



## Keeping Holiday Traditions Alive

‘Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. If you’re looking for ways to celebrate the giving season with your loved one from the comfort of our campus, here are a few activities that are sure to put you in the holiday spirit!

**Create a holiday book.** Create a festive scrapbook filled with memories of Christmas’ past, and invite your friends and family to participate!

**Light up the room.** Fill your suite with decorations and ornaments to transform your living space into the North Pole.

**Make holiday cards.** Sending cards to friends and family members can bring an extra loving touch to the holidays for those that you care about. With the assistance of our *Artisans* program, we’d be happy to help you make one!

**Play Santa Claus.** Do you need to get some last minute shopping done? Trust us - you’re not alone. Browse through a magazine or shop

online to find that perfect gift for your loved one.

**Make a Christmas tree perfect.** Join your fellow community members in the fun of decorating the campus Christmas trees!

**Sing carols.** Buddy the Elf said it best – “The best way to spread Christmas cheer is singing loud for all to hear.” If you’re feeling the need to sing your favorite Christmas Carol this holiday, ask our Life Enrichment Director about our *Music to My Ears* program, where musical activities happen three times

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# Happy Birthday!

## Residents

Kathleen A.	December 14
Kris B.	December 20
Billy G.	December 22
Sam F.	December 26
Caroline L.	December 27
Richard R.	December 28
Susan B.	December 29



## Executive Director Corner

Welcome to December!

It's officially the most

wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual Hope for the Holidays campaign, which supports our local charities throughout the holiday season. This year, we're working with

our sister campuses to achieve our companywide goal of raising \$750,000 for those less fortunate. If you or a loved one would like to make a donation, be sure to visit The Trilogy Foundation's website at <https://thetrilogyfoundation.org/donations>.

As 2019 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From our "Party in the USA" Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. It's truly been a pleasure.

I hope that you have a great Christmas and an unforgettable New Year. The next time I write, we'll be starting a new decade – and I can't wait to experience it with all of you.

Yours in service,

*Zach Krumwied*  
Executive Director

## Honor Flight

Glendon T. Thank you for your service!



## Out and About



Residents enjoyed a perfect day at our local Apple Orchard and Pumpkin Patch! We brought home with us some fresh picked apples and pumpkins!





# Family Night

We had a delicious chili dinner made our head chef this October! Soon after we invited the community to come in for Trick or Treating. A wonderful time was had by all!



## THEME DINNER

We had a boot scootin' good time at our Theme Dinner! Residents enjoyed horse and wagon rides, staff dressed as country music stars, music, and a little dancing by staff!



## Volunteer News

**Greetings from Paddock Springs!**

My name is Kari Wilkinson, and I am the Life Enrichment Director of our campus. I am writing to you because our senior living community is searching for dedicated volunteers who specialize in bringing joy to the lives of others. Our goal is one hour per resident, per month. That is close to 80 hours! Can you help us reach our goal?

**Who are we looking for?**

- Youth Groups
- Men's Bible Study Groups
- Women's Bible Study Groups
- Local Churches
- School groups
- Boy Scout Troops
- Girl Scout Troops
- Individuals looking to make a difference!

**What can you do?**

Donate one hour of your time a month providing a variety of services to enrich the lives of our older adults such as:

- Calling a round of Bingo!
- Painting fingernails for our ladies
- Card Night
- Game Night
- Singing or playing a musical instrument
- Provide a Bible Study
- Provide Worship Services
- ....the list goes on! There is so much that you can do to help.

Thank you for taking the time to read this letter. If you or a loved one would like to volunteer at Paddock Springs, please give me a call at 574-325-5172 so that we can discuss this opportunity further. I look forward to hearing from you!

Yours in Service,

Kari Wilkinson  
Life Enrichment Director





# PADDOCK SPRINGS

*A Trilogy Senior Living Community*

2695 Sheldon Street

Warsaw, IN 46582

574-658-9455

paddocksprings.com |  

*Zach Krumwied*  
Executive Director

*Erica Emley*  
Director of Health Services

*Christine Hanson*  
Assistant Director of Health Services

*Jaclyn Warren*  
Business Office Manager

*Kari Wilkinson*  
Life Enrichment Director

*Keith Denlinger*  
Director of Plant Operations:

*Jessica Degiulio*  
Director of Dining Service

*Sarah Meyer*  
Environmental Service Director

*TBD*  
Medical Records

*Karissa Bowser*  
Guest Relations

*Kaleigh Collins*  
Director of Social Services

*Tom Ross*  
Director of Therapy Services

*Melissa Strickler*  
Human Resources

*Kim Baney*  
Community Service Representative

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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# 'Holiday Traditions'

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a week. It's a great way to celebrate,  
and a great way to create lasting  
memories!

## Plan a festive movie night.

Whether it's *How the Grinch  
Stole Christmas* or *It's a Wonderful  
Life*, Christmas movies have the  
power of making the holidays even  
more enchanting than they already  
are. So sit back with a warm  
cup of cocoa, relax, and turn  
on a timeless holiday flick.

From making melted-snowman  
cookies and candy jeweled  
gingerbread houses to surprise visits  
from Santa, our campus is sure to  
be full of merry moments and even  
merrier people this holiday season.  
We've loved listening to your stories  
about your holidays as children,  
and we're honored to be a part of  
your holidays as an adult. Merry  
Christmas from our family to yours!



## Word Search

M	M	D	M	U	K	D	O	V	M	I	J	D	B	A	B	R	I	C
B	C	E	L	F	N	R	F	B	P	K	V	K	Q	E	A	I	H	Z
D	A	K	N	Y	Y	B	Q	Z	C	H	E	G	S	L	L	K	N	N
U	R	O	Y	B	X	D	W	S	E	O	J	Q	V	N	K	A	P	O
V	D	Z	S	O	P	M	L	L	N	L	O	T	C	X	H	D	W	R
M	S	Y	E	M	M	O	W	E	G	I	B	K	J	O	Y	M	S	T
T	A	C	E	K	R	C	E	T	V	D	M	W	I	A	G	K	A	H
H	N	R	E	A	C	R	A	R	J	A	U	Y	N	E	Q	Y	Y	P
L	T	P	C	L	T	H	D	A	E	Y	P	V	L	G	S	S	T	O
L	A	V	T	S	A	O	R	D	Y	M	O	D	M	J	E	H	U	L
B	D	A	V	N	P	I	Q	I	Y	W	X	F	V	I	C	M	E	E
T	N	A	P	O	T	G	W	T	S	Z	Q	P	V	N	U	S	C	B
J	N	A	E	W	Q	U	D	I	N	T	J	O	I	E	Z	E	M	S
Z	Z	K	I	M	D	B	O	O	Q	Y	M	R	J	R	N	G	G	S
E	J	I	X	E	Y	S	L	N	W	T	G	A	R	P	W	N	P	F
T	A	M	P	N	S	M	A	S	D	U	F	E	S	T	I	V	E	C
C	E	F	B	B	F	P	V	T	I	J	Q	C	Z	S	B	B	R	G
H	K	J	P	R	I	V	H	I	E	V	G	W	B	J	D	S	K	A
X	L	I	G	H	T	S	O	N	M	V	C	E	X	M	P	Q	O	C

CARDS  
CAROLS  
CHRISTMAS  
COOKIES

ELF  
FESTIVE  
GRINCH  
HOLIDAY

LIGHTS  
MOVIES  
NORTH POLE  
SANTA

SING  
SNOWMEN  
TRADITIONS  
TREE