



ST. ELIZABETH
HEALTHCARE CAMPUS

A Trilogy Senior Living Community

Elizabethian

December 2019



Keeping Holiday Traditions Alive

‘Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. If you’re looking for ways to celebrate the giving season with your loved one from the comfort of our campus, here are a few activities that are sure to put you in the holiday spirit!

Create a holiday book. Create a festive scrapbook filled with memories of Christmas’ past, and invite your friends and family to participate!

Light up the room. Fill your suite with decorations and ornaments to transform your living space into the North Pole.

Make holiday cards. Sending cards to friends and family members can bring an extra loving touch to the holidays for those that you care about. With the assistance of our *Artisans* program, we’d be happy to help you make one!

Play Santa Claus. Do you need to get some last minute shopping done? Trust us - you’re not alone. Browse through a magazine or shop

online to find that perfect gift for your loved one.

Make a Christmas tree perfect. Join your fellow community members in the fun of decorating the campus Christmas trees!

Sing carols. Buddy the Elf said it best – “The best way to spread Christmas cheer is singing loud for all to hear.” If you’re feeling the need to sing your favorite Christmas Carol this holiday, ask our Life Enrichment Director about our *Music to My Ears* program, where musical activities happen three times

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Happy Birthday!

Residents

December 01	Carol B.
December 05	Wilma R.
December 06	Patricia S.
December 07	Hattie G.
December 14	Alice J.
December 15	Mary Jo R.
December 20	Sue T.
December 28	Betty S.

Staff

December 03	Kayla K.
December 08	Maggie P.
December 12	Abigail Y.
December 16	Arlene S.
December 23	Candice G.

Taste of Town

Residents enjoyed eating from Long John Silvers in the month of October.

Live a Dream

Please let a life enrichment team member know if you have a live a dream you would like us to fulfill. We would be honored to help with this.

Family Night

Our next family night will be held on Tuesday, December 10, 2019. Please join us for a wonderful evening of food, fun and entertainment.

Sunday Brunch

Our next Sunday Brunch will be held on Sunday, December 15, 2019. Come enjoy time with your loved one while enjoying delicious food prepared by our wonderful dietary department! Please RSVP ahead of time, as always two guests eat free all other guests is \$7.00 for the meal.



Executive Director Corner

Welcome to December!
It's officially the most

wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual Hope for the Holidays campaign, which supports our local charities throughout the holiday season. This year, we're working with

our sister campuses to achieve our companywide goal of raising \$750,000 for those less fortunate. If you or a loved one would like to make a donation, be sure to visit The Trilogy Foundation's website at <https://thetrilogyfoundation.org/donations>.

As 2019 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From our "Party in the USA" Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. It's truly been a pleasure.

I hope that you have a great Christmas and an unforgettable New Year. The next time I write, we'll be starting a new decade – and I can't wait to experience it with all of you.

Yours in Service,
Shelly Dyrek
Executive Director

Out and About

We were happy to get out and about in the month of October! Residents enjoyed going on our scenic drives to see the beautiful fall scenery. Residents enjoyed going to the churches for lunch and bingo. We had fun shopping at Walmart, the Dollar Tree and Dollar General. We enjoyed eating out at Treece's and the Long Horn Steak House during our theme week. We had fun going to White Oaks Health Campus for some games. Everyone enjoyed going to the Kokomo Glass Factory for a tour and lunch.



Walmart Shopping



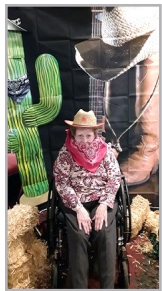
Residents at Treeces



Kokomo
Glass Factory



Shopping at
Dollar General



Themed Dinner

2019 was a Party in the USA! In February, we were in New Orleans for Mardi Gras, in May, we were in Chicago for the Speak Easy, in August, we were in Las Vegas for a Casino Night and finally in October we finished in Nashville with a Boot Scootin' Boogie themed party! We enjoyed full weeks of theme-related activities leading up to our big theme dinner! We are excited to see what our theme will be for 2020!



OCTOBER HIGHLIGHTS

Residents enjoyed the fun activities that were scheduled throughout the month of October. Some of the highlights were our exercise program, our different types of bingo, art class, zoo visit, cooking class, games and trivia, manicures, Lockport Church, our mindful moment's program, Taste of the Town, staff and resident led programs and our men's group. Residents enjoyed entertainment this month as well, Happy Hours with The Nana's and Papa's and Lee Hoard, as well as Piano with Shirley, the Cutler Band and the Mennonites. We also enjoyed entertainment with Jeff Anderson during our theme night. We enjoyed having the Tippecanotes and the H&R Band here to perform along with the United Methodist Women. This month we enjoyed the four 3rd grade classes that came for a visit and some fun. We had fun celebrating Columbus Day and Halloween, everyone enjoyed our pumpkin contest and passing out candy to trick or treaters! We also enjoyed all of the activities during our theme week leading up to our big theme dinner. We enjoyed cowboy prayers, making cowboy trail mix and cowgirl mud cups during cooking class, eating lunch at the Lone Star Steak House, kicking off the week with a themed Happy Hour with Lee, playing name that tune with country music, doing the bandana twist during exercise class, making braided bandana bracelets, our very own shooting gallery, decorating cowboy hats for the big night, playing horseshoes and a little lasso competition, playing cowboy hangman, Nashville trivia and ending the week with a Boot Scootin' Boogie Bingo Happy Hour.



Kitchel Class



Trick or Treaters

LifeShare

If you or your loved one would like to know more about LifeShare, please contact our Life Enrichment Department today.

Volunteer News

We love our volunteers! We are always looking for ways to enrich the lives of our residents. If you would like to become a volunteer, please visit our Life Enrichment team to discuss the possibilities. In addition, when you see our volunteers please thank them for spending their time helping to enrich the lives of our residents. Thank you!

Senior Executive Club

Ho, Ho, Ho, Happy Holidays from your friends and staff at St. Elizabeth Healthcare Center! The holiday season is in full swing and we are celebrating here at St. Elizabeth. We invite you to take time out of your hustle, bustle and holiday shuffle to enjoy an afternoon with us. Join us for our Senior Executive Club on December 18th at 1:30pm.

We invite you to enjoy this free event of food, fun. R.S.V.P 765-564-6380 by December 12th. Thank you again for a wonderful year. We wish you a Merry Christmas and a Happy New Year!

Thank you,

Amber Beatty



Customer Service Representative



ST. ELIZABETH

HEALTHCARE CAMPUS

A Trilogy Senior Living Community

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Executive Director

Cheryl Wise
Director of Health Services

Katelyn Allen
Assistant Director of Health Services

Amber Beatty
Community Service Representative

Tammy Krpan
Business Office Manager

Amber Lantz
Life Enrichment Director

Dr. Li, MD
Medical Director

Kelly Best
Director of Social Services

Cindy Fisher, RN, BSN
MDS Coordinator

Sarah Hoss
Customer Service Specialist

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Holiday Traditions'

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a week. It's a great way to celebrate,
and a great way to create lasting
memories!

Plan a festive movie night.
Whether it's *How the Grinch*
Stole Christmas or *It's a Wonderful*
Life, Christmas movies have the
power of making the holidays even
more enchanting than they already
are. So sit back with a warm
cup of cocoa, relax, and turn
on a timeless holiday flick.

From making melted-snowman
cookies and candy jeweled
gingerbread houses to surprise visits
from Santa, our campus is sure to
be full of merry moments and even
merrier people this holiday season.
We've loved listening to your stories
about your holidays as children,
and we're honored to be a part of
your holidays as an adult. Merry
Christmas from our family to yours!



Word Search

M	M	D	M	U	K	D	O	V	M	I	J	D	B	A	B	R	I	C
B	C	E	L	F	N	R	F	B	P	K	V	K	Q	E	A	I	H	Z
D	A	K	N	Y	Y	B	Q	Z	C	H	E	G	S	L	L	K	N	N
U	R	O	Y	B	X	D	W	S	E	O	J	Q	V	N	K	A	P	O
V	D	Z	S	O	P	M	L	L	N	L	O	T	C	X	H	D	W	R
M	S	Y	E	M	M	O	W	E	G	I	B	K	J	O	Y	M	S	T
T	A	C	E	K	R	C	E	T	V	D	M	W	I	A	G	K	A	H
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X	L	I	G	H	T	S	O	N	M	V	C	E	X	M	P	Q	O	C

CARDS
CAROLS
CHRISTMAS
COOKIES

ELF
FESTIVE
GRINCH
HOLIDAY

LIGHTS
MOVIES
NORTH POLE
SANTA

SING
SNOWMEN
TRADITIONS
TREE