



BUS SCHEDULE:

TUESDAY
9-11AM-DR.
APPOINTMENTS

WEDNESDAY
9AM-SHOPPING

THURSDAY
9AM-BANKING
10AM-SHOPPING

**RIVER
COMMONS
GUEST SUITE:**

\$75.00 PER
NIGHT
INCLUDES 2
MEALS

MAX. STAY-3
CONSECUTIVE
NIGHTS

CALL AHEAD
FOR
RESERVATIONS
221-2121

NO PETS
ALLOWED

RESIDENT	BIRTHDAY	EMPLOYEE	BIRTHDAY
LINDA KING	NOV. 6 TH	ANDI	NOV. 3 RD
LEE HINKLE	NOV. 11 TH	SHERIE	NOV. 8 TH
PAT JOHNSON	NOV. 15 TH	SHEENA	NOV. 21 ST

Fall Word Scramble

Unscramble the words and write the letters in the boxes. Use the letters in the shaded boxes to form a new word that answers the riddle.

ULQIT

LAVEES


BEEESTRMP

SVRTAEH

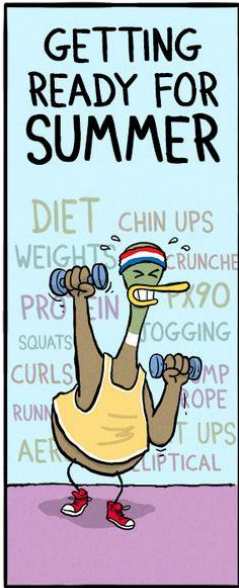
TECTHUNS

AUMUTN

ATOLFLOB



Q. What do you get when you drop a pumpkin?



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Do you love River Commons? Are you having fun living here? Are you surrounded by friendly neighbors? Write a Facebook or Google review and let everyone know what you think! □

River Commons

November 2019

River Commons
301 Hartnell Ave
Redding, CA 96002
530-221-2121



**Celebrating
November**

**Inspirational
Role Models
Month**

**American Indian
Heritage Month**

**Author's Day
November 1**

**Men Make
Dinner Day
November 7**

**Veterans Day:
U.S.
November 11**

**World Kindness
Day
November 13**

**Rock Your Mocs
Day
November 15**

**Thanksgiving:
U.S.
November 28**



Give Thanks



In Flanders' fields

By Lt. Col. John McCrae
Died January 25th, 1918, while on
active service in France.

In Flanders' fields the poppies blow
Between the crosses, row on row,
That mark our place, and in the sky
The larks still bravely singing fly,
Scarce heard amidst the guns below,
We are the dead: short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders' fields.

Take up our quarrel with the foe,
To you from falling hands we throw
The Torch—be yours to hold it high;
If ye break faith with us who die,
We shall not sleep, though poppies grow
In Flanders' fields.



Cle Ellingboe
By
Alpha Tolbert



Cle was born in Minot, North Dakota. During the depression they moved to Seattle. He had five sisters and one brother. Cle went to a one room schoolhouse. He was held back to wait for his sister to go to school, so that he could walk with her over one mile on a one lane logging road. The teacher had to teach first through sixth grade.

In high school, he chose to play baseball instead of football because of a bad knee. He became close friends with a fellow whose dad owned an auto mechanic shop. The friend's dad wasn't well, so he wanted his son to take over the business – Cle worked right along with his friend and learned auto mechanics. Cle graduated in 1946 and joined the Air Force. He was guaranteed the chance to go to tech school. He already had the auto mechanic skills. Basic training was in Texas and Mississippi. After tech school, he was assigned a base in Texas where he became an instructor teaching aircraft mechanics. He did that for a year then he was able to get on the flight line preparing planes for flight. Cle spent four years in the service.

Cle felt that he needed more education. He went to pre-engineering school, then went to night school and got a full degree in engineering. While in college, Cle met a lady in church in Englewood, CA. He didn't marry her until he was working full time and going to school at night. He does not know how his wife handled that. They had two girls and one boy. Cle worked thirty-three years with the same company, Rocketdyne, which was a division of North American Aviation.

Cle and his wife spent lots of time going from Los Angeles to Stockton and Seattle visiting relatives. They had friends in Redding and decided to move here. He designed their home and he sold it after his wife died. He lived in the Vineyards about six and half years then he decided he couldn't handle everything, so he sold his home. A friend knew about River Commons and steered Cle here. He is still adjusting to the schedule.

Cle visits and helps people with disabilities through his church. He gets them walkers and whatever they need, and he also repairs them.

Thank you, Cle for sharing with us.



Thanksgiving origins
1621 marks the first year the pilgrims celebrated a bountiful harvest and feasted for 3 days

First Thanksgiving menu
Wild goose or duck
Wild turkey
Deer
Flint Corn
Fish
Shellfish
Eels

Modern Thanksgiving menu
Turkey
Mashed Potatoes
Stuffing
Cranberry sauce
Gravy
Corn

It took Sarah Josepha Hale 36 years of campaigning to convince Abraham Lincoln to make Thanksgiving a national holiday in 1863

Fun fact
Sarah Josepha Hale also wrote the nursery rhyme "Mary Had A Little Lamb"

Thanksgiving dinner
96% of American families gather each Thanksgiving for a feast

28% of Americans will have more than 12 people at their table

\$50.11 is the average amount of money Americans spent for their Thanksgiving dinner in 2015

The average time spent cooking the Thanksgiving meal is 7 hours

Do you have room for pie?
Here are the percentage of pies eaten after dinner:

57% Pumpkin
14% Pecan
9% Sweet Potato
20% Other

Fun fact
The average time spent eating the meal is 16 minutes

Turkey time
Nearly 88% of Americans eat turkey as part of their Thanksgiving dinner

46 million turkeys are eaten in the United States on Thanksgiving

The average US citizen ate 16 pounds of turkey in 2012

Fun fact
The weight of the largest turkey ever raised is 86 pounds

5 most popular ways to serve leftover turkey:
sandwich, stew, chili, casseroles, burger

79% of Americans value their Thanksgiving leftovers more than their Thanksgiving meal

**THANKSGIVING
MAD LIB PRINTABLES**
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Today we are celebrating _____ dinner
at _____ 's house. When we arrived, my
_____ greeted us with a big, _____
kiss. Kisses are so _____! Now we're just
waiting for the _____ to come out of the oven.
My dad is watching _____ on TV. He always
shouts, "_____" when his team scores
a _____. Yessss!! Only _____ more minutes
until the _____ will be ready to eat. I wonder
if my mom will let me try the _____ first. My
grandma makes the best _____ pie! It smells
like _____. {Much better than my _____,
He/she smells like _____!}
Happy _____!

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"In November,
the trees are standing all
sticks and bones.
Without their leaves, how
lovely they are, spreading
their arms
like dancers."