

December 2019  
Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 <b>Music &amp; the Spoken Word</b> <b>1</b> 10:00 <b>Fun Facts and More</b> 11:00 <b>SS LDS Church Services</b> 1:45 <b>CC Thinking of you Cards</b> 2:30 <b>CE Balloon Badminton</b> 3:15 Games Galore	10:00 <b>PE</b> Exercise for Life <b>2</b> 10:30 Massage Moment 11:30 <b>CC</b> <b>Music - Hillcrest Madrigals</b> 1:15 <b>Movie - Holiday Inn</b> 1:30 <b>Scenic Drive</b> 3:15 Trivia & Activity Packets	8:00 <b>AM Doctor Appts</b> <b>3</b> 10:15 Movement to Music 1:00 <b>Flower Arranging</b> 2:30 <b>Holiday Mason Jar Craft</b> 3:45 Holiday Word Scramble 7:15 Activity Day Girls	9:15 <b>CC</b> <b>Festival of Trees</b> <b>4</b> 10:00 Exercise Canyon Home Health 1:45 <b>History of the Nutcracker</b> 2:45 Writing Christmas Cards 3:30 Massage Moment 6:30 <b>Priesthood &amp; Relief Society</b>	8:00 <b>AM Doctor Appts</b> <b>5</b> 10:00 <b>SS</b> Chair Yoga 11:00 Holiday Traditions 1:15 <b>Christkindl Market</b> 2:00 Holiday Movie 3:30 Draw the Holidays	10:00 Exercise Canyon Home Health <b>6</b> 10:30 Humor Moment 10:45 Bingo Bunch 1:00 Nails & Pampering 3:00 <b>Find the Christmas Angel</b> 3:45 <b>Resident Birthdays</b>	9:45 <b>PE</b> <b>Exercise for Life</b> <b>7</b> 10:30 <b>This Day in History</b> 10:45 <b>Farkle w/Friends</b> 1:30 <b>Movie Matinee</b> 2:00 <b>LL</b> Games Galore 2:00 Poetry in Motion
9:30 <b>Music &amp; the Spoken Word</b> <b>8</b> 10:00 <b>Fun Facts and More</b> 11:00 <b>SS LDS Church Services</b> 1:30 Discovering the World 2:00 Holiday Movies 3:30 Holiday Word Puzzles	10:00 <b>PE</b> Exercise for Life <b>9</b> 10:30 <b>Entertainment - Wyldwood</b> 11:45 <b>CE</b> Daily Thought 1:15 <b>Movie and Treats</b> 1:30 <b>So Jordan Gingerbread Display</b> 2:15 Trivia & Activity Packets 3:45 <b>Snow Ball Fight &amp; Cocoa</b>	8:00 <b>AM Doctor Appts</b> <b>10</b> 9:30 Holiday Funnies 10:15 Movement to Music 11:00 Discovering the World 1:00 <b>Flower Arranging</b> 2:45 <b>Craft - Santa Brushes</b> 4:00 <b>Holiday Poem/Story</b> 6:30 Holiday Lights & Cocoa	10:00 Exercise Canyon Home Health <b>11</b> 10:15 Music & Massage 10:45 Bingo Bunch 1:45 <b>Music w/Bob Shorten</b> 3:00 Christmas Memories 6:30 <b>Priesthood &amp; Relief Society</b>	8:00 <b>AM Doctor Appts</b> <b>12</b> 10:00 Movement to Music 11:00 History of the Candy Cane 1:00 <b>Nails &amp; Pampering</b> 2:30 Holiday Baking 4:00 <b>CC</b> <b>Music by Counter Point</b> 6:30 <b>CC</b> <b>Holiday Lights Night</b>	10:00 Exercise Canyon Home Health <b>13</b> 10:30 <b>SS</b> Inspirational Stories 10:45 Bingo Bunch 1:30 <b>Wentworth Choir Practice</b> 3:00 <b>Find the Christmas Angel</b> 3:30 <b>Taste of the Holidays</b>	9:45 <b>PE</b> <b>Exercise for Life</b> <b>14</b> 10:30 <b>This Day in History</b> 10:45 <b>Farkle w/Friends</b> 1:30 <b>Movie Matinee</b> 2:15 <b>AE</b> Creative Writing 3:30 Balloon Badminton
9:30 <b>Music &amp; the Spoken Word</b> <b>15</b> 10:00 <b>Fun Facts and More</b> 11:00 <b>SS LDS Church Services</b> 1:45 <b>CC Thinking of you Cards</b> 2:30 <b>CE Balloon Badminton</b> 3:15 Games Galore	<b>Happy Birthday JoAn S.</b> <b>16</b> 10:00 <b>PE</b> Exercise for Life 10:45 <b>Make Gingerbread Houses</b> 11:30 Thought for the Week 1:15 Movie - A Christmas Carol 1:30 <b>Caroling We Go</b> 3:15 Trivia & Activity Packets	8:00 <b>AM Doctor Appts</b> <b>17</b> 10:15 Movement to Music 11:30 This Day in History 11:45 Polar Express Puzzles 1:00 <b>Flower Arranging</b> 2:15 <b>Polar Express Event</b> 3:30 Cookies & Cocoa	10:00 Exercise Canyon Home Health <b>18</b> 10:15 Music & Massage 10:45 Bingo Bunch 1:45 <b>Ugly Sweater Contest</b> 3:00 <b>Entertainment - Sinatra Tribute</b> 4:00 <b>Find the Christmas Angel</b> 6:30 <b>Priesthood &amp; Relief Society</b>	8:00 <b>AM Doctor Appts</b> <b>19</b> 9:45 <b>SS</b> Meditation 10:30 Trivia Moment 11:00 <b>Christmas Around the World</b> 1:00 <b>Nails &amp; Pampering</b> 2:30 <b>Cookie Decorating</b> 4:00 Cocoa & Cider	10:00 Exercise Canyon Home Health <b>20</b> 10:45 Bingo Bunch 11:30 Holiday Activity Packets 1:45 <b>Traditions of Hanukkah</b> 3:30 <b>Find the Christmas Angel</b> 7:00 <b>Family Holiday Party</b>	9:45 <b>PE</b> <b>Exercise for Life</b> <b>21</b> 10:30 <b>This Day in History</b> 10:45 <b>Farkle w/Friends</b> 1:30 <b>Movie Matinee</b> 2:00 <b>LL</b> Music-Appassionate Studio 2:00 Poetry in Motion
9:30 <b>Music &amp; the Spoken Word</b> <b>22</b> 10:00 <b>Fun Facts and More</b> 11:00 <b>SS LDS Church Services</b> 1:30 Movie - The Grinch 3:00 Christmas in Europe 4:00 Fun Facts and More	10:00 <b>PE</b> Exercise for Life <b>23</b> 10:45 <b>Holiday Gnome Craft</b> 11:45 <b>CE</b> Daily Thought 1:15 <b>Movie and Treats</b> 1:45 <b>Scenic Drive</b> 3:00 Trivia & Activity Packets 4:00 <b>Piano w/Brenda</b>	<b>Christmas Eve</b> <b>24</b> 8:00 <b>AM Doctor Appts</b> 9:30 Fun Facts For the Holidays 10:15 Movement to Music 11:00 Discovering the World 2:30 <b>Twas the Night B-4 Christmas</b> 3:00 <b>Christmas Eve Party</b>	<b>Christmas Day</b> <b>25</b> 10:00 <b>Christmas Cider w/Friends</b> 10:30 <b>Music &amp; Massage</b> 11:00 Holiday Bingo 1:45 <b>Holiday Movies</b> 2:30 Visit w/Family/Friends 4:00 Holiday Packets	8:00 <b>AM Doctor Appts</b> <b>26</b> 10:00 Movement to Music 11:00 <b>Worlds Hidden Treasures</b> 1:00 <b>Nails &amp; Pampering</b> 2:45 <b>Baking w/Friends</b> 4:00 Wheel of Fortune	<b>Happy Birthday Margee H.</b> <b>27</b> 10:00 Exercise Canyon Home Health 10:30 <b>SS</b> Inspirational Stories 10:45 Bingo Bunch 1:45 <b>Resident Council Meeting</b> 3:15 Science Made Fun 3:45 <b>2020 Planning Journals</b>	<b>Happy Birthday Grace J.</b> <b>28</b> 9:45 <b>PE</b> <b>Exercise for Life</b> 10:30 <b>This Day in History</b> 10:45 <b>Farkle w/Friends</b> 1:30 <b>Movie Matinee</b> 3:15 <b>AE</b> Creative Writing
9:30 <b>Music &amp; the Spoken Word</b> <b>29</b> 10:00 <b>Fun Facts and More</b> 11:00 <b>SS LDS Church Services</b> 1:45 <b>CC Thinking of you Cards</b> 2:30 <b>CE Balloon Badminton</b> 3:15 Games Galore	10:00 <b>PE</b> Exercise for Life <b>30</b> 10:45 <b>Decorate for New Years</b> 11:30 <b>Inspirational Stories</b> 1:30 <b>Movie and Treats</b> 1:45 Scenic Drive 3:15 Trivia & Activity Packets	<b>New Year's Eve</b> <b>31</b> 8:00 <b>AM Doctor Appts</b> 10:15 Movement to Music 1:00 <b>Flower Arranging</b> 2:45 <b>New Years Eve Wishes</b> 3:30 <b>New Years Eve Party</b>	<div><div><div><div>The</div><div>Wentworth</div><div>at Willow Creek</div><div>Assisted Living &amp; Memory Care</div></div></div><div><div>8325 South Highland Drive</div><div>Sandy, UT 84093</div><div>801-733-6363</div></div></div>			<div><div><b>AE</b> Artistic Expression</div><div><b>CC</b> Community Connections</div><div><b>CE</b> Continuing Education</div><div><b>LL</b> Lifestyle &amp; Leisure</div><div><b>PE</b> Physical Engagement</div><div><b>SS</b> Spiritual Support</div></div>