

# The PALMS at La Quinta

GRACIOUS RETIREMENT LIVING

45190 Seeley Drive • La Quinta, CA 92253 • Phone (760) 345-0022 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

NOVEMBER 2019

## THE PALMS AT LA QUINTA STAFF

Managers..... RUSS & SUSAN PARKER  
 Assistant Managers ..... MARSHALL & CINDY JACKMAN  
 Executive Chef ..... MARTIN RODARTE  
 Activity Coordinator ..... ELIZABETH BARRY  
 Maintenance Coordinator .... ESTEBAN LOZANO

## TRANSPORTATION

**Monday, 9:45 a.m.:** Shopping  
**Tuesday, 9:30 a.m.:** Appointments  
**Tuesday, 1:45 p.m.:** Shopping  
**Wednesday, 12:30 p.m.:** Fun Bus Outing  
**Thursday, 9:30 a.m.:** Appointments

**HAWTHORN**  
SENIOR LIVING

## Miss Mary's Garden

For years, Mary Widener has brought artistry and sunshine to the Palms Garden unselfishly and meticulously tending it through rain and scorching heat until it has become a true paradise.



Taking her beloved "Cody" with her every day, Mary's unique imagination and hard work has created an extraordinary Eden for all of us to share. Thank you, Mary





## The 2019 Palms at La Quinta Talent Show

Well, we sure showed 'em again!

Playing to a maximum capacity in our formal Banquet Hall, our Palms Performers wowed the packed audience with their wit, Chuck Brady and Dave Smith's "Abbott and Costello Skit," their dancing skills, Lynn Santoranni's "Drill Team," Marguerite Brennan's dance solo to "Getting to Know You," and Marilyn Bowman and Marguerite Brennan's brilliant dance duet to Irving Berlin's "Sisters."

Musical instrumental solos including Bert Casagrande's rousing polka played on his custom-made harmonica, Joanne Bourquin's delicate solo on flute, Josh Parker's marvelous strokes on piano, the show's wonderful Producer Mr. Bob Salisbury accompanying the entire show masterfully also on the piano, and who will ever forget the lovely Ann Leavitt on the washboard!

Vocal performances including Jerry Auliffe's rendition of "Georgia" and "On a Clear Day," the extraordinarily gifted vocalist Marilyn Bowman and her solo of "Unforgettable" and "Can't Take My Eyes Off Of You," Don Selk's superb execution of "All of Me" and "Are You Lonesome Tonight," Elaine Cain's "Young at Heart" and "Mairzy Doats," and who will ever forget Harold Low's knock-out Broadway-esque performance of "You're Nobody 'Til Somebody Loves You" and then bringing the house down with his second number, "Darktown Strutters Ball."

Cheers and applause continually interrupted this smashing presentation through to the grand finale, as the entertainers once again gathered to the floor, led by Dave Smith, prominently carrying "Old Glory" high and proud, forcing the applauding audience to their feet in a shouting standing ovation.

Now, THAT's a show, folks.



*Drill Team salute*



*Bert wowed us!*



*Bob and Josh — A match made in musical heaven*



*Harold Low was definitely one of the HIGH points of the evening.*



*Marguerite is never out of step!*



## The Harvest Carnival

Whenever we stroll onto the dusty grounds of a county fair or walk through the entrance to a harvest carnival, we're following generations of fair goers who ambled in ahead of us. Dating back to the Middle Ages, and as early as 1686 in Colonial America, fairs drew crowds interested in shopping, socializing, or observing exotic animals.

This year's Harvest Carnival at the Palms incorporated all of these classic attributes as residents socialized around booths offering an array of colorful handmade gift items made by local artisans while enjoying having their cheeks or hands skillfully painted. We even had our own "exotic animal" as "Oreo," the miniature horse, made a return appearance for a good nuzzle (provided a carrot was involved).

Bales of hay, pumpkins, a raffle, popcorn and of course, loads of candy added to our own colorful celebration this year with warm homemade "churros" and orange sherbet lemonade to wash it all down ...

And Nolan McFadden's musical performance gaily topped the afternoon off marvelously playing his many string instruments with a Renaissance flair!



*Harvest Carnival Afternoon Performance*



# NOVEMBER 2019

## Birthdays

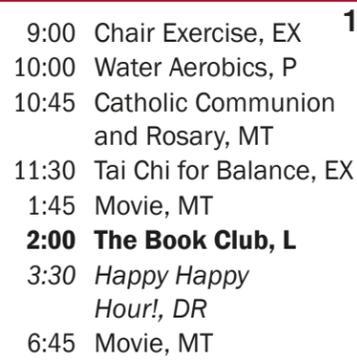
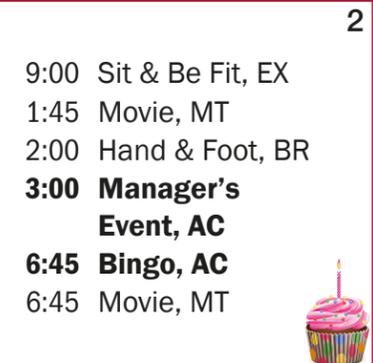
Don Halls, 2nd  
Vic Ferrari, 4th  
Al Marquardt, 5th  
Elaine Cain, 5th  
Charlotte Roberts, 7th  
Joanne Newton, 10th  
Ed McNeil, 17th  
Erla Lee, 25th  
Joe Cain, 29th

## Locations

Activity Center, AC  
Atrium, A  
Billiards Room, BR  
Bistro, B  
Chapel, CH  
Computer Center, CC  
Dining Room, DR  
Exercise Room, EX  
Fire Place Nook, FN  
Firepit, FP  
Front Lobby, Lobby  
Garden, G  
Library, L  
Movie Theater, MT  
Pool, P  
Putting Green, PG  
TV Room, TV

## Mealtimes

**Breakfast:** 8 a.m.  
**Dinner:** 12:30 p.m.  
**Supper:** 5:30 p.m.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<b>DAYLIGHT SAVING TIME ENDS</b> 3 6:45 <b>Snuggle-Down Sunday, AC</b> 9:00 Chair Exercise, EX 9:30 Church Service, AC 1:45 Movie, MT 2:00 <b>Bingo, AC</b> 4:00 <b>Manager's Event, AC</b> 6:45 Movie, MT	8:30 Therapy Dog Visit! 4 9:00 Chair Exercise, EX 10:00 Water Aerobics, P 11:00 Blood Pressure Checks, A 1:45 Movie, MT 2:00 Mexican Train, AC 3:00 Karaoke, AC 6:45 Movie, MT 	<b>ELECTION DAY</b> 5 9:00 Chair Yoga, EX 9:00 In & Out Mobility, A 10:00 TED Talk Tuesdays, AC 11:00 Balance Class, AC 1:45 Movie, MT 2:00 <b>Dave's Homemade Chili, B</b> 3:30 Bible Study, CH  6:45 Movie, MT	9:00 Chair Exercise, EX 6 10:00 Hand & Foot Card Game, BR 10:00 Water Aerobics, P 12:00 <b>Fun Bus</b> 1:45 Movie, MT 4:00 <b>Singalong with Bob S., AC</b> 6:45 Poker Night, AC 6:45 Movie, MT	<b>Bingo, AC</b> 7 9:00 Chair Yoga, EX 9:45 Flower Delivery: BYOV (Bring Your Own Vase), AC 11:15 Bible Reflections, CH 1:45 Movie, MT 2:00 <b>Bingo, AC</b> 4:00 Left, Right & Center, AC  6:45 Movie, MT	9:00 Chair Exercise, EX 8 10:00 Water Aerobics, P 10:45 Catholic Communion and Rosary, MT 11:30 Tai Chi for Balance, EX 1:45 Movie, MT 3:30 <i>Happy Happy Hour!, DR</i> 6:45 Movie, MT	9:00 Sit & Be Fit, EX 2 1:45 Movie, MT 2:00 Hand & Foot, BR 3:00 <b>Manager's Event, AC</b> 6:45 <b>Bingo, AC</b> 6:45 Movie, MT 
9:00 Chair Exercise, EX 10 9:30 Church Service, AC 1:45 Movie, MT 2:00 <b>Bingo, AC</b> 4:00 <b>Manager's Event, AC</b> 6:45 Movie, MT 	<b>VETERANS DAY</b> 11 8:30 Therapy Dog Visit! 9:00 Chair Exercise, EX 9:00 <b>Veterans Day Celebration, DR</b> 10:00 Water Aerobics, P 11:00 Blood Pressure Checks, A 1:45 Movie, MT 2:00 Mexican Train, AC 3:00 Karaoke, AC 6:45 Movie, MT	9:00 Chair Yoga, EX 12 10:00 Fun Brain Games, BR 11:00 Balance Class, AC 1:45 Movie, MT 3:30 Bible Study, CH 6:45 Movie, MT	9:00 Chair Exercise, EX 13 10:00 Hand & Foot Card Game, BR 10:00 Water Aerobics, P 12:00 <b>Fun Bus</b> 1:45 Movie, MT 4:00 <b>Singalong with Bob S., AC</b> 6:45 Poker Night, AC 6:45 Movie, MT	<b>Bingo, AC</b> 14 9:00 Chair Yoga, EX 9:45 Flower Delivery: BYOV (Bring Your Own Vase), AC 11:15 Bible Reflections, CH 1:45 Movie, MT 2:00 <b>Bingo, AC</b> 4:00 Left, Right & Center, AC 6:45 Movie, MT	9:00 Chair Exercise, EX 15 10:00 Water Aerobics, P 10:45 Catholic Communion and Rosary, MT 11:30 Tai Chi for Balance, EX 1:45 Movie, MT 3:30 <i>Happy Happy Hour!, DR</i> 6:45 Movie, MT	9:00 Sit & Be Fit, EX 16 1:45 Movie, MT 2:00 Hand & Foot, BR 3:00 <b>Manager's Event, AC</b> 6:45 <b>Bingo, AC</b> 6:45 Movie, MT
9:00 Chair Exercise, EX 17 9:30 Church Service, AC 12:00 <b>Ed McNeil's 100th Birthday Party!, DR</b> 1:45 Movie, MT 2:00 <b>Bingo, AC</b> 4:00 <b>Manager's Event, AC</b> 6:45 Movie, MT 	8:30 Therapy Dog Visit! 18 9:00 Chair Exercise, EX 10:00 Water Aerobics, P 11:00 Blood Pressure Checks, A 1:45 Movie, MT 2:00 Mexican Train, AC 3:00 Karaoke, AC 6:45 Movie, MT	9:00 Chair Yoga, EX 19 10:00 TED Talk Tuesdays, AC 11:00 Balance Class, AC 1:45 Movie, MT 3:30 Bible Study, CH 6:45 Movie, MT	9:00 Chair Exercise, EX 20 10:00 Hand & Foot Card Game, BR 10:00 Water Aerobics, P 12:00 <b>Fun Bus</b> 1:45 Movie, MT 4:00 <b>Singalong with Bob S., AC</b> 6:45 Poker Night, AC 6:45 Movie, MT	<b>Bingo, AC</b> 21 9:00 Chair Yoga, EX 11:15 Bible Reflections, CH 1:45 Movie, MT 2:00 <b>Bingo, AC</b> 4:00 Left, Right & Center, AC 6:45 Movie, MT	9:00 Chair Exercise, EX 22 10:00 Water Aerobics, P 10:45 Catholic Communion and Rosary, MT 11:30 Tai Chi for Balance, EX 1:45 Movie, MT 3:30 <i>Happy Happy Hour!, DR</i> 6:45 Movie, MT	9:00 Sit & Be Fit, EX 23 1:45 Movie, MT 2:00 Hand & Foot, BR 3:00 <b>Manager's Event, AC</b> 3:00 <b>The Cantabilay Trio, A</b> 6:45 <b>Bingo, AC</b> 6:45 Movie, MT
9:00 Chair Exercise, EX 24 9:30 Church Service, AC 1:45 Movie, MT 2:00 <b>Bingo, AC</b> 4:00 <b>Manager's Event, AC</b> 6:45 Movie, MT	8:30 Therapy Dog Visit! 25 9:00 Chair Exercise, EX 10:00 Water Aerobics, P 11:00 Blood Pressure Checks, A 1:45 Movie, MT 2:00 Mexican Train, AC 3:00 Karaoke, AC 6:45 Movie, MT 	9:00 Chair Yoga, EX 26 10:00 Fun Brain Games, BR 11:00 Balance Class, AC 1:45 Movie, MT 3:30 Bible Study, CH 6:45 Movie, MT	9:00 Chair Exercise, EX 27 10:00 Hand & Foot Card Game, BR 10:00 Water Aerobics, P 12:00 <b>Fun Bus</b> 1:45 Movie, MT 4:00 <b>Singalong with Bob S., AC</b> 6:45 Poker Night, AC 6:45 Movie, MT	<b>THANKSGIVING DAY</b> 28 <b>Bingo, AC</b> 9:00 Chair Yoga, EX 9:45 Flower Delivery: BYOV (Bring Your Own Vase), AC 11:15 Bible Reflections, CH 12:30 <b>Thanksgiving, DR</b> 1:45 Movie, MT 2:00 <b>Bingo, AC</b> 4:00 Left, Right & Center, AC 6:45 Movie, MT	9:00 Chair Exercise, EX 29 10:00 Water Aerobics, P 10:45 Catholic Communion and Rosary, MT 11:30 Tai Chi for Balance, EX 1:45 Movie, MT 2:00 <b>Christmas Decorating Party, A</b> 3:30 <i>Happy Happy Hour!, DR</i> 6:45 Movie, MT 	9:00 Sit & Be Fit, EX 30 12:30 <b>Birthday Cake Table, DR</b> 1:45 Movie, MT 2:00 Hand & Foot, BR 3:00 <b>Manager's Event, AC</b> 6:45 <b>Bingo, AC</b> 6:45 Movie, MT



## Everyday Fun at the Palms



*Feeling the music!*



*Can't fight that salsa beat!*



*Bean Bag Baseball –  
BATT A BATT A BATT A!*



*Watch out, hustlers – Joe's got this!*



*Our weekly Social Hour is a Palms staple.*



*Honoring High Holy Days*



*Can never get enough California  
Desert Chorale Performances*



*Boy, do we love crafting!*



*We always come a-runnin'  
to Chef's Corner!*



## The Singing Scouts

Little did we know that the sweet young Girl Scouts that came to perform for us that afternoon would knock our socks off!

With little staging, these young ladies impressed even the most sophisticated of music aficionados with their harmonies and solos.

Their circulation of (what else!?) Girl Scout cookies after their performance made it a slam dunk assured that they will be welcomed back anytime!



## Editorial

The beautiful autumn colors, spicy apple fragrances, and cooler temperatures that magical October introduced continue to comfort us as we welcome November, the long-awaited and unchallenged official gateway into our Holiday Season.

And fortunately for the Palms family, unlike other parts of the country that endure harsh plunging temperatures and snowed-in nightmares, we get to celebrate this time of the year with the superb weather that brings people here from all over the world.

White-capped mountains perfectly highlighting the pastel expanses stretching between them, and the nippy mornings that gently ease into golden afternoons finally give us the opportunity to pull on those sweaters we had so carefully tucked away.



Throughout all of America, however, November brings the opportunity to express our gratitude for our dearly appreciated veterans on Veterans Day through to, of course, Thanksgiving, when our Palms residents come together to enjoy each other, their families and friends, allowing for a time to formally give thanks for ALL of our many blessings.

We at the Palms are also proud to include two more events this month, a special evening event, "Snuggle-Down Sunday," and a returning performance by the renowned classical musical performers, the "Cantabilay Trio."

Slowly igniting what will fatefully crescendo into the "Spirit of Christmas," November indeed marks a most special and loving time of the year for everyone to enjoy.

The  
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La Quinta, CA 92253



# *Fall in love...* with the season

Embrace Autumn without the worry of rising utility costs and home maintenance issues. Enjoy the freedom that our gracious retirement lifestyle has to offer. Please give us a call or stop by any day of the week for a complimentary meal and tour.

**760-345-0022**

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