

December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 K 9:30 Daily Chronicles (1) V 10:00 Sit and Stretch (1) M 10:30 Hymn Singing (1) MM 12:00 Healthy Hands (4) (5) G 2:00 Worship Service Milford Chapel (1) I 2:00 Worship Service: Milford Chapel (1) A 3:00 Candy Cane Wreath (1)	2 S 10:30 Resident Council (2) MM 12:00 Healthy Hands (4) (5) L 2:00 Music Therapy with Louanne Parker (1) K 3:00 Coffee and News (2) V 3:30 Stretch and Tone (2)	3 S 10:30 Inspired Living (2) MM 12:00 Healthy Hands (4) (5) S 3:00 Christmas Tree Decorating and Family Night M 3:30 Old Time Records (2)	4 I 10:30 Devotions of the Heart MM 12:00 Healthy Hands (4) (5) S 1:30 Chef's Circle (1) CC 1:30 Pet Therapy (1) K 3:00 Coffee and News (2) K 3:30 Sit and Stretch (2)	5 K 10:30 Scenic Drive MM 12:00 Healthy Hands (4) (5) K 3:00 Coffee and News (2) M 3:30 Music Trivia: Name that Croon! (3) K 5:30 Speed Bingo (1)	6 CC 10:00 Creative Cooking: Tiny Tree Shortbread Cookies (1) MM 12:00 Healthy Hands (4) (5) M 1:30 Fancy Nails and Music (1) (2) CC 2:30 Our Friends from BETTERWAY PRODUCTS and CEDAR	7 A 10:00 Tiny Canvas Painting (1) GF 10:30 Laughter Hour: Funny Animal Videos (1) MM 12:00 Healthy Hands (4) (5) K 2:00 Bingo (1)
8 K 9:30 Daily Chronicles (1) V 10:00 Sit and Stretch (1) M 10:30 Hymn Singing (1) S 11:30 Christmas Brunch MM 12:00 Healthy Hands (4) (5) A 2:00 Jewelry Making (1)	9 I 10:30 Devotions of the Heart MM 12:00 Healthy Hands (4) (5) L 2:00 Levi the Service Dog (1) K 3:00 Coffee and News (2) V 3:30 Stretch and Tone (2)	10 K 10:30 Christmas Bingo! (2) MM 12:00 Healthy Hands (4) (5) O 2:00 Goodwill Senior Day K 3:00 Coffee and News (2) M 3:30 Old Time Records (2) O 5:30 Outing to see Christmas Lights!	11 I 10:30 Devotions of the Heart JG 11:30 Men's Lunch: Pizza and Beer (2) MM 12:00 Healthy Hands (4) (5) GF 2:00 Ice Cream Social (1)(2) K 3:00 Coffee and News (2) K 3:30 Sit and Stretch (2)	12 K 10:30 Scenic Drive MM 12:00 Healthy Hands (4) (5) K 3:00 Coffee and News (2) M 3:30 Music Trivia: Name that Croon! (3) K 5:30 Speed Bingo (1)	13 CC 10:00 Creative Cooking: Spiral Sugar Cookies (1) MM 12:00 Healthy Hands (4) (5) M 1:30 Fancy Nails and Music (1) (2) M 3:00 Happy Hour with Brad Bahler (1)	14 A 10:00 Print Canvas Painting (1) GF 10:30 Laughter Hour: Funny Children Videos (1) MM 12:00 Healthy Hands (4) (5) K 2:00 Bingo (1)
15 K 9:30 Daily Chronicles (1) V 10:00 Sit and Stretch (1) M 10:30 Hymn Singing (1) MM 12:00 Healthy Hands (4) (5) I 2:00 Worship Service Word of Truth (1) I 2:00 Worship Service: Word of Truth (1) A 3:00 Pipe Cleaner Ornaments	16 I 10:30 Devotions of the Heart MM 12:00 Healthy Hands (4) (5) L 2:00 Levi the Service Dog (1) K 3:00 Coffee and News (2) V 3:30 Stretch and Tone (2)	17 K 10:30 Christmas Bingo! (2) O 11:30 Lunch Outing to Bob Evan's MM 12:00 Healthy Hands (4) (5) K 3:00 Coffee and News (2) M 3:30 Old Time Records (2) O 5:30 Outing to see Christmas Lights!	18 I 10:30 Devotions of the Heart MM 12:00 Healthy Hands (4) (5) GF 2:00 Movie and Popcorn (1)(3) K 3:30 Sit and Stretch (2)	19 K 10:30 Scenic Drive MM 12:00 Healthy Hands (4) (5) K 3:00 Coffee and News (2) M 3:30 Music Trivia: Name that Croon! (3) G 4:30 Our Friends from Zimmer-Biomet K 5:30 Speed Bingo (1)	20 CC 10:00 Creative Cooking: Thumb Print Sugar Cookies (1) MM 12:00 Healthy Hands (4) (5) M 2:30 Whoville Happy Hour with Special Mystery Guest (1)	21 Winter Begins A 10:00 Christmas Coloring Pages (1) GF 10:30 Laughter Hour: Funny Animal Videos (1) MM 12:00 Healthy Hands (4) (5) K 2:00 Bingo (1)
22 Hanukkah Begins K 9:30 Daily Chronicles (1) V 10:00 Sit and Stretch (1) M 10:30 Hymn Singing (1) MM 12:00 Healthy Hands (4) (5) G 2:00 Christmas Carolers and Cookies	23 I 10:30 Devotions of the Heart MM 12:00 Healthy Hands (4) (5) L 2:00 Levi the Service Dog (1) K 3:00 Coffee and News (2) V 3:30 Stretch and Tone (2)	24 Christmas Eve K 10:30 Christmas Bingo! (2) MM 12:00 Healthy Hands (4) (5) CC 2:00 Animal Shelter K 3:00 Coffee and News (2) M 3:30 Old Time Records (2) O 5:30 Outing to see Christmas Lights!	25 Christmas Day K 9:30 Christmas Stories (1) I 10:30 Devotions of the Heart MM 12:00 Healthy Hands (4) (5) K 2:00 Christmas Reminisce (1)	26 Kwanzaa Begins K 10:30 Scenic Drive MM 12:00 Healthy Hands (4) (5) K 3:00 Coffee and News (2) M 3:30 Music Trivia: Name that Croon! (3) K 5:30 Speed Bingo (1)	27 CC 10:00 Creative Cooking: Dipped Pretzels (1) MM 12:00 Healthy Hands (4) (5) M 1:30 Fancy Nails and Music (1) (2) M 3:00 Christmas Carole Karaoke Happy Hour (1)	28 A 10:00 Paint by Number (1) GF 10:30 Laughter Hour: Funny Children Videos (1) MM 12:00 Healthy Hands (4) (5) K 2:00 Bingo (1)
29 K 9:30 Daily Chronicles (1) V 10:00 Sit and Stretch (1) M 10:30 Hymn Singing (1) MM 12:00 Healthy Hands (4) (5) A 2:00 Sock Snowman (1)	30 V 10:00 Forever Fit (3) I 10:30 Devotions of the Heart MM 12:00 Healthy Hands (4) (5) L 2:00 Levi the Service Dog (1) K 3:00 Coffee and News (2) V 3:30 Stretch and Tone (2)	31 New Year's Eve K 10:30 Christmas Bingo! (2) MM 12:00 Healthy Hands (4) (5) O 2:00 Dollar Tree K 3:00 Coffee and News (2) M 3:30 Old Time Records (2) GF 6:00 New Year's Eve "Here's Looking at You" (1)	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears	Outings may be cancelled or postponed due to the following weather conditions: 20 degrees or 20 degree wind chill factor or threatening weather conditions. Forecasted heat advisory, heat index or temperature of 94 degrees or above.	No Assisted Living December birthdays.	

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1 K 9:30 Daily Chronicles (1) V 10:00 Sit and Stretch (1) M 10:30 Hymn Singing (1) MM 11:45 Follow Your Nose! (6) MM 12:00 Healthy Hands (4) (5) I 2:00 Worship Service: Milford Chapel (1) A 3:00 Candy Cane Wreath (1)	2 K 9:30 News to You (1) V 10:00 Sittercise (1) I 10:30 Devotions of the Heart (1) MM 11:45 Active Minds: The Tool Shed (6) MM 12:00 Healthy Hands (4) (5) L 2:00 Music Therapy with Louanne Parker (1) K 3:00 Resident Council Meeting	3 GG 10:00 Christmas Bingo! (1) K 11:00 Inspired Living (1) MM 11:45 Active Minds: Days Out (6) MM 12:00 Healthy Hands (4) (5) S 3:00 Christmas Tree Decorating and Family Night	4 K 9:30 News to You (1) V 10:00 Balloon Volleyball (1) I 10:30 Devotions of the Heart (1) MM 11:45 Active Minds: In the Garden (6) MM 12:00 Healthy Hands (4) (5) S 1:30 Chef's Circle (1) CC 1:30 Pet Therapy (1)	5 K 9:30 News to You (1) V 10:00 Parachute Fun! (1) I 10:30 Devotions of the Heart (1) MM 11:45 Bubble Catch (6) MM 12:00 Healthy Hands (4) (5) O 2:00 Scenic Drive K 5:30 Speed Bingo (1)	6 CC 10:00 Creative Cooking: Tiny Tree Shortbread Cookies (1) MM 11:45 Active Minds: Sheep Dog (6) MM 12:00 Healthy Hands (4) (5) M 1:30 Fancy Nails and Music (1) (2) CC 2:30 Our Friends from	7 A 10:00 Tiny Canvas Painting (1) GF 10:30 Laughter Hour: Funny Animal Videos (1) MM 11:45 Active Minds: Curious Cat (6) MM 12:00 Healthy Hands (4) (5) K 2:00 Bingo (1)
8 K 9:30 Daily Chronicles (1) V 10:00 Sit and Stretch (1) M 10:30 Hymn Singing (1) S 11:30 Christmas Brunch MM 11:45 Follow Your Nose! (6) MM 12:00 Healthy Hands (4) (5) A 2:00 Jewelry Making (1)	9 K 9:30 News to You (1) V 10:00 Sittercise (1) I 10:30 Devotions of the Heart (1) MM 11:45 Active Minds: The Tool Shed (6) MM 12:00 Healthy Hands (4) (5) L 2:00 Levi the Service Dog (1)	10 GG 10:00 Christmas Bingo (1) MM 11:45 Active Minds: Days Out (6) MM 12:00 Healthy Hands (4) (5) O 2:00 Goodwill Senior Day O 5:30 Outing to see Christmas Lights!	11 K 9:30 News to You (1) V 10:00 Balloon Volleyball (1) I 10:30 Devotions of the Heart (1) JG 11:30 Men's Lunch: Pizza and Beer (2) MM 11:45 Active Minds: In the Garden (6) MM 12:00 Healthy Hands (4) (5) GF 2:00 Ice Cream Social (1)(2)	12 K 9:30 News to You (1) V 10:00 Parachute Fun! (1) I 10:30 Devotions of the Heart (1) MM 11:45 Bubble Catch (6) MM 12:00 Healthy Hands (4) (5) O 2:00 Scenic Drive K 5:30 Speed Bingo (1)	13 CC 10:00 Creative Cooking: Spiral Sugar Cookies (1) MM 11:45 Active Minds: Sheep Dog (6) MM 12:00 Healthy Hands (4) (5) A 1:30 Adult Coloring (1) M 1:30 Fancy Nails and Music (1) (2) M 3:00 Happy Hour with Brad	14 A 10:00 Print Canvas Painting (1) GF 10:30 Laughter Hour: Funny Children Videos (1) MM 11:45 Active Minds: Curious Cat (6) MM 12:00 Healthy Hands (4) (5) K 2:00 Bingo (1)
15 K 9:30 Daily Chronicles (1) V 10:00 Sit and Stretch (1) M 10:30 Hymn Singing (1) MM 11:45 Follow Your Nose! (6) MM 12:00 Healthy Hands (4) (5) I 2:00 Worship Service: Word of Truth (1) A 3:00 Pipe Cleaner Ornaments (1)	16 K 9:30 News to You (1) V 10:00 Sittercise (1) I 10:30 Devotions of the Heart (1) MM 11:45 Active Minds: The Tool Shed (6) MM 12:00 Healthy Hands (4) (5) L 2:00 Levi the Service Dog (1)	17 GG 10:00 Christmas Bingo (1) O 11:30 Lunch Outing to Bob Evan's MM 11:45 Active Minds: Days Out (6) MM 12:00 Healthy Hands (4) (5) GG 2:00 Resident Choice Games (1) O 5:30 Outing to see Christmas	18 K 9:30 News to You (1) V 10:00 Balloon Volleyball (1) I 10:30 Devotions of the Heart (1) MM 11:45 Active Minds: In the Garden (6) MM 12:00 Healthy Hands (4) (5) GF 2:00 Movie and Popcorn (1)(3)	19 K 9:30 News to You (1) V 10:00 Parachute Fun! (1) I 10:30 Devotions of the Heart (1) MM 11:45 Bubble Catch (6) MM 12:00 Healthy Hands (4) (5) O 2:00 Scenic Drive G 4:30 Our Friends from Zimmer-Biomet K 5:30 Speed Bingo (1)	20 CC 10:00 Creative Cooking: Thumb Print Sugar Cookies (1) MM 11:45 Active Minds: Sheep Dog (6) MM 12:00 Healthy Hands (4) (5) M 2:30 Whoville Happy Hour with Special Mystery Guest (1)	21 Winter Begins A 10:00 Christmas Coloring Pages (1) GF 10:30 Laughter Hour: Funny Animal Videos (1) MM 11:45 Active Minds: Curious Cat (6) MM 12:00 Healthy Hands (4) (5) K 2:00 Bingo (1)
22 Hanukkah Begins K 9:30 Daily Chronicles (1) V 10:00 Sit and Stretch (1) M 10:30 Hymn Singing (1) MM 11:45 Follow Your Nose! (6) MM 12:00 Healthy Hands (4) (5) G 2:00 Christmas Carolers and Cookies	23 K 9:30 News to You (1) V 10:00 Sittercise (1) I 10:30 Devotions of the Heart (1) MM 11:45 Active Minds: The Tool Shed (6) MM 12:00 Healthy Hands (4) (5) L 2:00 Levi the Service Dog (1)	24 Christmas Eve GG 10:00 Bingo (1) MM 11:45 Active Minds: Days Out (6) MM 12:00 Healthy Hands (4) (5) CC 2:00 Animal Shelter O 5:30 Outing to see Christmas Lights!	25 Christmas Day K 9:30 Christmas Stories (1) I 10:30 Devotions of the Heart (1) MM 11:45 Active Minds: In the Garden (6) MM 12:00 Healthy Hands (4) (5) K 2:00 Christmas Reminisce (1)	26 Kwanzaa Begins K 9:30 News to You (1) V 10:00 Parachute Fun! (1) I 10:30 Devotions of the Heart (1) MM 11:45 Bubble Catch (6) MM 12:00 Healthy Hands (4) (5) O 2:00 Scenic Drive K 5:30 Speed Bingo (1)	27 CC 10:00 Creative Cooking: Dipped Pretzels (1) MM 11:45 Active Minds: Sheep Dog (6) MM 12:00 Healthy Hands (4) (5) M 1:30 Fancy Nails and Music (1) (2) M 3:00 Christmas Carole Karaoke Happy Hour (1)	28 A 10:00 Paint by Number (1) GF 10:30 Laughter Hour: Funny Children Videos (1) MM 11:45 Active Minds: Curious Cat (6) MM 12:00 Healthy Hands (4) (5) K 2:00 Bingo (1)
29 K 9:30 Daily Chronicles (1) V 10:00 Sit and Stretch (1) M 10:30 Hymn Singing (1) MM 11:45 Follow Your Nose! (6) MM 12:00 Healthy Hands (4) (5) A 2:00 Sock Snowman (1)	30 K 9:30 News to You (1) V 10:00 Sittercise (1) I 10:30 Devotions of the Heart (1) MM 11:45 Active Minds: The Tool Shed (6) MM 12:00 Healthy Hands (4) (5) L 2:00 Levi the Service Dog (1)	31 New Year's Eve GG 10:00 Bingo (1) MM 11:45 Active Minds: Days Out (6) MM 12:00 Healthy Hands (4) (5) O 2:00 Dollar Tree GF 6:00 New Year's Eve "Here's Looking at You" (1)	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments	12/14 Gerald K. 12/24 Joseph C. 12/29 Amy E. 12/31 Shelley B.	Outings may be cancelled or postponed due to the following weather conditions: 20 degrees or 20 degree wind chill factor or threatening weather conditions. Forecasted heat advisory, heat index or temperature of 94 degrees or above.	

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1 V 9:00 Bowling K 9:30 Create a Caption CC 10:45 Gingerbread Muffins 12:45 Relax & Recharge A 2:00 Aromatic Orange Potpourri M 3:30 Glee Club GG 4:00 Image Snap 4:30 Healthy Hands	2 V 9:00 #ReindeerPrance K 9:30 Dreidel Game CC 10:45 White Chocolate Candy Cane Truffles 12:45 Relax & Recharge A 2:00 Christmas Sponge Wreath M 3:30 Holiday Choir GG 4:00 Horseshoes	3 V 9:00 What a Wonderful World Chair Yoga K 9:30 Best Friends Forever! O 10:30 Scenic Drive CC 10:45 Creamed Ham Dip 12:45 Relax & Recharge A 2:00 Christmas Tree Painting S 3:00 Christmas Tree Decorating and Family	4 V 9:00 Chair Swimming K 9:30 Christmas Myths, Quotes and Jokes CC 10:45 Warm Apple Cranberry Dessert 12:45 Relax & Recharge A 2:00 Glitter Pinecones M 3:30 Pass The Beat GG 4:00 Lollipop Paddle	5 V 9:00 Christmas Scarf Dance K 9:30 Reverse Hangman CC 10:45 Slow Cooker Gingerbread Pudding Cake 12:45 Relax & Recharge A 2:00 Gold Star Craft M 3:30 Feel The Heartbeat GG 4:00 Gingerbread House	6 V 9:00 Snowman Pass K 9:30 Word Poem CC 10:45 Crockpot Chili 12:45 Relax & Recharge A 2:00 Holiday Card Puzzle CC 2:30 Our Friends from BETTERWAY PRODUCTS and CEDAR CREEK division of Forest	7 V 9:00 Mindfulness Matters K 9:30 Turn Over CC 10:45 Orange Peel Cranberry Spice Cakes 12:45 Relax & Recharge A 2:00 Homemade Holiday Cards M 3:30 Saturday Jazz GG 4:00 Life on the Farm
8 V 9:00 Bowling K 9:30 Create a Caption CC 10:45 Peppermint Fudge Brownies 12:45 Relax & Recharge A 2:00 Mason Jar Lid Wreath M 3:30 Glee Club GG 4:00 Image Snap 4:30 Healthy Hands	9 V 9:00 #ReindeerPrance K 9:30 Dreidel Game CC 10:45 CranberryFest Salad 12:45 Relax & Recharge A 2:00 Nutty Christmas Gift Tag M 3:30 Holiday Choir GG 4:00 Horseshoes 4:30 Healthy Hands GF 6:00 Animal Album	10 V 9:00 What a Wonderful World Chair Yoga K 9:30 Best Friends Forever! O 10:30 Scenic Drive CC 10:45 Pistachio Bread 12:45 Relax & Recharge A 2:00 Winter Collage M 3:30 Toot Your Flute GG 4:00 Roll the Die & Break the	11 V 9:00 Chair Swimming K 9:30 Christmas Myths, Quotes and Jokes CC 10:45 Slow Cooker Mac n Cheese 12:45 Relax & Recharge A 2:00 Puzzle Piece Snowflakes M 3:30 Pass The Beat GG 4:00 Lollipop Paddle	12 V 9:00 Christmas Scarf Dance K 9:30 Reverse Hangman CC 10:45 Healthy Ambrosia Salad 12:45 Relax & Recharge A 2:00 Ribbon Tree Ornament M 3:30 Feel The Heartbeat GG 4:00 Gingerbread House Game 4:30 Healthy Hands	13 V 9:00 Snowman Pass K 9:30 Word Poem CC 10:45 Butter Mints 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Pear Ornament M 3:30 December Happy Hour GG 4:00 Pin the Tail on Bessie 4:30 Healthy Hands	14 V 9:00 Mindfulness Matters K 9:30 Turn Over CC 10:45 Microwave Peanut Brittle 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Two Turtle Doves M 3:30 Saturday Jazz GG 4:00 Life on the Farm 4:30 Healthy Hands
15 V 9:00 Bowling K 9:30 Create a Caption CC 10:45 The Grinch Cake Mix Cookies 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Faith, Hope, and Love M 3:30 Glee Club GG 4:00 Image Snap	16 V 9:00 #ReindeerPrance K 9:30 Dreidel Game CC 10:45 Sugar-free Egnog 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Chalkboard Christmas Ornament M 3:30 Holiday Choir GG 4:00 Horseshoes	17 V 9:00 What a Wonderful World Chair Yoga K 9:30 Best Friends Forever! O 10:30 Scenic Drive CC 10:45 Molasses Ginger Bars 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Five Gold Rings M 3:30 Toot Your Flute	18 V 9:00 Chair Swimming K 9:30 Christmas Myths, Quotes and Jokes CC 10:45 Swirly Cherry Cheesecake Brownies 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Feathers & Pearls M 3:30 Pass The Beat	19 V 9:00 Christmas Scarf Dance K 9:30 Reverse Hangman CC 10:45 Maine Corn Chowder 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Seven Swans A Swimming M 3:30 Feel The Heartbeat GG 4:00 Gingerbread House	20 V 9:00 Snowman Pass K 9:30 Word Poem CC 10:45 Cocoa Dip 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Eight Maids A Milking M 3:30 December Happy Hour GG 4:00 Pin the Tail on Bessie 4:30 Healthy Hands	21 Winter Begins V 9:00 Mindfulness Matters K 9:30 Turn Over CC 10:45 Holiday Brownie Trees 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Nine Ladies Dancing M 3:30 Saturday Jazz GG 4:00 Life on the Farm 4:30 Healthy Hands
22 Hanukkah Begins V 9:00 Bowling K 9:30 Create a Caption CC 10:45 Cranberry Delight Salad 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Ten Lords A Leaping G 2:00 Christmas Carolers and Cookies M 3:30 Glee Club	23 V 9:00 #ReindeerPrance K 9:30 Dreidel Game CC 10:45 Gingerbread Brownies 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Eleven Pipers Piping M 3:30 Holiday Choir GG 4:00 Horseshoes 4:30 Healthy Hands	24 Christmas Eve V 9:00 What a Wonderful World Chair Yoga K 9:30 Best Friends Forever! O 10:30 Scenic Drive CC 10:45 Buttery Egnog Cookies 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Twelve Drummers Drumming	25 Christmas Day V 9:00 Chair Swimming K 9:30 Christmas Day CC 10:45 Slow Cooker Peppermint Hot Chocolate 12:45 Relax & Recharge A 2:00 Holiday Memories Personal Collage M 3:30 Pass The Beat GG 4:00 Lollipop Paddle	26 Kwanzaa Begins V 9:00 Christmas Scarf Dance K 9:30 Reverse Hangman CC 10:45 Chunky Monkey Frozen Yogurt Bites 12:45 Relax & Recharge A 2:00 Snowfall Painting M 3:30 Feel The Heartbeat GG 4:00 Gingerbread House Game	27 V 9:00 Snowman Pass K 9:30 Word Poem CC 10:45 Grandma's Fruitcake Cookies 12:45 Relax & Recharge A 2:00 Snowflake Decorations M 3:30 December Happy Hour GG 4:00 Pin the Tail on Bessie 4:30 Healthy Hands	28 V 9:00 Mindfulness Matters K 9:30 Turn Over CC 10:45 Chicken Taco Soup 12:45 Relax & Recharge A 2:00 Creative Storytelling: Winter Reminiscing M 3:30 Saturday Jazz GG 4:00 Life on the Farm 4:30 Healthy Hands
29 V 9:00 Bowling K 9:30 Create a Caption CC 10:45 Layered Butterscotch Dessert 12:45 Relax & Recharge A 2:00 Frosted Pinecone Trees M 3:30 Glee Club GG 4:00 Image Snap 4:30 Healthy Hands	30 V 9:00 #ReindeerPrance K 9:30 Dreidel Game CC 10:45 Bacon Oatmeal Raisin Cookies 12:45 Relax & Recharge A 2:00 Mason Jar Snowglobe M 3:30 Holiday Choir GG 4:00 Horseshoes 4:30 Healthy Hands	31 New Year's Eve V 9:00 What a Wonderful World Chair Yoga K 9:30 Best Friends Forever! O 10:30 Scenic Drive CC 10:45 No Bake Strawberry Champagne Cheesecake 12:45 Relax & Recharge A 2:00 New Year's Resolution Art	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality	12/2 Mildred M. 12/27 Clara L.	Outings may be cancelled or postponed due to the following weather conditions: 20 degrees or 20 degree wind chill factor or threatening weather conditions. Forecasted heat advisory, heat index, or temperature of 94 degrees or above.	

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8 V 9:00 Bowling K 9:30 Create a Caption CC 10:45 Peppermint Fudge Brownies 12:45 Relax & Recharge A 2:00 Mason Jar Lid Wreath M 3:30 Glee Club GG 4:00 Image Snap 4:30 Healthy Hands	9 V 9:00 #ReindeerPrance K 9:30 Dreidel Game CC 10:45 CranberryFest Salad 12:45 Relax & Recharge A 2:00 Nutty Christmas Gift Tag M 3:30 Holiday Choir GG 4:00 Horseshoes 4:30 Healthy Hands GF 6:00 Animal Album	10 V 9:00 What a Wonderful World Chair Yoga K 9:30 Best Friends Forever! O 10:30 Scenic Drive CC 10:45 Pistachio Bread 12:45 Relax & Recharge A 2:00 Winter Collage M 3:30 Toot Your Flute GG 4:00 Roll the Die & Break the	11 V 9:00 Chair Swimming K 9:30 Christmas Myths, Quotes and Jokes CC 10:45 Slow Cooker Mac n Cheese 12:45 Relax & Recharge A 2:00 Puzzle Piece Snowflakes M 3:30 Pass The Beat GG 4:00 Lollipop Paddle	12 V 9:00 Christmas Scarf Dance K 9:30 Reverse Hangman CC 10:45 Healthy Ambrosia Salad 12:45 Relax & Recharge A 2:00 Ribbon Tree Ornament M 3:30 Feel The Heartbeat GG 4:00 Gingerbread House Game 4:30 Healthy Hands	13 V 9:00 Snowman Pass K 9:30 Word Poem CC 10:45 Butter Mints 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Pear Ornament M 3:30 December Happy Hour GG 4:00 Pin the Tail on Bessie 4:30 Healthy Hands	14 V 9:00 Mindfulness Matters K 9:30 Turn Over CC 10:45 Microwave Peanut Brittle 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Two Turtle Doves M 3:30 Saturday Jazz GG 4:00 Life on the Farm 4:30 Healthy Hands
15 V 9:00 Bowling K 9:30 Create a Caption CC 10:45 The Grinch Cake Mix Cookies 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Faith, Hope, and Love M 3:30 Glee Club GG 4:00 Image Snap	16 V 9:00 #ReindeerPrance K 9:30 Dreidel Game CC 10:45 Sugar-free Egnog 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Chalkboard Christmas Ornament M 3:30 Holiday Choir GG 4:00 Horseshoes	17 V 9:00 What a Wonderful World Chair Yoga K 9:30 Best Friends Forever! O 10:30 Scenic Drive CC 10:45 Molasses Ginger Bars 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Five Gold Rings M 3:30 Toot Your Flute	18 V 9:00 Chair Swimming K 9:30 Christmas Myths, Quotes and Jokes CC 10:45 Swirly Cherry Cheesecake Brownies 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Feathers & Pearls M 3:30 Pass The Beat	19 V 9:00 Christmas Scarf Dance K 9:30 Reverse Hangman CC 10:45 Maine Corn Chowder 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Seven Swans A Swimming M 3:30 Feel The Heartbeat GG 4:00 Gingerbread House	20 V 9:00 Snowman Pass K 9:30 Word Poem CC 10:45 Cocoa Dip 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Eight Maids A Milking M 3:30 December Happy Hour GG 4:00 Pin the Tail on Bessie 4:30 Healthy Hands	21 Winter Begins V 9:00 Mindfulness Matters K 9:30 Turn Over CC 10:45 Holiday Brownie Trees 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Nine Ladies Dancing M 3:30 Saturday Jazz GG 4:00 Life on the Farm 4:30 Healthy Hands
22 Hanukkah Begins V 9:00 Bowling K 9:30 Create a Caption CC 10:45 Cranberry Delight Salad 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Ten Lords A Leaping G 2:00 Christmas Carolers and Cookies M 3:30 Glee Club	23 V 9:00 #ReindeerPrance K 9:30 Dreidel Game CC 10:45 Gingerbread Brownies 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Eleven Pipers Piping M 3:30 Holiday Choir GG 4:00 Horseshoes 4:30 Healthy Hands	24 Christmas Eve V 9:00 What a Wonderful World Chair Yoga K 9:30 Best Friends Forever! O 10:30 Scenic Drive CC 10:45 Buttery Egnog Cookies 12:45 Relax & Recharge A 2:00 12 Days of Christmas: Twelve Drummers Drumming	25 Christmas Day V 9:00 Chair Swimming K 9:30 Christmas Day CC 10:45 Slow Cooker Peppermint Hot Chocolate 12:45 Relax & Recharge A 2:00 Holiday Memories Personal Collage M 3:30 Pass The Beat GG 4:00 Lollipop Paddle	26 Kwanzaa Begins V 9:00 Christmas Scarf Dance K 9:30 Reverse Hangman CC 10:45 Chunky Monkey Frozen Yogurt Bites 12:45 Relax & Recharge A 2:00 Snowfall Painting M 3:30 Feel The Heartbeat GG 4:00 Gingerbread House Game	27 V 9:00 Snowman Pass K 9:30 Word Poem CC 10:45 Grandma's Fruitcake Cookies 12:45 Relax & Recharge A 2:00 Snowflake Decorations M 3:30 December Happy Hour GG 4:00 Pin the Tail on Bessie 4:30 Healthy Hands	28 V 9:00 Mindfulness Matters K 9:30 Turn Over CC 10:45 Chicken Taco Soup 12:45 Relax & Recharge A 2:00 Creative Storytelling: Winter Reminiscing M 3:30 Saturday Jazz GG 4:00 Life on the Farm 4:30 Healthy Hands
29 V 9:00 Bowling K 9:30 Create a Caption CC 10:45 Layered Butterscotch Dessert 12:45 Relax & Recharge A 2:00 Frosted Pinecone Trees M 3:30 Glee Club GG 4:00 Image Snap 4:30 Healthy Hands	30 V 9:00 #ReindeerPrance K 9:30 Dreidel Game CC 10:45 Bacon Oatmeal Raisin Cookies 12:45 Relax & Recharge A 2:00 Mason Jar Snowglobe M 3:30 Holiday Choir GG 4:00 Horseshoes 4:30 Healthy Hands	31 New Year's Eve V 9:00 What a Wonderful World Chair Yoga K 9:30 Best Friends Forever! O 10:30 Scenic Drive CC 10:45 No Bake Strawberry Champagne Cheesecake 12:45 Relax & Recharge A 2:00 New Year's Resolution Art	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality	12/2 Mildred M. 12/27 Clara L.	Outings may be cancelled or postponed due to the following weather conditions: 20 degrees or 20 degree wind chill factor or threatening weather conditions. Forecasted heat advisory, heat index, or temperature of 94 degrees or above.	