



FOREST GLEN

HEALTH CAMPUS

A Trilogy Senior Living Community

Gazette

December 2019



Keeping Holiday Traditions Alive

'Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. If you're looking for ways to celebrate the giving season with your loved one from the comfort of our campus, here are a few activities that are sure to put you in the holiday spirit!

Create a holiday book. Create a festive scrapbook filled with memories of Christmas' past, and invite your friends and family to participate!

Light up the room. Fill your suite with decorations and ornaments to transform your living space into the North Pole.

Make holiday cards. Sending cards to friends and family members can bring an extra loving touch to the holidays for those that you care about. With the assistance of our *Artisans* program, we'd be happy to help you make one!

Play Santa Claus. Do you need to get some last minute shopping done? Trust us - you're not alone. Browse through a magazine or shop

online to find that perfect gift for your loved one.

Make a Christmas tree perfect. Join your fellow community members in the fun of decorating the campus Christmas trees!

Sing carols. Buddy the Elf said it best - "The best way to spread Christmas cheer is singing loud for all to hear." If you're feeling the need to sing your favorite Christmas Carol this holiday, ask our Life Enrichment Director about our *Music to My Ears* program, where musical activities happen three times

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Happy Birthday!

Residents

Duane U.	12/02
Priscilla R.	12/04
Frank S.	12/10
Shirley L.	12/12
Ann A.	12/16
Peggy S.	12/18
Mary L.	12/25

Staff

Rebecca W.	12/08
Mollie D.	12/10
Kerry D.	12/11
Cathy S.	12/12
Alicia C.	12/16
Courtney L.	12/16
Barb M.	12/16
Mary S.	12/18
Dawayne W.	12/23
Greg S.	12/24
Camrynn C.	12/26
Terri B.	12/27
Madison H.	12/28
Emily F.	12/29

Departmental Discussions

Welcome to December!

It's officially the most wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual *Hope for the Holidays* campaign, which supports our local charities throughout the holiday season. This year, we're working with our sister campuses to achieve

our companywide goal of raising \$750,000 for those less fortunate. If you or a loved one would like to make a donation, be sure to visit The Trilogy Foundation's website at <https://thetrilogyfoundation.org/donations>.

As 2019 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From our "Party in the USA" Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. It's truly been a pleasure.

I hope that you have a great Christmas and an unforgettable New Year. The next time I write, we'll be starting a new decade – and I can't wait to experience it with all of you.

Yours in Service,
The Forest Glen
Leadership Team

Sunday Brunch

Join us on December 15th 11:30 – 1:00pm for Sunday Brunch. Please RSVP w/ Terri Bowermaster at 937-390-9913.

Taste of Town

On December 24th we will enjoy Lee's Chicken for our Christmas Eve Dinner.

Did You Know...?

Happy Hour is weekly at 4:00pm in the Health Care and Assisted Living Dining Rooms as well as the Legacy Lounge. Join us for refreshments, fun and fellowship.

OUT AND ABOUT

In theme for our Boot Scootin Boogie Dinner we went and visited our favorite smokehouse. The residents went to Rudy's Smokehouse and enjoyed some down home BBQ. We enjoyed the country music, company and food with all the fixins.



Trick or Treat

It was that time again for the Annual Trick or Treat at Forest Glen and staff costume dress up day. After hours of hard work filling the buckets, coming up with costume ideas and eating a few pieces of candy in between they were ready for their little visitors. Fun was had by all residents and staff and no bag was left empty.



Living Arts

Our Living Arts Class made sugar skull rocks for Halloween. The ladies chose their favorite colors, and worked hard to create their spooky rocks. They displayed their rocks in the front entrances to help make their place festive for Halloween.



Smile of the Month

Jayne G. was able to put a smile on her face after getting her hands dirty making mud cups during cooking class





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forestglenhc.com |

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Tabby Jones
Director of Health Services

Teresa Blue
Customer Service Specialist

Alivia Huffine
Customer Service Representative

Betty Davis
Business Office Manager

TBD
Life Enrichment Director

Linda Jenkins
Director of Resident Services

Tracy Lokai
Director of Environmental Service

Gene Coates
Director of Plant Operations

Tonya Martin
Therapy Program Manager

Michelle Brown
Staff Development Director

Mary Swank
Legacy Neighborhood Director

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

'Holiday Traditions'

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a week. It's a great way to celebrate, and a great way to create lasting memories!

Plan a festive movie night. Whether it's *How the Grinch Stole Christmas* or *It's a Wonderful Life*, Christmas movies have the power of making the holidays even more enchanting than they already are. So sit back with a warm cup of cocoa, relax, and turn on a timeless holiday flick.

From making melted-snowman cookies and candy jeweled gingerbread houses to surprise visits from Santa, our campus is sure to be full of merry moments and even merrier people this holiday season. We've loved listening to your stories about your holidays as children, and we're honored to be a part of your holidays as an adult. Merry Christmas from our family to yours!



Word Search

M	M	D	M	U	K	D	O	V	M	I	J	D	B	A	B	R	I	C
B	C	E	L	F	N	R	F	B	P	K	V	K	Q	E	A	I	H	Z
D	A	K	N	Y	Y	B	Q	Z	C	H	E	G	S	L	L	K	N	N
U	R	O	Y	B	X	D	W	S	E	O	J	Q	V	N	K	A	P	O
V	D	Z	S	O	P	M	L	L	N	L	O	T	C	X	H	D	W	R
M	S	Y	E	M	M	O	W	E	G	I	B	K	J	O	Y	M	S	T
T	A	C	E	K	R	C	E	T	V	D	M	W	I	A	G	K	A	H
H	N	R	E	A	C	R	A	R	J	A	U	Y	N	E	Q	Y	Y	P
L	T	P	C	L	T	H	D	A	E	Y	P	V	L	G	S	S	T	O
L	A	V	T	S	A	O	R	D	Y	M	O	D	M	J	E	H	U	L
B	D	A	V	N	P	I	Q	I	Y	W	X	F	V	I	C	M	E	E
T	N	A	P	O	T	G	W	T	S	Z	Q	P	V	N	U	S	C	B
J	N	A	E	W	Q	U	D	I	N	T	J	O	I	E	Z	E	M	S
Z	Z	K	I	M	D	B	O	O	Q	Y	M	R	J	R	N	G	G	S
E	J	I	X	E	Y	S	L	N	W	T	G	A	R	P	W	N	P	F
T	A	M	P	N	S	M	A	S	D	U	F	E	S	T	I	V	E	C
C	E	F	B	B	F	P	V	T	I	J	Q	C	Z	S	B	B	R	G
H	K	J	P	R	I	V	H	I	E	V	G	W	B	J	D	S	K	A
X	L	I	G	H	T	S	O	N	M	V	C	E	X	M	P	Q	O	C

CARDS
CAROLS
CHRISTMAS
COOKIES

ELF
FESTIVE
GRINCH
HOLIDAY

LIGHTS
MOVIES
NORTH POLE
SANTA

SING
SNOWMEN
TRADITIONS
TREE