

NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events	THANKSGIVING BRUNCH: November 10th 11 a.m.-1 p.m. Please RSVP to the Director of Food Services by Thursday, November 7th. Each resident is allowed 2 guests for free. Each additional guest will need to purchase a \$7 meal ticket.	TS - Town Square AR - Activity Room CW - Campus Wide AL-LR - Assisted Living-Living Room AL-DR - Assisted Living-Dining Room HC-DR - Health Center-Dining Room SR - Sun Room <i>*Cost associated with Activity</i>	"Activities subject to change, you will be informed via LifeShare." *State Survey Results located in lobby near business office. *Ombudsman number located in Town Square near drinking fountain.	Holiday FAMILY NIGHT DINNER: Contact Life Enrichment for details and reservations 810.606.9950. *Assisted Living: Tuesday, Nov. 12th 5 pm Please join us for a complimentary meal provided by	1 V 10:15 Trilogy Exercise (TS) GC 10:30 Craft Show with FWOGC (TS) I 1:15 In the SPOTLIGHT (TS) V 1:45 Wii Bowling (TS) M 3:00 Happy Hour w/Joe P. (TS)	2 S 8:45 Leisure Cart (TS) GC 10:00 Bingo (TS) K 1:30 DIY Games, Puzzles, & Coloring (AR/TS) V 3:15 Noodle Ball (TS)
3 Daylight Savings Ends	4 V 10:15 Trilogy Exercise (TS) K 11:00 BOOK Club (AR) M 1:15 GLEE Club (AR) CC 2:00 Cooking: "LET'S MAKE PIE!" (HC-DR) S 3:15 BEER Club (AR) A 3:15 "Thank You" Ornaments (TS)	5 Election Day V 9:15 Wii Bowling (TS) I 9:15 Communion (CW) V 9:30 Chair Yoga w/Cheri (AR) O 10:30 OUT: Logan's Steakhouse (\$) CC 1:00 Pet Visits (CW) K 1:15 Games w/MARIA (TS) K 3:15 ELECTION DAY SOCIAL: Cast your vote for your	6 K 9:30 Coffee Talk & The Daily EXTRA (AL-LR) V 10:15 Trilogy Exercise (TS) K 1:15 Card Club (TS) M 2:15 Music & Dance (AR) V 3:00 Chair Yoga (TS) L 3:45 BOOKS & BIO'S (TS)	7 O 9:30 OUT: Morning COLOR TOUR I 10:00 Bible Study (Sun Room) A 1:00 WHEELCHAIR/WALKER Decorating for Veteran's Day (TS) O 2:30 OUT: Afternoon COLOR TOUR S 2:30 Chef's Circle (AR)	8 V 10:15 Trilogy Exercise (TS) V 1:15 Wii Bowling (TS) M 3:00 Happy Hour "KARAOKE & PATRIOTIC SING-ALONG" (TS)	9 S 8:45 Leisure Cart (TS) GC 10:00 Bingo (TS) K 1:30 DIY Games, Puzzles, & Coloring (AR/TS) V 3:15 Bocce Ball (TS)
10 S 8:45 Leisure Cart (TS) I 10:00 Church Services (TS) S 11:00 THANKSGIVING Brunch 11-1 (Dining) V 2:30 Sunday Stretch (AL-DR) K 3:15 DIY Games, Coloring, & Puzzles (AR/TS)	11 Veterans Day K 9:15 Coffee Talk & A Veteran's Day Discussion (TS) V 10:15 Trilogy Exercise (TS) I 11:15 VETERAN'S DAY Parade (TS) A 1:15 Inspired Coloring & Cards for Veteran's Day (TS)	12 V 9:15 Wii Bowling (TS) I 9:15 Communion (CW) V 10:00 CARDIO Drumming (AR) CC 1:00 Pet Visits (CW) O 1:15 OUT: Bowling (\$) K 1:15 Games w/MARIA (TS) A 3:15 CROCHET Class (AR) S 5:00 Holiday FAMILY NIGHT Dinner w/ Daniel B. (AL-	13 K 9:30 Coffee Talk & The Daily EXTRA (AL-LR) V 10:15 Trilogy Exercise (TS) S 11:00 Calendar Planning (TS) K 1:15 Card Club (TS) M 2:15 Music & Dance (AR) V 3:00 Chair Yoga (TS) L 3:45 BOOKS & BIO'S (TS)	14 I 10:00 Bible Study (Sun Room) O 10:30 OUT: Lunch at Frankenmuth (\$) V 11:00 Balloon Volleyball (TS) A 1:30 Craft Corner (AR) S 2:30 Chef's Circle (AR) L 3:00 For-Mar On the Road (TS) GF 6:15 Bingo (TS)	15 V 10:15 Trilogy Exercise (TS) I 1:15 In the SPOTLIGHT (TS) V 1:45 Wii Bowling (TS) M 3:00 "MI vs. MI STATE" Happy Hour w/Jim H. (TS)	16 S 8:45 Leisure Cart (TS) GC 10:00 Bingo (TS) GF 12:00 MICHIGAN VS. MICHIGAN STATE-TBD (TS) I 12:00 SHOW YOUR TEAM SPIRIT "Wear Blue & Gold or Green & White" K 1:30 DIY Games, Puzzles, & Coloring (AR/TS)
17 S 8:45 Leisure Cart (TS) I 10:00 Church Services (TS) V 1:30 Sunday Stretch: MIND & BODY (AL-DR) K 3:15 DIY Games, Coloring, & Puzzles (AR/TS)	18 V 10:15 Trilogy Exercise (TS) K 11:00 BOOK Club (AR) M 1:15 GLEE Club (AR) CC 2:15 "HOLIDAY DIPS & APPETIZERS" (HC-DR) A 3:15 Ribbon Laced "BARLEY BOOKMARK" & "FINGERPRINT" Turkey Cards (AR)	19 V 9:15 Wii Bowling (TS) I 9:15 Communion (CW) V 9:30 Chair Yoga w/ Cheri (AR) O 10:00 OUT: Lunch & MGM Casino (\$) CC 1:00 Pet Visits (CW) K 1:15 Games w/MARIA (TS) S 4:30 Leisure Cart (TS)	20 K 9:30 Coffee Talk & The Daily EXTRA (AL-LR) V 10:15 Trilogy Exercise (TS) S 11:00 Resident Council (AR) K 1:15 Card Club (TS) M 2:15 Music & Dance (AR) V 3:00 Chair Yoga (TS) L 3:45 BOOKS & BIO'S (TS)	21 O 9:30 OUT: RITE-AID I 10:00 Bible Study (Sun Room) V 11:00 Balloon Volleyball (TS) GF 1:15 Matinee & Popcom (AR/TS) S 2:30 Chef's Circle (AR) GF 6:15 Bingo (TS)	22 V 10:15 Trilogy Exercise (TS) V 1:15 Wii Bowling (TS) M 3:00 "NOVEMBER BIRTHDAY BASH" w/MO (TS)	23 S 8:45 Leisure Cart (TS) GC 10:00 Bingo (TS) K 1:30 DIY Games, Puzzles, & Coloring (AR/TS) V 3:15 Bocce Ball (TS)
24 S 8:45 Leisure Cart (TS) I 10:00 Church Services (TS) L 1:15 The MACY'S DAY THANKSGIVING PARADE & Trivia (AR) V 2:30 Sunday Stretch: MIND & BODY (AR) K 3:15 DIY Games, Coloring, & Puzzles (AR/TS)	25 V 10:15 Trilogy Exercise (TS) K 11:00 BOOK Club (AR) M 1:15 GLEE Club (AR) CC 2:15 Cooking: "PUMPKIN ROLL & PUPPY CHOW" (HC-DR) A 3:15 "QUIRKY, TURKEY" Door Decor (TS)	26 V 9:15 Wii Bowling (TS) I 9:15 Communion (CW) O 10:45 OUT: FPL Armchair Traveler CC 1:00 Pet Visits (CW) K 1:15 Games w/MARIA (TS) A 3:15 Crochet Class (AR) V 3:30 TURKEY SHOOT (TS) S 4:30 Leisure Cart (TS)	27 K 9:30 Coffee Talk & The Daily EXTRA (AL-LR) V 10:15 Trilogy Exercise (TS) S 11:45 MEN'S LUNCHEON (AR) K 1:15 Card Club (TS) M 2:15 Music & "THE ARM CHAIR TURKEY TROT" (AR) V 3:00 Chair Yoga (TS)	28 Thanksgiving GF 10:00 TURKEY BOWL Bingo (TS) V 1:30 Bocce Ball (TS) I 3:00 WISHBONE TOSS & THANKSGIVING Reminsce (TS)	29 V 10:15 Trilogy Exercise (TS) I 1:15 In the SPOTLIGHT (TS) V 1:45 Wii Bowling (TS) S 2:30 Chef's Circle (AR) M 3:00 Happy Hour w/Paul K. (TS)	30 S 8:45 Leisure Cart (TS) GC 10:00 Bingo (TS) K 1:30 DIY Games, Puzzles, & Coloring (AR/TS) V 3:15 Noodle Ball (TS)

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A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About	THANKSGIVING BRUNCH: November 10th 11:00-1:00. Please RSVP to the Director of Food Services by Thursday, November 7th. Each resident is allowed 2 guests for free. Each additional guest will need to purchase a \$7 meal ticket.	TS - Town Square AR - Activity Room CW - Campus Wide AL-LR - Assisted Living-Living Room AL-DR - Assisted Living-Dining Room HC-DR - Health Center-Dining Room 200-LR - 200 Hall Living Room CP - Campus Dining Room	"Activities subject to change, you will be informed via LifeShare." *State Survey Results located in lobby near business office. *Ombudsman number located in Town Square next to the drinking fountain.	Holiday FAMILY NIGHT DINNER: Contact Life Enrichment for details and reservations 810.606.9950. *Health Care/Rehab: Wednesday, Nov. 13th 5pm Please join us for a complimentary dinner provided by our dining staff. Live dinner music	1 V 10:15 Trilogy Exercise (TS) GC 10:30 Craft Show with FWOGC (TS) MM 11:15 Mindful Moments (200- LR) I 1:15 In the SPOTLIGHT (TS) V 1:45 Wii Bowling (TS) M 3:00 Happy Hour w/Joe P. (TS)	2 S 8:45 Leisure Cart (TS) MM 9:00 REMINISCE (200-LR) GC 10:00 Bingo (TS) K 1:30 DIY Games, Puzzles, & Coloring (AR/TS) V 3:15 Noodle Ball (TS)
3 Daylight Savings Ends	4	5 Election Day	6	7	8	9
S 8:45 Leisure Cart (TS) MM 9:15 REMINISCE (200-LR) I 10:00 Church Services (TS) V 1:30 Sunday Stretch: MIND & BODY (AL-DR) K 3:15 DIY Games, Coloring, & Puzzles (AR/TS)	V 10:15 Trilogy Exercise (TS) MM 10:30 Trivia (200-LR) K 11:00 BOOK Club (AR) M 1:15 GLEE Club (AR) CC 2:00 Cooking: "LET'S MAKE PIE!" (HC-DR) S 3:00 Chef's Circle (HC-DR) S 3:15 BEER Club (AR) A 3:15 "Thank You"	V 9:15 Wii Bowling (TS) I 9:15 Communion (CW) O 10:30 OUT: Logan's Steakhouse (\$) CC 1:00 Pet Visits (CW) K 1:15 Games w/MARIA (TS) K 3:15 ELECTION DAY SOCIAL: Cast your vote for your favorite pie! (TS)	V 10:15 Trilogy Exercise (TS) S 11:00 Resident Council (Library) K 1:15 Card Club (TS) M 2:15 Music & Dance (AR) V 3:00 Chair Yoga (TS) L 3:45 BOOKS & BIO'S (TS) MM 4:00 Mindful Moments (200- LR)	O 9:30 OUT: Morning COLOR TOUR I 10:00 Bible Study (Sun Room) A 1:00 WHEELCHAIR/WALKER Decorating for Veteran's Day (TS) O 2:30 OUT: Afternoon COLOR TOUR MM 4:00 Mindful Moments (200- LR)	V 10:15 Trilogy Exercise (TS) MM 11:15 Mindful Moments (200- LR) V 1:15 Wii Bowling (TS) M 3:00 Happy Hour "KARAOKE & PATRIOTIC SING- ALONG" (TS)	S 8:45 Leisure Cart (TS) MM 9:15 REMINISCE (200-LR) GC 10:00 Bingo (TS) K 1:30 DIY Games, Puzzles, & Coloring (AR/TS) V 3:15 Bocce Ball (TS)
10	11 Veterans Day	12	13	14	15	16
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17	18	19	20	21	22	23
S 8:45 Leisure Cart (TS) MM 9:15 REMINISCE (200-LR) I 10:00 Church Services (TS) V 1:30 Sunday Stretch: MIND & BODY (AL-DR) K 3:15 DIY Games, Coloring, & Puzzles (AR/TS)	V 10:15 Trilogy Exercise (TS) MM 10:30 Trivia (200-LR) K 11:00 BOOK Club (AR) M 1:15 GLEE Club (AR) CC 2:15 "HOLIDAY DIPS & APPETIZERS" (HC-DR) S 3:00 Chef's Circle (HC-DR) A 3:15 Ribbon Laced "BARLEY BOOKMARK" &	V 9:15 Wii Bowling (TS) I 9:15 Communion (CW) O 10:00 OUT: Lunch & MGM Casino (\$) CC 1:00 Pet Visits (CW) K 1:15 Games w/MARIA (TS) MM 4:00 Mindful Moments (200- LR) S 4:30 Leisure Cart (TS)	V 10:15 Trilogy Exercise (TS) K 1:15 Card Club (TS) M 2:15 Music & Dance (AR) V 3:00 Chair Yoga (TS) L 3:45 BOOKS & BIO'S (TS) MM 4:00 Mindful Moments (200- LR)	O 9:30 OUT: RITE-AID I 10:00 Bible Study (Sun Room) V 11:00 Balloon Volleyball (TS) GF 1:15 Matinee & Popcom (AR/TS) MM 4:00 Mindful Moments (200- LR) GF 6:15 Bingo (TS)	V 10:15 Trilogy Exercise (TS) MM 11:15 Mindful Moments (200- LR) V 1:15 Wii Bowling (TS) M 3:00 "NOVEMBER BIRTHDAY BASH" w/MO (TS)	S 8:45 Leisure Cart (TS) MM 9:15 REMINISCE (200-LR) GC 10:00 Bingo (TS) K 1:30 DIY Games, Puzzles, & Coloring (AR/TS) V 3:15 Bocce Ball (TS)
24	25	26	27	28 Thanksgiving	29	30
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NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BRUNCH: "Thanksgiving" November 10th 11a.m-1p.m. Please RSVP to the Director of Food Services by Thursday November 7th. Each resident is allowed 2 guests for free. Each additional guest will need to purchase a \$7 meal ticket.		"Activities subject to change, you will be informed via LifeShare."	Let your smile change the world, but don't let the world change your smile.		1 Comucopia Pass Word Poem Apple-Cranberry Crumb Bars Relax & Recharge Comcob Painting November Happy Hour Pin the Tail on Bessie Healthy Hands LifeShare Games	2 Mindfulness Matters Turn Over Monster Cookies Relax & Recharge Orange Clove Gift Saturday Jazz Life on the Farm Healthy Hands Aquapainting
3 Daylight Savings Ends	4	5 Election Day	6	7	8	9
Bowling Create a Caption Sandwich Cookies Relax & Recharge Button Trees Glee Club Image Snap Healthy Hands Old Time Theater	#BurnBeforeTheBird Football Frenzy! Layered Chili Cheese Dip Relax & Recharge Gourd-geous Paint Out to Formar Musical Moments Horseshoes Healthy Hands	Cowboy Boogie Communion (CW) Best Friends Forever! S'more Crescent Rolls Relax & Recharge Pet Visits (CW) Creative Storytelling Toot Your Flute Roll the Die & Break the Ice	Chair Swimming Autumn Spelling Words Hearty Ham & Bean Soup Relax & Recharge Thanksgiving Gratitude Tree Pass The Beat Lollipop Paddle Healthy Hands Garden Scentscape	Turkey Trot Reverse Hangman Mother's Pumpkin Bread Relax & Recharge Fall Garland Feel The Heartbeat Turkey Toss Healthy Hands A Time for Tea!	Comucopia Pass Word Poem Orange Cranberry Bread Relax & Recharge Cloth Tie Wreath November Happy Hour Pin the Tail on Bessie Healthy Hands LifeShare Games	Mindfulness Matters Turn Over Peanut Butter Pudding Cake Relax & Recharge Foam Fortune Cookies Saturday Jazz Life on the Farm Healthy Hands Aquapainting
10	11 Veterans Day	12	13	14	15	16
Bowling Create a Caption Homemade Vanilla Cupcakes Relax & Recharge Feather Paint Glee Club Image Snap Healthy Hands Old Time Theater	#BurnBeforeTheBird Coffee Talk & A Veteran's Day Discussion (TS) Football Frenzy! Navy Bean Vegetable Soup VETERAN'S DAY Parade (TS) Relax & Recharge Out for Scenic Drive Veterans Day Heart Card	Cowboy Boogie Communion (CW) Best Friends Forever! Sugar-free Pumpkin Cake Relax & Recharge Pet Visits (CW) Autumn Leaf Stamping Toot Your Flute Roll the Die & Break the Ice	Chair Swimming Autumn Spelling Words Pretzel No Bake Cookies Relax & Recharge Beaded Pumpkins Pass The Beat Lollipop Paddle Healthy Hands Garden Scentscape	Turkey Trot Reverse Hangman Apple Praline Bread Relax & Recharge A Man's Masterpiece Feel The Heartbeat Turkey Toss Healthy Hands A Time for Tea!	Comucopia Pass Word Poem Grands Monkey Bread Relax & Recharge Q-tip Trees November Happy Hour Pin the Tail on Bessie Healthy Hands LifeShare Games	Mindfulness Matters Turn Over Cranberry Orange Salsa Spread Relax & Recharge Sensory Paint Saturday Jazz Life on the Farm Healthy Hands Aquapainting
17	18	19	20	21	22	23
Bowling Create a Caption Fruit Bread Relax & Recharge Creative Storytelling Glee Club Image Snap Healthy Hands Old Time Theater	#BurnBeforeTheBird Football Frenzy! Tuscan Pumpkin Soup Relax & Recharge Collaborative Weaving Out to Planetarium Musical Moments Horseshoes Healthy Hands	Cowboy Boogie Communion (CW) Best Friends Forever! Caramel Stuffed Snickerdoodles Relax & Recharge Pet Visits (CW) Thumbprint Dandelion Toot Your Flute Roll the Die & Break the Ice	Chair Swimming Autumn Spelling Words Sugar-free Oatmeal Spice Muffins Relax & Recharge Poppy Field Collage Pass The Beat Lollipop Paddle Healthy Hands Garden Scentscape	Turkey Trot Reverse Hangman Jiffy Cornbread Casserole Relax & Recharge Picture Prompts Feel The Heartbeat Turkey Toss Healthy Hands A Time for Tea!	Comucopia Pass Word Poem Autumn Cheese Ball Relax & Recharge Spice Painting November Happy Hour Pin the Tail on Bessie Healthy Hands LifeShare Games	Mindfulness Matters Turn Over Mini Pecan Pies Relax & Recharge Chihuly Inspired Glass Art Saturday Jazz Life on the Farm Healthy Hands Aquapainting
24	25	26	27	28 Thanksgiving	29	30
Bowling Create a Caption Game Day BLT Dip Relax & Recharge Thankfulness Collage Glee Club Image Snap Healthy Hands Old Time Theater	#BurnBeforeTheBird Football Frenzy! Ham & Potato Soup Relax & Recharge Mystery Drawing Out for a Treat. Musical Moments Horseshoes Healthy Hands	Cowboy Boogie Communion (CW) Best Friends Forever! Warm Apple Dip Relax & Recharge Pet Visits (CW) Deck of Wit & Wisdom Toot Your Flute Roll the Die & Break the Ice	Chair Swimming Autumn Spelling Words Sugar-free Pumpkin Custard Cups MEN'S LUNCHEON (AR) Relax & Recharge Drama Club-Short Story Pass The Beat Lollipop Paddle Healthy Hands	Turkey Trot Reverse Hangman Turkey Peanut Butter Cup Cookies Relax & Recharge Seasonal Adult Coloring Feel The Heartbeat Turkey Toss Healthy Hands A Time for Tea!	Comucopia Pass Word Poem Peanut Butter Fudge Relax & Recharge Ribbon Tree Ornament November Happy Hour Pin the Tail on Bessie Healthy Hands LifeShare Games	Mindfulness Matters Turn Over Chewy Gingersnap Cookies Relax & Recharge Creative Storytelling Saturday Jazz Life on the Farm Healthy Hands Aquapainting