

December

The Heritage at Northern Hills

Assisted Living

SUN	MON	TUE	WED	THU	FRI	SAT		
1 8-12 Church Transport 11:00 Mass (Ch.85) 2:00 Coffee w/ Friends (CS) 3:00 Gospel Celebration w/ Gary (C) 3:30 Fellowship (CS) 6:30 Creative Coloring (CS)	2 8:45 Current Events (D) 9:30 Walmart (Sign-Up) 10:15 Creative Coloring (AR) 1:30 Exercise (C) 2:00 Garden Club (GC) 3:00 Gospel Music With Nate (L) 6:00 Wii Bowling (C)	3 9:00 Bingo (AR) 10:15 Chair Aerobics (C) 10:30 Women's Coffee (CS) 10:30 Catholic Communion w/ Father Peter (C) 12:00 Popcorn (CS) 1:00 Card Club (CS) 1:30 Tour of Trees (Sign-Up) 3:00 Corner Store Open	4 8:45 Current Events (D) 9:30 Wii Bowling (C) 10:15 Manicures (AR) 11:00 Devotional (C) 1:00 Fit and Fun (C) 5:00 Christmas Lights Drive (Sign-Up)	5 9:00 Bingo (AR) 10:15 Chair Aerobics (C) 10:30 Men's Coffee (CS) 10:30 Calvary Lutheran w/ Pastor Travis (L) 12:00 Popcorn (CS) 1:00 Card Club (CS) 3:30 Happy Hour w/ Aaron Shoemaker (L)	6 8:45 Current Events 10:00 Fareway (Sign-Up) 10:30 Word Search Puzzles (CS) 11:00 Devotions (C) 1:30 Exercise (C) 2:00 Country Drive 4:00 Personal Shopping List Due	7 9:00 Bingo- Candy (AR) 10:30 Wii Bowling (C) 12:00 Popcorn (CS) 12:30 Movie- Klaus (C) 1:00 Card Club (CS) 6:00 Gaither Gospel Hour (Ch. 27) 7:00 Lawrence Welk (Ch. 27)		
8 8-12 Church Transport 11:00 Mass (Ch.85) 2:00 Coffee w/ Friends (CS) 3:00 Gospel Celebration w/ Gary (C) 3:30 Fellowship (CS) 6:30 Creative Coloring (CS)	9 8:45 Current Events (D) 9:30 HyVee/Dollar Tree (Sign-Up) 10:15 Creative Coloring (AR) 1:30 Exercise (C) 2:00 Garden Club (GC) 6:00 Wii Bowling (C)	10 9:00 Bingo (AR) 10:15 Chair Aerobics (C) 10:30 Women's Coffee (CS) 12:00 Popcorn (CS) 1:00 Card Club (CS) 2:30 Catholic Communion w/ Sister Pia (C) 3:00 Corner Store Open	11 8:45 Current Events (D) 9:30 Wii Bowling (C) 10:15 Manicures (AR) 11:00 Devotional (C) 1:00 Fit and Fun (C) 3:30 Game- Yahtzee (AR)	12 9:00 Bingo (AR) 10:15 Chair Aerobics (C) 10:30 Men's Coffee (CS) 12:00 Popcorn (CS) 1:00 Card Club (CS) 3:00 Corner Store Open 3:30 Pie and Coffee (CS)	13 8:45 Current Events 10:00 Fareway (Sign-Up) 10:30 Word Search Puzzles (CS) 11:00 Devotions (C) 1:00 Fit and Fun (C) 1:30 Coat Drive w/ Lucky Leprechans (IL) 3:30 Happy Hour w/ Joe Cockson (L) 4:00 Personal Shopping List Due	14 9:00 Bingo- Candy (AR) 10:30 Wii Bowling (C) 12:00 Popcorn (CS) 12:30 Movie- The Christmas Chronicles (C) 1:00 Card Club (CS) 6:00 Gaither Gospel Hour (Ch. 27) 7:00 Lawrence Welk (Ch. 27)		
15 8-12 Church Transport 11:00 Mass (Ch.85) 2:00 Coffee w/ Friends (CS) 3:00 Gospel Celebration w/ Gary (C) 3:30 Fellowship (CS) 4:00 Sing-A-long and Cookies (A) 6:30 Creative Coloring (CS)	16 8:45 Current Events (D) 9:30 Walmart (Sign-Up) 10:15 Creative Coloring (AR) 1:30 Fit and Fun (C) 2:00 Garden Club (GC) 3:45 Sing-A-Long w/ Carole (L) 6:00 Wii Bowling (C)	17 9:00 Bingo (AR) 10:15 Chair Aerobics (C) 10:30 Women's Coffee (CS) 12:00 Popcorn (CS) 1:00 Card Club (CS) 1:00 North Middle Choir (L) 2:30 Catholic Communion w/ Sister Pia (C) 3:00 Corner Store Open	18 8:45 Current Events (D) 9:30 Wii Bowling (C) 10:15 Manicures (AR) 11:00 Devotional (C) 1:30 Fit and Fun (C) 2:00 Snack and Chat (CS)	19 9:00 Bingo (AR) 10:15 Chair Aerobics (C) 10:30 Men's Coffee (CS) 10:30 Calvary Lutheran w/ Pastor Travis (L) 12:00 Popcorn (CS) 1:00 Card Club (CS) 4:00 Chamber of Commerce Rush Hour (IL)	20 8:45 Current Events 10:00 Fareway (Sign-Up) 10:30 Word Search Puzzles (CS) 11:00 Devotions (C) 1:30 Fit and Fun (C) 2:00 Country Drive 3:00 Happy Hour w/ Huckleberry Two (L) 4:00 Personal Shopping List Due	21 9:00 Bingo- Candy (AR) 10:30 Wii Bowling (C) 12:00 Popcorn (CS) 12:30 Movie-Knight before Christmas (C) 1:00 Card Club (CS) 6:00 Gaither Gospel Hour (Ch. 27) 7:00 Lawrence Welk (Ch. 27)		
22 8-12 Church Transport 11:00 Mass (Ch.85) 1:00 Dynamic School of Dance (L) 2:00 Coffee w/ Friends (CS) 3:00 Gospel Celebration w/ Gary (C) 3:30 Fellowship (CS) 6:30 Creative Coloring (CS)	23 8:45 Current Events (D) 9:30 HyVee/Dollar Tree (Sign-Up) 10:15 Creative Coloring (AR) 1:30 Fit and Fun (C) 2:00 Garden Club (GC) 2:30 Resident Christmas Party (D) 6:00 Wii Bowling (C)	24 9:00 Bingo (AR) 10:15 Chair Aerobics (C) 10:30 Women's Coffee (CS) 12:00 Popcorn (CS) 1:00 Card Club (CS) 2:00 Stories by the Fireplace 2:30 Catholic Communion w/ Sister Pia (C) 3:00 Corner Store Open	25 8:45 Current Events (D) 9:30 Wii Bowling (C) 11:00 Devotional (C) 1:00 Cards w/ Friends (CS) 6:00 Creative Coloring (CS) MERRY CHRISTMAS! ALL ACTIVITIES ARE SELF DIRECTED. ACTIVITIES DEPARTMENT IS CLOSED.	26 9:00 Bingo (AR) 10:15 Chair Aerobics (C) 10:30 Men's Coffee (CS) 12:00 Popcorn (CS) 1:00 Card Club (CS) 2:15 Craft- Snowman Popsicle Craft (CS) 3:00 Corner Store Open	27 8:45 Current Events 10:00 Fareway (Sign-Up) 10:30 Word Search Puzzles (CS) 11:00 Devotions (C) 1:30 Fit and Fun (C) 2:00 Manicures (AR) 4:00 Personal Shopping List Due	28 9:00 Bingo- Candy (AR) 10:30 Wii Bowling (C) 12:00 Popcorn (CS) 12:30 Movie- Holiday in the Wild (C) 1:00 Card Club (CS) 1:00 Dani & Gary Show (L) 6:00 Gaither Gospel Hour (Ch. 27) 7:00 Lawrence Welk (Ch. 27)		
29 8-12 Church Transport 11:00 Mass (Ch.85) 2:00 Coffee w/ Friends (CS) 3:00 Gospel Celebration w/ Gary (C) 3:30 Fellowship (CS) 6:30 Creative Coloring (CS)	30 8:45 Current Events (D) 9:30 Walmart (Sign-Up) 10:15 Creative Coloring (AR) 1:30 Fit and Fun (C) 2:00 Garden Club (GC) 6:00 Wii Bowling (C)	31 9:00 Bingo (AR) 10:15 Chair Aerobics (C) 10:30 Women's Coffee (CS) 12:00 Popcorn (CS) 1:00 Card Club (CS) 1:30 Stories by the Fireplace 2:30 Catholic Communion w/ Sister Pia (C) 3:00 New Years Eve Party (CS)					<h3>Resident Birthdays</h3> <p>04 Gracia Davenport 17 Nellie Stricker 24 Karen Grubel 30 Sonia Chicoine</p> <p><u>Staff Birthdays:</u> 1 Rhonda Bock 8 Athena Finney 20 Joseph Pearson 24 Breezy Anderson 24 Lyndsie Hinze 26 Mary Johnson 27 Allexa Johnson 27 Brandi Walsh 28 Tyler Mammen 31 Andy Sample</p> <p><u>Staff Anniversaries:</u> 2 Laura Cowen (3 years) 12 Misti Ceriani (2 years) 21 Jessica Fitzmaurice (2 years) 23 Tasha James (4 years)</p>	

LOCATION KEY

AR—Activity Room
C— Chapel
L— Lobby
CY— Courtyard
CS— Country Store
D— Dining Room
F— 2nd Level
Fireplace

If you would like to go on an outing, please sign up. All outings are weather permitting. Be ready for outings 15 minutes early as the bus will leave at the time listed.

Please note the calendar is subject to change without notice.

December

The Heritage at Northern Hills

Independent Living

SUN	MON	TUE	WED	THU	FRI	SAT		
1 Daily Walking Club 8-12 Church Transport 11:00 Mass (Ch. 85) 1:00 Cards w/ Friends (A) 2:00 Coffee w/ Friends (D) 3:00 Gospel Celebration w/ Gary (AL-C)	2 Daily Walking Club 9:00 Exercise (A) 9:45 Walmart (Sign-Up) 1:00 Cards w/ Friends (A) 1:00 Manicures (L) 2:00 Gospel Music w/ Nate (A) 4:00 Book Club (L)	3 Daily Walking Club 8:45 Aerobics (A) 10:00 Wii Bowling (G) 10:00 Catholic Communion w/ Father Peter (L) 1:00 Cards w/ Friends (A) 1:00 Corner Store (L) 3:00 Quarter Bingo (D)	4 Daily Walking Club 9:00 Exercise (A) 9:30 Women's Coffee (D) 1:00 Cards w/ Friends (A) 1:30 Tour of Trees (Sign-Up) 3:00 Coffee by the Fireplace	5 Daily Walking Club 8:45 Chair Aerobics (A) 10:00 Wii Bowling (G) 10:30 Calvary Lutheran w/ Pastor Travis (AL) 1:00 Cards w/ Friends (A) 2:00 Coffee w/ Friends (D) 4:00 Open Bar Happy Hour	6 Daily Walking Club 9:00 Exercise (A) 9:30 Men's Coffee (D) 10:15 Fareway (Sign-Up) 1:00 Bible Study w/ Laura (G) 1:00 Cards w/ Friends (A) 2:30 Dollar Bingo (D) 4:00 Harpist- Mary Watts (A) 6:00 Bridge (D)	7 Daily Walking Club 10:00 Wii Bowling (G) 10:15 Country Drive (sign-Up) 1:00 Cards w/ Friends (A) 1:00 Movie and Popcorn-Christmas for a Dollar (G) 6:00 Gaither Gospel Hour 7:00 Lawrence Welk		
8 Daily Walking Club 8-12 Church Transport 11:00 Mass (Ch. 85) 1:00 Cards w/ Friends (A) 2:00 Coffee w/ Friends (D) 3:00 Gospel Celebration w/ Gary (AL-C)	9 Daily Walking Club 9:00 Exercise (A) 9:45 Walmart (Sign-Up) 1:00 Cards w/ Friends (A) 1:00 Manicures (L) 4:00 Meal Night- Garden Café Taverns (\$4) (D)	10 Daily Walking Club 8:45 Aerobics (A) 10:00 Wii Bowling 1:00 Cards w/ Friends (A) 1:00 Corner Store (L) 1:00 Mason Jar Wickless Candles (L) 2:00 Catholic Communion w/ Sister Pia (L) 2:00 Methodist Communion (G) 3:00 Quarter Bingo (D)	11 Daily Walking Club 9:00 Exercise (A) 9:30 Women's Coffee (D) 1:00 Cards w/ Friends (A) 1:30 CITY WIDE BINGO 3:00 Coffee by the Fireplace	12 Daily Walking Club 8:45 Chair Aerobics (A) 10:00 Wii Bowling (G) 1:00 Cards w/ Friends (A) 1:00 Corner Store (L) 2:00 Coffee w/ Friends (D) 4:00 Happy Hour w/ Snacks (D)	13 Daily Walking Club 9:00 Exercise (A) 9:30 Men's Coffee (D) 10:15 Fareway (Sign-Up) 1:00 Bible Study w/ Laura (G) 1:00 Cards w/ Friends (A) 1:30 Coat Drive w/ Lucky Leprechans (A) 4:30 Music- Joe Cockson (D) 6:00 Bridge (D)	14 Daily Walking Club 10:00 Wii Bowling (G) 10:15 Country Drive (sign-Up) 1:00 Cards w/ Friends (A) 1:00 Movie and Popcorn - Klaus (G) 6:00 Gaither Gospel Hour 7:00 Lawrence Welk		
15 Daily Walking Club 8-12 Church Transport 11:00 Mass (Ch. 85) 1:00 Cards w/ Friends (A) 2:00 Coffee w/ Friends (D) 3:00 Gospel Celebration w/ Gary (AL-C)	16 Daily Walking Club 9:00 Exercise (A) 9:45 Walmart (Sign-Up) 1:00 Cards w/ Friends (A) 1:00 Manicures (L) 4:00 Book Club (L)	17 Daily Walking Club 8:45 Aerobics (A) 10:00 Wii Bowling 1:00 Cards w/ Friends (A) 1:00 Corner Store (L) 1:25 North Middle Choir (A) 2:00 Catholic Communion w/ Sister Pia (L) 3:00 Quarter Bingo (D)	18 Daily Walking Club 9:00 Exercise (A) 9:30 Women's Coffee (D) 1:00 Hard Rock (Sign-Up) 1:00 Cards w/ Friends (A) 3:00 Coffee in the Dining Room	19 Daily Walking Club 8:45 Chair Aerobics (A) 10:00 Wii Bowling (G) 10:30 Calvary Lutheran w/ Pastor Travis (AL) 1:00 Cards w/ Friends (A) 1:00 Corner Store (L) 2:00 Coffee w/ Friends (D) 4:00 Chamber of Commerce Rush Hour (A)	20 Daily Walking Club 9:00 Exercise (A) 9:30 Men's Coffee (D) 10:15 Fareway (Sign-Up) 1:00 Bible Study w/ Laura (G) 1:00 Cards w/ Friends (A) 2:00 Dollar Bingo (D) 5:00 Christmas lights drive (sign-Up) 6:00 Bridge (D)	21 Daily Walking Club 10:00 Wii Bowling (G) 10:15 Country Drive (sign-Up) 1:00 Cards w/ Friends (A) 1:00 Movie and Popcorn-6:00 Gaither Gospel Hour 7:00 Lawrence Welk		
22 Daily Walking Club 8-12 Church Transport 11:00 Mass (Ch. 85) 1:00 Cards w/ Friends (A) 1:30 Dynamic School of Dance (A) 2:00 Coffee w/ Friends (D) 3:00 Gospel Celebration w/ Gary (AL-C)	23 Daily Walking Club 9:00 Exercise (A) 9:45 Walmart (Sign-Up) 1:00 Cards w/ Friends (A) 1:00 Manicures (L) 3:30 Resident Holiday Party (A)	24 Daily Walking Club 8:45 Aerobics (A) 10:00 Wii Bowling 1:00 Cards w/ Friends (A) 1:00 Corner Store (L) 2:00 Catholic Communion w/ Sister Pia (L) 3:00 Quarter Bingo (D)	25 Daily Walking Club 9:30 Women's Coffee (D) 1:00 Cards w/ Friends (A) 3:00 Coffee by the Fireplace MERRY CHRISTMAS! ALL ACTIVITIES ARE SELF DIRECTED. ACTIVITIES DEPARTMENT IS CLOSED.	26 Daily Walking Club 8:45 Chair Aerobics (A) 10:00 Wii Bowling (G) 1:00 Cards w/ Friends (A) 1:00 Corner Store (L) 1:00 Diamond Dotz (L) 2:00 Coffee w/ Friends (D) 4:00 Happy Hour w/ Radio Rangers (D)	27 Daily Walking Club 9:00 Exercise (A) 9:30 Men's Coffee (D) 10:15 Fareway (Sign-Up) 1:00 Bible Study w/ Laura (G) 1:00 Cards w/ Friends (A) 2:30 Dollar Bingo (D) 6:00 Bridge (D)	28 Daily Walking Club 10:00 Wii Bowling (G) 10:15 Country Drive (sign-Up) 1:00 Cards w/ Friends (A) 1:00 Movie and Popcorn-2:45 Dani and Gary Show (A) 6:00 Gaither Gospel Hour 7:00 Lawrence Welk		
29 Daily Walking Club 8-12 Church Transport 11:00 Mass (Ch. 85) 1:00 Cards w/ Friends (A) 2:00 Coffee w/ Friends (D) 3:00 Gospel Celebration w/ Gary (AL-C)	30 Daily Walking Club 9:00 Exercise (A) 9:45 Walmart (Sign-Up) 1:00 Cards w/ Friends (A) 1:00 Manicures (L) 4:00 Meal Night- Milwaukee Weiner House \$7 (D)	31 Daily Walking Club 9:00 Aerobics (A) 10:00 Wii Bowling 1:00 Cards w/ Friends (A) 1:00 Corner Store (L) 2:00 Catholic Communion w/ Sister Pia (L) 3:00 Quarter Bingo (D) 4:15 New Years Eve Party (D)					Resident Birthdays 26 Barb Weier 29 Paula Wiley 30 Kathy Gilbert Staff Birthdays: 1 Rhonda Bock 8 Athena Finney 20 Joseph Pearson 24 Breezy Anderson 24 Lyndsie Hinze 26 Mary Johnson 27 Alexia Johnson 27 Brandi Walsh 28 Tyler Mammen 31 Andy Sample Staff Anniversaries: 2 Laura Cowen (3 years) 12 Misti Ceriani (2 years) 21 Jessica Fitzmaurice (2 years) 23 Tasha James (4 years)	

LOCATION KEY

(L)- Library/Activity Room
(A) - Atrium
(D)-Dining Room
(G)-Garden Level
(AL)- Assisted Living Building

If you would like to go on an outing, please sign up. All outings are weather permitting. Be ready for outings 15 minutes early as the bus will leave at the time listed.

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