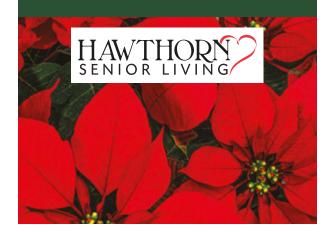


DECEMBER 2019

MOUNTAIN VIEW GARDENS STAFF

TRANSPORTATION

Monday-Friday: 9 a.m.-3 p.m.



Chamber of Commerce "Bring a Vet to Lunch"

During the month of November, the Chamber of Commerce hosts a function called, "Bring a Vet to Lunch." It is a way to honor our local veterans who are currently residing in both independent and assisted living communities/ facilities.

A wonderful dinner of turkey, mashed potatoes, green beans, dinner rolls, cake, salad and dressing is served, which was quite delicious!

There was also a cake cutting with the youngest and oldest veteran present. 2019's oldest veteran present was 96 years old, having served in World War II. He stormed the shores of Normandy.

The youngest veteran present was a PFC who was only 19 years old.

Thank you, Mr. Gene, for taking the reins with not only our Community, but other communities, in ensuring these heroic veterans could attend a luncheon celebrating them on Veterans Day.



M.G. Barrett came over to thank Don for his military service.



Mr. Rick Mueller, the Mayor of Sierra Vista, poses with Gene, Jack, Buzz, Frankie and Don.



Upcoming Events for December

December 2nd: Larry will be selling jewelry at 9 a.m. in the Atrium.

December 3rd: Ensembles from the Sierra Vista Community Chorus will be performing at 11:15 a.m. in the Atrium.

December 4th: Origami with Noriko at 2 p.m. in the Activity Room.

December 5th: Rose and Fran will be selling jewelry and their animated stuffed animals in the Atrium at 9:30 a.m.

December 7th: The local Italian American Club will be giving a musical performance at 2 p.m. in the Atrium.

December 9th: Mountain Man will be selling dried fruit, candy, nuts and beef jerky in the Atrium at 9 a.m.

December 10th: The Buena High School Community Chorus will be performing at 6:30 p.m. in the Atrium.

December 11th: Our Holiday Craft Show will be from 10 a.m. to 3 p.m. in the Atrium and Activity Room. A very special thank you to Kathy Barr for assembling this show for us!

December 12th: There will be a holiday line dancing performance at 3 p.m. in the Atrium.

December 15th: Mario Castillo will be performing at 2 p.m. in the Atrium.

December 18th: Casino del Sol Field Trip to Tucson. We will be leaving at 9:15 a.m. and returning back to Sierra Vista at 2:30 p.m.

December 19th: There will be a religious holiday singalong in the Atrium at 2 p.m., followed by holiday cookie decorating in the Activity Room at 3 p.m.

December 24th: We will be having our annual Christmas Eve Party beginning at 2 p.m. with Holiday Bingo, and then a gift exchange with refreshments at 2:30 p.m.

December 25th: We will be having an amazing Christmas Dinner at 12:25 p.m. in the Dining Room. Please arrive early. Guests and family members are \$10 per person.

December 31st: Western Nights themed New Year's Eve Party starring Susanne and Paul. The music begins at 7 p.m., with the "balloon dropping" at 8 p.m.

Lexi and Apollo Visit Mountain View Gardens

Thunder Mountain Alpaca Ranch visited us this past October. They brought Lexi and her 3-month-old baby, Lexi. We were in awe of the beauty of these two animals. We enjoyed learning about Alpacas, and definitely appreciate the time and effort it took to bring these animals out to us!

If you are interested in learning more about Alpacas or would like to visit their ranch, just follow the link listed below!

https://www.thundermountainalpacaranch.com



Gene reaches out to pet Lexi.

Western Nights New Year's Eve Party

Our New Year's Eve party will begin at 7 p.m. in the Atrium. The beautiful and talented Ms. Suzanne and her husband, Paul, will be performing for us that evening. The "balloon drop" will take place at 8 p.m. There will be refreshments!

Feel free to wear your Southern Arizona westernstyle clothing. Boots, cowboys hats and jeans are acceptable attire.

See you there! It will be a fun party that you don't want to miss!



Haunted Carnival!

It all began right before chair exercises one fine morning. Michelle, the Activity Coordinator, asked the group if they were scared of clowns and if they liked them? Everyone liked clowns and no one was scared of them. So, with that being said, the creation of the haunted carnival began.

Everything was themed as a fun, cute carnival, with some spider webs, maybe a couple of monsters, and lots of fun colored lights and shaggy curtains. We needed a character! Who would be our main character in the photo booth? Mr. Vel rose to the occasion. He wanted to be the famous "Cat in the Hat." He did a splendid job both playing and dressing as the character! Fun!

Mr. Don went above and beyond in his attire as a scary clown. Everyone loved him! He was fantastic and the fit the character perfectly. His family came out to support our haunted carnival. too!

A big thank you to Steve and Sheree' for coming in costume

and setting up fun tables for the residents to enjoy. Also, another big thank you to Diana and the Buena High School Honor Society for dressing up and participating in the event.

Every little bit counted toward making this a successful event for our residents. Thank you from the bottom of my heart! And thank you to all who came out to enjoy the Haunted Carnival!



Cat in the Hat, starring Mr. Vel!



What an amazing group photo! The clown in the photo looks very scary!

Pumpkin Decorating Contest

We had three participants this year: Joanna, Avery and PM Chef Ben. The votes were very, very close! The 2019 winner is ... Ms. Avery!



Avery won First Place!



Avery's Day of the Dead pumpkin



Ben's Frankenstein pumpkin



Joanna's witch pumpkin

DECEMBER 2019

Birthdays

Al Walz, 2nd Frankie Eggink, 4th Jeanie Gahagen, 4th Nona Nix, 6th Sally Graves, 18th Eileen Johnston, 18th Bob Fadness, 19th Joanne Harbinson, 21st Ken Sugden, 26th Marilyn Sims, 28th Ray Pike, 30th Eileen Sywassink, 30th Don Feller, 31st

Locations

Activity Room, AR Activity Room and Atrium, AR & AT Activity Room and TV Room, AR & TVR Atrium, AT Balcony, BAL Billiards Room, BR Chapel, CH Community Premises, CP Dining Room, DR Library, LIB Library and Billiards Room, LIB & BR Pool, Pool TV Room, TVR TVR and Library, TVR/LIB

Wii Bowling Schedule

Monday: 9:30 a.m. **Tuesday:** 9:30 a.m. Wednesday: 9:30 a.m. **Thursday:** 3:15 p.m. Saturday: 11 a.m. Sunday: 11 a.m.

Bingo

Monday, Tuesday and Friday, 2 p.m.

6:45 Black Jack, AR

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|---|--|---|
| 10:00 Chapel Service, CH 11:00 Wii Open Bowling, AR 1:45 Movie Matinee, TVR 2:00 Mexican Train, AR 3:00 Wii Open Bowling, AR | 9:00 Chair Exercises, AR 9:30 Wii Team Bowling, AR 11:00 Bean Bag Baseball, AR 11:00 Vel's Pool School (Shooting Pool), BR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 3:00 Skip-Bo, AR 3:00 Rummikub, BR | 9:00 Chair Exercises, AR 9:30 Quilting Guild, AT 9:30 Wii Team Bowling, AR 10:30 Writers' Interest Group, TVR 11:00 Vel's Pool School (Shooting Pool), BR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 2:15 Mexican Train, BR 3:00 Skip-Bo, AR 6:45 Black Jack, AR | 9:00 Chair Exercises, AR 4 9:30 Wii Team Bowling, AR 10:00 Catholic Communion, CH 11:00 Vel's Pool School (Shooting Pool), BR 1:45 Movie Matinee, TVR 2:00 Skip-Bo, AR | 9:00 Chair Exercises, AR 9:30 Wii Team Bowling, AR 10:00 Trudy's Bible Study, CH 11:00 Blood Pressure Checks with BrightStar, LIB 11:00 Vel's Pool School (Shooting Pool), BR 1:45 Movie Matinee, TVR 2:00 Skip-Bo, AR 2:00 Knitting and Crochet Interest Group, BR 6:45 Black Jack, AR 7:00 Scrabble, BR | 9:00 Chair Exercises, AR 9:30 Wii Team Bowling, AR 11:00 Bean Bag Baseball, AR 11:00 Vel's Pool School (Shooting Pool), BR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 3:00 Skip-Bo, AR 3:30 Catholic Mass, CH 3:30 Chair Yoga, AR 7:00 Movie and Popcorn Night, TVR | 9:45 Trivia, AR 10:00 Hand and Foot (Card Game), AR 11:00 Wii Open Bowling, AR 1:45 Movie Matinee, TVR 2:00 Skip-Bo, AR 3:00 Rummikub, BR 7:00 Movie and Popcorn Night, TVR |
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Our First Annual Toy Drive

A few months ago, one of our residents, Melissa, mentioned wanting to do a toy drive in support of our local Fire Department. I thought it was a super idea, and from that point, the wheels began to turn toward our very first toy drive!

We are very thankful for the support the Fire and Rescue Department provides for our residents. In an effort to show our appreciation, we held a toy drive with all toys donated to be given to the Sierra Vista Fire Department.

Elvis (Paul Glaus) and Ann (Bernie Tax) volunteered an amazing performance that had smiles on every face, as well as bringing the crowd to their feet with some fun dances.

Thank you to all who came and supported the toy drive. We look forward to having one again next year.



The Fire Department poses with some of our residents before the show began.



The Sierra Vista Fire Department poses with some of the toys they received.



Mr. Robert, who is part of our culinary team, poses with Elvis and Ann.

Welcome Wagon

Please welcome our new residents. If anyone needs assistance or has questions, just let any of the staff know. We will go above and beyond to help you make the transition to your new home smooth and easy!

- Ray and Wanda Pike
- Dorothy Wilson
- Jim Hamm



Sunflowers Make Us Happy!

Who doesn't like sunflowers? We all love sunflowers! So, with that being said, let's make our very own! Everyone did an amazing job!

Here is a little bit of information about sunflowers:

- Each sunflower is actually thousands of teeny flowers. The iconic yellow petals and fuzzy brown centers are actually individual flowers themselves. As many as 2,000 can make up the classic sunflower bloom.
- You should harvest sunflowers in the morning, not the afternoon. Planning to clip a few to display in a vase? If you wait until the afternoon, they may wilt.
- 3. Sunflowers are native to the Americas and were domesticated around 1,000 B.C. Even way back then, people saw the value in growing sunflowers, which are still harvested for sunflower seeds (and the oil you can make from them) today. In 2014, 1.7 million acres were planted in the United States, the USDA reports. The majority of those were found in North Dakota.



Dorothy is doing an amazing job making her sunflowers!



Lida is so pretty holding her sunflowers!

Halloween Party 2019

Of course, we are going to have a Halloween party! Why not? We had a blast. So many residents dressed up and participated in our party. There was lots of music, food and contests. You like to have fun? Hang out with us!



Michelle has arrested robber Jerry.



Vel and Elizabeth enjoy the festivities.



Chef Tim and our beautiful Beauty Shop owner on the Third Floor, Erin.



Don? Is that you?



Joy is so super cute! Love it!



I think this is Wyatt Earp! Looking good, Mike!



Nana Jo made
a first-time
appearance.
She may be
attending more
holiday functions
in the future!



3477 Rodeo Drive Sierra Vista, Arizona 85635



Leave War Enjoy the winte chocolate an a warm and a things really "I winter activiti more information you'd like to part to complimentary of the complementary of the complementa

Leave Your Winter Worries Behind

Enjoy the winter season by joining us for hot chocolate and homemade treats around a warm and cozy fire. You can count on things really "heating up" with our packed winter activities calendar. Please call for more information on any of the activities you'd like to participate in, or stop by for a complimentary meal and tour.

Mountain View Gardens
Gracious Retirement Living

520-459-1898