

Keeping Holiday Traditions Alive

'Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. If you're looking for ways to celebrate the giving season with your loved one from the comfort of our campus, here are a few activities that are sure to put you in the holiday spirit!

Create a holiday book. Create a festive scrapbook filled with memories of Christmas' past, and invite your friends and family to participate!

Light up the room. Fill your suite with decorations and ornaments to transform your living space into the North Pole.

Make holiday cards. Sending cards to friends and family members can bring an extra loving touch to the holidays for those that you care about. With the assistance of our *Artisans* program, we'd be happy to help you make one!

Play Santa Claus. Do you need to get some last minute shopping done? Trust us - you're not alone. Browse through a magazine or shop

online to find that perfect gift for your loved one.

Make a Christmas tree perfect. Join your fellow community members in the fun of decorating the campus Christmas trees!

Sing carols. Buddy the Elf said it best – "The best way to spread Christmas cheer is singing loud for all to hear." If you're feeling the need to sing your favorite Christmas Carol this holiday, ask our Life Enrichment Director about our *Music to My Ears* program, where musical activities happen three times

...continued on back page

Happy Birthday!

Residents

Restuents	
Miriam B.	December 03
Gilbert O.	December 04
Gene C.	December 09
Patricia B.	December 10
Ann K.	December 10
William R.	December 11
Miriam H.	December 13
Ester S.	December 14
Carol B.	December 15
Paul H.	December 21
Sue D.	December 22
Sibyl V.	December 24
Staff	
Angela K.	December 07
Matthew P.	December 07
Monica I.	December 10
Amber S.	December 10
Nadeane M.	December 12
Emily R.	December 15
Cheri R.	December 15
Evan I.	December 16
Trista K.	December 16
Deidra F.	December 17
Mila B.	December 20
Krystal M.	December 23
Melanie H.	December 27
Marcena L.	December 28
Carrie W.	December 30



Executive Director Corner

Welcome to December! It's officially the most wonderful

time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual *Hope for the Holidays* campaign, which supports our local charities throughout the holiday season. This year, we're working with

our sister campuses to achieve our companywide goal of raising \$750,000 for those less fortunate. If you or a loved one would like to make a donation, be sure to visit The Trilogy Foundation's website at https://thetrilogyfoundation.org/donations.

As 2019 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From our "Party in the USA" Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. It's truly been a pleasure.

I hope that you have a great Christmas and an unforgettable New Year. The next time I write, we'll be starting a new decade – and I can't wait to experience it with all of you.

Yours in Service,

Katie Brown

Executive Director

Photo Highlights







More... Photo Highlights









Live a Dream

Randy C. spent Friday evening at Libery Benton High School helping coach the varsity football team to a victory. Thank You Liberty Benton varsity football coaches.

Jean L. is a true animal lover. She spent the afternoon at Howlin Day Inn (doggie day care) playing, loving and feeding treats to over 40 dogs. Thank You Howlin Day Inn.

Sunday Brunch

Brunch will be Sunday December 8th 11:00am-1:00pm at our Health Center and Assisted Living. Please call (419) 424-1808 for reservations.

Family Night

December 2 from 6-8, come join residents and staff in decking the halls at the Heritage. We will be decorating for the holidays, enjoying snacks and listening to live Christmas music.

Did You Know...?

Happy Hour is weekly at 2:00pm at the Assisted Living and 3:00pm at the Health Center with Live Entertainment, Snacks and Adult Beverages.



A Trilogy Senior Living Community

2820 Greenacre Drive Findlay, OH 45840 419-424-1808 theheritagehc.com | ♥ f

> Katie Brown Executive Director Stephanie Makin Director of Nursing

Michelle Maciejewski Director of Resident Services/SS

Sandy Campbell
Customer Service Representative

Jenna Gasser Business Office Manager

Robin Fisher Life Enrichment Director

Dr. Michael Manuel Medical Director

Chandra O'Dell Program Director

Ben Hindall Director of Food Services

Wayne Riegle Legacy Neighborhood Director

Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'Holiday Traditions'

a week. It's a great way to celebrate, and a great way to create lasting memories!

Plan a festive movie night.
Whether it's How the Grinch
Stole Christmas or It's a Wonderful
Life, Christmas movies have the
power of making the holidays even
more enchanting than they already
are. So sit back with a warm
cup of coca, relax, and turn
on a timeless holiday flick.

From making melted-snowman cookies and candy jeweled gingerbread houses to surprise visits from Santa, our campus is sure to be full of merry moments and even merrier people this holiday season. We've loved listening to your stories about your holidays as children, and we're honored to be a part of your holidays as an adult. Merry Christmas from our family to yours!



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CARDS
CAROLS
CHRISTMAS
COOKIES

ELF FESTIVE GRINCH HOLIDAY

LIGHTS MOVIES NORTH POLE SANTA SING SNOWMEN TRADITIONS TREE