



CHEF’S COOKING DEMONSTRATIONS

04

Pierogi Demo
12pm in Dining Room

12

Hot Cocoa Bar
10am in AL Cafe

16

Chocolate Fountain Demo
12:30pm in AL Dining Room

22

Cookie Decorating
10am in Activity Room

Chef’s Signature Recipe

Homemade Pierogi

Ingredients
2 large eggs
1/4 cup water
1/2 teaspoon salt
2 cups all-purpose flour

FILLING:
1 large egg
1 teaspoon salt
1/2 teaspoon sugar
Dash pepper
16 oz whole-milk ricotta cheese
1 to 4 tablespoons butter, divided
Sour cream, optional

Directions

1. In a large bowl, whisk eggs, water and salt until blended; gradually stir in flour. Transfer to a lightly floured surface; knead 10-12 times, forming a firm dough. Cover with plastic wrap and let rest 10 minutes.
2. For filling, in a small bowl, whisk egg, salt, sugar and pepper. Stir in cheese.
3. Divide dough into 4 portions. On a lightly floured surface, roll each portion to 1/8-in. thickness; cut with a floured 4-in. round cookie cutter. Place 1 tablespoon filling in center of each circle. Moisten edges with water; fold in half and press edges to seal. Repeat with remaining dough and filling.
4. In a 6-qt. stockpot, bring water to a boil. Add pierogi in batches; reduce heat to a gentle simmer. Cook until pierogi float to the top and are tender, 2-3 minutes. Remove with a slotted spoon.
5. In a large skillet, heat 1 tablespoon butter over medium-high heat. Add pierogi in batches; cook until golden brown, 1-3 minutes on each side, adding additional butter as necessary. If desired, serve with sour cream.

Celebrating Resident Birthdays in December

- December 2nd Arthella M.
- December 13th Marg W.
- December 23rd Nick W

Please join us for a birthday celebration in the dining room on December 24th at 2:00 pm!

All residents are welcome to attend!



\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

CHERRY HILL CONNECT

DECEMBER 2019 - ASSISTED LIVING



42600 Cherry Hill, Canton, MI 48187
www.waltonwood.com | 734-981-7100
Facebook: /WaltonwoodCherryHill



Holiday Cheers

The joy of brightening other lives, bearing each others’ burdens, easing others’ loads and supplanting empty hearts and lives with generous gifts becomes for us the magic of the holidays.” – W. C. Jones

What a great time of year to surround ourselves with holiday cheers and gather together for some special moments!

To start this month we have a Christmas Carol outing to Wild Swan Theatre on December 6th to begin our holiday celebration. We continue with some Christmas Caroling on December 5th at 2:00 pm as well as December 20th at 6 pm with the wonderful Girl Scouts!

We continue to celebrate during this time of year by going to the Hines Drive Lightfest on December 18th at 6:15 pm where you will see an extravagant light show with a pleasant drive through Hines!

We can't forget to join together for our holiday family dinner starting at 5:00 pm as well as 6:30 pm. Please make sure to reserve a time to join us!

We then finish the holiday festivities with Elvis for our Christmas show on December 23rd at 1:30 pm!

We hope to see you there and it has been a pleasure creating memories with you all!

COMMUNITY MANAGEMENT

Jennifer Crader
Executive Director

Deanna Hite
Business Office Manager

Renee Ralsky
Marketing Manager

Jolene Maples
Move In Coordinator

Kara Triplett
Culinary Services Manager

April Marcotte
Independent Living Manager

Ariel Starr
Independent Living Life
Enrichment Manager

Christina Ewald
Assisted Living Life Enrichment
Manager

Candice Jones
Memory Care Life Enrichment
Manager

Jasmine Montgomery
Resident Care Manager

Tiffany Woodson
Wellness Coordinator

Lindsay Orler
Housekeeping Supervisor

ASSOCIATE SPOTLIGHT

Assisted Living Associate of the Month:

Manushaqe Laci “Mona”, Housekeeping

Mona is a kind and gentle individual. She does an exceptional job and puts her heart in all she does. She is not only helpful but willing to assist any and everyone with any task. Mona brings a great smile and warm heart to Waltonwood each time she enters the building.

Please see the front desk concierge to nominate an associate you feel has been doing a wonderful job!



NOVEMBER HIGHLIGHTS

11 14

Veteran Cermony hosted by American Legion Post 32
Bronner’s Christmas Wonderland at Frankenmuth



21 22

Michigan Science Center
Waltonwood Cherry Hill 2nd Annual Choir



FOREVER FIT: Focus on Fitness

Happy, Healthy Holiday

The holiday season is in full swing and one of the happiest times of the years is also one of the most stressful. Taking care of ourselves should be a top priority in the coming weeks and no matter what big plans you have in store don’t let the hectic pace of the season derail your health and wellbeing. Keep these few tips in mind to have the happiest and healthiest of holiday season.

Moderations: Tis the season of excess, but that doesn’t mean you can’t balance the goodies out with some healthy option too. Eating plenty of fruits and veggies around the holiday table will help ensure you get the nutrients you need to feel your best.

Stay active: Busy schedule can leave little room for exercise but don’t neglect it completely. Even 30-minutes a day can help to boost mood and reduce stress.

Manage Stress: Be sure to take “me time”. Setting aside even a few mindful minutes every day can help to prevent the burnout and the overwhelming feeling that the holidays can bring.

TRANSPORTATION INFORMATION

Waltonwood offers transportation via bus or car for resident appointments and Life Enrichment outings Monday through Friday.

The bus is complementary for transportation under 10 miles. If the trip is longer than 10 miles, a fee of \$2 per mile will be charged.

All sign up sheets for Life Enrichment outings can be found in the Outing Binder in the Assisted Living Post Office. You must sign up by writing your name and aptment number on the respective sheet.

Waltonwood pays upfront for the cost of the residents on the outings. The amount is billed back on the residents monthly statement.

- 12/:6 Outing: Christmas Carol Show
- 12/9: Lunch Outing: Leo’s Coney Island
- 12/12: Outing: Holiday Tour at Meadow Brook
- 1216: Lunch Outing: Buffalo Wild Wings
- 12/18: Outing: Hines Drive Lightfest
- 12/23: Lunch Outing: Tony Sacco’s Coal Oven Pizza
- 12/30: Lunch Outing: Ihop

DECEMBER SPECIAL EVENTS

6 12

Christmas Carol Show at Wild Swan Theatre
Holiday Tour at Meadow Brook

18 19

Hines Drive Lightfest
Holiday Family Dinner



EXECUTIVE DIRECTOR CORNER

Season’s Greetings,

The holiday season has officially begun and there is a lot happening at Waltonwood Cherry Hill!

We had the pleasure of serving Thanksgiving dinner to over 450 residents and families this year. It was a treat to watch all enjoying a delicious meal in the company of loving family and friends. We will be transforming our community into a winter wonderland of sorts as we prepare for our Holiday Open House on December 4th. The festivities will include musical entertainment, classic carriage rides, seasonal crafts and delicious food. We will be hosting our Holiday Dinner on December 19...please RSVP to the front desk if you haven’t already.

As I reflect on the year passed and ponder the new year to come, I would like to take this opportunity to express my gratitude to the residents, families and associates of Waltonwood Cherry Hill. It is your joyful spirit that creates our beautiful community. Thank you all!

Sincerely,