



# December 2019



| Sunday                                                                                                                                                                                                                                                                         | 1                                                                                                                                                                                                                                                                                                                  | Monday                                                                                                                                                                                                                                                                                              | 2                                                                                                                                                                                                                                                                                            | Tuesday                                                                                                                                                                                                                                                                                | 3                                                                                                                                                                                                                                                    | Wednesday                                                                                                                                                                                                                                      | 4                                                                                            | Thursday | 5  | Friday | 6 | Saturday | 7 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|----------|----|--------|---|----------|---|
| 10 Stretcherize<br>10:30 December in History<br><b>11 Parallel Programming A &amp; B</b><br><b>11:30 Centerpiece Arranging</b><br><b>2 Christmas Tree Craft</b><br>3:30 Nature Walk<br><b>4 Bingo in the Game Room</b><br>7 Holiday Calming Coloring                           | 10 Stretcherize<br>10:30 Brain Boosters<br><b>11 Parallel Programming A &amp; B</b><br><b>11:30 Out &amp; About Bistro- Lunch</b><br><b>2 Music &amp; Mimosas</b><br><b>3 Holiday Decorating</b><br>4 Winter Word Search<br>4:30 Holiday Spirit Dinner Music<br>7 Big Puzzles                                      | 10 Stretcherize<br>10:30 Famous Folks<br><b>11 Parallel Programming A &amp; B</b><br><b>2 Mind &amp; Melody</b><br>2:30 Uno & Table Games<br><b>3 Sing-A-Long W/Julie Keller</b><br><b>3:30 Out &amp; About - Front Patio</b><br><b>4:30 Creative Coloring</b><br><b>7 Live Music in the Lounge</b> | <b>10 Lori Pet Therapy w/McT &amp; McD</b><br>10:30 Christmas Trivia<br><b>11 Parallel Programming A &amp; B</b><br>11:30 Bowling<br><b>2 Holiday Comedy in the Cinema</b><br>3:30 Noodle Ball<br>4 Holiday Wish List<br>4:30 Relaxation with calming music<br>7 Relaxing Reading            | 10 Stretcherize<br><b>10:30 Outing: Venizia Pizza</b><br><b>11 Parallel Programming A &amp; B</b><br>11:30 Parachute Fun<br>2 Visual Imagery<br>2:30 Bean Bag Toss<br><b>3 Christmas Trees or Hanukkah Star Craft</b><br>4 Table Games & Uno<br>7 Manicures &Hand Massages             | 10 Stretcherize<br>10:30 Brain Flexors<br><b>11 Parallel Programming A &amp; B</b><br>11:30 Parachute Fun<br>2 You Be The Judge<br>3 Table Games & Uno<br><b>4 Happy Hour in the Lounge</b><br>7 Relaxing Classical Music                            | 10 Stretcherize<br>10:30 Brain Games<br><b>11 Parallel Programming A &amp; B</b><br>11:30 Make me Laugh<br>2:30 Bean Bag Toss<br><b>3 Hot Chocolate &amp; Peppermint Social</b><br>4 Bingo<br>7 Musical Movie Night                            |                                                                                              |          |    |        |   |          |   |
| 8                                                                                                                                                                                                                                                                              | 9                                                                                                                                                                                                                                                                                                                  | 10                                                                                                                                                                                                                                                                                                  | 11                                                                                                                                                                                                                                                                                           | 12                                                                                                                                                                                                                                                                                     | 13                                                                                                                                                                                                                                                   | 14                                                                                                                                                                                                                                             |                                                                                              |          |    |        |   |          |   |
| 10 Stretcherize<br>10:30 Brain Boosters<br><b>11 Parallel Programming A &amp; B</b><br><b>11:30 Centerpiece Arranging</b><br><b>2 Snowflake Picture Ornament</b><br>3 Find Your Happiness<br>3:30 Nature Walk<br><b>4 Bingo in the Game Room</b><br>7 Puzzles & Relaxing Music | 10 Stretcherize<br>10:30 Brain Boosters<br><b>11 Parallel Programming A &amp; B</b><br><b>11:30 Out &amp; About Bistro- Lunch</b><br><b>2 Decorative Holiday Cookies</b><br>3:30 Holiday Trivia Questions<br>4 Uno<br>4:30 Frank Sinatra Holiday Music<br>7 Matching                                               | 10 Stretcherize<br>10:30 Famous Folks<br><b>11 Resident Council</b><br><b>2 Mind &amp; Melody</b><br><b>2:30 Beaded Candy Canes</b><br><b>3 Sing-A-Long W/Julie Keller</b><br><b>3:30 Out &amp; About - Front Patio</b><br>4:30 Dominoes & Querkle<br>7 Creative Coloring                           | <b>10 Lori Pet Therapy w/McT &amp; McD</b><br>10:30 Brain Quest<br><b>11 Parallel Programming A &amp; B</b><br>11:30 Tallyoop<br><b>2 Winter Romance in the Cinema</b><br>3:30 The Grinch Riddles<br>4 Floor Basket Ball<br>4:30 Older & Wiser<br><b>6:30 Fire Side Family Night</b>         | 10 Stretcherize<br><b>10:30 Outing: Palm Beach Scenic Ride</b><br><b>11 Parallel Programming A &amp; B</b><br>11:30 Parachute Fun<br>2 Ball Stretch<br>2:30 Bean Bag Toss<br>3 Puzzles<br><b>4 Holiday Happy Hour w/ Danny Zale</b><br>7 Manicures &Hand Massages                      | 10 Stretcherize<br>10:30 Call It Out!<br><b>11 Parallel Programming A &amp; B</b><br>11:30 Bowling<br>2 Sing-A-Long with Shirley<br><b>2:30 Graham Cracker Gingerbread Houses</b><br><b>4 Happy Hour in the Lounge</b><br>7 Relaxing Classical Music | 10 Stretcherize<br>10:30 Brain Quest<br><b>11 Parallel Programming A &amp; B</b><br>11:30 Riddle Me This<br>2 The Cat Really Did That?<br><b>3 Sock Snowman Craft</b><br>4 Bingo<br>7 Musical Movie Night                                      |                                                                                              |          |    |        |   |          |   |
| 15                                                                                                                                                                                                                                                                             | 16                                                                                                                                                                                                                                                                                                                 | 17                                                                                                                                                                                                                                                                                                  | 18                                                                                                                                                                                                                                                                                           | 19                                                                                                                                                                                                                                                                                     | 20                                                                                                                                                                                                                                                   | 21                                                                                                                                                                                                                                             |                                                                                              |          |    |        |   |          |   |
| 10 Stretcherize<br>10:30 Brain Quest<br><b>11 Parallel Programming A &amp; B</b><br>11:30 Garden Care<br><b>2 Chat- Holiday Memories</b><br><b>3 Hot Chocolate w/Marshmallows</b><br>3:30 Nature Walk<br><b>4 Bingo in the Game Room</b><br>7 Calming Reading                  | 10 Stretcherize<br>10:30 Veterans Trivia<br><b>11 Parallel Programming A &amp; B</b><br><b>11:30 Out &amp; About Bistro- Lunch</b><br><b>2 Music &amp; Mimosas</b><br><b>3 Holiday Charm Bracelets</b><br>4 Humorous Holiday Skits<br>4:30 Holiday Melodies Dinner Music<br><b>6:30 Holiday Lights Scenic Ride</b> | 10 Stretcherize<br>10:30 Call Out the Answer<br><b>11 Parallel Programming A &amp; B</b><br><b>2 Mind &amp; Melody</b><br><b>3 Stuff Holiday Stockings</b><br><b>3:30 Out &amp; About - Walk</b><br>4 Dominoes & Querkle<br>4:30 Dancing Fun<br><b>6:30 Holiday Lights Scenic Ride</b>              | <b>10 Lori Pet Therapy w/McT &amp; McD</b><br>10:30 Finsh the Phrase<br><b>11 Parallel Programming A &amp; B</b><br>11:30 Bean Bag Toss<br><b>2 Family Movie in the Cinema</b><br>3:30 Bowling<br>4 Out & About- Front Patio<br>4:30 Relaxation with Joyful Music<br>7 Relaxing Nature Video | 10 Stretcherize<br><b>10:30 Outing: Munchkins &amp; Coffee</b><br><b>11 Parallel Programming A &amp; B</b><br>2 Random Acts of Kindness Stories<br><b>2:30 Favorite Holiday Sing-a-Longs!</b><br>3:30 Wheel of Fortune<br>4 Football Toss<br>4:30 Pokeno<br>7 Manicures &Hand Massages | 10 Stretcherize<br>10:30 Say It With Music<br><b>11 Parallel Programming A &amp; B</b><br>2 Balloon Volley<br>3 Bingo<br><b>4 Happy Hour in the Lounge</b><br><b>4:30 Girl Scout Holiday Show</b><br>7 Relaxing Classical Music                      | 10 Stretcherize<br><b>10:30 Hanukkah History</b><br><b>11 Parallel Programming A &amp; B</b><br>11:30 Make me Laugh<br>2 Stretch With Me!<br>2:30 Holiday Stories<br><b>3 Egg Nog &amp; Cookies Social</b><br>4 Bingo<br>7 Musical Movie Night |                                                                                              |          |    |        |   |          |   |
| <b>Hanukkah Begins</b>                                                                                                                                                                                                                                                         | 22                                                                                                                                                                                                                                                                                                                 | 23                                                                                                                                                                                                                                                                                                  | <b>Christmas Eve</b>                                                                                                                                                                                                                                                                         | 24                                                                                                                                                                                                                                                                                     | <b>Christmas Day</b>                                                                                                                                                                                                                                 | 25                                                                                                                                                                                                                                             | 26                                                                                           | 27       | 28 |        |   |          |   |
| 10 Stretcherize<br>10:30 Finish the Duo<br><b>11 Parallel Programming A &amp; B</b><br>11:30 Holiday Sing-A-Long<br>2 Gentle Yoga<br>2:30 Board Game<br><b>4 Bingo in the Game Room</b><br>7 Holiday Calming Coloring                                                          | 10 Stretcherize<br>10:30 Famous Sayings<br><b>11 Parallel Programming A &amp; B</b><br><b>11:30 Out &amp; About Bistro- Lunch</b><br>2 Riddles<br>3 Dominoes<br>3:30 Chicken Soup For the Soul<br>4:30 Jingle Bell Dinner Music<br>7 Decorative Puzzles                                                            | 10 Stretcherize<br><b>10:30 Birthday Music w/John Lobosco</b><br><b>11 Parallel Programming A &amp; B</b><br><b>2:30 Holiday Poetry</b><br><b>3 Birthday Bash &amp; Cake</b><br><b>4 Christmas Trivia</b><br>4:30 Match Up Lyrics<br><b>7 Live Music in the Lounge</b>                              | <b>10 Lori Pet Therapy w/McT &amp; McD</b><br>10:30 Merry Christmas<br><b>11 Parallel Programming A &amp; B</b><br><b>11:30 Christmas Main Meal</b><br><b>2 Noodle Ball</b><br>3:30 Chicken Soup for the soul<br>4 Christmas Bingo<br>7 Relaxing Reading                                     | 10 Stretcherize<br><b>10:30 Yuletide Trivia</b><br><b>11 Parallel Programming A &amp; B</b><br><b>2 Star of David Stained Glass Ornaments</b><br>2:30 Stretch With Me!<br><b>4 Holiday Happy Hour w/ Danny Zale</b><br>4:30 Reminiscing<br>7 Manicures & Hand Massages                 | 10 Stretcherize<br>10:30 Say It with Music<br><b>11 Parallel Programming A &amp; B</b><br>11:30 Knock Down Cans<br><b>2 Making Hanukkah Treats!</b><br>3 Bingo<br><b>4 Happy Hour in the Lounge</b><br>7 Relaxing Classical Music                    | 10 Stretcherize<br>10:30 Thinklers<br><b>11 Parallel Programming A &amp; B</b><br>11:30 Make Me Laugh<br>2:30 Sing-A-Long with Bob<br><b>3 Cheese Latkes with Jam</b><br>4 Bingo<br>7 Musical Movie Night                                      |                                                                                              |          |    |        |   |          |   |
| 29                                                                                                                                                                                                                                                                             | 30                                                                                                                                                                                                                                                                                                                 | <b>New Year's Eve</b>                                                                                                                                                                                                                                                                               | 31                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                |                                                                                              |          |    |        |   |          |   |
| 10 Stretcherize<br>10:30 Brain Boosters<br><b>11 Parallel Programming A &amp; B</b><br>11:30 Garden Care<br>2 Chair Stretch<br>2:30 Puzzles & Games<br>3:30 Nature Walk<br><b>4 Bingo in the Game Room</b><br>7 Puzzles & Relaxing Music                                       | 10 Stretcherize<br>10:30 Brain Flexors<br><b>11 Parallel Programming A &amp; B</b><br><b>11:30 Out &amp; About Bistro-Lunch</b><br>2:30 Knock Down Cans<br>3:30 Dominoes<br>4:30 Holiday Jazz Dinner Music<br>7 Picture Puzzles                                                                                    | 10 Stretcherize<br>10:30 Call Out the Answer<br><b>11 Bean Bag Toss</b><br>2 Beading Bracelets<br>3 New Year's Word Search<br><b>4 New Year's Eve Party</b><br>4:30 Dominoes & Querkle<br><b>7 Live Music in the Lounge</b>                                                                         | <i>The Garden at Discovery Village</i>                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                | <i>The Magic of The Holiday's never ends and its greatest gift are family and friends...</i> |          |    |        |   |          |   |