

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2019



The Mansions at Alpharetta - Daybreak
Alzheimer's Awareness Month

<div></div> <h1>November 2019</h1> <div></div> <h2>The Mansions at Alpharetta - Daybreak</h2> <h3>Alzheimer's Awareness Month</h3>				<div>Extra Mile Day 1</div> <div>9:30am Music & Movement 10:00am Finish the Phrase 10:00 Brushstrokes of Color 11:30am FOX Sports 1:30pm Bingo with Friends 2:30pm Reminiscing 3:00pm Snack and Chat 6:30pm Color Creations</div>	<div>Walk to End ALZ 2</div> <div>9:00am ALZ Walk – Duluth 9:30am Sunrise Stretches 10:00a Coffee & Daily Chronicles 11:00am Letter of the Day 1:30pm Afternoon Walk 2:30pm Puzzles 3:00pm Snack and Chat 6:30pm Aroma Therapy 7:00pm Evening Snack</div>	
<div>“Fall Back” Day 3</div> <div>9:30am Moments of Faith 10:00am Brain Teasers 11:30am Catholic Service 1:30pm Bingo 2:30pm Snack Time & Trivia 3:30pm Kickball Circle 6:30pm Sunday Night Flick 7:00pm Evening Snack Daylight Saving Time Ends</div>	<div>Dream Catcher Day 4</div> <div>9:30am Sing-A-Long 10:00am Cooking & Crafts 10:45am Alpharetta Church Choir 11:00am Name Five 1:30pm Reminiscing 2:30pm FOX Pilates 3:00 pm Snack and Chat 3:30pm Bean Bag Tic Tac Toe 6:30 pm Evening Movie 7:00pm Evening Snack</div>	<div>Monopoly Day 5</div> <div>9:30am Moments of Faith 10:00am Tasty Tuesday Creations 11:30am FOX Yoga 1:30pm Brains and Balance 2:30pm Nail Care & Hand Messages 3:00pm Tasty Tuesday Social 3:30pm Dart Ball 6:30pm Andy Griffin Show 7:00pm Evening Snack</div>	<div>Double Meaning Day 6</div> <div>9:30 Daybreak Steppers 10:00am Double Meaning Words 10:00am Scenic Drive Outing <i>10:30 Music Therapy w/Kristen</i> 11:00am Bowling 1:30 Creative Corner (Arts/Crafts) 2:30pm FOX Pilates 3:00pm Snack and Chat 3:30pm Reminiscing 6:30pm Essential Oil Rub</div>	<div>Bake & Break Bread Day 7</div> <div>9:30am Moments of Faith 10:00a Active Minds: Scentscapes 10:30am Flower Arrangements 11:30am FOX Yoga 1:30pm Brains and Balance 2:30pm Categories 3:00pm Baked Bread Social 6:30pm Cornhole 7:00pm Evening Snack</div>	<div>“Gone with the Wind” Day 8</div> <div>9:30am Music & Movement 10:00am Finish the Phrase 10:00am Brushstrokes of Color 11:30am FOX Sports 11:30am Lunch Outing: Outback 1:30pm Bingo with Friends 2:30pm Reminiscing 3:00pm Snack and Chat 3:30pm Putting Green Golf 6:30pm Color Creations</div>	<div>Peanut Butter Day 9</div> <div>9:30am Sunrise Stretches 10:00a Coffee & Daily Chronicles 11:00am Letter of the Day 1:30pm Afternoon Walk 2:30pm Puzzles 3:00pm Snack and Chat 6:30pm Aroma Therapy 7:00pm Evening Snack</div>
<div>Vanilla Cupcake Day 10</div> <div>9:30am Moments of Faith 10:00am Brain Teasers 11:30am Catholic Service 1:30pm Bingo 2:30pm Snack Time & Trivia 3:30pm Kickball Circle 6:30pm Sunday Night Flick 7:00pm Evening Snack</div>	<div>Veterans Day 11</div> <div>9:30am Sing-A-Long 10:00am Cooking & Crafts 11:00am Name Five 3:30pm Celebrating Veterans 2:30pm FOX Pilates 3:00 pm Snack and Chat 3:30pm Bean Bag Tic Tac Toe 6:30 pm Evening Movie 7:00pm Evening Snack Veterans Day (US) Remembrance Day (Canada)</div>	<div>Treasure Tuesday 12</div> <div>9:30am Moments of Faith 10:00am Tasty Tuesday Creations 11:30am FOX Yoga 1:30pm Brains and Balance 2:30pm Nail Care & Hand Messages 3:00pm Tasty Tuesday Social 3:30pm Dart Ball 6:30pm Andy Griffin Show 7:00pm Evening Snack</div>	<div>World Kindness Day 13</div> <div>9:30am Daybreak Steppers 10:30am Bingo with Friends 11:00am Bowling 11:30am Lunch Outing 1:30 Creative Corner “Thankful For” 2:30pm FOX Pilates 3:00pm Snack and Chat 3:30pm Reminiscing 6:30pm Essential Oil Rub 7:00pm Puzzles & Evening Snack</div>	<div>International Girls Day 14</div> <div>9:30am Moments of Faith 10:00a Active Minds: Scentscapes 10:30am Flower Arrangements 11:30am FOX Yoga 1:30pm Brains and Balance 2:30pm Categories 3:00pm Ice Cream Social 6:30pm Cornhole 7:00pm Evening Snack</div>	<div>Take Me to the Races 15</div> <div>9:30am Music & Movement 10:00am Finish the Phrase 10:30am Brushstrokes of Color 11:30am FOX Sports 1:30pm Bingo with Friends 2:30pm Reminiscing: Nascar 3:00pm Snack and Chat 3:30pm Putting Green Golf 6:30pm Color Creations</div>	<div>Sing A Song Day 16</div> <div>9:30am Sunrise Stretches 10:00a Coffee & Daily Chronicles 11:00am Letter of the Day 1:30pm Afternoon Walk 2:30pm Puzzles 3:00pm Snack and Chat 6:30pm Aroma Therapy 7:00pm Evening Snack</div>
<div>World Peace Day 17</div> <div>9:30am Moments of Faith 10:00am Brain Teasers 11:30am Catholic Service 1:30pm Bingo 2:30pm Snack Time & Trivia 3:30pm Kickball Circle 6:30pm Sunday Night Flick 7:00pm Evening Snack</div>	<div>Happy Birthday Mickey! 18</div> <div>9:30am Sing-A-Long 10:00am Cooking & Crafts 11:00am Name Five 1:30pm Reminiscing: Mickey Mouse/Walt Disney 2:30pm FOX Pilates 3:00 pm Snack and Chat 3:30pm Bean Bag Tic Tac Toe 6:30 pm Evening Movie 7:00pm Evening Snack</div>	<div>Sleep Easy Day 19</div> <div>9:30am Moments of Faith 10:00am Tasty Tuesday Creations 11:30am FOX Yoga 1:30pm Brains and Balance 2:30pm Nail Care & Hand Messages 3:00pm Tasty Tuesday Social 3:30pm Dart Ball 4:30pm Family Thanksgiving Dinner 7:00pm Andy Griffin Show</div>	<div>National Rose Day 20</div> <div>9:30 Daybreak Steppers <i>10:30 Music Therapy w/Kristen</i> 11:00am Bowling 1:30 Creative Corner (Arts/Crafts) 2:30pm FOX Pilates 3:00pm Snack and Chat 3:30pm Reminiscing 6:30pm Essential Oil Rub 6:30pm Daybreak Family Meeting 7:00pm Puzzles & Evening Snack</div>	<div>World “Hello” Day 21</div> <div>9:30am Moments of Faith 10:00a Active Minds: Scentscapes 10:30am Flower Arrangements 11:30am FOX Yoga 1:30pm Brains and Balance 2:30pm Birthday Celebration 3:00pm Ice Cream Social 6:30pm Cornhole 7:00pm Evening Snack</div>	<div>“Stardust” Day 22</div> <div>9:30am Music & Movement 10:00am Finish the Phrase 10:00 Brushstrokes of Color 11:30am FOX Sports 1:30pm Bingo with Friends 2:30pm Reminiscing 3:00pm Snack and Chat 3:30pm Putting Green Golf 6:30pm Color Creations Happy Birthday Glen Stow!</div>	<div>Family Volunteer Day 23</div> <div>9:30am Sunrise Stretches 10:00a Coffee & Daily Chronicles 11:00am Letter of the Day 1:30pm Afternoon Walk 2:30pm Puzzles 3:00pm Snack and Chat 6:30pm Aroma Therapy 7:00pm Evening Snack</div>
<div>Stir Up Sunday 24</div> <div>9:30am Moments of Faith 10:00am Brain Teasers 11:30am Catholic Service 1:30pm Bingo 2:30pm Snack Time & Trivia 3:30pm Kickball Circle 6:30pm Sunday Night Flick 7:00pm Evening Snack</div>	<div>Rudolph’s Red Nose Day 25</div> <div>9:30am Sing-A-Long 10:00am Cooking & Crafts 11:00am Atlanta History Center 11:00am Name Five 1:30pm Reminiscing 2:30pm FOX Pilates 3:00 pm Snack and Chat 3:30pm Bean Bag Tic Tac Toe 6:30 pm Evening Movie 7:00pm Evening Snack</div>	<div>National Cake Day 26</div> <div>9:30am Moments of Faith 10:00am Tasty Tuesday Creations 11:30am FOX Yoga 1:30pm Brains and Balance 2:30pm Nail Care & Hand Messages 3:00pm Tasty Tuesday Social 3:30pm Dart Ball 6:30pm Andy Griffin Show 7:00pm Evening Snack</div>	<div>Pumpkin Pie Day 27</div> <div>9:30am Daybreak Steppers 10:30am Bingo with Friends 11:00am Bowling 1:30 Creative Corner (Arts/Crafts) 2:30pm FOX Pilates 3:00pm Pumpkin Pie Snack and Chat 3:30pm Reminiscing 6:30pm Essential Oil Rub 7:00pm Puzzles & Evening Snack Happy Birthday Bobbye Berry!</div>	<div>Happy Thanksgiving 28</div> <div>9:00am Moments of Faith 9:00am Macy’s Thanksgiving Parade 10:30am Flower Arrangements 11:00am Reminiscing: Give Thanks 2:30pm Categories 3:00pm Ice Cream Social 6:30pm Cornhole 7:00pm Evening Snack Thanksgiving Day (US)</div>	<div>Leftover Friday 29</div> <div>9:30am Music & Movement 10:00am Finish the Phrase 10:00 Brushstrokes of Color 11:30am FOX Sports 1:30pm Bingo with Friends 2:30pm Reminiscing: Dear Santa 3:00pm Snack and Chat 3:30pm Putting Green Golf 6:30pm Color Creations</div>	<div>Dick Clark B-Day 30</div> <div>9:30am Sunrise Stretches 10:00a Coffee & Daily Chronicles 11:00am Letter of the Day 1:30pm Afternoon Walk 2:30pm Puzzles 3:00pm Snack and Chat 6:30pm Aroma Therapy 7:00pm Evening Snack</div>