



RIVER POINTE

HEALTH CAMPUS

A Trilogy Senior Living Community

News

December 2019



Keeping Holiday Traditions Alive

‘Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. If you’re looking for ways to celebrate the giving season with your loved one from the comfort of our campus, here are a few activities that are sure to put you in the holiday spirit!

Create a holiday book. Create a festive scrapbook filled with memories of Christmas’ past, and invite your friends and family to participate!

Light up the room. Fill your suite with decorations and ornaments to transform your living space into the North Pole.

Make holiday cards. Sending cards to friends and family members can bring an extra loving touch to the holidays for those that you care about. With the assistance of our *Artisans* program, we’d be happy to help you make one!

Play Santa Claus. Do you need to get some last minute shopping done? Trust us - you’re not alone. Browse through a magazine or shop

online to find that perfect gift for your loved one.

Make a Christmas tree perfect. Join your fellow community members in the fun of decorating the campus Christmas trees!

Sing carols. Buddy the Elf said it best – “The best way to spread Christmas cheer is singing loud for all to hear.” If you’re feeling the need to sing your favorite Christmas Carol this holiday, ask our Life Enrichment Director about our *Music to My Ears* program, where musical activities happen three times

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Happy Birthday!

Residents

December 03	Jonell S.
December 05	Joan G.
December 08	Edith H.
December 10	Minnie R.
December 24	Mary P.
December 25	Patricia T.
December 26	Alma N.
December 26	Lloyd C.

Staff

December 04	Robin D.
December 06	Sammy T.
December 09	Chequitta B.
December 09	Katie H.
December 11	Simone B.
December 17	Adam S.
December 23	Barbara A.
December 27	Marcie M.

Days to Remember

December 2
National Mutt Day

December 7
National Pearl Harbor
Remembrance Day

December 8
River Pointe Family Brunch

December 19
Cookies with Santa

December 21
Winter Solstice

December 25
Christmas Day

December 31
New Year's Eve



Executive Director Corner

Welcome to December!

It's officially the most

wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual *Hope for the Holidays* campaign, which supports our local charities throughout the holiday season. This year, we're working with

our sister campuses to achieve our companywide goal of raising \$750,000 for those less fortunate. If you or a loved one would like to make a donation, be sure to visit The Trilogy Foundation's website at <https://thetrilogyfoundation.org/donations>.

As 2019 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From our "Party in the USA" Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. It's truly been a pleasure.

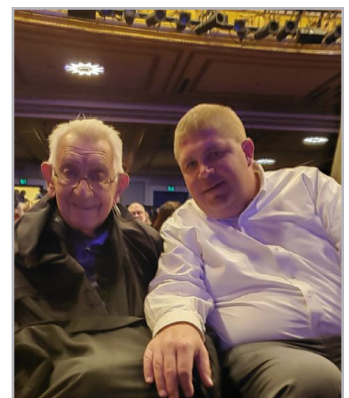
I hope that you have a great Christmas and an unforgettable New Year. The next time I write, we'll be starting a new decade – and I can't wait to experience it with all of you.

Yours in Service,

Adam Strickland
Executive Director

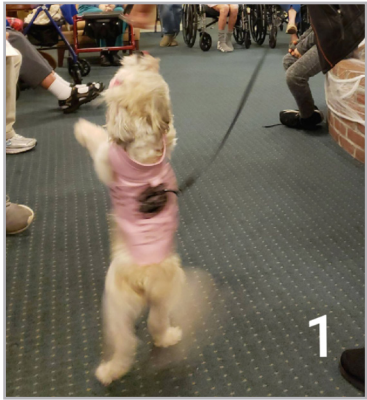
Smile of the Month

Through our Live a Dream program, Ed S. enjoyed Tony Bennett live in concert with his grandson at the Victory Theatre!



4TH ANNUAL DOG SHOW

It was a tail-waggin' time at River Pointe's 4th Annual Dog Show! The lobby was filled with everyone reveling in the cuteness of these adorable furballs! Trophy winners are as follows: Lucy (1) won "Best Trick," Pixie (2) won "Best Dressed," Fluffy (3) won "Best Look-a-Like," and Sir Alvey (4) won "Resident Choice!" Big thanks to everyone for making this night doggone fun!



1



2



3



4

Halloween Bash & Costume Contest

Another great year of laughter, costumes, and fun at our Halloween Bash with live music by Seitz & Sounds!



Congrats to Kim & Darlene on winning the Halloween Costume Contest!



For Halloween, Redeana dressed up like our ED, Adam!



Handing out treats to the Garden Day School trick or treaters!



◀ *Trick or Treaters from the Garden Day School came to visit!*



Havin' a Boot Scootin' Boogie time at our Nashville Theme Dinner!

Nashville: Boot Scootin' Boogie Theme Week

To finish our Party in the USA theme for 2019, we brought the feel of Nashville to River Pointe for a Boot Scootin' Boogie time! Residents had a tin can shootout, made bracelets with bandanas, learned about Nashville history, made Cowboy Caviar, and listened to lots of good ol' country music throughout the week. Yeehaw!



Bringing the Boot Scootin' Boogie feel of Nashville to River Pointe!



Making Cowboy Caviar for our Nashville - Boot Scootin' Boogie Theme Week!



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Camelia Seger
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Robin Arnold
Community Service Representative

Megan Kraft
Director of Dietary Services

Steve Talbert
Director of Plant Operations

Katie Houghland
Environmental Service Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Holiday Traditions'

...continued from cover

a week. It's a great way to celebrate,
and a great way to create lasting
memories!

Plan a festive movie night.

Whether it's *How the Grinch
Stole Christmas* or *It's a Wonderful
Life*, Christmas movies have the
power of making the holidays even
more enchanting than they already
are. So sit back with a warm
cup of cocoa, relax, and turn
on a timeless holiday flick.

From making melted-snowman
cookies and candy jeweled
gingerbread houses to surprise visits
from Santa, our campus is sure to
be full of merry moments and even
merrier people this holiday season.
We've loved listening to your stories
about your holidays as children,
and we're honored to be a part of
your holidays as an adult. Merry
Christmas from our family to yours!



Word Search

M	M	D	M	U	K	D	O	V	M	I	J	D	B	A	B	R	I	C
B	C	E	L	F	N	R	F	B	P	K	V	K	Q	E	A	I	H	Z
D	A	K	N	Y	Y	B	Q	Z	C	H	E	G	S	L	L	K	N	N
U	R	O	Y	B	X	D	W	S	E	O	J	Q	V	N	K	A	P	O
V	D	Z	S	O	P	M	L	L	N	L	O	T	C	X	H	D	W	R
M	S	Y	E	M	M	O	W	E	G	I	B	K	J	O	Y	M	S	T
T	A	C	E	K	R	C	E	T	V	D	M	W	I	A	G	K	A	H
H	N	R	E	A	C	R	A	R	J	A	U	Y	N	E	Q	Y	Y	P
L	T	P	C	L	T	H	D	A	E	Y	P	V	L	G	S	S	T	O
L	A	V	T	S	A	O	R	D	Y	M	O	D	M	J	E	H	U	L
B	D	A	V	N	P	I	Q	I	Y	W	X	F	V	I	C	M	E	E
T	N	A	P	O	T	G	W	T	S	Z	Q	P	V	N	U	S	C	B
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C	E	F	B	B	F	P	V	T	I	J	Q	C	Z	S	B	B	R	G
H	K	J	P	R	I	V	H	I	E	V	G	W	B	J	D	S	K	A
X	L	I	G	H	T	S	O	N	M	V	C	E	X	M	P	Q	O	C

CARDS
CAROLS
CHRISTMAS
COOKIES

ELF
FESTIVE
GRINCH
HOLIDAY

LIGHTS
MOVIES
NORTH POLE
SANTA

SING
SNOWMEN
TRADITIONS
TREE