the movie is over, we pick up the little ones and put them to bed and then sneak off to make sure the presents were set out and cookies were eaten by Santa. Then Mom and Dad crawl in bed only to be awoken by the sound of eager children moaning for us to get up and come into the living room so they could tear open their presents. Then after the gifts are all open, breakfast is served, then the living room is cleaned up and dinner put in the oven (usually a turkey or ham), then we play a few games of Bingo. Later the smaller kids go outside and ride their new bikes and Dad and I hug each other for a job well



Christmas

done. We eat a wonderful Christmas dinner and put the little ones to bed and crawl in our own bed happy and content. Till next year, when we do it all over again. We have a lot to be thankful for and great memories still to be made. So, Merry Christmas everyone!

Helpful Holiday Hints

This time every year, we get busy with entertaining family and guests and it can get a bit hectic and overwhelming, to say the least! So here are a few of my favorite helpful hints for the holidays. (You're welcome!)

- Store ornaments in egg cartons to prevent breakage. They are strong and durable and protect items.
 Not just for eggs, you know!
- Use a Lazy Susan stand for the Christmas tree. Then you can turn the tree to decorate. So much easier than having to get between the tree and wall. Also protects your wooden floors from scratching.
- Run out of ornament hooks, use decorative paperclips, they bend easily to the shape you need and hook to the tree nicely.
- Can't keep your wrapping paper from unwrapping? Use an empty toilet paper roll. Cut one end open and wrap the roll around your wrapping paper and ta-da! It won't unravel anymore!
- Use cardboard to wrap up your holiday lights till next year! Cut slits down both sides of a piece of cardboard, I find the flap on a regular size box to work really well.

Hopefully, these tricks of the trade will help make your holiday season easier and more enjoyable. Happy Holidays!



Pioneer Vs. Liberty Heights ... We Are the Champions!

On November 6th, Pioneer went up against Liberty Heights in a competitive game of Bean Bag Baseball. The ending score was Pioneer Rangers, 19 to Liberty Heights Yellow Jackets, 15! Our Pioneer residents showed their mad skills and



took the lead instantly. We had 11 players against Liberty's 18. Way to go, team. Team members were: Larry, Alene, Kenny, Maggie, Janice, Betty, Dick, Andy, Donna, Ben and Terry. Thank you to our wonderful team for your support and for making it an exciting game! You rock!

Having Fun for the Holidays

We had a wonderful time on Halloween here at Pioneer. Our residents had a blast handing out candy to local children. They delighted in seeing all the adorable costumes and expressions on the children's faces. We had a great turn-out of residents to help pass out candy, and a lot dressed the part! Some were cats, witches, and rock band members ... even the management and





staff got on board with dressing up. They were in a U-shape in our atrium as they awaited the children. Then one-by-one the children made their way around the atrium and received a special treat from the participating residents. Aprel, Activity Coordinator, was a 1920s flapper girl, Dora was a sweet bunny, Joe was a geek, Pam was a fox and Dave was a ringmaster. What a fun day it was!

DECEMBER 2019

Birthdays

Gretchen Drew, 1st
Norm Karp, 17th
Brad Nenninger, 21st
Barbara Tatum, 22nd
Joan Foster, 23rd
Gertrude Chidodo,
31st (Employee)

Locations

Activity Room, AR
Billiards Room, BR
Bus, B
Chapel, CH
Computer Center, CC
Dining Room, DR
DR Alcove, DRA
Front Lobby, Lobby
Gym, G
Library, L
Movie Theater, MT
Patio, P
TV Room, TV

"Always be on the lookout for the presence of wonder."

—E.B. White

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 Walkers Club, Lobby 11:00 Church at the Ridge Service, CH 3:00 Bingo: Dime a Game, AR	9:30 Dowell Middle School to Perform, DR 10:00 Shopping, B 10:30 Holiday Workout with Aprel, AR 1:45 Shopping Trip #2, B 2:00 Hand & Foot, BR 2:00 Lamp & Light Bible Study, L 3:00 Chair Volleyball, AR 3:00 Ice Cream Social with Legacy, AR 4:00 "Jeopardy!," AR	9:30 Stretch Class, AR 10:00 Catholic Communion Service, CH 10:00 "Ask a Nurse" with Texas Home Health, AR 11:30 Memory Fitness, AR 1:45 Wii Bowling, AR 2:00 Gingerbread House Preparation, AR 2:00 Phase 10 or Mexican Train, BR 3:00 Bean Bag Baseball, AR 4:30 Gospel Singalong, DR 7:00 Penny Poker, DRA	9:30 Wacky Wednesday Exercise Class, AR 2:00 Rummikub & Dominoes, AR 2:00 Wednesday Movie Matinee, MT 3:00 Jessica on the Piano, DR	10:00 Baking in the Bistro, AR 11:00 Monthly Managers/ Resident Meeting, AR 12:00 Blood Pressure Checks: Legacy, AR 2:00 Faith Talk with Jack Greever, CH 3:00 Bingo: Dime a Game, AR 4:30 Singalong, DR 7:00 Penny Poker, DRA	9:30 Stretch Class, AR 11:00 Drumming 2.0, AR 11:00 Crocheting, Needlework and Knitting, BR 11:30 Spot the Differences, AR 12:15 Wear Red & Pledge, DR 2:00 Rummikub, AR 2:00 Friday Movie Matinee, MT 2:00 Hand & Foot, BR 4:00 Happy Hour with Monarch, AR	9:30 Exercise Class with Dick, AR 10:00 Donut Social, AR 2:00 Open Game Time, AR
8:00 Walkers Club, Lobby 11:00 Church at the Ridge Service, CH 11:30 Brunch with Santa, DR 2:00 Christmas Movie, MT 3:00 Bingo: Dime a Game, AR	9:30 Strength Training, AR 9 10:00 Shopping, B 10:30 Famous Brand Clothing, Lobby 1:45 2nd Shopping Trip, B 2:00 Hand & Foot, BR 2:00 Lamp & Light Bible Study, L 3:00 Chair Volleyball, AR 3:00 Laurie Gabriel Christmas Show, AR	9:30 Stretch Class, AR 9:45 Harris Jewelry Repair, AR 10:00 Catholic Communion Service, CH 10:00 "Ask a Nurse" with Texas Home Health, AR 11:30 Memory Fitness, AR 1:45 Wii Bowling, AR 2:00 Phase 10 or Mexican Train, BR 2:00 Holiday Crafts, AR 3:00 Bean Bag Baseball, AR 4:30 Gospel Singalong, DR 7:00 Penny Poker, DRA	9:30 Wacky Wednesday Exercise Class, AR 2:00 Rummikub & Dominoes, AR 2:00 Wednesday Movie Matinee, MT 3:00 Letters to Santa, AR 6:00 First McKinney Choir, DR	9:30 Strength Training, AR 10:00 Baking in the Bistro, AR 12:00 Blood Pressure Checks: Legacy, AR 2:00 Faith Talk with Jack Greever, CH 3:00 Bingo: Dime a Game, AR 4:30 Singalong, DR 7:00 Penny Poker, DRA	9:30 Stretch Class, AR 11:00 Drumming 2.0, AR 11:00 Crocheting, Needlework and Knitting, BR 11:30 Spot the Differences, AR 12:15 Wear Red & Pledge, DR 2:00 Christmas Card Social, AR 2:00 Hand & Foot, BR 2:00 Friday Movie Matinee, MT 2:00 Rummikub, AR 4:00 Happy Hour with Kristi and Dewayne, AR 4:30 Ann Stantons, Piano Students to Perform, DR	9:30 Exercise Class with Dick, AR 2:00 Open Game Time, AR 3:00 Hallmark Holiday Matinee, MT
8:00 Walkers Club, Lobby 11:00 Church at the Ridge Service, CH 3:00 Bingo: Dime a Game, AR	9:30 Strength 16 Training, AR 10:00 Shopping, B 1:45 Eyeglass Cleaning & Adjustment, AR 2:00 Hand & Foot, BR 2:00 Lamp & Light Bible Study, L 3:00 Chair Volleyball, AR 4:00 "Jeopardy!," AR	9:30 Stretch Class, AR 10:00 Catholic Communion Service, CH 10:00 "Ask a Nurse" with Texas Home Health, AR 11:30 Memory Fitness, AR 1:45 Wii Bowling, AR 2:00 Phase 10 or Mexican Train, BR 3:00 Bean Bag Baseball, AR 3:00 Resident Christmas Singalong, DR 4:30 Gospel Singalong, DR 7:00 Penny Poker, DRA	9:30 Wacky Wednesday Exercise Class, AR 2:00 Rummikub & Dominoes, AR 2:00 Wednesday Movie Matinee, MT	10:00 Baking in the Bistro, AR 19 11:00 Chef's Meeting with Residents, AR 12:00 Blood Pressure Checks: Legacy, AR 1:30 December Birthday Celebrations, DR 2:00 Faith Talk with Jack Greever, CH 3:00 Bingo: Dime a Game, AR 3:00 Special Holiday Bingo, AR 4:30 Singalong, DR 7:00 Penny Poker, DRA	9:30 Stretch Class, AR 20 11:00 Drumming 2.0, AR 11:00 Crocheting, Needlework and Knitting, BR 11:30 Spot the Differences, AR 11:30 Shake Rattle and Roll with Kristi, AR 12:15 Wear Red & Pledge, DR 2:00 Rummikub, AR 2:00 Friday Movie Matinee, MT 2:00 Hand & Foot, BR 4:00 Happy Hour with Michelle Home Health, AR	9:30 Exercise Class with Dick, AR 10:00 Donut Social, AR 2:00 Open Game Time, AR 5:30 Christmas Special Dinner, DR
8:00 Walkers Club, Lobby 11:00 Church at the Ridge Service, CH 3:00 Bingo: Dime a Game, AR 4:00 Hallmark Christmas Movie, MT	Training, AR 10:00 Shopping, B 2:00 Hand & Foot, BR 2:00 Lamp & Light Bible Study, L 3:00 Chair Volleyball, AR 3:00 White Elephant Game, Lobby	9:30 Stretch Class, AR 10:00 Catholic Communion Service, CH 10:00 "Ask a Nurse" with Texas Home Health, AR 11:30 Memory Fitness, AR 1:45 Wii Bowling, AR 2:00 Phase 10 or Mexican Train, BR 3:00 Bean Bag Baseball, AR 4:30 Gospel Singalong, DR 7:00 Penny Poker, DRA 7:00 Fireplace Social with Joe Summers, DR	9:30 Wacky Wednesday Exercise Class, AR 10:00 Share Your Favorite Christmas Story, DR 2:00 Rummikub & Dominoes, AR 2:00 Wednesday Movie Matinee, MT	10:00 Baking in the Bistro, AR 12:00 Blood Pressure Checks: Legacy, AR 1:30 September's Birthday Celebration, DR 2:00 Faith Talk with Jack Greever, CH 3:00 Bingo: Dime a Game, AR 4:30 Singalong, DR 7:00 Penny Poker, DRA	9:30 Stretch Class, AR 11:00 Drumming 2.0, AR 11:00 Crocheting, Needlework and Knitting, BR 11:30 Spot the Differences, AR 12:15 Wear Red & Pledge, DR 2:00 Rummikub, AR 2:00 Friday Movie Matinee, MT 2:00 Hand & Foot, BR 4:00 Happy Hour with Monarch, AR	9:30 Exercise Class with Dick, AR 2:00 Open Game Time, AR 3:00 Hall Walkers, Lobby
8:00 Walkers Club, Lobby 11:00 Church at the Ridge Service, CH 3:00 Bingo: Dime a Game, AR	9:30 Strength Training, AR 10:00 Shopping, B 2:00 Hand & Foot, BR 2:00 Lamp & Light Bible Study, L 3:00 Chair Volleyball, AR	9:30 Stretch Class, AR 10:00 Catholic Communion Service, CH 10:00 "Ask a Nurse" with Texas Home Health, AR 11:30 Memory Fitness, AR 1:45 Wii Bowling, AR 2:00 New Year's Resolutions, AR 2:00 Phase 10 or Mexican Train, BR 3:00 Bean Bag Baseball, AR 4:30 Gospel Singalong, DR 7:00 Penny Poker, DRA				

Fall Festival At Pioneer Ridge

On October 26th, Pioneer held our annual Fall Festival. It was a fun and exciting day to be had for our residents, family and friends. There were plenty of great games, created by our Activity Coordinator for all ages. There was popcorn and cotton candy and snow cones along with an exciting array of carnival foods such as funnel cake fries, nachos, hamburgers and a wide variety of drinks sure to please everyone. Aprel did face painting and there were photo booths and a variety of fun activities. All in all, our residents had a blast playing games and tending game stations. "What a wonderful group of amazing residents I have!" said Aprel, the Activity Coordinator. "They are always willing to lend a helping hand." Thank you to all who played a part in making this year's fall festival a success! See you next year!





Fall Festival photo opportunity



Aprel did face painting.





Fun was had by all!

Hidden Treasure

Back in September, we held an Antique Appraisal Event with a good response to people bringing in their goods to be appraised. One person, Bob Kellenberger, brought in his item and we got to listen to the appraiser tell the exciting story behind his item. Bob was pleased with his appraisal and the history behind his treasure. Everyone has items in their house, garage, shed, storage, etc., that are valuable in monetary and personal value. The appraisers were fun to talk with and attentive to our questions. It was well worth the while and we will certainly do this event again in the future.





Pioneer Steps Up To Give To Others

On October 26th, we held our annual Fall Festival and we as a group decided to raise funds for a local shelter here in McKinney. The shelter, The Samaritan Inn is located at 1514 N. McDonald Street, here in McKinney. This shelter got started with a single lady who started it out of her own home, adding on as she was able to. Their constant need for financial help is why we chose to raise funds for them. One of the many wonderful things we love about our residents is their eagerness to give back to the community. Throughout the year we pick random charities to support and this was just one of many we help as a community, and as a family here at Pioneer. Our goal was \$300. The plan was to arrest a willing participant, i.e. Joe Summers, one of Pioneer Ridge's very own Managers. He volunteered to be arrested and be put in our jail until the \$300 was raised. Joe did a wonderful job of whining and groaning to our audience till we hit our goal. There among the lively group was a sweet little dragon who felt sorry for Joe and offered him food along with a nice donation toward his bail. Well, it didn't take long for word to get out that he needed help and in a short amount of time, not only did we make our goal but we exceeded it! We raised \$500 in about an hour. And yes, Joe was able to be set free, having made his bail and then some. Thank-yous go out to all who donated and made this charity fundraiser a success!







Christmas: Our Safety Zone

Written By Resident Marie Hunt

All year long we speak of the speed of changes;

Technology has taken over our lives.

Everything is going at such a fast pace,

Then Christmas, our safety zone, arrives.

Nothing new about Christmas, it remains forever.

"The greatest story ever told."

For eleven months we rush for all the "newness."

Then suddenly we brake to celebrate the old.

The Baby Jesus is still remembered in the same way,

Laying in the manger to bring us new life.

Mary and Joseph, his loving parents, stay by his side;

Portraying God's plan to change a world of strife.

Christmas still brings a "Safety Zone" to slow the pace,

When our thoughts change from "self" to others.

Miraculously, we remember what the good Lord ordered.

To be the "Keepers of our sisters and our brothers."

Merry Christmas to all!







