



SHELBY CROSSING

HEALTH CAMPUS

A Trilogy Senior Living Community

Connection

December 2019



Keeping Holiday Traditions Alive

'Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. If you're looking for ways to celebrate the giving season with your loved one from the comfort of our campus, here are a few activities that are sure to put you in the holiday spirit!

Create a holiday book. Create a festive scrapbook filled with memories of Christmas' past, and invite your friends and family to participate!

Light up the room. Fill your suite with decorations and ornaments to transform your living space into the North Pole.

Make holiday cards. Sending cards to friends and family members can bring an extra loving touch to the holidays for those that you care about. With the assistance of our *Artisans* program, we'd be happy to help you make one!

Play Santa Claus. Do you need to get some last minute shopping done? Trust us - you're not alone. Browse through a magazine or shop

online to find that perfect gift for your loved one.

Make a Christmas tree perfect. Join your fellow community members in the fun of decorating the campus Christmas trees!

Sing carols. Buddy the Elf said it best – "The best way to spread Christmas cheer is singing loud for all to hear." If you're feeling the need to sing your favorite Christmas Carol this holiday, ask our Life Enrichment Director about our *Music to My Ears* program, where musical activities happen three times

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Happy Birthday!

December 11	Delta H.
December 19	Donald G.
December 23	Mary F.
December 23	George Z.
December 24	Josephine F.
December 25	Alkiste T.

Entertainment

12/04: Kenny Lang at 2:00pm

12/06: Jest Us at 3:00pm

12/13: Paul Krass at 3:00pm

12/15: Macomb Community Band at 2:00pm

12/18: Jim Herrmann at 1:30pm

12/20: Mike C. at 3:00pm

12/25: Chet at 2:00pm

12/27: Kristin at 2:00pm

Legacy Activities

12/03: Catholic Mass at 11:00am

12/03: Leonard Dow at 2:00pm

12/06: Paul Demick at 6:00pm

12/10: Catholic Mass at 11:00am

12/10: Sing-a-long with Carlene at 2:00pm

12/13: Kristin at 2:00pm

12/15: Sandy at 11:00am

12/17: Sandy at 2:00pm

12/18: Jim Herrmann at 3:00pm

12/27: Steve Elmore at 3:00pm

12/30: Kenny Lang at 2:00pm

Executive Director Corner

Welcome to December!

It's officially the most wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual *Hope for the Holidays* campaign, which supports our local charities throughout the holiday season. This year, we're working with our sister campuses to achieve

our companywide goal of raising \$750,000 for those less fortunate. If you or a loved one would like to make a donation, be sure to visit The Trilogy Foundation's website at <https://thetrilogyfoundation.org/donations>.

As 2019 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From our "Party in the USA" Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. It's truly been a pleasure.

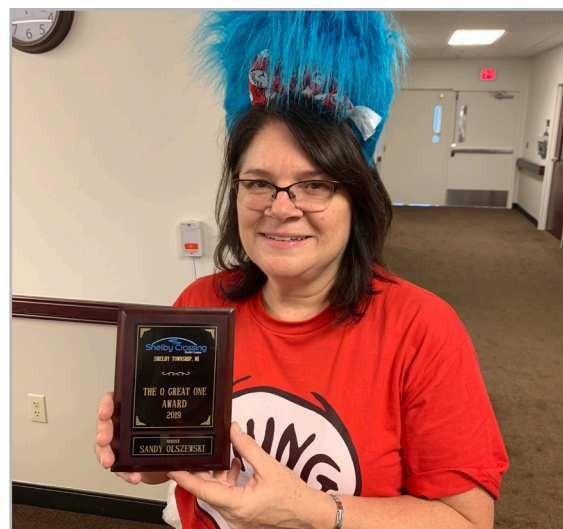
I hope that you have a great Christmas and an unforgettable New Year. The next time I write, we'll be starting a new decade – and I can't wait to experience it with all of you.

Yours in Service,

Karen Monday
Executive Director

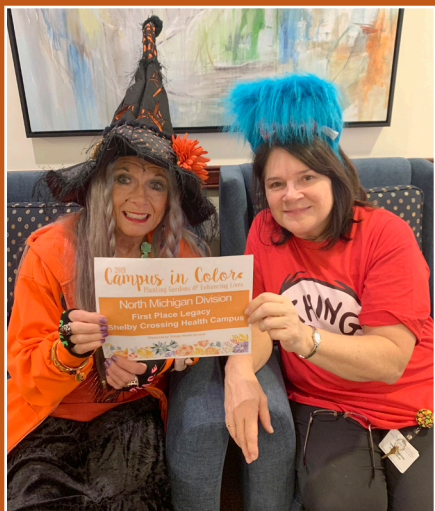
Staff Spotlight

Congratulations to Sandy Olszewski for being Employee of the Month. Sandy works full time in our Legacy Building as a Life Enrichment Associate. She is always going above and beyond to serve our Residents and bring them joy. Thanks for all you do, Sandy. You deserve it!



Campus in Color

Congratulations to our Legacy staff for winning first place in Northern Michigan for their beautiful garden! What an accomplishment ladies!



Life Enrichment

Thank you to everyone who joined us for our Nashville Theme Dinner and also came to trick-or-treat with our Residents. It was a busy end to October but we had a great time. Here are some highlights!



Sunday Brunch

Sunday Brunch will be held on December 15th at 11:00 AM. If you will be joining your loved one with a large group of guests, please contact the Dietary department to reserve a table. We will take room reservations up until the Tuesday before brunch. Just a reminder – each resident is able to have two complimentary guests in addition to themselves. Any additional visitors will be charged \$10.00 per adult in advance and \$12.00 day of and \$5.00 for children ages 7-12. Payments for brunch can be made in cash or check or charged to the resident's room by being in contact with the business office. This standard is pertinent to Assisted Living, Health Campus, and Legacy residents.

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link at shelbycrossinghc.com

Happy Hour is weekly at 3:00pm. We serve beer, wine, and a drink of the week, along with light snacks. Please see the activity calendar to note whether or not there will be entertainment.

Each week, we go on an off-the-bus outing on Tuesdays and a drive-around-town outing on Thursdays. Please see the activity calendar or talk to the Life Enrichment Department for more information.

We hold a weekly ice cream social from 2:00-3:00pm in TownSquare. Please see the activity calendar to note whether or not there will be entertainment.

Live a Dream

"I've always wanted to..." Don't we all have wishes we wish we would have pursued? The Trilogy Foundation grants funds to help residents achieve their dreams! What is your dream? Do you have a friend or loved one who has a wish? In the past, we've granted dreams to ride a hot air balloon, to attend a favorite sports game, to travel out of state to visit a brand new grandchild, and more! Please see your Life Enrichment Team for details!



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HEALTH CAMPUS

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Karen Monday
Executive Director

Marcus Badia
Administrator in Training

Leah Klauss
Director of Health Services

Katie Chisholm
Assistant Director of Health Services

Kathryn Leonhard
Legacy Neighborhood Director

Amanda Schwark
Life Enrichment Director

Chris Solomon
Director of Plant Operations

Patrick Ridgell
Director of Environmental Services

Laicee Laforet
Director of Social Work

Coral Karpinski
Director of Food Services

Colleen Balla
Therapy Director

Kelly Mattox
Business Office Manager

Stay in the Loop [t](#) [f](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Holiday Traditions'

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a week. It's a great way to celebrate,
and a great way to create lasting
memories!

Plan a festive movie night.

Whether it's *How the Grinch
Stole Christmas* or *It's a Wonderful
Life*, Christmas movies have the
power of making the holidays even
more enchanting than they already
are. So sit back with a warm
cup of cocoa, relax, and turn
on a timeless holiday flick.

From making melted-snowman
cookies and candy jeweled
gingerbread houses to surprise visits
from Santa, our campus is sure to
be full of merry moments and even
merrier people this holiday season.
We've loved listening to your stories
about your holidays as children,
and we're honored to be a part of
your holidays as an adult. Merry
Christmas from our family to yours!



Word Search

M	M	D	M	U	K	D	O	V	M	I	J	D	B	A	B	R	I	C
B	C	E	L	F	N	R	F	B	P	K	V	K	Q	E	A	I	H	Z
D	A	K	N	Y	Y	B	Q	Z	C	H	E	G	S	L	L	K	N	N
U	R	O	Y	B	X	D	W	S	E	O	J	Q	V	N	K	A	P	O
V	D	Z	S	O	P	M	L	L	N	L	O	T	C	X	H	D	W	R
M	S	Y	E	M	M	O	W	E	G	I	B	K	J	O	Y	M	S	T
T	A	C	E	K	R	C	E	T	V	D	M	W	I	A	G	K	A	H
H	N	R	E	A	C	R	A	R	J	A	U	Y	N	E	Q	Y	Y	P
L	T	P	C	L	T	H	D	A	E	Y	P	V	L	G	S	S	T	O
L	A	V	T	S	A	O	R	D	Y	M	O	D	M	J	E	H	U	L
B	D	A	V	N	P	I	Q	I	Y	W	X	F	V	I	C	M	E	E
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H	K	J	P	R	I	V	H	I	E	V	G	W	B	J	D	S	K	A
X	L	I	G	H	T	S	O	N	M	V	C	E	X	M	P	Q	O	C

CARDS
CAROLS
CHRISTMAS
COOKIES

ELF
FESTIVE
GRINCH
HOLIDAY

LIGHTS
MOVIES
NORTH POLE
SANTA

SING
SNOWMEN
TRADITIONS
TREE