

Keeping Holiday Traditions Alive

'Tis the season!

With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. If you're looking for ways to celebrate the giving season with your loved one from the comfort of our campus, here are a few activities that are sure to put you in the holiday spirit!

Create a holiday book. Create a festive scrapbook filled with memories of Christmas' past, and invite your friends and family to participate! **Light up the room.** Fill your suite with decorations and ornaments to transform your living space into the North Pole.

Make holiday cards. Sending cards to friends and family members can bring an extra loving touch to the holidays for those that you care about. With the assistance of our *Artisans* program, we'd be happy to help you make one!

Play Santa Claus. Do you need to get some last minute shopping done? Trust us - you're not alone. Browse through a magazine or shop online to find that perfect gift for your loved one.

Make a Christmas tree perfect. Join your fellow community members in the fun of decorating the campus Christmas trees!

Sing carols. Buddy the Elf said it best – "The best way to spread Christmas cheer is singing loud for all to hear." If you're feeling the need to sing your favorite Christmas Carol this holiday, ask our Life Enrichment Director about our *Music to My Ears* program, where musical activities happen three times

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Happy Birthday!

Residents

| December 04 | Betty L. |
|-------------|-------------|
| December 04 | Sherrill H. |
| December 11 | Delores S. |
| December 12 | Lillie C. |
| December 12 | Larry E. |
| December 13 | Clara H. |
| December 15 | Phyllis L. |
| December 16 | Robert J. |
| December 18 | Madonna F. |
| December 25 | Floy E. |
| December 30 | Sharie H. |
| December 31 | Patricia M. |
| | |

Staff

| December 03 |
|-------------|
| December 05 |
| December 05 |
| December 07 |
| December 07 |
| December 08 |
| December 09 |
| December 11 |
| December 13 |
| December 15 |
| December 21 |
| December 25 |
| December 27 |
| December 28 |
| December 29 |
| December 29 |
| December 29 |
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| Betty L. | |
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| Sherrill H. | |
| Delores S. | |
| Lillie C. | |
| Larry E. | |
| Clara H. | |
| Phyllis L. | |
| Robert J. | |
| Madonna F. | |
| Floy E. | |
| Sharie H. | |

| Stephany M. |
|--------------|
| Mary M. |
| Chuckie H. |
| Jamie C. |
| Angela R. |
| Mary M. |
| Ashleigh A. |
| Kennedy K. |
| Bryanne H. |
| Zella F. |
| Daina D. |
| Christina P. |
| Amy M. |
| Merceds S. |
| Susan M. |
| Wendy W. |
| Zoe L. |
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Welcome to December! It's officially the most

wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual Hope for the Holidays campaign, which supports our local charities throughout the holiday season. This year, we're working with

our sister campuses to achieve our companywide goal of raising \$750,000 for those less fortunate. If you or a loved one would like to make a donation, be sure to visit The Trilogy Foundation's website at https://thetrilogyfoundation. org/donations.

Executive Director Corner

As 2019 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From our "Party in the USA" Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. It's truly been a pleasure.

I hope that you have a great Christmas and an unforgettable New Year. The next time I write, we'll be starting a new decade - and I can't wait to experience it with all of you.

Sincerely,

Christopher Fields **Executive Director**

PHOTO HIGHLIGHTS

Volunteer News

We need volunteers to help with Hanging of the Greens on December 2nd from 6-8pm to ensure our campus gets decorated beautifully for the holidays. Please get with Life Enrichment Director, Danielle Downey if interested in helping with decorating.



























MORE PHOTO HIGHLIGHTS

Out and About

Remember to R.S.V.P. for outings in advance with any Life Enrichment Team member.

Olive Garden: December 4th at 10:30am

Dollar Tree: December 11th at 10:30am Christmas Light Outings: December 11th and 18th at 6pm

Festival of Trees: Date TBD

R.O.M.E.O.: Arby's December 30th at 10:30am

Family Night

Please us for a holiday meal on December 17th at 5pm. Please R.S.V.P. to Life Enrichment Director, Danielle by December 13th.

Sunday Brunch

On December 15th join us for Sunday brunch! Each resident gets two guests for free and after that it's just \$7 per person. Please R.S.V.P. with Monica or any dining services team member.

Taste of Town

Good's Chocolate boxes for all residents on December 19th.

Did You Know...?

Happy Hour is on Fridays at 4pm by the fireplace on Assisted Living.



HEALTH CAMPUS A Trilogy Senior Living Community

1707 Bethany Road Anderson, IN 46012 765-622-1211 bethanypointehc.com | ♥ f

> Christopher Fields Executive Director

Julia Wilson-Stanbrough Administrator

Josiah Marx Administrator in Training

Sherry Kappus Director of Health Services

TBD Assistant Director of Health Services

> Jennifer Edgecomb Business Office Manager

Danielle Downey Life Enrichment Director

Justus Norris Director of Plant Operations

Monica McFerran Director of Food Services

Mitzi Ochoa Director of Environmental Services

> Craig Wampler Director of Admissions

Ana Maric Director of Social Servi<u>ces</u>

Ven Murugesan Director of Rehab Services

Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'Holiday Traditions'

a week. It's a great way to celebrate, and a great way to create lasting memories!

Plan a festive movie night. Whether it's *How the Grinch Stole Christmas* or *It's a Wonderful Life,* Christmas movies have the power of making the holidays even more enchanting than they already are. So sit back with a warm cup of coca, relax, and turn on a timeless holiday flick. From making melted-snowman cookies and candy jeweled gingerbread houses to surprise visits from Santa, our campus is sure to be full of merry moments and even merrier people this holiday season. We've loved listening to your stories about your holidays as children, and we're honored to be a part of your holidays as an adult. Merry Christmas from our family to yours!



| Word Gearch | | | | | | | | | | | | | | | | | | |
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| CARDS CAROLS CHRISTMAS COOKIES | | | | | ELF FESTIVE GRINCH HOLIDAY | | | | | M NOF | IGHT IOVI RTH I SANT | ES POLE | | SING SNOWMEN TRADITIONS TREE | | | | |

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