

# NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans  <b>CC</b> - Community Connections  <b>CC</b> - Creative Cooking  <b>GF</b> - Gathering of Friends  <b>G</b> - Generations  <b>I</b> - Inspirations  <b>JG</b> - Just the Guys  <b>K</b> - Keeping it Sharp/Reminisce  <b>L</b> - Lifelong Learning  <b>MN</b> - Mindful Moments  <b>M</b> - Music to My Ears</p>	<p>Please check your daily chronicle for the most accurate day schedule, as activities are subject to change based on weather, supplies, and staffing. Thank You!</p>	<p>Location Key:                      Activity Room = AR                      Dining Room = DR                      Activity Room Patio = ARP                      Nursing Patio = NP</p>	<p>Sign up with the Life Enrichment team to reserve your spot for the outings!</p>	<p>Stay up to date! Follow us on Facebook and Twitter.</p>	<p><b>1</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>I</b> 11:00 Devotional Club - DR  <b>CC</b> 1:15 Pan de Muertos - AR  <b>S</b> 3:00 Happy Hour - DR</p>	<p><b>2</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>V</b> 11:00 Trilogy Fit - DR  <b>A</b> 1:15 Thankful Tree - AR  <b>K</b> 2:30 Bingo - AR</p>
<p><b>3</b> Daylight Savings Ends</p> <p><b>I</b> 10:00 Catholic Service - TV  <b>MN</b> 10:00 Mindful Moments - AR  <b>V</b> 11:00 Trilogy Fit - DR  <b>L</b> 1:15 Virtual Reality Experience- AR  <b>I</b> 2:30 Chicken Soup Stories for the Soul - AR</p>	<p><b>4</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>S</b> 10:30 Chef's Circle - DR  <b>JG</b> 12:00 Men's Luncheon - Hall 1  <b>I</b> 1:15 Hospitality Committee - Veteran's Day Appreciation - AR  <b>K</b> 2:30 Bingo - DR  <b>M</b> 4:00 Music &amp; Memories - DR</p>	<p><b>5</b> Election Day</p> <p><b>MN</b> 10:00 Mindful Moments - AR  <b>O</b> 11:00 Walgreens  <b>S</b> 1:15 Resident Council - AR  <b>M</b> 2:30 Music Therapy with Libby - AR  <b>A</b> 3:30 Fall Canvas Painting - AR  <b>GF</b> 6:00 Movie Night - AR</p>	<p><b>6</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>I</b> 10:30 Bible Lesson - DR  <b>K</b> 1:15 Dominoes - AR  <b>L</b> 2:30 Women Who Shaped America - AR  <b>V</b> 4:00 Shooting Turkeys Balloon Game - DR  <b>M</b> 6:00 Name that Croon - AR</p>	<p><b>7</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>O</b> 11:00 Scenic Drive  <b>S</b> 1:15 Inspired Living Committee - AR  <b>L</b> 2:30 Virtual Reality Experience - AR  <b>GF</b> 3:00 Garden Club - Pumpkin Bird Feeders - AR  <b>K</b> 4:00 Thursday Trivia - DR</p>	<p><b>8</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>M</b> 10:30 Hymn Sing - DR  <b>CC</b> 1:15 Snickerdoodle Cookies - AR  <b>S</b> 3:00 Happy Hour - DR</p>	<p><b>9</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>V</b> 11:00 Trilogy Fit - DR  <b>A</b> 1:15 Fall Leaves Dot Painting - AR  <b>K</b> 2:30 Bingo - AR</p>
<p><b>10</b>  <b>I</b> 10:00 Catholic Service - TV  <b>MN</b> 10:00 Mindful Moments - AR  <b>V</b> 11:00 Trilogy Fit - DR  <b>L</b> 1:15 Virtual Reality Experience- AR  <b>I</b> 2:30 Non-denominational Church Service - DR</p>	<p><b>11</b> Veterans Day</p> <p><b>CC</b> 8:30 Veteran's Day Celebration - DR  <b>MN</b> 10:00 Mindful Moments - AR  <b>S</b> 10:30 Chef's Circle - DR  <b>G</b> 1:15 Veteran's Day Assembly - Lakeside Elementary  <b>M</b> 4:00 Music &amp; Memories - DR</p>	<p><b>12</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>O</b> 11:00 Dollar Tree  <b>S</b> 12:00 Taste of Town - DR  <b>JG</b> 2:30 Just the Guys - AR  <b>A</b> 3:30 Quirky Turkey Door Décor - AR  <b>GF</b> 6:00 Movie Night - AR</p>	<p><b>13</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>I</b> 10:30 Bible Lesson - DR  <b>K</b> 1:15 Dominoes - AR  <b>L</b> 2:30 Women Who Shaped America - AR  <b>V</b> 4:00 Stuff the Turkey Game - DR  <b>M</b> 6:00 Name that Croon - AR</p>	<p><b>14</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>V</b> 11:00 Trilogy Fit - DR  <b>O</b> 1:15 Grand Rapids Art Museum  <b>L</b> 2:30 Virtual Reality Experience - AR  <b>K</b> 4:00 Thursday Trivia - DR  <b>K</b> 6:00 Bingo - AR</p>	<p><b>15</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>I</b> 11:00 Devotional Club - DR  <b>CC</b> 1:30 Nutella Cocoa Bites - AR  <b>M</b> 3:00 Entertainment by Bing Higbee - DR  <b>S</b> 3:00 Happy Hour - DR</p>	<p><b>16</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>V</b> 11:00 Trilogy Fit - DR  <b>A</b> 1:15 Pony Bead Indian Corn Craft- AR  <b>K</b> 2:30 Bingo - AR</p>
<p><b>17</b>  <b>I</b> 10:00 Catholic Service - TV  <b>MN</b> 10:00 Mindful Moments - AR  <b>S</b> 11:00 Sunday Brunch - DR  <b>L</b> 1:15 Virtual Reality Experience- AR  <b>I</b> 2:30 Chicken Soup Stories for the Soul - AR</p>	<p><b>18</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>S</b> 10:30 Chef's Circle - DR  <b>I</b> 1:15 Hospitality Committee - Kid's Food Basket Bags - AR  <b>K</b> 2:30 Bingo - DR  <b>M</b> 4:00 Music &amp; Memories - DR</p>	<p><b>19</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>O</b> 11:00 Cracker Barrel  <b>M</b> 2:30 Music Therapy with Libby - AR  <b>A</b> 3:30 Pinecone Turkeys - AR  <b>GF</b> 6:00 Movie Night - AR</p>	<p><b>20</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>I</b> 10:30 Bible Lesson - DR  <b>O</b> 11:00 The Little Mermaid Musical  <b>K</b> 1:15 Dominoes - AR  <b>L</b> 2:30 Women Who Shaped America - AR  <b>V</b> 4:00 Turkey Bowling - DR  <b>M</b> 6:00 Name that Croon - AR</p>	<p><b>21</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>V</b> 11:00 Trilogy Fit - DR  <b>K</b> 1:15 The Gratitude Game - AR  <b>L</b> 2:30 Virtual Reality Experience - AR  <b>GF</b> 3:00 Garden Club - Indoor Herb Garden - AR  <b>K</b> 4:00 Thursday Trivia - DR</p>	<p><b>22</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>I</b> 11:00 Devotional Club - DR  <b>CC</b> 1:15 Easy Cookie Dip - AR  <b>S</b> 3:00 Happy Hour - DR</p>	<p><b>23</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>V</b> 11:00 Trilogy Fit - DR  <b>A</b> 1:15 Fall Hedgehog Craft - AR  <b>K</b> 2:30 Bingo - AR</p>
<p><b>24</b>  <b>I</b> 10:00 Catholic Service - TV  <b>MN</b> 10:00 Mindful Moments - AR  <b>V</b> 11:00 Trilogy Fit - DR  <b>L</b> 1:15 Virtual Reality Experience- AR  <b>I</b> 2:30 Non-denominational Church Service - DR</p>	<p><b>25</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>S</b> 10:30 Chef's Circle - DR  <b>O</b> 11:00 Byron Center Drive  <b>I</b> 1:15 Hospitality Committee - Tied Fleece Lap Blankets - AR  <b>K</b> 2:30 Bingo - DR  <b>M</b> 4:00 Music &amp; Memories - DR</p>	<p><b>26</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>O</b> 11:00 Fuji Yama  <b>JG</b> 2:30 Just the Guys - AR  <b>A</b> 3:30 Paper Plate Pumpkin Pie Craft - AR  <b>GF</b> 6:00 Movie Night - AR</p>	<p><b>27</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>I</b> 10:30 Bible Lesson - DR  <b>K</b> 1:15 Dominoes - AR  <b>L</b> 2:30 Women Who Shaped America - AR  <b>V</b> 4:00 Wishbone Toss - DR  <b>M</b> 6:00 Name that Croon - AR</p>	<p><b>28</b> Thanksgiving</p> <p><b>GF</b> 9:00 Macy's Day Parade  <b>MN</b> 10:00 Mindful Moments - AR  <b>V</b> 11:00 Armchair Turkey Trot - AR  <b>GF</b> 12:30 Bears vs. Lions  <b>K</b> 1:15 Turkey Ticklers - AR  <b>K</b> 2:30 Thanksgiving Bingo - DR</p>	<p><b>29</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>I</b> 11:00 Devotional Club - DR  <b>CC</b> 1:15 Hazelnut Hot Cocoa - AR  <b>M</b> 3:00 Entertainment by Marvin Lutrell - DR  <b>S</b> 3:00 Happy Hour - DR</p>	<p><b>30</b>  <b>MN</b> 10:00 Mindful Moments - AR  <b>V</b> 11:00 Trilogy Fit - DR  <b>A</b> 1:15 Christmas Wreath - AR  <b>K</b> 2:30 Bingo - AR</p>