



WELLBROOKE
OF CRAWFORDSVILLE

A Trilogy Senior Living Community

News

December 2019



Keeping Holiday Traditions Alive

‘Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. If you’re looking for ways to celebrate the giving season with your loved one from the comfort of our campus, here are a few activities that are sure to put you in the holiday spirit!

Create a holiday book. Create a festive scrapbook filled with memories of Christmas’ past, and invite your friends and family to participate!

Light up the room. Fill your suite with decorations and ornaments to transform your living space into the North Pole.

Make holiday cards. Sending cards to friends and family members can bring an extra loving touch to the holidays for those that you care about. With the assistance of our *Artisans* program, we’d be happy to help you make one!

Play Santa Claus. Do you need to get some last minute shopping done? Trust us - you’re not alone. Browse through a magazine or shop

online to find that perfect gift for your loved one.

Make a Christmas tree perfect. Join your fellow community members in the fun of decorating the campus Christmas trees!

Sing carols. Buddy the Elf said it best – “The best way to spread Christmas cheer is singing loud for all to hear.” If you’re feeling the need to sing your favorite Christmas Carol this holiday, ask our Life Enrichment Director about our *Music to My Ears* program, where musical activities happen three times

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Happy Birthday!

Residents

Paula M.	12/02
Garry R.	12/10
John J.	12/14
Mildred K.	12/14
Dolores R.	12/14
Shirley P.	12/26
Larry R.	12/27

Staff

Charla G.	12/06
Quentin S.	12/07
Nikita S.	12/11
Kaitlin R.	12/19
Sydney P.	12/22
Lonna F.	12/24
Debbie N.	12/26
Brian G.	12/28
Kadie M.	12/30
Mary B.	12/31



Executive Director Corner

Welcome to December!

It's officially the most wonderful

time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual *Hope for the Holidays* campaign, which supports our local charities throughout the holiday season. This

year, we're working with our sister campuses to achieve our companywide goal of raising \$750,000 for those less fortunate. If you or a loved one would like to make a donation, be sure to visit The Trilogy Foundation's website at <https://thetrilogyfoundation.org/donations>.

As 2019 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From our "Party in the USA" Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. It's truly been a pleasure.

I hope that you have a great Christmas and an unforgettable New Year. The next time I write, we'll be starting a new decade – and I can't wait to experience it with all of you.

Yours in Service,
Deana Jones
Executive Director

Upcoming Events

- Assisted Living Resident Council 12/3
- Health Center Resident Council 12/5
- Taste of the Town "Arni's" 12/19
- Calendar planning Meeting 12/11
- Pet Therapy 12/9 AL & 12/10 HC
- Assisted Living Family Christmas Tea & Photos 12/17
- Health Center Family Christmas Tea & Photos 12/19
- Smartsburg Pickers 12/19
- Sunday Brunch 12/22

LifeShare

What is LifeShare and Why Are We Using It? Communication with family, friends, and facility staff is important and critical to your loved one's wellbeing! LifeShare is an innovative service that helps keep residents connected and engaged by allowing them to do all of the following through their TV:

- * View and send emails and text messages
- * View photos and videos
- * View community information, such as activities, announcements, and dining menus
- * Get event notifications on screen or by phone
- * Read news feeds & weather reports
- * Play games and listen to music, podcasts, and faith-based programs

Artisans

There's an artist in each of us, and our Artisans program encourages each resident to find their unique creative outlet. Whether through painting, photography, jewelry making, ceramics or anything else we can possibly think of, artistic expression is strongly encouraged in our campuses, and the results are amazing! It's amazing to see how much this program can bring out the artist in each of our residents.



Sunday Brunch Sunday Brunch will be December 22. PLEASE RSVP your number of guests to the front desk so we can accommodate everyone. Just a friendly reminder that each resident is allotted 2 free guests to dine with them. After the 2nd guest, we do ask that each guest is charged the \$7 dining fee.

QUARTERLY THEME WEEKS

During our quarterly Theme Weeks, our campuses undergo a transformation based on a theme, such as the "New Orleans/Mardi Gras" or "Chicago/Speak Easy." Our dining rooms and common areas are transformed, and our residents are treated to special entertainment and activities surrounding the theme of the week. The week caps off with a Themed Dinner on Thursday and a Happy Hour on Friday! We recently enjoyed a Boot Scootin Boogie good time as we took an imaginary trip to Nashville. Staff and residents alike, dressed in boots, hats and bandanas! We took an outing to Cracker Barrel, made western jewelry, enjoyed some country line dancers and topped it off with an amazing meal!!



Message From Life Enrichment



Welcome to the most wonderful time of the year!!! We have many exciting things going on in activities for the month of December! We are making Christmas crafts, baking cookies, planning trips to see Christmas lights and planning a Christmas tea with families!! We are so blessed, and I want to thank each of you for the opportunity to care for your loved one. As always, I am here to serve. Please continue to share your comments, suggestions and concerns, to assist us in our commitment to compassionate care.

Sheila Hale,

Life Enrichment Director

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link: www.wellbrookeofcrawfordsville.com

The Private Dining Room can be reserved for Birthday Parties, Private family gatherings, or parties at the Front Desk. Please see our Guest Relations, Olivia Horn, for further information

Happy Hour is weekly on Friday's at 3:00 in the pub with Music & appetizers served!!



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Life Enrichment Director

Candy Pattengale
Business Office Manager

Amy Vaught
Community Service Representative

Matthew Roe
Director of Plant Operations

Judy Everly
Environmental Services Director

Danielle Subert
Rehabilitation Program Director

Megan Jones
Business Office Assistant

Melissa Myers
Social Services Director

Robin York
Director of Dining Services

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Holiday Traditions'

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a week. It's a great way to celebrate,
and a great way to create lasting
memories!

Plan a festive movie night.

Whether it's *How the Grinch
Stole Christmas* or *It's a Wonderful
Life*, Christmas movies have the
power of making the holidays even
more enchanting than they already
are. So sit back with a warm
cup of cocoa, relax, and turn
on a timeless holiday flick.

From making melted-snowman
cookies and candy jeweled
gingerbread houses to surprise visits
from Santa, our campus is sure to
be full of merry moments and even
merrier people this holiday season.
We've loved listening to your stories
about your holidays as children,
and we're honored to be a part of
your holidays as an adult. Merry
Christmas from our family to yours!



Word Search

M	M	D	M	U	K	D	O	V	M	I	J	D	B	A	B	R	I	C
B	C	E	L	F	N	R	F	B	P	K	V	K	Q	E	A	I	H	Z
D	A	K	N	Y	Y	B	Q	Z	C	H	E	G	S	L	L	K	N	N
U	R	O	Y	B	X	D	W	S	E	O	J	Q	V	N	K	A	P	O
V	D	Z	S	O	P	M	L	L	N	L	O	T	C	X	H	D	W	R
M	S	Y	E	M	M	O	W	E	G	I	B	K	J	O	Y	M	S	T
T	A	C	E	K	R	C	E	T	V	D	M	W	I	A	G	K	A	H
H	N	R	E	A	C	R	A	R	J	A	U	Y	N	E	Q	Y	Y	P
L	T	P	C	L	T	H	D	A	E	Y	P	V	L	G	S	S	T	O
L	A	V	T	S	A	O	R	D	Y	M	O	D	M	J	E	H	U	L
B	D	A	V	N	P	I	Q	I	Y	W	X	F	V	I	C	M	E	E
T	N	A	P	O	T	G	W	T	S	Z	Q	P	V	N	U	S	C	B
J	N	A	E	W	Q	U	D	I	N	T	J	O	I	E	Z	E	M	S
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C	E	F	B	B	F	P	V	T	I	J	Q	C	Z	S	B	B	R	G
H	K	J	P	R	I	V	H	I	E	V	G	W	B	J	D	S	K	A
X	L	I	G	H	T	S	O	N	M	V	C	E	X	M	P	Q	O	C

CARDS
CAROLS
CHRISTMAS
COOKIES

ELF
FESTIVE
GRINCH
HOLIDAY

LIGHTS
MOVIES
NORTH POLE
SANTA

SING
SNOWMEN
TRADITIONS
TREE