



THE LEGACY
AT LIBERTY RIDGE

A Trilogy Senior Living Community

News

December 2019



Keeping Holiday Traditions Alive

‘Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. However, with family members potentially living further away than we’re used to, upholding these traditions can sometimes become a challenge. For those able to visit our campus, rest assured there are still plenty of ways to celebrate the giving season with your loved one. Here are just a few of the activities that you can enjoy together!

Create a holiday book. Ask your loved one to bring in pictures of past holiday celebrations so that you can create a festive scrapbook together.

Light up the room. Talk to your loved one about bringing decorations and ornaments with them the next time that they visit so that you can transform your suite into the North Pole!

Make holiday cards together. Sending cards to family members can bring an extra loving touch to the holidays of those that you both care about.

Play Santa Claus. Assist your loved one in coming up with gift ideas you for family members! Whether you’re shopping online or browsing through a magazine, they’ll appreciate that you’re there to help. They might even come up with some gift ideas for you!

Trim a tree. Join your loved one in the fun of decorating the campus Christmas trees!

Sing carols. Buddy the Elf said it best – “The best way to spread Christmas cheer is singing loud for all to hear.” Ask your loved one to

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Happy Birthday!

Don K. December 09

Laura M. December 17

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link <https://www.trilogybs.com/senior-living/oh/west-chester/the-legacy-at-liberty-ridge/>
Happy Hour is weekly at 2:30pm on Fridays!
Come join the fun!

Family Night

Residents hosted an ice cream social for all their families. With unique ice cream creations and great company, the night had no short supply of fun.



Executive Director Corner

Welcome to December!

It's officially the most

wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual *Hope for the Holidays* campaign, which supports our local charities throughout the holiday season. This year, we're working with

our sister campuses to achieve our companywide goal of raising \$750,000 for those less fortunate. If you or a loved one would like to make a donation, be sure to visit The Trilogy Foundation's website at <https://thetrilogyfoundation.org/donations>.

As 2019 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From our "Party in the USA" Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. It's truly been a pleasure.

I hope that you have a great Christmas and an unforgettable New Year. The next time I write, we'll be starting a new decade – and I can't wait to experience it with all of you.

Yours in Service,

Bryan Barnes
Executive Director



CREATIVE COOKING

Jane, Mabel and Ryan were busy in the kitchen making muffins for the whole campus.



Smile of the Month

Louise's masterpiece is almost as beautiful as her smile.



Themed Dinner

We had a rootin' tootin' time during our Boot Scootin' Boogie themed dinner.





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A Trilogy Senior Living Community

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Executive Director

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Director of Health Services

Julie Ausman
Business Office Manager

Allison Chatterton
Director of Food Services

Jessica Hester
Life Enrichment Director

Brad Edwards
Director of Plant Operations

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Holiday Traditions'

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bring lyric sheets over the next time that they visit so that you can both sing along to some of your favorite Christmas carols. It's a great way to celebrate, and a great way to create lasting memories!

Plan a festive movie night.

Whether it's *How the Grinch Stole Christmas* or *It's a Wonderful Life*, Christmas movies have the power of making the holidays even more enchanting than they already are. Ask your loved one to bring a flick over that you'll both enjoy.

From making melted-snowman cookies and candy jeweled gingerbread houses to surprise visits from Santa, our campus is sure to be full of merry moments and even merrier people this Christmas. We're confident our residents will especially enjoy this holiday season with the recent launch of our **BFF Program** (Best Friends Forever). With **BFF**, we look forward to reminiscing on years past, as well as creating lasting memories with those that we serve this holiday season. We hope that you can join us along the way!



Word Search

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B	C	E	L	F	N	R	F	B	P	K	V	K	Q	E	A	I	H	Z
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CARDS
CAROLS
CHRISTMAS
COOKIES

ELF
FESTIVE
GRINCH
HOLIDAY

LIGHTS
MOVIES
NORTH POLE
SANTA

SING
SNOWMEN
TRADITIONS
TREE