The Willows at Tif	fin *	De	cem	ber	2019	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
I 10:30 Sunday Worship 1:00 Explore the Oculus K 2:00 Sunday News	9:00 Morning Stretch K 10:30 Trivia Hour 1:00 Out and About	3 K 10:30 What Year Was It GG 2:00 Bingo M 3:00 Bongo Time 6:00 Learn Spanish	 9:00 Morning Stretch 10:00 Catholic Communion 2:00 Just the Guys 3:00 Learn The Handhells 	M 10:30 Name that Tune S 2:00 Chef's Circle CC 3:00 Bookmarks For The	9:00 Morning Stretch 1 10:30 Gratitude Journalism 1:30 Snowflakes 3:00 Happy Hour	7 9:00 Morning Stretch 0 10:15 Kiwanis Christmas Parade 1:00 Trivia Time

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
I 10:30 Sunday Worship 1:00 Explore the Oculus X 2:00 Sunday News	9:00 Morning Stretch K 10:30 Trivia Hour O 1:00 Out and About A 3:30 Lets Make a Snowman	X 10:30 What Year Was It CC 2:00 Bingo M 3:00 Bongo Time C 6:00 Learn Spanish	9:00 Morning Stretch 1 10:00 Catholic Communion 2:00 Just the Guys M 3:00 Learn The Handbells	M 10:30 Name that Tune S 2:00 Chef's Circle CC 3:00 Bookmarks For The Library	9:00 Morning Stretch 1 10:30 Gratitude Journalism A 1:30 Snowflakes S 3:00 Happy Hour	7 V 9:00 Morning Stretch O 10:15 Kiwanis Christmas Parade K 1:00 Trivia Time 2:00 Coffee Hour
10:30 Explore the Oculus 2:00 Old Trinity Episcopal Church 2:00 Sunday News	9 9:00 Morning Stretch 10:30 Learn The Facts 0 1:00 Out and About A 3:30 Reindeer Rock It	10 K 10:30 Tell Me 'Bout The Good Ole' Days CC 2:00 Christmas Chex Mix 3:00 Learn A Tune 6:00 Learn Spanish	11 V 9:00 Morning Stretch 1 10:00 Catholic Communion S 2:00 Inspired Living Committee M 3:00 Bongo Time 6:30 Wine Down Wednesday	12 10:30 Healthy Living 1:00 Yoga Chuck 3:00 Bingo CC 3:00 Bookmarks For The Library	9:00 Morning Stretch 1 10:30 Meditation A 1:30 Artisans M 2:30 Karaoke S 3:00 Happy Hour	9:00 Morning Stretch K 10:30 Over-sized Crossword 2:00 Coffee Hour GG 3:00 Uno
K 10:00 Sunday News S 11:00 Sunday Brunch I 2:00 Salvation Army GF 3:00 Coffee Chats	9:00 Morning Stretch 10:30 Spelling Bee 1:00 Out and About A 3:30 Knitting Circle	K 10:30 Sudoku C:00 Bingo 3:00 Christmas With The Handbells L 6:00 Learn Spanish	9:00 Morning Stretch 10:00 Catholic Communion 2:00 Just the Guys 3:00 SingFlt 6:30 Wine Down Wednesday	S 10:00 Chef's Circle 10:30 Healthy Living V 1:00 Yoga Chuck CC 3:00 Bookmarks For The Library O 6:00 Upper's Winter Fantasy of Lights	9:00 Morning Stretch 1 10:30 Chair Yoga A 1:30 Paint A Santa M 2:30 Karaoke S 3:00 Happy Hour	21 Winter Begins V 9:00 Morning Stretch K 10:30 On This Day 2:00 Coffee Hour

		6:00 Learn Spanish	6:30 Wine Down Wednesday	6:00 Upper's Winter Fantasy of Lights	S 3:00 Happy Hour	
22 Hanukkah Begins	23	24 Christmas Eve	25 Christmas Day	26 Kwanzaa Begins	27	28
I 10:30 Sunday Worship K 2:00 Sunday News GF 3:00 Cards Hour	9:00 Mornign Stretch 10:30 Puzzled? 1:00 Out and About 3:30 Knitting Circle	K 10:30 Wordsearch K 2:00 Bingo M 3:00 SingFit 6:00 Learn Spanish	9:00 Morning Stretch 10:00 Catholic Communion 1:00 Resident Council 3:00 Christmas With The Handbells 6:30 Wine Down Wednesday	10:30 Healthy Living 12:00 Taste of Town 1:00 Yoga Chuck CC 3:00 Community Connections 0 6:00 Upper's Winter Fantasy of Lights	9:00 Morning Stretch 10:30 Gratitude Journalism 1:30 Artisans M 2:30 Mark"The Trombone"Guy S 3:00 Happy Hour	9:00 Morning Stretch 10:30 Trivia Hour 2:00 Coffee Hour

K 10:00 Sunday News S 11:00 Sunday Brunch I 2:00 Salvation Army GF 3:00 Coffee Chats	9:00 Morning Stretch 10:30 Spelling Bee 1:00 Out and About 3:30 Knitting Circle	17 K 10:30 Sudoku GG 2:00 Bingo M 3:00 Christmas With The Handbells L 6:00 Learn Spanish	9:00 Morning Stretch 10:00 Catholic Communion 2:00 Just the Guys 3:00 SingFlt 6:30 Wine Down Wednesday	S 10:00 Chef's Circle 10:30 Healthy Living V 1:00 Yoga Chuck CC 3:00 Bookmarks For The Library O 6:00 Upper's Winter Fantasy of Lights	9:00 Morning Stretch 10:30 Chair Yoga A 1:30 Paint A Santa M 2:30 Karaoke S 3:00 Happy Hour	9:00 Morning Stretch K 10:30 On This Day 2:00 Coffee Hour
Hanukkah Begi 10:30 Sunday Worship 2:00 Sunday News GF 3:00 Cards Hour		Christmas Eve K 10:30 Wordsearch K 2:00 Bingo M 3:00 SingFit C 6:00 Learn Spanish	25 Christ mas Day V 9:00 Morning Stretch 1 10:00 Catholic Communion S 1:00 Resident Council M 3:00 Christmas With The Handbells 6:30 Wine Down Wednesday	26 Kwanzaa Begins 10:30 Healthy Living 12:00 Taste of Town 1:00 Yoga Chuck CC 3:00 Community Connections O 6:00 Upper's Winter Fantasy of Lights	9:00 Morning Stretch 10:30 Gratitude Journalism 1:30 Artisans 2:30 Mark"The Trombone"Guy 3:00 Happy Hour	V 9:00 Morning Stretch K 10:30 Trivia Hour 2:00 Coffee Hour
1 10:30 Sunday Worship 2:00 Sunday News 3:00 Scrabble	9:00 Morning Stretch 10:30 Trivia Hour 1:00 Out and About 3:30 Knitting Circle	New Year's Eve K 10:30 Share Your Story 2:00 Bingo 3:00 SingFit 6:00 Learn Spanish 6:00 Learn Spanish	Activities are subject to change. Changes will be posted to LifeShare.	First Day of Winter-21st Christmas Eve- 24th Christmas Day-25th	Happy Holidays!	A - Artisans CC - Community Connections C - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About

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December 2019

		MAC				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Sunday Worship 11:30 Healthy Hands 1:00 Explore the Oculus 2:00 Sunday News 4:30 Healthy Hands	X 10:30 Spelling Bee 11:30 Healthy Hands A 3:30 Lets Make a Snowman 4:30 Healthy Hands	9:00 Morning Stretch K 10:30 What Year Was It 11:30 Healthy Hands GG 2:00 Bingo M 3:30 SingFit 4:30 Healthy Hands L 6:00 Learn Spanish	I 10:00 Catholic Communion O 10:30 Out and About 11:30 Healthy Hands S 2:00 Just the Guys M 3:00 Bongo Circle 4:30 Healthy Hands	9:00 Morning Stretch 10:30 Name that Tune 11:30 Healthy Hands 2:00 Chef's Circle 3:00 Bookmark Making 4:30 Healthy Hands	I 10:30 Meditation Circle 11:30 Healthy Hands A 1:30 Snowflakes S 3:00 Happy Hour 4:30 Healthy Hands	9:00 Morning Stretch 10:15 Kiwanis Christmas Parade 11:30 Healthy Hands 3:00 The Price is Right 4:30 Healthy Hands
11:30 Healthy Hands 2:00 Old Trinity Episcopal Church Church Sunday News 4:30 Healthy Hands	M 10:30 Learn The Facts 11:30 Healthy Hands A 3:30 Reindeer Rock It 4:30 Healthy Hands	9:00 Morning Stretch 10:30 Tell Me 'Bout The Good Ole' Days 11:30 Healthy Hands 2:00 Christmas Chex Mix 3:00 SingFit 4:30 Healthy Hands L 6:00 Learn Spanish	11 1 10:00 Catholic Communion 10:30 Out and About 11:30 Healthy Hands S 2:00 Inspired Living Committee 4:30 Healthy Hands M 6:00 Karoke Night	9:00 Morning Stretch 9:45 Mindful Moments 11:30 Healthy Hands V 1:00 Yoga Chuck GC 2:00 Bingo CC 3:00 Bookmarks for the Library 4:30 Healthy Hands	MV 9:45 Mindful Moments I 10:30 Gratitude Journalism 11:30 Healthy Hands A 1:30 Artisans M 2:30 Karaoke S 3:00 Happy Hour 4:30 Healthy Hands	9:00 Morning Stretch 9:45 Mindful Moments 10:30 Trivia Hour 11:30 Healthy Hands 3:00 Uno 4:30 Healthy Hands
11:00 Sunday Brunch 11:30 Healthy Hands 2:00 Salvation Army 3:00 Sunday News 4:30 Healthy Hands	16 K 10:30 Fill In The Blank 11:30 Healthy Hands A 3:30 Knitting Circle 4:30 Healthy Hands	9:00 Morning Stretch GC 10:00 Bingo 11:30 Healthy Hands K 2:00 Poetry Circle M 3:00 Sing Fit 4:30 Healthy Hands L 6:00 Learn Spanish	10:00 Catholic Communion 10:15 Out and About 11:30 Healthy Hands JG M 3:00 Christmas Jingles 4:30 Healthy Hands	19 V 9:00 Morning Stretch S 10:00 Chef's Circle 11:30 Healthy Hands V 1:00 Yoga Chuck CC 3:00 Bookmark Making 4:30 Healthy Hands O 6:00 Upper's Winter Fantasy of Lights	I 10:30 Meditation Circle 11:30 Healthy Hands A 1:30 Artisans M 2:30 Karaoke Time! S 3:00 Happy Hour 4:30 Healthy Hands	9:00 Morning Stretch 10:30 Crossword Puzzles 11:30 Healthy Hands GF 3:00 Cards Hour 4:30 Healthy Hands
1 10:30 Sunday Worship 11:30 Healthy Hands K 2:00 Sunday News 4:30 Healthy Hands	K 10:30 Coffee Chats 11:30 Healthy Hands A 3:30 Knitting Circle 4:30 Healthy Hands	24 Christmas Eve 9:00 Morning Stretch 10:30 Trivia Time 11:30 Healthy Hands 2:00 Bingo M 3:00 SingFit 4:30 Healthy Hands 1 6:00 Learn Spanish	Christmas Day 1 10:00 Catholic Communion 10:30 Out and About 11:30 Healthy Hands S 2:00 Resident Council M 3:00 Christmas On The Handbells 4:30 Healthy Hands	26 Kwanzaa Begins V 9:00 Morning Stretch MN 9:45 Mindful Moments 11:30 Healthy Hands S 12:00 Taste of Town V 1:00 Yoga Chuck CC 3:00 Bookmark Making 4:30 Healthy Hands O 6:00 Upper's Winter Fantasy of Lights	I 10:30 Inspired Journaling 11:30 Healthy Hands A 1:30 Artisans M 2:30 Mark"The Trombone"Guy S 3:00 Happy Hour 4:30 Healthy Hands	9:00 Morning Stretch 10:30 Keeping it Sharp 11:30 Healthy Hands 3:00 Scrabble 4:30 Healthy Hands
1 10:30 Sunday Worship 11:30 Healthy Hands K 2:00 Sunday News 4:30 Healthy Hands	9:45 Mindful Moments 10:30 What Comes Next? 11:30 Healthy Hands A 3:30 Knitting Circle 4:30 Healthy Hands	New Year's Eve 9:00 Morning Stretch 10:30 Sudoku 11:30 Healthy Hands 2:00 Bingo 3:00 SingFit 4:30 Healthy Hands 6:00 Learn Spanish 6:00 Learn Spanish	Activities are subject to change. Changes will be posted to LifeShare.	First Day of Winter-21st Christmas Eve- 24th Christmas Day-25th	Happy Holidays!	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears

The Willov	ws at Ti	ffin
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December 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4	5	6	7
9:00 Bowling 9:30 Create a Caption 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Sunflower Painting 3:30 Celebrity Sunday 4:00 Image Snap 6:00 Old Time Theater 7:00 Nighttime Traditions	9:00 #BurnBeforeTheBird 9:30 Football Frenzy! 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Gourd-geous Craft 2:00 Labor Day Cards 3:30 Musical Moments 4:00 Horseshoes 6:00 Animal Album	9:00 Cowboy Boogie 9:30 Best Friends Forever! 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Pressed Flowers 3:30 Toot Your Flute 4:00 Roll the Die & Break the Ice 6:00 Hangman 7:00 Nighttime Traditions	9:00 Chair Swimming 9:30 Autumn Spelling Words 10:00 Catholic Communion 10:45 Creative Cooking 12:45 Relax & Recharge 3:30 Pass The Beat 4:00 Lollipop Paddle 6:00 Garden Scentscape 7:00 Nighttime Traditions	9:00 Turkey Trot 9:30 Glorious Verbs! 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Newspaper Art 3:30 Feel The Heartbeat 4:00 Turkey Toss 6:00 Time for Cowboy Tea! 7:00 Nighttime Traditions	9:00 Cornucopia Pass 9:30 October Word Poem 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Watercolor Silhouettes 3:30 October Happy Hour 4:00 Pin the Tail on Bessie 6:00 LifeShare Games 7:00 Nighttime Traditions	9:00 Minfulness Matters 9:30 Turn Over 10:15 Kiwanis Christmas Parade 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Grandparent's Day Family Tree 3:30 Saturday Jazz 4:00 Life on the Farm
The rughtance readings	9	10	11	12	13	14
9:00 Bowling 9:30 Create a Caption 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Slime Experiment 3:30 Celebrity Sunday 4:00 Image Snap 6:00 Old Time Theater 7:00 Nighttime Traditions	9:00 #BurnBeforeTheBird 9:30 Football Frenzy! 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Foam Fortune Cookies 3:30 Musical Moments 4:00 Horseshoes 6:00 Animal Album 7:00 Nighttime Traditions	9:00 Cowboy Boogie 9:30 Best Friends Forever! 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Feather Paint 3:30 Toot Your Flute 4:00 Roll the Die & Break the Ice 6:00 Hangman 7:00 Nighttime Traditions	9:00 Chair Swimming 9:30 Autumn Spelling Words 10:00 Catholic Communion 10:45 Creative Cooking 12:45 Relax & Recharge 3:30 Pass The Beat 4:00 Lollipop Paddle 6:00 Garden Scentscape 7:00 Nighttime Traditions	9:00 Turkey Trot 9:30 Glorious Verbs! 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Fall Leaf Garland 3:30 Feel The Heartbeat 4:00 Turkey Toss 6:00 Time for Cowboy Tea! 7:00 Nighttime Traditions	9:00 Cornucopia Pass 9:30 October Word Poem 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Nature Bookmarks 3:30 October Happy Hour 4:00 Pin the Tail on Bessie 6:00 LifeShare Games 7:00 Nighttime Traditions	9:00 Minfulness Matters 9:30 Turn Over 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 The Dot Art-Day 1 3:30 Saturday Jazz 4:00 Life on the Farm 6:00 Aquapainting 7:00 Nighttime Traditions
5	16	17	18	19	20	21 Winter Begins
 9:00 Bowling 9:30 Create a Caption 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Salvation Army 2:00 The Dot Art-Day 2 3:30 Celebrity Sunday 4:00 Image Snap 6:00 Old Time Theater 	9:00 #BurnBeforeTheBird 9:30 Football Frenzy! 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Alphabet Collage 3:30 Musical Moments 4:00 Horseshoes 6:00 Animal Album 7:00 Nighttime Traditions	9:00 Cowboy Boogie 9:30 Best Friends Forever! 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 All Things Green Collage 3:30 Toot Your Flute 4:00 Roll the Die & Break the Ice 6:00 Hangman 7:00 Nighttime Traditions	9:00 Chair Swimming 9:30 Autumn Spelling Words 10:00 Catholic Communion 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Tissue Transfer Art 3:30 Pass The Beat 4:00 Lollipop Paddle 6:00 Garden Scentscape	9:00 Turkey Trot 9:30 Glorious Verbs! 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Shaving Cream Marbling 3:30 Feel The Heartbeat 4:00 Turkey Toss 6:00 Time for Cowboy Tea! 7:00 Nighttime Traditions	9:00 Cornucopia Pass 9:30 October Word Poem 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Ball Abstract Art 3:30 October Happy Hour 4:00 Pin the Tail on Bessie 6:00 LifeShare Games 7:00 Nighttime Traditions	9:00 Minfulness Matters 9:30 Turn Over 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Fall Trees Canvas Painting 3:30 Saturday Jazz 4:00 Life on the Farm 6:00 Aquapainting 7:00 Nighttime Traditions
2 Hanukkah Begins	23	24 Christmas Eve	25 Christmas Day	26 Kwanzaa Begins	27	28
 9:00 Bowling 9:30 Create a Caption 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Spice Painting 3:30 Celebrity Sunday 4:00 Image Snap 6:00 Old Time Theater 7:00 Nighttime Traditions 	9:00 #BurnBeforeTheBird 9:30 Football Frenzy! 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Sequin Acorn Magnets 3:30 Musical Moments 4:00 Horseshoes 6:00 Animal Album 7:00 Nighttime Traditions	9:00 Cowboy Boogie 9:30 Best Friends Forever! 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Thanksfulness Collage 3:30 Toot Your Flute 4:00 Roll the Die & Break the Ice 6:00 Hangman 7:00 Nighttime Traditions	9:00 Chair Swimming 9:30 Autumn Spelling Words 10:00 Catholic Communion 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Sensory Spice Painting 3:30 Pass The Beat 4:00 Lollipop Paddle 6:00 Garden Scentscape	9:00 Turkey Trot 9:30 Glorious Verbs! 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Foil Relief Art 3:30 Feel The Heartbeat 4:00 Turkey Toss 6:00 Time for Cowboy Tea! 7:00 Nighttime Traditions	9:00 Cornucopia Pass 9:30 October Word Poem 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Thematic Door Wreath 2:30 Mark"The Trombone"Guy 3:30 October Happy Hour 4:00 Pin the Tail on Bessie 6:00 LifeShare Games	9:00 Minfulness Matters 9:30 Turn Over 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Stained Glass Painting 3:30 Saturday Jazz 4:00 Life on the Farm 6:00 Aquapainting 7:00 Nighttime Traditions
9:00 Bowling 9:30 Create a Caption 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Sensory Texture Collage 3:30 Celebrity Sunday 4:00 Image Snap 6:00 Old Time Theater	9:00 #BurnBeforeTheBird 9:30 Football Frenzy! 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Create a Sensory Book 3:30 Musical Moments 4:00 Horseshoes 6:00 Animal Album	9:00 Cowboy Boogie 9:30 Best Friends Forever! 10:45 Creative Cooking 12:45 Relax & Recharge 2:00 Oil Diffuser Necklace 3:30 Toot Your Flute 4:00 Roll the Die & Break the Ice	Activities are subject to change. Changes will be posted to LifeShare.	First Day of Winter-21st Christmas Eve- 24th Christmas Day-25th	Happy Holidays!	A - Artisans C - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About V - Vitality