



GLEN RIDGE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

# Gazette

December 2019



## Keeping Holiday Traditions Alive

'Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. If you're looking for ways to celebrate the giving season with your loved one from the comfort of our campus, here are a few activities that are sure to put you in the holiday spirit!

**Create a holiday book.** Create a festive scrapbook filled with memories of Christmas' past, and invite your friends and family to participate!

**Light up the room.** Fill your suite with decorations and ornaments to transform your living space into the North Pole.

**Make holiday cards.** Sending cards to friends and family members can bring an extra loving touch to the holidays for those that you care about. With the assistance of our *Artisans* program, we'd be happy to help you make one!

**Play Santa Claus.** Do you need to get some last minute shopping done? Trust us - you're not alone. Browse through a magazine or shop

online to find that perfect gift for your loved one.

**Make a Christmas tree perfect.** Join your fellow community members in the fun of decorating the campus Christmas trees!

**Sing carols.** Buddy the Elf said it best – "The best way to spread Christmas cheer is singing loud for all to hear." If you're feeling the need to sing your favorite Christmas Carol this holiday, ask our Life Enrichment Director about our *Music to My Ears* program, where musical activities happen three times

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# Happy Birthday!

## Staff

Sheila S.	12/03
Tera B.	12/12
Regan W.	12/15
Jessica P.	12/19
Katie K.	12/20
Rebekah W.	12/21
Taylor C.	12/21
Brandi K.	12/22
Lisa J.	12/26
Sela G.	12/28



## Executive Director Corner

Welcome to December!

It's officially the most wonderful

time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual *Hope for the Holidays* campaign, which supports our local charities throughout the holiday season. This year, we're working with

our sister campuses to achieve our companywide goal of raising \$750,000 for those less fortunate. If you or a loved one would like to make a donation, be sure to visit The Trilogy Foundation's website at <https://thetrilogyfoundation.org/donations>.

As 2019 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From our "Party in the USA" Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. It's truly been a pleasure.

I hope that you have a great Christmas and an unforgettable New Year. The next time I write, we'll be starting a new decade – and I can't wait to experience it with all of you.

Yours in Service,  
*Lauren Clayton*  
Executive Director

## Life Share

Lifeshare Technologies, in partnership with this campus, is delighted to provide an innovative new service that allows you to connect with family and engage with your community, all through your personal television. With Lifeshare, you can do all of the following through your TV:

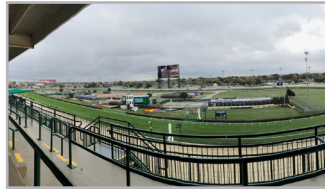
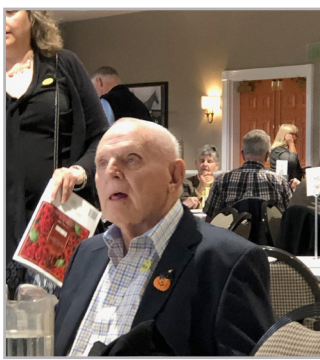
- View and send emails and text message
- View photos
- View community information, such as activities, announcements, and dining menus
- Receive event reminders on screen or by phone
- Read daily news
- Play games, music, and faith bases programs.

See your life enrichment department to get set up now!

## Churchill Highlights



## More... Churchill Highlights



## Trick or Treat



## Volunteers Needed

Glen Ridge strives to make all of our resident's days enjoyable and fun. Volunteers are the heart and soul of our campus and the key to making this happen. Therefore, we are calling all who want to volunteer and bring joy to our residents. You can give 1 hour a month to make a huge difference too many people. If you are interested in volunteering for the following programs, please contact Cindy Allen/Life Enrichment Department. Bingo caller, crafts, leading men's group, nails, hosting a movie night, or bridge club.

## December Special Events

Dec 4th Country Holiday Concert with Sam Brown 2:00pm

Dec 7th Breakfast with Santa & Holiday Bizarre 25 Vendors 9-12

Dec 7th Concert Pianist with Susan Hahn 2:00pm

Dec 12th Jeffersontown High School Winter Concert

Dec 8th Holiday Performance At Middletown Christain Church 2:00pm

Dec 13th Farmer Elementary Violin Concert Performance 1:00pm

Dec 11th Holiday Concert, Kevin Hill on Saxaphone 3:00pm

Dec 14th Boy Scouts Pack 711 Christmas Caroling and Crafts 10:00am

Dec 14th Dance Studio Holiday Performance 2:00pm

Dec 23rd Holiday Celebration with Two of Diamonds 2:30pm

## Taste of Town

December 11th at 12:00:

## Entertainment

Please join us every Friday at 2:30 or 3:00 for Happy Hour

Refreshments and Live Entertainment.



# GLEN RIDGE HEALTH CAMPUS

*A Trilogy Senior Living Community*

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Louisville, KY 40299  
502-297-8590  
glenridgehc.com |

*Lauren Powers*  
Executive Director

*Jackie Singleton*  
Director of Health Services

*Jen Humphreys*  
Customer Service Specialist

*Amy Flannery*  
Community Service Representative

*Ayla Burkett*  
Business Office Manager

*Cindy Allen*  
Life Enrichment Director

*Crystal Dickey*  
Director of Social Services

*Quinta Watson*  
Asst. Director of Social Services

*Tim Bridges*  
Director of Dietary Services

*Billie Hourigan*  
Environmental Services Director

*Mary Kate Landry*  
Guest Relations

## Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

*We strive to provide the best customer service and quality care for our residents.*

*Our Department Leaders are here to solve any concerns you may have.*

*In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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# 'Holiday Traditions'

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a week. It's a great way to celebrate, and a great way to create lasting memories!

**Plan a festive movie night.** Whether it's *How the Grinch Stole Christmas* or *It's a Wonderful Life*, Christmas movies have the power of making the holidays even more enchanting than they already are. So sit back with a warm cup of cocoa, relax, and turn on a timeless holiday flick.

From making melted-snowman cookies and candy jeweled gingerbread houses to surprise visits from Santa, our campus is sure to be full of merry moments and even merrier people this holiday season. We've loved listening to your stories about your holidays as children, and we're honored to be a part of your holidays as an adult. Merry Christmas from our family to yours!



## Word Search

M	M	D	M	U	K	D	O	V	M	I	J	D	B	A	B	R	I	C
B	C	E	L	F	N	R	F	B	P	K	V	K	Q	E	A	I	H	Z
D	A	K	N	Y	Y	B	Q	Z	C	H	E	G	S	L	L	K	N	N
U	R	O	Y	B	X	D	W	S	E	O	J	Q	V	N	K	A	P	O
V	D	Z	S	O	P	M	L	L	N	L	O	T	C	X	H	D	W	R
M	S	Y	E	M	M	O	W	E	G	I	B	K	J	O	Y	M	S	T
T	A	C	E	K	R	C	E	T	V	D	M	W	I	A	G	K	A	H
H	N	R	E	A	C	R	A	R	J	A	U	Y	N	E	Q	Y	Y	P
L	T	P	C	L	T	H	D	A	E	Y	P	V	L	G	S	S	T	O
L	A	V	T	S	A	O	R	D	Y	M	O	D	M	J	E	H	U	L
B	D	A	V	N	P	I	Q	I	Y	W	X	F	V	I	C	M	E	E
T	N	A	P	O	T	G	W	T	S	Z	Q	P	V	N	U	S	C	B
J	N	A	E	W	Q	U	D	I	N	T	J	O	I	E	Z	E	M	S
Z	Z	K	I	M	D	B	O	O	Q	Y	M	R	J	R	N	G	G	S
E	J	I	X	E	Y	S	L	N	W	T	G	A	R	P	W	N	P	F
T	A	M	P	N	S	M	A	S	D	U	F	E	S	T	I	V	E	C
C	E	F	B	B	F	P	V	T	I	J	Q	C	Z	S	B	B	R	G
H	K	J	P	R	I	V	H	I	E	V	G	W	B	J	D	S	K	A
X	L	I	G	H	T	S	O	N	M	V	C	E	X	M	P	Q	O	C

CARDS  
CAROLS  
CHRISTMAS  
COOKIES

ELF  
FESTIVE  
GRINCH  
HOLIDAY

LIGHTS  
MOVIES  
NORTH POLE  
SANTA

SING  
SNOWMEN  
TRADITIONS  
TREE