



A Trilogy Senior Living Community

December 2019



Keeping Holiday Traditions Alive

'Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. If you're looking for ways to celebrate the giving season with your loved one from the comfort of our campus, here are a few activities that are sure to put you in the holiday spirit!

Create a holiday book. Create a festive scrapbook filled with memories of Christmas' past, and invite your friends and family to participate! **Light up the room.** Fill your suite with decorations and ornaments to transform your living space into the North Pole.

Make holiday cards. Sending cards to friends and family members can bring an extra loving touch to the holidays for those that you care about. With the assistance of our *Artisans* program, we'd be happy to help you make one!

Play Santa Claus. Do you need to get some last minute shopping done? Trust us - you're not alone. Browse through a magazine or shop online to find that perfect gift for your loved one.

Make a Christmas tree perfect. Join your fellow community members in the fun of decorating the campus Christmas trees!

Sing carols. Buddy the Elf said it best – "The best way to spread Christmas cheer is singing loud for all to hear." If you're feeling the need to sing your favorite Christmas Carol this holiday, ask our Life Enrichment Director about our *Music to My Ears* program, where musical activities happen three times

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Happy Birthday!

Sharon C.	December 24
Sam H.	December 25
Richard C.	December 27
Alicia H.	December 28

We will celebrate our December birthdays on *December 11 at 3:00pm* in the 200 hall activity area. The cake is donated by Kindred Home Health. Thank you, Preston!

Anniversaries

Donna and Alex C. December 02

Sunday Brunch

The next Sunday Brunch will be December 01 (the first Sunday of the month) from 11:00am-1:00pm. Each resident can have up to 2 guests eat with them for free and each additional guest is \$10 and a voucher/sticker is required. Reservations are essential and must be done prior to 5:00pm on the Thursday before brunch. Please see the front desk to make a reservation and to get your stickers/ vouchers for the brunch.

Volunteer News

We welcome individuals to gain experience while engaging with our residents and volunteering your time and energy with the Life Enrichment Department. If you are interested in helping out and sharing your time and talents, please contact our Life Enrichment Director, Kristen, and she will help you find a meaningful volunteer role. We are currently looking for Bingo callers and volunteers to do manicures.

Family Night Trick-or-Treat Event















Health Center Entertainment

12/03 at 10:00am Jerry Ball Sing-Along
12/06 at 2:30pm Bob DeYoung
12/10 at 1:30pm Martin Zyla
12/13 at 2:30pm Paul Freeburn
12/14 at1:00pm The Donnell's
12/16 at 2:30pm Janice Marsh
12/18 at 10:30am Tyler Garth
12/20 at 2:30pm Paul Freeburn
12/22 at 2:00pm Jerry Ball Gospel Music
12/27 at 2:30pm Doug Smith

Legacy Entertainment

12/02 at 2:30pm Janice Marsh

12/03 at 11:00am Jerry Ball Sing-Along

12/06 at 3:30pm Tom Timlin

12/13 at 3:00pm Susan Harrison

12/17 at 11:00am Jerry Ball Sing-Along

12/20 at 3:30pm Paul Freeburn

12/27 at 3:00pm Papa Hoot



Out and About We go out in our wheelchair friendly bus twice per week and can accommodate up to 14 per outing (with only 2 wheelchair tie back spots). Spots fill up quickly, so be sure to let Life Enrichment staff know when you plan to attend any of our trips. If you are interested in joining your loved one on an outing, please inform the Life Enrichment Director as soon as you know so that we can try to accommodate you. The Life Enrichment Team has a list of outings available and you can circle the ones that interest you. Please return the form to the Life Enrichment Director once it is completed. We will do our best to ensure that you are able to go on as many outings as you can.

Most of our outings require the resident to bring their own money. We offer an opportunity to open up a trust fund for your loved one to have easy access to their money for such outings. Please see the Business Office Manager, Jessica Greene, with questions.

HOLIDAY BAZAAR AND FUNDRAISER:

Our annual Holiday Bazaar and Fundraiser will be from 9:00am-1:00pm on December 07. If you are interested in becoming a vendor, please call Jamie. Please plan to attend this event for some great deals on crafts and unique gifts from the Battle Creek area. Some of the proceeds will benefit our Hope for the Holidays Charity, Senior Services.

FAMILY NIGHT:

Our next family night will be a holiday party on December 12 at 4:00pm in the Health Center and 6:00pm in Legacy. Please join us for entertainment and dinner! Dinner is free for up to two family members. Please RSVP by December 10 to Tamika in the front office or Jym in Legacy.

THEMED DINNER:

Our last theme dinner of 2019 was in October! We look forward to more quarterly theme dinners in 2020!

FRIENDLY REMINDER:

Family is always welcome to join us on our outings (with notice and if seating is available), at any of our activities and at any meal. Meal tickets can be purchased for \$5 at the desk M-F 9:00am-6:00pm and are required for all meals. If you have more than one guest, we encourage you to reserve a table in the private dining room so as not to displace established residents. Please turn in your food order 2 hours in advance.

ADDITIONAL INFORMATION:

In addition to weekly visits by our Catholic Church volunteers, we offer a monthly Catholic Mass the second Thursday of each month at 2:30pm. We continue to offer Methodist services every Sunday at 3:00pm in our Legacy and Bible Stories every Monday at 10:00am in the 200 hall.

PENNY AUCTION:

Do you have items that are no longer of use to you? Please consider donating items to the Life Enrichment Department. We could use items such as jewelry, figurines, stuffed animals, small furniture pieces, perfume/lotions, games, puzzles, books, etc. for our Penny Auctions. Thank you. Please assist your loved one is cleaning out their rooms as well.

VETERANS:

Please sign up for the Honor Flight. It is an all-expense paid trip to Washington D.C. Inquire with Kristen if interested. Applications are being accepted for all future flights.

LIVE A DREAM:

Does your loved one have a dream that they want fulfilled just inquire with any Life Enrichment Staff! What would you like us to do for your loved one?

LifeShare

LifeShare is an innovative, easyto-use internet based service that helps keep residents connected and engaged by allowing you to view and send messages, view photos, view today's activities and menus, read news and weather reports, and play games! Each room has this service available. Website is <u>http://</u> <u>www.lifesharetech.com</u> Please inquire with Jon or Kristen.

Did You Know...?

We work closely with several hospice agencies to give the best possible care for your loved one. If you are interested in adding hospice care to your loved one's care, please contact Jenessa in Social Services. Great Lakes Caring, Heartland Hospice and Southern Care, to name a few.

That you can read the monthly newsletter on-line. Please follow the campus link www.theoakshc. com. You can also access the activity calendar from this website as well.

Please follow us on Facebook and Twitter @oaks_npwoods for upto-date pictures and alerts.

The Private Dining Room can be reserved for special occassions, please contact the front office for more information.

Happy Hour is every Friday afternoon at 2:30pm in the lobby and either 3:00pm or 3:30pm in the Legacy. We serve appetizers, beer, wine, and specialty drinks. Entertainment is provided. Limit of 2 drinks per person. Please note that our residents are served before our guests and staff will serve alcoholic beverages.



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> Derrick Redman Executive Director

Kim Montgomery Director of Health Services

Sharita Wade Senior Customer Service Specialist

Jamie Pancost Customer Service Representative

> Kristen Maly, CTRS Life Enrichment Director

> Jason Crim Director of Food Services

Jenessa Miller Social Services Director

Danielle Blowers Human Resources/Payroll

Jym Garman Legacy Neighborhood Director

Stay in the Loop 🛩 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'Holiday Traditions'

a week. It's a great way to celebrate, and a great way to create lasting memories!

Plan a festive movie night. Whether it's *How the Grinch Stole Christmas* or *It's a Wonderful Life,* Christmas movies have the power of making the holidays even more enchanting than they already are. So sit back with a warm cup of coca, relax, and turn on a timeless holiday flick. From making melted-snowman cookies and candy jeweled gingerbread houses to surprise visits from Santa, our campus is sure to be full of merry moments and even merrier people this holiday season. We've loved listening to your stories about your holidays as children, and we're honored to be a part of your holidays as an adult. Merry Christmas from our family to yours!



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