



PARK TERRACE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

Times

December 2019



## Keeping Holiday Traditions Alive

‘Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. If you’re looking for ways to celebrate the giving season with your loved one from the comfort of our campus, here are a few activities that are sure to put you in the holiday spirit!

**Create a holiday book.** Create a festive scrapbook filled with memories of Christmas’ past, and invite your friends and family to participate!

**Light up the room.** Fill your suite with decorations and ornaments to transform your living space into the North Pole.

**Make holiday cards.** Sending cards to friends and family members can bring an extra loving touch to the holidays for those that you care about. With the assistance of our *Artisans* program, we’d be happy to help you make one!

**Play Santa Claus.** Do you need to get some last minute shopping done? Trust us - you’re not alone. Browse through a magazine or shop

online to find that perfect gift for your loved one.

**Make a Christmas tree perfect.** Join your fellow community members in the fun of decorating the campus Christmas trees!

**Sing carols.** Buddy the Elf said it best – “The best way to spread Christmas cheer is singing loud for all to hear.” If you’re feeling the need to sing your favorite Christmas Carol this holiday, ask our Life Enrichment Director about our *Music to My Ears* program, where musical activities happen three times

*...continued on back page*

# Happy Birthday!

## Residents

Joann K.	December 02
Grace M.	December 03
Regina J.	December 12
Aileen H.	December 22
Bettye K.	December 28

## Staff

Patsy C.	December 31
----------	-------------

## Special Holiday Event

Join us December 4th for our Family Holiday Celebration Dinner. We will have pictures with Santa and musical entertainment! 5:00 – 6:30 in the 1st floor Café.

## Living Arts

Our residents enjoy exercising their creativity through our exciting Artisan's programming that includes a variety of media! Our door is always open, so feel free to come visit and participate in our life enriching programming!

## Volunteer News

Park Terrace is always looking for volunteers! We are happy to welcome family members, friends and the community to volunteer your time and talents with our residents. Not only do our residents benefit, but our volunteers find they do as well! Please contact our Life Enrichment Director Susan English Crider for further details and ideas for volunteer opportunities.



## Executive Director Corner

Welcome to December!

It's officially the most

wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual *Hope for the Holidays* campaign, which supports our local charities throughout the holiday season. This year, we're working with

our sister campuses to achieve our companywide goal of raising \$750,000 for those less fortunate. If you or a loved one would like to make a donation, be sure to visit The Trilogy Foundation's website at <https://thetrilogyfoundation.org/donations>.

As 2019 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From our "Party in the USA" Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. It's truly been a pleasure.

I hope that you have a great Christmas and an unforgettable New Year. The next time I write, we'll be starting a new decade – and I can't wait to experience it with all of you.

Yours in service,

*Kevin Foote*

Executive Director

## Happy Hour

Happy Hour is weekly on Fridays from 3:00 to 4:00 in our 1st floor cafeteria. Please come join us for this fantastic community event. Finger foods and mixed drinks are served. We feature live entertainment every week and Elvis is in the building every month. We put the Happy in Happy Hour! Music enriches our resident's lives. Marilyn sure made the residents and families extra happy!!





# FAMILY NIGHT CELEBRATION

We love to celebrate here at Park Terrace!

We absolutely had a ball at our BOO Bash. We couldn't tell who had more fun the residents or the kids.



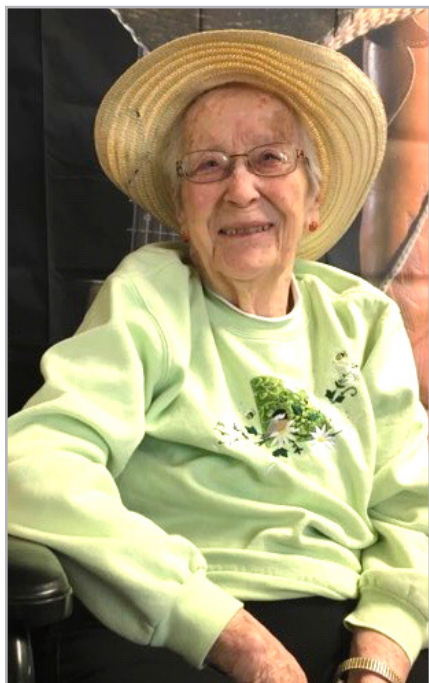
## BFF Program

A big part of our BFF program is getting to know our residents' Life Stories and what a great way to share and celebrate it with everyone!



## Themed Dinner

Our Nashville Boot Scootin Boogie rounded out the year of our wonderful Theme Dinners. We celebrated all week with delicious food, great music and fun activities.



## Sunday Brunch

We always look forward to mingling with our residents and their families and friends during our Sunday Brunch December 22nd from 11:00 to 1:00. Each resident can invite up to 2 guests free of charge. Additional tickets may be purchased for \$10 from the business office.

If you anticipate bringing a large group, reservations are accepted up to three days in advance. As Chef Paul is always serving up delicious home-cooked recipes, make sure to come hungry!





## PARK TERRACE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

9700 Stonestreet Road

Louisville, KY 40272

502-995-6600

parkterracehc.com |  

*Kevin Foote*

*Executive Director*

*Crystal Combs*

*Director of Health Services*

*Jordan O'Connell*

*Director of Social Services*

*Josh Smith*

*Maintenance Director*

*Shirley Manner*

*Environmental Services Director*

*Julie McGillvary*

*Therapy Program Director*

*Allison Haley*

*Business Office Manager*

*Paul Burckle*

*Dietary Food Services Director*

*Kathy Umfleet*

*HR & AP*

*Susan English Crider*

*Life Enrichment Director*

*Heather Richey*

*Legacy Lane Coordinator*

### Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# 'Holiday Traditions'

*...continued from cover*

a week. It's a great way to celebrate,  
and a great way to create lasting  
memories!

### Plan a festive movie night.

Whether it's *How the Grinch  
Stole Christmas* or *It's a Wonderful  
Life*, Christmas movies have the  
power of making the holidays even  
more enchanting than they already  
are. So sit back with a warm  
cup of cocoa, relax, and turn  
on a timeless holiday flick.

From making melted-snowman  
cookies and candy jeweled  
gingerbread houses to surprise visits  
from Santa, our campus is sure to  
be full of merry moments and even  
merrier people this holiday season.  
We've loved listening to your stories  
about your holidays as children,  
and we're honored to be a part of  
your holidays as an adult. Merry  
Christmas from our family to yours!



## Word Search

M	M	D	M	U	K	D	O	V	M	I	J	D	B	A	B	R	I	C
B	C	E	L	F	N	R	F	B	P	K	V	K	Q	E	A	I	H	Z
D	A	K	N	Y	Y	B	Q	Z	C	H	E	G	S	L	L	K	N	N
U	R	O	Y	B	X	D	W	S	E	O	J	Q	V	N	K	A	P	O
V	D	Z	S	O	P	M	L	L	N	L	O	T	C	X	H	D	W	R
M	S	Y	E	M	M	O	W	E	G	I	B	K	J	O	Y	M	S	T
T	A	C	E	K	R	C	E	T	V	D	M	W	I	A	G	K	A	H
H	N	R	E	A	C	R	A	R	J	A	U	Y	N	E	Q	Y	Y	P
L	T	P	C	L	T	H	D	A	E	Y	P	V	L	G	S	S	T	O
L	A	V	T	S	A	O	R	D	Y	M	O	D	M	J	E	H	U	L
B	D	A	V	N	P	I	Q	I	Y	W	X	F	V	I	C	M	E	E
T	N	A	P	O	T	G	W	T	S	Z	Q	P	V	N	U	S	C	B
J	N	A	E	W	Q	U	D	I	N	T	J	O	I	E	Z	E	M	S
Z	Z	K	I	M	D	B	O	O	Q	Y	M	R	J	R	N	G	G	S
E	J	I	X	E	Y	S	L	N	W	T	G	A	R	P	W	N	P	F
T	A	M	P	N	S	M	A	S	D	U	F	E	S	T	I	V	E	C
C	E	F	B	B	F	P	V	T	I	J	Q	C	Z	S	B	B	R	G
H	K	J	P	R	I	V	H	I	E	V	G	W	B	J	D	S	K	A
X	L	I	G	H	T	S	O	N	M	V	C	E	X	M	P	Q	O	C

CARDS  
CAROLS  
CHRISTMAS  
COOKIES

ELF  
FESTIVE  
GRINCH  
HOLIDAY

LIGHTS  
MOVIES  
NORTH POLE  
SANTA

SING  
SNOWMEN  
TRADITIONS  
TREE