

December 2019



# **Keeping Holiday Traditions Alive**

#### 'Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. If you're looking for ways to celebrate the giving season with your loved one from the comfort of our campus, here are a few activities that are sure to put you in the holiday spirit!

**Create a holiday book.** Create a festive scrapbook filled with memories of Christmas' past, and invite your friends and family to participate! **Light up the room.** Fill your suite with decorations and ornaments to transform your living space into the North Pole.

Make holiday cards. Sending cards to friends and family members can bring an extra loving touch to the holidays for those that you care about. With the assistance of our *Artisans* program, we'd be happy to help you make one!

**Play Santa Claus.** Do you need to get some last minute shopping done? Trust us - you're not alone. Browse through a magazine or shop online to find that perfect gift for your loved one.

Make a Christmas tree perfect. Join your fellow community members in the fun of decorating the campus Christmas trees!

**Sing carols.** Buddy the Elf said it best – "The best way to spread Christmas cheer is singing loud for all to hear." If you're feeling the need to sing your favorite Christmas Carol this holiday, ask our Life Enrichment Director about our *Music to My Ears* program, where musical activities happen three times

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## Happy Birthday!

#### Health Center

December 06	Sharon F M.
December 07	Louise P.
December 13	Frances O.
December 15	Wanda J T.
December 20	Betty L R.
December 23	Donald E S.

#### Assisted Living

December 01	Jo Anne C.
December 08	Ernestine H.
December 09	Leonard L O.
December 13	Roma Jean T.
December 14	June F R.
December 15	Marilyn S W.
Staff	
December 01	Megan B
December 03	Mary D.

### Holiday Dinners

RiverOaks Assisted Living -December 3, 2019 - 5:00pm

**RiverOaks Health Center-**December 5, 2019 - 5:00pm

The holiday dinner is free of charge for all guests however RSVP' s are required ! Please call the campus at 812-385-0794 or see the Life Enrichment Team.

### Sunday Brunch

**RiverOaks Sunday Brunch is** held on the third Sunday of every month. Please make your family reservations by calling 812-385-0794 or contacting the Life Enrichment Team. The brunch is complimentary for two guests per each resident and additional guests are \$7.00 each. The brunch serves up an array of breakfast and lunch foods, beverages and an assortment of desserts by our dining services team! For more information about the brunch contact Dawn Rabold, Dining Services Manager or Dawn Green, Life Enrichment Director.

Executive Director Corner

#### Welcome to December!

It's officially the most wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much iov to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual Hope for the Holidays campaign, which supports our local charities throughout the holiday season. This year, we're working with our sister campuses to achieve

our companywide goal of raising \$750,000 for those less fortunate. If you or a loved one would like to make a donation, be sure to visit The Trilogy Foundation's website at https://thetrilogyfoundation. org/donations.

As 2019 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From our "Party in the **USA**" Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. It's truly been a pleasure.

I hope that you have a great Christmas and an unforgettable New Year. The next time I write, we'll be starting a new decade – and I can't wait to experience it with all of you.

Yours in service. Theresa (Adams

Interim Executive Director

## Halloween Highlights







# More from Halloween Highlights



# LIVE A DREAM

The residents at RiverOaks went to a Broadway Musical in November! "The Color Purple "was an adventure that several of the RiverOaks residents stated they had always wanted to experience but never had the opportunity! Six residents enjoyed the night out in Evansville at the live performance at the Old National Bank Events Plaza. It is never too late to live your dreams here with RiverOaks Health Campus! For more information on Live A Dream, please visit Dawn Green in the Life Enrichment.



RiverOaks does Broadway! These residents went to see the Broadway musical- The Color Purple!

### Themed Dinner

Boot Scootin Boogie Theme Dinner was exciting as we traveled to Nashville, Tennessee to listen to some country music and dressed in our favorite western looks! 2020 Theme Weeks will be something to look forward to remembering some classic movies!

- February 20- Willa Wonka & the Chocolate Factory
- May 21- The Adventures of Robin Hood
- August 20- Alice In Wonderland
- October 22- Mystery on the Orient Express

#### Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus Link at Trilogyhs.com

The Private Dining Rooms or Activity Room can be reserved for special events, Birthday parties or clubs or organizations. Please reserve a room with Dawn Green, Life Enrichment or Dawn Green.

Happy Hour is weekly at 3:00pm on the Assisted Living. Plan to attend one of the Friday events for live music and appetizers and beverages. Guests are welcomed.

The Trilogy Foundation grants Live A Dream- Honor Flight for our Veterans! Honor Flights mission is to provide veterans with the opportunity to visit Washington, D.C. to experience the memorials dedicated to their service. Live A Dream has partnered with Honor Flight to provide the guardians of each Trilogy veteran this experiences at NO COST to them! Please see Dawn Green, LED or Tina Barnes, CSR for further information on Honor Flight.



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Theresa Adams Interim Executive Director Melissa Gilmore Director of Health Services

Mark McFarland Assistant Director of Health Services

> Gregg Henager Assisted Living Manager

Tina Barnes Community Service Representative

> Pam Cox Business Office Manager Dawn Green

Life Enrichment Director Kelly Stevens Director of Resident Services

Steve Peters Director of Plant Operations Dawn Rabold Director of Food Service

Christy Creamer Customer Satisfaction Specialist Jennifer Smitha

Therapy Program Director Mark McFarland

Weekend Supervisor

#### Stay in the Loop 🛩 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogybs.com

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### 'Holiday Traditions'

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a week. It's a great way to celebrate, and a great way to create lasting memories!

Plan a festive movie night. Whether it's *How the Grinch Stole Christmas* or *It's a Wonderful Life,* Christmas movies have the power of making the holidays even more enchanting than they already are. So sit back with a warm cup of coca, relax, and turn on a timeless holiday flick. From making melted-snowman cookies and candy jeweled gingerbread houses to surprise visits from Santa, our campus is sure to be full of merry moments and even merrier people this holiday season. We've loved listening to your stories about your holidays as children, and we're honored to be a part of your holidays as an adult. Merry Christmas from our family to yours!



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