

December Blue Ridge Assisted Living Activities

		Breakfast 8:00		Lunch 12:30		Dinner 5:30	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>1</p> <p>11:00-Black Jack (100) 1:30-UNO (100)</p> <p>2:00-Church Service (Gospel Light Baptist) (Main Living Room)</p>  <p>7:00-Puzzles (100)</p>	<p>2</p> <p>10:00-Exercise (200) 10:30-Activity Cart 11:00-Balloon Badminton w/Jim (200) 1:30-Bridge W/ Carolyn (MC) 2:00-Hot Cocoa in the Bistro 2:30-Bingo (Dining Room) 3:30-Music w/ Jay Crider (200) 4:00-Dominos 4:00-Puzzles (100) 4:30-Evening Walk (Meet in the Bistro)</p>	<p>3</p> <p>10:00-Exercise(200) 10:30-Activity Cart 10:30-Dog Therapy/Mira 11:00-Poker (100) 1:30-Community Cook Book 1:30-Bridge W/ Fran (MC) 3:00-Bible Study (Dining Room) 4:00-UNO (100) 4:00-Checkers Tournament (Bistro) 4:30-Evening Walk (Meet in the Bistro)</p>	<p>4</p> <p>10:00-Exercise (200) 10:45-Snack-in-a-Backpack (Bistro) 11:00-Poker (100) 2:00-Christmas Treats in the Bistro 2:30-Bingo (Dining Room) 4:00-Happy Hour *Entertainment by Mike Kirkpatrick* (Bistro) 4:00-Puzzles (100) 4:30-Evening Walk (Meet in the Bistro)</p>	<p>5</p> <p>10:00-Exercise (200) 10:30-Activity Cart 11:00-Poker (100) 11:30-Lunch Outing to Pink Pig 1:30-UNO (100) 2:00-Checkers (Main Living Room) 3:00-Christmas Tree Decorating (Bistro) 4:30-Evening Walk (Meet in the Bistro) 6:30-Darts (Bistro)</p>	<p>6</p> <p>10:00-Exercise (200) 10:30-Activity Cart 11:00-Creative Writing/Poetry (100) 11:00-Christmas Crafting (200) 2:00-Winter Coffee (Bistro) 2:30-Movie Matinee (100) 2:30-Checkers (Main Living Room) 4:30-Evening Walk (Meet in the Bistro) 6:30-Trip to Blue Ridge Live Theater</p>	<p>7</p> <p>1:30-UNO (100) 2:00-Dominos (100) 2:30-Puzzles (100) 3:00-Checkers (Main Living Room) 3:30-7th Day Carolers (Main Living Room) 4:30-Evening Walk (Meet in the Bistro) 6:30-Darts (Bistro)</p>	
<p>8</p> <p>11:00-Poker (100) 1:30-Dominos (100)</p> <p>2:00- Church Service (Church of Christ) (Main Living Room)</p>  <p>7:00-Puzzles (100)</p>	<p>9</p> <p>10:00-Exercise (200) 10:30-Activity Cart 11:00-Balloon Badminton w/Jim (200) 1:30-Bridge W/ Carolyn (MC) 2:00-Hot Cocoa in the Bistro 2:30-Bingo (Dining Room) 3:30-Music w/ Wesley Crider (200) 4:00-Dominos 4:00-Puzzles (100) 4:30- Evening Walk (Meet in the Bistro)</p>	<p>10</p> <p>10:00-Exercise (200) 10:30-Activity Cart 10:30-Dog Therapy/Mira 11:00-Poker (100) 1:30-Bridge W/ Fran (MC) 3:00-Bible Study (Dining Room) 4:00-Mens Corral Carolers (Main Living Room) 4:00-Checkers Tournament (Bistro) 4:30-Evening Walk (Meet in the Bistro)</p>	<p>11</p> <p>10:00-Exercise (200) 10:45-Snack-in-a-Backpack (Bistro) 11:00-Poker (100) 11:00-Dog Therapy with Charlie 2:00-Christmas Treats in the Bistro 2:30- Bingo (Dining Room) 4:00-Happy Hour (Bistro) 4:00-Puzzles (100) 4:30 Evening Walk (Meet in the Bistro)</p>	<p>12</p> <p>10:00-Exercise(200) 10:30-Activity Cart 11:00-Poker (100) 1:30-UNO (100) 2:00-Trip to Walmart 2:00-Checkers (Main Living Room) 4:00-Puzzles (100) 4:30-Evening Walk (Meet in the Bistro) 6:30-Darts (Bistro)</p>	<p>13</p> <p>10:00-Exercise (200) 10:30-Activity Cart 11:00-Creative Writing/Poetry (100) 11:00-Christmas Crafting (200) 2:00-Resident Christmas Party with Santa (Bistro) 2:30-Checkers (Main Living Room) 3:30-Movie Matinee (100) 4:30-Evening Walk (Meet in the Bistro)</p>	<p>14</p> <p>1:30-UNO(100) 2:00-Black Jack (100) 2:30-Puzzles (100) 3:00-Army Navy Game (Bistro) 3:00-Checkers (Main Living Room) 4:30-Evening Walk (Meet in the Bistro) 6:30-Darts (Bistro)</p>	
<p>15</p> <p>11:00-Black Jack (100) 1:30-UNO (100)</p> <p>2:00-Church Service (Blue Ridge First Baptist) (Main Living Room)</p>  <p>7:00-Puzzles (100)</p>	<p>16</p> <p>10:00-Exercise(200) 10:30-Activity Cart 11:00-Balloon Badminton w/Jim (200) 1:30-Bridge W/ Carolyn (MC) 2:00-Hot Cocoa in the Bistro 2:30-Bingo (Dining Room) 4:00-Music w/Steven Chappelle (200) 4:00-Dominos (100) 4:00-Puzzles (100) 4:30-Evening Walk (Meet in the Bistro)</p>	<p>17 <u>Dr. Tidman</u></p> <p>8:00-FCHS Chorus (Dining Room) 10:00-Exercise(200) 10:30-Activity Cart 10:30-Dog Therapy/Mira 11:00-Poker (100) 1:30-Community Cook Book 1:30-Bridge W/ Fran (MC) 3:00-Bible Study (Dining Room) 4:00-UNO (100) 4:00-Checkers Tournament (Bistro) 4:30-Evening Walk (Meet in the Bistro)</p>	<p>18</p> <p>10:00-Exercise (200) 10:45-Snack-in-a-Backpack (Bistro) 11:00-Poker (100) 2:00-Resident Birthday Party (Bistro) 4:00-Happy Hour (Bistro) 4:00-Puzzles (100) 4:30-Evening Walk (Meet in the Bistro)</p>	<p>19</p> <p>10:00-Exercise (200) 10:30-Activity Cart 11:00-Poker (100) 11:00-JCS Hand Chimes 1:30-UNO (100) 1:30-Trip to Walmart 2:00-Checkers (Main Living Room) 4:00-Puzzles (100) 4:30-Evening Walk (Meet in the Bistro) 6:30-Darts (Bistro)</p>	<p>20</p> <p>10:00-Exercise (200) 10:30-Activity Cart 11:00-Creative Writing/Poetry (100) 11:00-Christmas Crafting (200) 2:00-Winter Coffee with Santa 2:30-SUPER BINGO (Dining Room) 2:30-Checkers (Main Living Room) 3:30-Movie Matinee (100) 4:30-Evening Walk (Meet in the Bistro)</p>	<p>21 <u>First Day of Winter</u></p> <p>1:30-UNO (100) 2:00-Dominos (100) 2:30-First Baptist Church of McCaysville Carolers (Main Living Room) 2:30-Puzzles (100) 3:00-Checkers (Main Living Room) 3:30-Mineral Buff House of Prayer Ministry (Bistro) 4:30-Evening Walk (Meet in the Bistro) 6:30-Darts (Bistro)</p>	
<p>22</p> <p>11:00-Poker (100) 1:30-Dominos (100)</p> <p>2:00- Church Service (Blue Ridge Methodist) (Main Living Room)</p>  <p>7:00-Puzzles (100)</p>	<p>23</p> <p>10:00-Exercise (200) 10:30-Activity Cart 11:00-Poker (100) 1:30-Bridge W/ Carolyn (MC) 2:30-Checkers (Main Living Room) 6:30-Dominos (100) 4:00-Puzzles (100) 4:30 Evening Walk (Meet in the Bistro)</p>	<p>24 <u>Christmas Eve</u></p> <p>11:00-Poker (100) 2:30-Checkers (Main Living Room) 4:00-UNO (100) 4:00-Puzzles (100) 4:30 Evening Walk (Meet in the Bistro)</p> 	<p>25 <u>Christmas Day</u></p> <p>11:00-Poker (100) 2:30-Checkers (Main Living Room) 4:00-Dominos (100) 4:00-Puzzles (100) 4:30-Evening Walk (Meet in the Bistro)</p> 	<p>26</p> <p>10:00-Exercise (200) 10:30-Activity Cart 11:00-Poker (100) 1:30-UNO (100) 2:00-Checkers (Main Living Room) 4:00-Puzzles (100) 4:30-Evening Walk (Meet in the Bistro) 6:30-Darts (Bistro)</p>	<p>27</p> <p>10:00-Exercise (200) 10:30-Activity Cart 11:00-Creative Writing/Poetry (100) 1:30-UNO (100) 2:00-Winter Coffee (Bistro) 2:30-Movie Matinee (100) 2:30-Checkers (Main Living Room) 4:30-Evening Walk (Meet in the Bistro)</p>	<p>28</p> <p>1:30-UNO (100) 2:00-Black Jack (100) 2:30-Puzzles (100) 3:00-Checkers (Main Living Room) 4:30-Evening Walk (Meet in the Bistro) 6:30-Darts (Bistro)</p>	
<p>29</p> <p>11:00-Black Jack (100) 1:30-UNO (100)</p> <p>2:00-Church Service (Blue Ridge Methodist) (Main Living Room)</p>  <p>7:00-Puzzles (100)</p>	<p>30</p> <p>10:00-Exercise (200) 10:30-Activity Cart 11:00-<u>Residents Council Meeting</u> (200) 1:30-Bridge W/ Carolyn (MC) 2:00-Hot Cocoa in the Bistro 2:30-Bingo (Dining Room) 4:00-Music w/Kim & Curtis (200) 4:00-Dominos (100) 4:00-Puzzles (100) 4:30-Evening Walk (Meet in the Bistro)</p>	<p>31 <u>New Year's Eve</u></p> <p>10:00-Exercise(200) 10:30-Activity Cart 10:30-Dog Therapy/Mira 11:00-Poker (100) 1:30-Bridge W/ Fran (MC) 3:00-Bible Study (Dining Room) 4:00-UNO (100) 4:00-Happy Hour *A toast to the new year!* (Bistro) 4:30-Evening Walk (Meet in the Bistro)</p> 		<p>Happy Birthday</p> 	<p>12/05-Nancy McDowell 12/12-John Turgeon 12/13-Libby Phillips 11/21-Betty Downey 12/26-Ann Wright</p>		