Bayberry Commons Assisted Living & Memory Care

Sunday December 1, 2019	Monday December 2, 2019	Tuesday December 3, 2019	Wednesday December 4, 2019	<u>Thursday</u> <u>December 5, 2019</u>	<u>Friday</u> <u>December 6, 2019</u>	Saturday December 7, 2019
Coffee & Chat	Fitness W/Terry	Tai Chi w/ Susan	Fitness W/Terry	<u>Tai Chi W/Susan</u>	Fitness W/Terry	Ice Cream Social 2:30 p.m.
10:00 a.m.	10:00 a.m.	10:30 a.m.	10:00 a.m.	10:30 a.m.	9:30 a.m.	
<u>Breakfast</u>						
<u>8 a.m 9 a.m.</u>	8 a.m 9 a.m.	<u>8 a.m 9 a.m.</u>				
Eggs Any Style						
Belgian Waffles	Hash Browns	Banana Pancakes	Apple Turnovers	Biscuits & Gravy	Apple Coffee Cake	Hash Browns & Gravy
Ham	Bacon	Link sausage	Ham	Bacon	Sausage Patty	Bacon
Oatmeal Fruit Cocktail Assorted Cold Cereals Assorted Danish Assorted Toast Juice Milk, Tea & Coffee	Oatmeal Fruit Cocktail Assorted Cold Cereals Assorted Danish Assorted Toast Juice Milk, Tea & Coffee	Oatmeal Fruit Cocktail Assorted Cold Cereals Assorted Danish Assorted Toast Juice Milk, Tea & Coffee	Oatmeal Fruit Cocktail Assorted Cold Cereals Assorted Danish Assorted Toast Juice Milk, Tea & Coffee	Oatmeal Fruit Cocktail Assorted Cold Cereals Assorted Danish Assorted Toast Juice Milk, Tea & Coffee	Oatmeal Fruit Cocktail Assorted Cold Cereals Assorted Danish Assorted Toast Juice Milk, Tea & Coffee	Oatmeal Fruit Cocktail Assorted Cold Cereals Assorted Danish Assorted Toast Juice Milk, Tea & Coffee
<u>Lunch</u>						
12 p.m 1 p.m.	<u>12 p.m 1 p.m.</u>	12 p.m 1 p.m.	12 p.m 1 p.m.	12 p.m 1 p.m.	<u>12 p.m 1 p.m.</u>	12 p.m 1 p.m.
Soup	Soup	Fresh Bread	Soup	Fresh Bread	Soup	Soup
Du Jour	Du Jour	Soup Du Jour	Du Jour	Soup Du Jour	Du Jour	Du Jour
Assorted Salads	Waldorf Salad	Green Salad	Carrot Raisin Salad	Green Salad	Fresh Fruit	Green Salad
BBQ Pork Spareribs Chicken Tenders Baked Beans Beets Country Trio Vegetables	Cabbage Rolls Fried Shrimp Roasted Red Potatoes Asparagus Normandy Vegetables	Mountain Topper Chicken Pineapple Glazed Ham Roasted Sweet Potatoes Spinach Stir Fry Vegetables	Braised Pork Salmon & Tartar Sauce Rice Pilaf Cauliflower Key West Vegetables	Beef Burgundy Raspberry Chicken Mashed Potatoes Roasted Broccoli Scandanavian Vegetables	Corned Beef Pork Chop & Apple Glaze Red Bliss Potatoes Braised Cabbage Carrots	Crunchy Beef Tacos Southwest Chicken Bake Black Beans Fresh Green Beans California Blend
<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>
Assorted Desserts	Cherry Poke Cake	Dutch Apple Pie	Chocolate Pie	Mixed Fruit Dumpcake	Cookies & Ice Cream	Raisin Bread Pudding
<u>Supper</u>						
<u>5 p.m 6 p.m.</u>	<u>5 p.m 6 p.m.</u>	<u>5 p.m 6 p.m.</u>	5 p.m 6 p.m.			
Soup Du Jour	Soup Du Jour	Broccoli Slaw Hot Turkey Sandwich Served Open Faced Mashed Potatoes Butternut Squash	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour
Assorted Salads	Green Salad		Green Salad	Cottage Cheese & Fruit	Green Salad	Pineapple Cherry Jello
Pot Roast	Meat Marinara		Swedish Meatballs	Pork Cutlets W/Gravy	Garlic Herb Chicken	BBQ Pulled Pork on a Bun
Mashed Potatoes	Parmesan Spaghetti		Buttered Noodles	Stuffing	Penne Pasta Alfredo	Tater Tots
Carrots	Zucchini		Roasted Mushrooms	Brussel Sprouts	Yellow Squash	Imperial Blend Vegetables
<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>
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