## Shelby Crossing Assisted Living December 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
I 10:00 Inspirational Readings w Laura - AR M 10:40 Spiritual Sing-a-long - AR I:30 Matinee Movie - AR 2:30 Cookies and Cocoa - LR M 3:30 Piano Music - TS	TS  GG 3:30 Group Scattergories - LR	V 10:00 Noodle Ball - AR I 10:45 Hand Massages and Meditation - AR O 1:30 Drive Around Town - O K 2:30 Chess Club with Lance - TS K 6:00 Bingo Night - AR	V 10:00 Sit and Fit exercise - AR A 10:30 Fun with Tender Hearts - AR 12:30 Chef's Circle S 2:00 Wine down Wednesday - SCC M 2:00 Music with Kenny Lang - TS GF 3:30 Christmas Decorating	V 10:00 Sit and Fit Exercise - TS I 10:30 Catholic Communion Service - TS O 2:00 Dollar Tree - O\$ GG 3:30 Card Club - TS K 6:00 Bingo Night - TS	6  K 9:45 Daily Chronicles - AR I 10:00 Communion with Felix - AR K 10:15 Name 10 - AR GC 10:30 Games with Tender Hearts - AR GF 1:00 Inspired Living Committee -AR S 3:00 Happy Hour-SCC	TO:00 Daily Chronicles - AR 10:15 Morning Movements - AR 10:45 Morning Inspirations - AR 1:30 Bingo! - TS A 3:00 Creative Coloring - LR
I 10:00 Inspirational Readings w Laura - AR I 10:40 Spiritual Sing-a-long - AR I 1:30 Matinee Movie - AR 2:30 Cookies and Cocoa - LR I 3:30 Piano Music - TS	9  K 10:00 Morning Brain Busters - TS  M 10:30 Music Therapy with Dr. Butler - TS  S 2:00 Hot Cocoa Social - TS  M 2:00 Lloyd on the Accordion - TS  A 3:30 Ornament Painting - AR	V 10:00 Noodle Ball - AR S 10:45 Residents' Council - AR O 1:30 Drive Around Town - O Chess Club with Lance - TS L 6:00 Was It Designed? - TS	V 10:00 Sit and Fit exercise - AR A 10:30 Fun with Tender Hearts - AR 12:30 Chef's Circle S 2:00 Wine down Wednesday - SCC K 3:30 Smarty Pants - LR	V 10:00 Chair Dancing - AR 10:30 LRC Dice Game - AR 1:00 Out to a Movie - O 3:30 Word Puzzles - TS K 6:00 Bingo Night - TS	13  K 9:45 Daily Chronicles - AR 1 10:00 Communion with Felix - AR K 10:15 Name 10 - AR GC 10:30 Games with Tender Hearts - AR GF 1:00 Matinee Movie - TS S 3:00 Happy Hour-SCC M 3:00 Music with Paul Krass -	10:00 Daily Chronicles - AR 10:15 Morning Movements - AR 10:45 Morning Inspirations - AR 1:30 Bingo! - TS 3:00 Creative Coloring - LR
I 10:00 Inspirational Readings w Laura - AR M 10:40 Spiritual Sing-a-long - AR S 11:00 Sunday Brunch - DR GF 1:30 Cookies with Santa - SCC M 2:00 Macomb Community Band Christmas Concert - TS		V 10:00 Noodle Ball - AR A 10:45 Canvas Painting - AR O 1:30 Drive Around Town - O K 2:30 Chess Club with Lance - TS CC 6:30 Christmas Concert - TS	V 10:00 Sit and Fit exercise - AR A 10:30 Fun with Tender Hearts - AR 12:30 Chef's Circle S 1:30 Wine down Wednesday - SCC M 1:30 Music with Jim Herrmann K 3:30 Smarty Pants - LR	V 10:00 Chair Dancing - AR K 10:30 LRC Dice Game - AR GF 12:00 Panera Bread Carry Out - AR GC 3:30 Rummikub - TS K 6:00 Bingo Night - TS	20  K 9:45 Daily Chronicles - TS I 10:00 Catholic Communion Service - TS GC 10:30 Games with Tender Hearts - AR CC 1:00 Christmas Cookie Decorating - TS S 3:00 Happy Hour-SCC M 3:00 Mike on the Accordion -	Winter Begins  K 10:00 Daily Chronicles - AR 10:15 Morning Movements - AR 10:45 Morning Inspirations - AR 1:30 Bingo! - TS A 3:00 Creative Coloring - LR
1 10:00 Inspirational Readings w Laura - AR M 10:40 Spiritual Sing-a-long - AR GF 1:30 Matinee Movie - AR 2:30 Cookies and Cocoa - LR M 3:30 Piano Music - TS	CC 10:00 Exercise with Nencho-AR  10:45 Music Trivia - AR  2:00 Hot Cocoa Social - TS  2:00 Lloyd on the Accordion - TS  GC 3:30 Group Scattergories - LR	Christmas Eve  V 10:00 Noodle Ball - AR 1 10:45 Hand Massages and Meditation - AR  2:00 Christmas Music - TS Chess Club with Lance - TS  K 3:30 Christmas Crossword - LR	Christmas Day  K 10:30 Daily Chronicles - AR 11:00 Christmas Ornament Decorating - AR  M 1:30 Christmas Music Trivia - SCC GF 2:00 Christmas Movie - AR GC 3:00 Christmas Coloring & Puzzles - LR/TS	<ul> <li>Kwanzaa Begins</li> <li>10:00 Chair Dancing - AR</li> <li>10:30 LRC Dice Game - AR</li> <li>2:00 Drive Around Town - O</li> <li>3:30 Card Club - TS</li> <li>6:00 Bingo Night - TS</li> </ul>	K 9:45 Daily Chronicles - AR I 10:00 Communion with Felix - AR K 10:15 Name 10 - AR GC 10:30 Games with Tender Hearts - AR S 3:00 Happy Hour-SCC M 3:00 Music with Kristin - TS	X 10:00 Daily Chronicles - AR 10:15 Morning Movements -AR 10:45 Morning Inspirations - AR 1:30 Bingo! - TS A 3:00 Creative Coloring - LR
I 10:00 Inspirational Readings w Laura - AR M 10:40 Spiritual Sing-a-long - AR GF 1:30 Matinee Movie - AR 2:30 Cookies and Cocoa - LR M 3:30 Piano Music - TS	CC 10:00 Exercise with Nencho-AR M 10:45 Music Trivia - AR S 2:00 Hot Cocoa Social - TS M 2:00 Lloyd on the Accordion -	New Year's Eve  V 10:00 Noodle Ball - AR 10:45 New Year Canvas Painting - AR  1:30 Drive Around Town - O 2:30 Chess Club with Lance - TS  GF 3:00 Ringing in the New Year - TS				

## Shelby Crossing Health Campus A December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
I 10:00 Inspirational Readings w Laura - AR M 10:40 Spiritual Sing-a-long - AR M 11:15 Sensory Group 1:00 Hospitality Cart GF 1:30 Matinee Movie - AR M 3:30 Piano Music - TS	CC 10:00 Exercise with Nencho-AR M 10:45 Music Trivia - AR MM 11:15 Sensory Group 1:00 Hospitality Cart S 2:00 Hot Cocoa Social - TS M 2:00 Lloyd on the Accordion - TS GC 3:30 Group Scattergories - LR	V 10:00 Noodle Ball - AR MM 11:15 Sensory Group 1:00 Hospitality Cart 1:30 Drive Around Town - O Chess Club with Lance - TS		V 10:00 Sit and Fit Exercise - TS I 10:30 Catholic Communion Service - TS MM 11:15 Sensory Group 1:00 Hospitality Cart O 2:00 Dollar Tree - O\$ GC 3:30 Card Club - TS K 6:00 Bingo Night - TS	6  K 9:45 Daily Chronicles - AR I 10:00 Communion with Felix - AR K 10:15 Name 10 - AR GG 10:30 Games with Tender Hearts - AR I1:15 Sensory Group GF 1:00 Inspired Living Committee -AR	7  K 10:00 Daily Chronicles - AR 10:15 Morning Movements - AR 10:45 Morning Inspirations - AR 11:15 Sensory Group 1:30 Bingo! - TS A 3:00 Creative Coloring - TS
I 10:00 Inspirational Readings w Laura - AR M 10:40 Spiritual Sing-a-long - AR M 11:15 Sensory Group 1:00 Hospitality Cart GF 1:30 Matinee Movie - AR M 3:30 Piano Music - TS	MM 11:15 Sensory Group 1:00 Hospitality Cart	10  V 10:00 Noodle Ball - AR  MM 11:15 Sensory Group 1:00 Hospitality Cart 1:30 Drive Around Town - O 2:30 Chess Club with Lance - TS  L 6:00 Was It Designed? - TS	11  V 10:00 Sit and Fit exercise - AR A 10:30 Fun with Tender Hearts - AR MN 11:15 Sensory Group S 1:00 Resident' Council - Sunroom S 2:00 Wine down Wednesday - SCC K 3:30 Smarty Pants - LR	V 10:00 Chair Dancing - AR K 10:30 LRC Dice Game - AR MN 11:15 Sensory Group 1:00 Hospitality Cart 1:00 Out to a Movie - O GC 3:30 Word Puzzles - TS K 6:00 Bingo Night - TS	MV 9:45 Daily Chronicles - AR I 10:00 Communion with Felix - AR K 10:15 Name 10 - AR GG 10:30 Games with Tender Hearts - AR MV 11:15 Sensory Group GF 1:00 Matinee Movie - TS S 3:00 Happy Hour-SCC	14  K 10:00 Daily Chronicles - AR 10:15 Morning Movements -AR 10:45 Morning Inspirations - AR MN 11:15 Sensory Group GG 1:30 Bingo! - TS A 3:00 Creative Coloring - TS
I 10:00 Inspirational Readings w Laura - AR M 10:40 Spiritual Sing-a-long - AR S 11:00 Sunday Brunch - DR MN 11:15 Sensory Group 1:00 Hospitality Cart GF 1:30 Cookies with Santa - SCC M 2:00 Macomb Community	CC 10:00 Exercise with Nencho-AR M 10:45 Music Trivia - AR MW 11:15 Sensory Group 1:00 Hospitality Cart S 2:00 Hot Cocoa Social - TS M 2:00 Lloyd on the Accordion - TS GC 3:30 Group Scattergories - LR	V 10:00 Noodle Ball - AR A 10:45 Canvas Painting - AR MM 11:15 Sensory Group 1:00 Hospitality Cart 1:30 Drive Around Town - O 2:30 Chess Club with Lance - TS CC 6:30 Christmas Concert - TS	18  V 10:00 Sit and Fit exercise - AR A 10:30 Fun with Tender Hearts - AR MN 11:15 Sensory Group S 1:30 Wine down Wednesday - SCC M 1:30 Music with Jim Herrmann K 3:30 Smarty Pants - LR	V 10:00 Chair Dancing - AR K 10:30 LRC Dice Game - AR MN 11:15 Sensory Group GF 12:00 Panera Bread Carry Out - AR 1:00 Hospitality Cart 3:30 Rummikub - TS K 6:00 Bingo Night - TS	20  K 9:45 Daily Chronicles - TS I 10:00 Catholic Communion Service - TS GG 10:30 Games with Tender Hearts - AR MN 11:15 Sensory Group CC 1:00 Christmas Cookie Decorating - TS S 3:00 Happy Hour-SCC	Winter Begins  K 10:00 Daily Chronicles - AR V 10:15 Morning Movements - AR I 10:45 Morning Inspirations - AR MM 11:15 Sensory Group GG 1:30 Bingo! - TS A 3:00 Creative Coloring - TS
Hanukkah Begins  1 10:00 Inspirational Readings w Laura - AR  10:40 Spiritual Sing-a-long - AR  11:15 Sensory Group 1:00 Hospitality Cart 1:30 Matinee Movie - AR  3:30 Piano Music - TS	CC 10:00 Exercise with Nencho-AR M 10:45 Music Trivia - AR MN 11:15 Sensory Group 1:00 Hospitality Cart S 2:00 Hot Cocoa Social - TS M 2:00 Lloyd on the Accordion - TS GC 3:30 Group Scattergories - LR	V 10:00 Noodle Ball - AR 1 10:45 Hand Massages and Meditation - AR MM 11:15 Sensory Group 1:00 Hospitality Cart GF 2:00 Hot Cocoa Social - TS 1 2:30 Chess Club with Lance - TS 3:30 Christmas Crossword -	Christmas Day  K 10:30 Daily Chronicles - AR A 11:00 Christmas Ornament Decorating - AR MN 11:15 Sensory Group M 1:30 Christmas Music Trivia - SCC GF 2:00 Christmas Movie - AR GG 3:00 Christmas Coloring & Puzzles - LR/TS	V 10:00 Chair Dancing - AR K 10:30 LRC Dice Game - AR MN 11:15 Sensory Group 1:00 Hospitality Cart 2:00 Drive Around Town - O GG 3:30 Card Club - TS K 6:00 Bingo Night - TS	27  K 9:45 Daily Chronicles - AR I 10:00 Communion with Felix - AR K 10:15 Name 10 - AR GG 10:30 Games with Tender Hearts - AR MN 11:15 Sensory Group S 3:00 Happy Hour-SCC M 3:00 Music with Kristin - TS	10:00 Daily Chronicles - AR 10:15 Morning Movements - AR 10:45 Morning Inspirations - AR 11:15 Sensory Group 1:30 Bingo! - TS A 3:00 Creative Coloring - TS
I 10:00 Inspirational Readings w Laura - AR  10:40 Spiritual Sing-a-long - AR  11:15 Sensory Group 1:00 Hospitality Cart  1:30 Matinee Movie - AR 3:30 Piano Music - TS	CC 10:00 Exercise with Nencho-AR M 10:45 Music Trivia - AR MM 11:15 Sensory Group 1:00 Hospitality Cart S 2:00 Hot Cocoa Social - TS M 2:00 Lloyd on the Accordion - TS GC 3:30 Group Scattergories - LR	New Year's Eve  V 10:00 Noodle Ball - AR A 10:45 New Year Canvas Painting - AR  MM 11:15 Sensory Group 1:00 Hospitality Cart 1:30 Drive Around Town - O 2:30 Chess Club with Lance - TS  GF 3:00 Ringing in the New Year -				

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bowling Create a Caption Gingerbread Muffins Relax & Recharge Aromatic Orange Potpourri Glee Club Image Snap Healthy Hands Old Time Theater	#ReindeerPrance Dreidel Game M SingFIT White Chocolate Candy Cane Truffles Relax & Recharge Christmas Sponge Wreath Holiday Choir Horseshoes	What a Wonderful World Chair Yoga K Best Friends Forever! C Creamed Ham Dip I Mass Service Relax & Recharge M Music with Leonard Dow T oot Your Flute G Roll the Die & Break the Ice	V Chair Swimming K Christmas Myths, Quotes and Jokes CC Fun with Tender Hearts M SingFIT CC Warm Apple Cranberry Dessert Relax & Recharge A Glitter Pinecones M Pass The Beat	V Christmas Scarf Dance K Reverse Hangman O Scenic Drive C Slow Cooker Gingerbread Pudding Cake Relax & Recharge A Gold Star Craft M Feel The Heartbeat G Gingerbread House Game	V Snowman Pass K Word Poem M SingFIT C Crockpot Chili Relax & Recharge GF Christmas Decorating A Holiday Card Puzzle M December Happy Hour GG Pin the Tail on Bessie	<ul> <li>Mindfulness Matters</li> <li>Turn Over</li> <li>Orange Peel Cranberry Spice Cakes         Relax &amp; Recharge</li> <li>Homemade Holiday Cards</li> <li>Saturday Jazz</li> <li>Life on the Farm         Healthy Hands</li> </ul>
Bowling Create a Caption Peppermint Fudge Brownies Relax & Recharge Mason Jar Lid Wreath Glee Club Image Snap Healthy Hands Nighttime Traditions	#ReindeerPrance   Dreidel Game   M SingFIT   CranberryFest Salad Relax & Recharge   A Nutty Christmas Gift Tag   Holiday Choir   Horseshoes Healthy Hands	V What a Wonderful World Chair Yoga K Best Friends Forever! C Pistachio Bread Relax & Recharge A Winter Collage M Toot Your Flute GC Roll the Die & Break the Ice Healthy Hands	V Chair Swimming Christmas Myths, Quotes and Jokes CC Fun with Tender Hearts SingFIT CC Slow Cooker Mac n Cheese Relax & Recharge A Puzzle Piece Snowflakes M Pass The Beat	V Christmas Scarf Dance Reverse Hangman Scenic Drive Healthy Ambrosia Salad Relax & Recharge Ribbon Tree Ornament Feel The Heartbeat Gingerbread House Game Healthy Hands	V Snowman Pass K Word Poem M SingFIT C Butter Mints O Lunch Outing - O Relax & Recharge A 12 Days of Christmas: Pear Ornament M Music with Kristin	V Mindfulness Matters K Turn Over C Microwave Peanut Brittle Relax & Recharge A 12 Days of Christmas: Two Tur Doves M Saturday Jazz GG Life on the Farm Healthy Hands
Bowling Create a Caption The Grinch Cake Mix Cookies Sunday Brunch - DR Sandy on the Violin Relax & Recharge 12 Days of Christmas: Faith, Hope, and Love Glee Club	#ReindeerPrance Dreidel Game M SingFIT Sugar-free Eggnog Relax & Recharge 12 Days of Christmas: Chalkboard Christmas Ornament Holiday Choir Horseshoes	V What a Wonderful World Chair Yoga K Best Friends Forever! CC Molasses Ginger Bars I Mass Service Relax & Recharge M Sandy on the Violin T oot Your Flute GC Roll the Die & Break the Ice		V Christmas Scarf Dance Reverse Hangman Scenic Drive Maine Corn Chowder Relax & Recharge A 12 Days of Christmas: Seven Swans A Swimming Feel The Heartbeat Gingerbread House Game	V Snowman Pass K Word Poem M SingFIT C Cocoa Dip Relax & Recharge A 12 Days of Christmas: Eight Maids A Milking M Music with Steve Elmore December Happy Hour	V Mindfulness Matters K Turn Over C Holiday Brownie Trees Relax & Recharge A 12 Days of Christmas: Nine Lac Dancing M Saturday Jazz GC Life on the Farm Healthy Hands
Hanukkah Begins  Bowling Create a Caption Cranberry Delight Salad Relax & Recharge 12 Days of Christmas: Ten Lords A Leaping Glee Club Image Snap Healthy Hands	W #ReindeerPrance Dreidel Game M SingFIT Gingerbread Brownies Relax & Recharge A 12 Days of Christmas: Eleven Pipers Piping M Holiday Choir GG Horseshoes	<ul> <li>Christ mas Eve</li> <li>What a Wonderful World Chair Yoga</li> <li>Best Friends Forever!</li> <li>Buttery Eggnog Cookies Relax &amp; Recharge</li> <li>12 Days of Christmas: Twelve Drummers Drumming</li> <li>Toot Your Flute</li> <li>Roll the Die &amp; Break the Ice</li> </ul>	Christ mas Day  Chair Swimming Christmas Day CC Fun with Tender Hearts SingFIT M Music Therapy with Dr. Butler CC Slow Cooker Peppermint Hot Chocolate Relax & Recharge A Holiday Memories Personal	Christmas Scarf Dance Reverse Hangman Scenic Drive Chunky Monkey Frozen Yogurt Bites Relax & Recharge A Snowfall Painting M Feel The Heartbeat GG Gingerbread House Game	V Snowman Pass K Word Poem M SingFIT C Grandma's Fruitcake Cookies Uunch Outing - O Relax & Recharge A Snowflake Decorations M December Happy Hour Legacy Family Council	V Mindfulness Matters Turn Over Chicken Taco Soup Relax & Recharge A Creative Storytelling: Winter Reminiscing M Saturday Jazz GG Life on the Farm Healthy Hands
Bowling Create a Caption Layered Butterscotch Dessert Relax & Recharge Frosted Pinecone Trees Glee Club Image Snap Healthy Hands Old Time Theater	#ReindeerPrance K Dreidel Game M SingFIT CC Bacon Oatmeal Raisin Cookies Relax & Recharge M Music with Kenny Lang A Mason Jar Snowglobe Holiday Choir GC Horseshoes	<ul> <li>New Year's Eve</li> <li>What a Wonderful World Chair Yoga</li> <li>Best Friends Forever!</li> <li>No Bake Strawberry Champagne Cheesecake Relax &amp; Recharge</li> <li>New Year's Resolution Art Toot Your Flute</li> <li>Roll the Die &amp; Break the Ice</li> </ul>				