



Keeping Holiday Traditions Alive

‘Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. If you’re looking for ways to celebrate the giving season with your loved one from the comfort of our campus, here are a few activities that are sure to put you in the holiday spirit!

Create a holiday book. Create a festive scrapbook filled with memories of Christmas’ past, and invite your friends and family to participate!

Light up the room. Fill your suite with decorations and ornaments to transform your living space into the North Pole.

Make holiday cards. Sending cards to friends and family members can bring an extra loving touch to the holidays for those that you care about. With the assistance of our *Artisans* program, we’d be happy to help you make one!

Play Santa Claus. Do you need to get some last minute shopping done? Trust us - you’re not alone. Browse through a magazine or shop

online to find that perfect gift for your loved one.

Make a Christmas tree perfect. Join your fellow community members in the fun of decorating the campus Christmas trees!

Sing carols. Buddy the Elf said it best – “The best way to spread Christmas cheer is singing loud for all to hear.” If you’re feeling the need to sing your favorite Christmas Carol this holiday, ask our Life Enrichment Director about our *Music to My Ears* program, where musical activities happen three times

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Happy Birthday!

| | |
|-------------|--------------|
| December 06 | John L. |
| December 12 | Rhoda R. |
| December 12 | Barbara C. |
| December 14 | Kenneth D |
| December 16 | Elizabeth W. |
| December 20 | Robert H. |

Sunday Brunch

Please plan to join us for our Sunday Brunch holiday celebration on December 08. This will be a wonderful time to ring in the holiday season with your loved ones. It is required to RSVP for our Sunday Brunches so we can best serve each guest. There are two seating times for Brunch- 11:00am and 12:00pm. Each guest will need only \$10.00 for a wonderful meal. Please talk to Jill, CSS, for more details.

Transportation

We can gladly set up transportation for your loved one for an appointment if needed. We offer transportation through our campus on Mondays and Wednesdays. Families are highly encouraged to attend. If you want transportation arranged for you please stop by a nurses station and fill out a Transportation Request form for them to hand in to the LED Rachelle.

LifeShare

Did you know LifeShare is connected to every TV at Novi Lakes HC? To access it, all you have to do is press the input button on your remote control. LifeShare is a great tool to use during family visits. Did you know you can email your loved one pictures of your family, vacations, pets, or anything else going on in your life? It is so simple and it is something you can come back to the campus and show your loved one. This is a great way to have a meaningful visit!



Executive Director Corner

Welcome to December!

It's officially the most

wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual *Hope for the Holidays* campaign, which supports our local charities throughout the holiday season. This year, we're working with

our sister campuses to achieve our companywide goal of raising \$750,000 for those less fortunate. If you or a loved one would like to make a donation, be sure to visit The Trilogy Foundation's website at <https://thetrilogyfoundation.org/donations>.

As 2019 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From our "Party in the USA" Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. It's truly been a pleasure.

I hope that you have a great Christmas and an unforgettable New Year. The next time I write, we'll be starting a new decade – and I can't wait to experience it with all of you.

Yours in Service,

Tim Reardon
Executive Director

Volunteer News What would we do without our Volunteers? They enrich our lives with every moment, gesture, and kind word they offer. Whether it's for an hour, once a month, weekly, or more, your time would be so valued here! We have enjoyed volunteers playing cards with us, visiting residents in their rooms, painting fingernails, calling Bingo, leading discussion/religious groups, and showcasing their talents such as music, art, exercise, and/or other hobbies. We have enjoyed learning from our volunteers and enjoying the love and talent that they offer and we welcome your talents as well! Contact our Life Enrichment Team and we will help find you a meaningful volunteer role. We LOVE our Volunteers!

VITALITY

Who knew you could have so much fun and exercise at the same time! Join us for any or all of our Vitality Exercise Programs, from Cardio Drumming to Chair Yoga!





THEME DINNER

We rounded out the year's Party in the USA Theme Weeks with a Nashville-style Boot Scootin' Boogie Party! Thanks to everyone who got into the spirit and made it feel like Nashville right here at Novi Lakes!



Hope for the Holidays As the Holiday season is in full swing, we turn our thoughts, hearts, and resources to benefit others in our community. Please join us on December 18 from 5:00-7:00pm for our Festival of Lights Family and Community event to have fun and enjoy the holiday spirit together by raising funds for those in need right here in Novi.

Trick-or-Treat



Our Community Trick-or-Treat was a hit! We had so much fun seeing all the children in their costumes!



Out and About

Autumn treated us well! The Cider Mill, Novi Civic Center, Coney Island, Meadowbrook, and the Henry Ford museum are just a few of the fun destinations we've recently visited. We also want your ideas for places to go! Contact a member of our Life Enrichment team to not only share your ideas but to reserve your spot for outings. Our 14-passenger bus goes out twice per week and spots are filled based on a first come, first served basis, so sign up in the Assisted Living Activities Room today!



Live a Dream

Here at Novi Lakes, we want to show our love by treating individual residents to special days or special events. It's been a great autumn as we have been able to grant two dreams! Sometimes a "dream" isn't something especially noteworthy or fantastical but something small and personally meaningful. We are looking for residents that have a potential "dream" they wish to be granted! In the past, we have thrown special anniversary dinners, taken people on hot air balloon rides, plane rides, professional baseball games, and swimming at a local therapy pool, to a special wedding, and many more! If you or somebody you know is interested in living out a wish, please let any Life Enrichment staff member know!

Did You Know...?

We offer a Resident Trust Fund account right here in our Business Office, where residents can safely hold and manage money for spending just like a bank account. As many of our residents enjoy going on outings, this is a wonderful and easy way for them to have spending money nearby. Please see our Business Office Manager, Alvetta, for details!

The Private Dining Room can be reserved for family events and/or meetings as long as it doesn't interfere with normal dining times.

Happy Hour is weekly at our Simon's Ice Cream Parlor on every Friday 3:15-4:00pm.





NOVI LAKES

HEALTH CAMPUS

A Trilogy Senior Living Community

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Novi, MI 48377
248-449-1655
novilakeshc.com | [t](#) [f](#)

Tim Reardon
Executive Director

Andrew Agosta
Director of Health Services

Lamin Jetta
Assisted Living Director

Alissa Burnett
Customer Service Representative

Alvetta Needom
Business Office Manager

Rachelle Roemer
Life Enrichment Director

Jerry Glombowski
Director of Plant Operations

Jayson Bogota
Director of Food Services/Chef

Kimberly Kidd
Environmental Services

Subburman Sivakumar
Medical Director

Catherine Sobel
Director of Social Services

Rajeev Joseph
Rehab Program Manager

Stay in the Loop [t](#) [f](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.
Our Department Leaders are here
to solve any concerns you may have.
In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Holiday Traditions'

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a week. It's a great way to celebrate,
and a great way to create lasting
memories!

Plan a festive movie night.
Whether it's *How the Grinch
Stole Christmas* or *It's a Wonderful
Life*, Christmas movies have the
power of making the holidays even
more enchanting than they already
are. So sit back with a warm
cup of cocoa, relax, and turn
on a timeless holiday flick.

From making melted-snowman
cookies and candy jeweled
gingerbread houses to surprise visits
from Santa, our campus is sure to
be full of merry moments and even
merrier people this holiday season.
We've loved listening to your stories
about your holidays as children,
and we're honored to be a part of
your holidays as an adult. Merry
Christmas from our family to yours!



Word Search

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CARDS
CAROLS
CHRISTMAS
COOKIES

ELF
FESTIVE
GRINCH
HOLIDAY

LIGHTS
MOVIES
NORTH POLE
SANTA

SING
SNOWMEN
TRADITIONS
TREE