



CREASY SPRINGS

HEALTH CAMPUS

A Trilogy Senior Living Community

Chronicle

December 2019



Keeping Holiday Traditions Alive

‘Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. If you’re looking for ways to celebrate the giving season with your loved one from the comfort of our campus, here are a few activities that are sure to put you in the holiday spirit!

Create a holiday book. Create a festive scrapbook filled with memories of Christmas’ past, and invite your friends and family to participate!

Light up the room. Fill your suite with decorations and ornaments to transform your living space into the North Pole.

Make holiday cards. Sending cards to friends and family members can bring an extra loving touch to the holidays for those that you care about. With the assistance of our *Artisans* program, we’d be happy to help you make one!

Play Santa Claus. Do you need to get some last minute shopping done? Trust us - you’re not alone. Browse through a magazine or shop

online to find that perfect gift for your loved one.

Make a Christmas tree perfect. Join your fellow community members in the fun of decorating the campus Christmas trees!

Sing carols. Buddy the Elf said it best – “The best way to spread Christmas cheer is singing loud for all to hear.” If you’re feeling the need to sing your favorite Christmas Carol this holiday, ask our Life Enrichment Director about our *Music to My Ears* program, where musical activities happen three times

...continued on back page

Happy Birthday!

Residents

12/1	Lois G.
12/1	Juliah C.
12/4	Dorothy F.
12/9	Alfred S.
12/11	Phyllis G.
12/13	Jean W.
12/28	William C.

Staff

12/04	Debra C.
12/04	Kylie A.
12/10	Laurie S.
12/10	Alyssa N.
12/13	Beverly M.
12/27	Debbie S.
12/31	Jody K.
12/31	Brandy M.



Executive Director Corner

Welcome to December!

It's officially the most wonderful

time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual *Hope for the Holidays* campaign, which supports our local charities throughout the holiday season. This year, we're working with

our sister campuses to achieve our companywide goal of raising \$750,000 for those less fortunate. If you or a loved one would like to make a donation, be sure to visit The Trilogy Foundation's website at <https://thetrilogyfoundation.org/donations>.

As 2019 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From our "Party in the USA" Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. It's truly been a pleasure.

I hope that you have a great Christmas and an unforgettable New Year. The next time I write, we'll be starting a new decade – and I can't wait to experience it with all of you.

Yours in Service,

Justin Rife

Executive Director

Volunteers

Volunteers give the gift of time. Over 3,000 people presently serve as volunteers within Trilogy campuses. Families make great volunteers!!

As a volunteer, you are part of the Trilogy team. So why volunteer? Here are just a few benefits:

- Personal satisfaction
- Community involvement
- New, meaningful friendships
- Developing new skills
- Utilizing your skills to teach others

Suggested ways to volunteer include but are not limited to

- Manicures (nail painting)
- Visiting with Residents
- Leading an activity or teaching a skill, such as knitting or crocheting
- Reading to residents
- Helping residents get to and from activities and meals
- Photography for special events

Special Events

12/8 Brunch

12/11- Family night-
Christmas Choir

12/13- Catholic Mass

12/18- 6:30pm Music w/
the Barbershoppers

12/19-Christmas Light Drive

12/27- Catholic Mass

Upcoming Outings

12/4- Shopping at Meijer

12/6-Morehouse Road Drive

12/11- Lunch at O'Charleys

12/13- Creekside Drive

12/18- Shopping at Walmart

12/20- Wea Road Drive

12/27- Rainybrook Drive

Photo Highlights



Mary all dressed up waiting on the kiddos to show up



Bob is all ready to pass some candy



A great big thank you to all of those sweet m&M's who helped make our annual Halloween Haunt a success!



Morna and Lois showing off their scarecrows they made.



We got in the fall spirit and went to the Apple Orchard and took a hay ride!



Greg and his daughter passing candy at the Halloween Haunt



Faye and Peter's little guy, Theo.



We had our Mom's group come in and make crafts with the residents. We always love having the kids come to the campus



Lynn got in the bootin' scootin' spirit at Theme Dinner!



Lonnie and Margaret at the Boot Scootin' Theme Dinner.



A Note from Linsey

Wow, it's December **ALREADY!** This year has just flown by. I hope everyone is

staying warm and getting all of their Christmas shopping done. We will be making two shopping trips this month so everyone can get their Christmas lists checked off. The dates will be the 4th and the 18th. Please make sure you see and activity assistant to sign up. Everyone always loves seeing the pretty lights this time of the year, so we will be taking a Christmas light drive on the 19th. We will be going to Frankfort City Park and on the way back hitting up the Rossville lights. Again, if you are interested please get signed up. It is a first come first serve since there are only so many seats on the bus. Our choir has been practicing with Alisha every week, they are ready for you to hear those beautiful voices. Our Christmas choir will perform for Creasy Springs and families on December 11th at 6:30pm in the café.

If you have any ideas for our activities department, please see me. I am always looking for new ideas to better our department. Crafts, games, outings, etc., they all are welcome!

Our monthly Sunday brunch will be on December 8th. Guest tickets are \$10 after the second guest. Call the campus at 765-447-6600 and make your reservations by December 3rd. We pride ourselves in ensuring we put full effort in helping our residents live out their dreams. If you have a dream (big or small), maybe something you've even already done but dream to do it again, please come to me. Let me help you make that dream come true! Although we are providing opportunities for your loved ones at our group activities, we are beyond privileged to offer "one on one visits" for those residents that are unable to, or choose not to attend group activities. I am thankful for the opportunity to grow and become an outstanding Life Enrichment Director at Creasy Springs for your loved ones.

As always, I am here to serve. Please continue to share your comments, suggestions and concerns, to assist us in our commitment to compassionate care.

Compassionately committed since 2012

Linsey Condo,
Life Enrichment Director



Legacy Corner

Snowflakes that stay on my nose and

eyelashes, Silver-white winters that melt into springs, these are a few of my favorite things! At Legacy we are all wrapped up in the Christmas Spirit. Our 10 hours a day, 7 days a week Daily Rythmn program has us fully engaged in the season. All of our senses are awake as we see, smell, and create holiday recipes during cooking corner. Jingle Bells are ringing throughout Legacy as we embrace Christmas music and reminisce of Christmas past. We are so excited to announce our 1st Creasy Springs Legacy Christmas Choir this year. The residents will be performing for our family night, December 10th at 6pm-7pm. Come dressed for the season and ready to partake in a night of Holiday Cheer!

Join us for our Sunday Brunch on December the 8th. Call the campus at 765-447-6600 to RSVP by December 2nd. The first two guests are complimentary and additional guests are \$10.00 each.

Stop by anytime to say hello, join in our daily rhythns, and enjoy precious moments with your loved one. We at Legacy wish you and yours a most wonderful Christmas season!

Warmest regards,

Debi Sanders
Legacy Neighborhood Director



CREASY SPRINGS

HEALTH CAMPUS

A Trilogy Senior Living Community

1750 S. Creasy Lane

Lafayette, IN 47905

765-447-6600

creasyspringshc.com |

Justin Rife
Executive Director

Summer Day
Director of Health Services

Angela Poole
Business Office Manager

Linsey Condo
Life Enrichment Director

Gregory Peterson
Director of Plant Operations

Tammy Taylor-Walden
Director of Therapy

Jodi Hollingsworth
Director of Food Services

Beth George
Social Service Director

Amy Barnett
Environmental Services Director

Nancy Crowder
MDS Coordinator

Debbie Sanders
Legacy Neighborhood Manager

Kathy Hyman
Villa Lifestyle Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

We strive to provide the best customer
service and quality care for our residents.

Our Department Leaders are here
to solve any concerns you may have.

In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

'Holiday Traditions'

...continued from cover

a week. It's a great way to celebrate,
and a great way to create lasting
memories!

Plan a festive movie night.

Whether it's *How the Grinch*
Stole Christmas or *It's a Wonderful*
Life, Christmas movies have the
power of making the holidays even
more enchanting than they already
are. So sit back with a warm
cup of cocoa, relax, and turn
on a timeless holiday flick.

From making melted-snowman
cookies and candy jeweled
gingerbread houses to surprise visits
from Santa, our campus is sure to
be full of merry moments and even
merrier people this holiday season.
We've loved listening to your stories
about your holidays as children,
and we're honored to be a part of
your holidays as an adult. Merry
Christmas from our family to yours!



Word Search

M	M	D	M	U	K	D	O	V	M	I	J	D	B	A	B	R	I	C
B	C	E	L	F	N	R	F	B	P	K	V	K	Q	E	A	I	H	Z
D	A	K	N	Y	Y	B	Q	Z	C	H	E	G	S	L	L	K	N	N
U	R	O	Y	B	X	D	W	S	E	O	J	Q	V	N	K	A	P	O
V	D	Z	S	O	P	M	L	L	N	L	O	T	C	X	H	D	W	R
M	S	Y	E	M	M	O	W	E	G	I	B	K	J	O	Y	M	S	T
T	A	C	E	K	R	C	E	T	V	D	M	W	I	A	G	K	A	H
H	N	R	E	A	C	R	A	R	J	A	U	Y	N	E	Q	Y	Y	P
L	T	P	C	L	T	H	D	A	E	Y	P	V	L	G	S	S	T	O
L	A	V	T	S	A	O	R	D	Y	M	O	D	M	J	E	H	U	L
B	D	A	V	N	P	I	Q	I	Y	W	X	F	V	I	C	M	E	E
T	N	A	P	O	T	G	W	T	S	Z	Q	P	V	N	U	S	C	B
J	N	A	E	W	Q	U	D	I	N	T	J	O	I	E	Z	E	M	S
Z	Z	K	I	M	D	B	O	O	Q	Y	M	R	J	R	N	G	G	S
E	J	I	X	E	Y	S	L	N	W	T	G	A	R	P	W	N	P	F
T	A	M	P	N	S	M	A	S	D	U	F	E	S	T	I	V	E	C
C	E	F	B	B	F	P	V	T	I	J	Q	C	Z	S	B	B	R	G
H	K	J	P	R	I	V	H	I	E	V	G	W	B	J	D	S	K	A
X	L	I	G	H	T	S	O	N	M	V	C	E	X	M	P	Q	O	C

CARDS
CAROLS
CHRISTMAS
COOKIES

ELF
FESTIVE
GRINCH
HOLIDAY

LIGHTS
MOVIES
NORTH POLE
SANTA

SING
SNOWMEN
TRADITIONS
TREE