

NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CD - Clinical Distinction GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Activity/Group Locations: AR - Activity Room TSLR - Townsquare Living Room HERON - Heron Trail Living Room WREN - Wren Crossing Living Rm. CAFE' - Blue Grass Island Cafe	SUN - Sun Room PATIO - Assisted Living Patio HCDR - Health Center Dining Room ALDR - Assisted Living Dining Room CAMP - Campus Wide	* All movies are shown on Channel 2 in resident rooms and living room areas. ** Activities are subject to change. Please refer to Lifeshare, The Daily Chronicle or a posting on the Activity Room window for any changes.		1 V 9:30 AL Trilogy Fit Exercise - Activity Room CD 10:00 AL Resident Council- 400 Heron Lounge K 1:30 Hangman- Activity Room S 3:00 Happy Hour w/ Music Man and the Lady: in Townsquare	2 K 9:00 Leisure Cart Pass V 10:00 Card Bingo- Activity Room A 1:30 Paint Your Emotions- Activity Room V 3:00 Whack-A-Doodle- Townsquare
3 Daylight Savings Ends	4	5 Election Day	6	7	8	9
K 9:00 Leisure Cart Pass M 9:30 Sounds of Music- Activity Room K 10:00 Card Bingo: Activity Room I 1:30 Sunday Mass Televised: in Activity Room L 2:30 Sunday Headlines	V 10:00 Trilogy Fit Exercise Class: Activity Room GC 10:30 Chef Circle: Activity Room I 1:30 Rosary- Activity Room K 1:30 Leisure Cart Pass K 2:30 Bingo : HC Dining Room	V 9:30 Trilogy Fit Exercise : Activity Room K 10:15 Card Bingo- Activity Room GC 1:30 Bingo Shoppe- Activity Room- Bring Your Tickets!! A 2:30 Arts & Crafts: Activity Room	V 9:30 Video Fit Workout- Activity Room O 9:50 Perysburg Meijer Shop Out 1:30 AL Game Time- Activity Room K 2:30 Bingo : Health care Dining Room	V 9:30 Get Fit Exercise- Activity Room O 11:00 Glendale Cafe K 1:30 Bunco- Activity Room V 3:15 Aim Games- Townsquare	V 9:30 AL Trilogy Fit Exercise - Activity Room K 1:30 Hangman- Activity Room M 3:00 Happy Hour GC 6:00 Card Clubbers- Activity Room	K 9:00 Leisure Cart Pass V 10:00 Card Bingo- Activity Room A 1:30 Ceramics - Activity Room V 3:00 Whack-A-Doodle- Townsquare
10	11 Veterans Day	12	13	14	15	16
K 9:00 Leisure Cart Pass M 9:30 Sounds of Music- Activity Room K 10:00 Card Bingo: Activity Room S 11:00 Family Brunch 11:00- 1:00 I 1:30 Sunday Mass Televised: in Activity	V 10:00 Trilogy Fit Exercise Class: Activity Room GC 10:30 Chef Circle: Activity Room I 1:30 Rosary- Activity Room K 1:30 Leisure Cart Pass GC 2:00 Pet Therapy CAMPUS K 2:30 Bingo : HC Dining Room	V 9:30 Trilogy Fit Exercise : Activity Room K 10:15 Card Bingo- Activity Room I 1:30 Hosana Lutheran Church Service: Townsquare A 2:30 Arts & Crafts: Activity Room	V 9:30 Bass Pro Shop V 9:30 Video Fit Workout- Activity Room 1:30 AL Game Time- Activity Room K 2:30 Bingo : Health care Dining Room	V 9:30 Get Fit Exercise- Activity Room O 11:00 Longhorn Steakhouse K 1:30 Bunco- Activity Room V 3:15 Aim Games- Townsquare	V 9:30 AL Trilogy Fit Exercise - Activity Room K 1:30 Hangman- Activity Room M 3:00 Happy Hour GC 6:00 Card Clubbers- Activity Room	K 9:00 Leisure Cart Pass V 10:00 Card Bingo- Activity Room A 1:30 Paint Your Emotions- Activity Room V 3:00 Whack-A-Doodle- Townsquare
17	18	19	20	21	22	23
K 9:00 Leisure Cart Pass M 9:30 Sounds of Music- Activity Room K 10:00 Card Bingo: Activity Room I 1:30 Sunday Mass Televised: in Activity Room L 2:30 Sunday Headlines	M 10:00 John Pickle Performs- Townsquare V 10:00 Trilogy Fit Exercise Class: Activity Room GC 10:30 Chef Circle: Activity Room I 1:30 Rosary- Activity Room K 1:30 Leisure Cart Pass K 2:30 Bingo : HC Dining Room	V 9:30 Trilogy Fit Exercise : Activity Room K 10:15 Card Bingo- Activity Room S 12:00 Eat, Greet & Taste of the Town DR I 2:00 Bible Study With Judy HERON A 2:30 Arts & Crafts: Activity	V 9:30 Video Fit Workout- Activity Room O 10:00 Hollywood Casino- Play & Lunch 1:30 AL Game Time- Activity Room K 2:30 Bingo : Health care Dining Room	V 9:30 Get Fit Exercise- Activity Room I 10:00 Sisters of Notre Dame Communion (AL Lounge) O 1:00 Burlington Shopping K 1:30 Bunco- Activity Room V 3:15 Aim Games- Townsquare	V 9:30 AL Trilogy Fit Exercise - Activity Room K 1:30 Hangman- Activity Room M 3:00 Happy Hour w/ Dave R. GC 6:00 Card Clubbers- Activity Room	K 9:00 Leisure Cart Pass V 10:00 Card Bingo- Activity Room A 1:30 Ceramics - Activity Room V 3:00 Whack-A-Doodle- Townsquare
24	25	26	27	28 Thanksgiving	29	30
K 9:00 Leisure Cart Pass M 9:30 Sounds of Music- Activity Room K 10:00 Card Bingo: Activity Room I 1:30 Sunday Mass Televised: in Activity Room L 2:30 Sunday Headlines	V 10:00 Trilogy Fit Exercise Class: Activity Room GC 10:30 Chef Circle: Activity Room I 1:30 Rosary- Activity Room K 1:30 Leisure Cart Pass K 2:30 Bingo : HC Dining Room	V 9:30 Trilogy Fit Exercise : Activity Room K 10:15 Card Bingo- Activity Room I 1:30 Hosana Lutheran Church Service: Townsquare A 2:30 Arts & Crafts: Activity Room	O 9:30 Franklin Park Shop & Eat V 9:30 Video Fit Workout- Activity Room I 1:15 Bible Study w/ Sue- 400 Hall Lounge 1:30 AL Game Time- Activity Room K 2:30 Bingo : Health care	V 9:30 Get Fit Exercise- Activity Room V 10:15 THANKFUL Bingo - Activity Room K 2:00 Thanksgiving Jeopardy- Activity Room MR 3:15 1:1 Room Visits	V 9:30 AL Trilogy Fit Exercise - Activity Room K 1:30 Hangman- Activity Room GC 3:00 Happy Hour GC 6:00 Card Clubbers- Activity Room	K 9:00 Leisure Cart Pass V 10:00 Card Bingo- Activity Room A 1:30 Paint Your Emotions- Activity Room V 3:00 Whack-A-Doodle- Townsquare

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3 Daylight Savings Ends	4	5 Election Day	6	7	8	9
K 9:00 Leisure Cart Pass M 9:30 Sounds of Music- Activity Room K 10:00 Card Bingo: Activity Room I 1:30 Sunday Mass Televised: in Activity Room L 2:30 Sunday Headlines	V 10:00 Trilogy Fit Exercise Class: Activity Room MM 10:15 Mindful Moments: Crafty Moments CD 10:15 Resident Council- Sunroom GF 11:00 Inspired Monthly Planning- Sunroom I 1:30 Rosary- Activity Room	V 9:30 Trilogy Fit Exercise : Activity Room K 10:15 Card Bingo- Activity Room GG 1:30 Bingo Shoppe- Activity Room- Bring Your Tickets!! A 2:30 Arts & Crafts: Activity Room	O 9:50 Perrysburg Meijer Shop Out MM 10:30 Mindful Moments on 200 M 1:30 Singfit- Townsquare K 2:30 Bingo : Health care Dining Room	V 9:30 Get Fit Exercise- Activity Room V 10:15 Singfit- 200 Hall GF 10:30 Chef Circle in Townsquare O 11:00 Glendale Cafe K 1:30 Bunco- Activity Room MM 3:00 Mindful Moments- Brain Games- 200 Hall	V 10:15 Exercise for HC - Townsquare K 1:30 Hangman- Activity Room M 3:00 Happy Hour GG 6:00 Card Clubbers- Activity Room	K 9:00 Leisure Cart Pass V 10:00 Card Bingo- Activity Room A 1:30 Ceramics - Activity Room V 3:00 Whack-A-Doodle- Townsquare
10	11 Veterans Day	12	13	14	15	16
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K 9:00 Leisure Cart Pass M 9:30 Sounds of Music- Activity Room K 10:00 Card Bingo: Activity Room I 1:30 Sunday Mass Televised: in Activity Room L 2:30 Sunday Headlines	M 10:00 John Pickle Performs- Townsquare V 10:00 Trilogy Fit Exercise Class: Activity Room MM 10:15 Mindful Moments: Crafty Moments I 1:30 Rosary- Activity Room K 1:30 Leisure Cart Pass K 2:30 Bingo : HC Dining Room	V 9:30 Trilogy Fit Exercise : Activity Room K 10:15 Card Bingo- Activity Room S 12:00 Eat, Greet & Taste of the Town DR I 2:00 Bible Study With Judy HERON A 2:30 Arts & Crafts: Activity	O 10:00 Hollywood Casino- Play & Lunch MM 10:30 Mindful Moments on 200 M 1:30 Singfit- Townsquare K 2:30 Bingo : Health care Dining Room	V 9:30 Get Fit Exercise- Activity Room I 10:00 Sisters of Notre Dame Communion (AL Lounge) V 10:15 Singfit- 200 Hall GF 10:30 Chef Circle in Townsquare O 1:00 Burlington Shopping	V 10:15 Exercise for HC - Townsquare K 1:30 Hangman- Activity Room M 3:00 Happy Hour w/ Dave R. GG 6:00 Card Clubbers- Activity Room	K 9:00 Leisure Cart Pass V 10:00 Card Bingo- Activity Room A 1:30 Ceramics - Activity Room V 3:00 Whack-A-Doodle- Townsquare
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A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Morning Approx. Start Times 9:00 Vitality 9:35 Keeping It Sharp 10:45 Creative Cooking	Afternoon Approx. Start Times 12:45 Relax & Recharge 1:30 Connections: Reminiscence 2:00 Artisans 3:00 Musical Celebration 4:00 Connections: Games 4:30 Dinner Prep 4:45 Keeping It Sharp	Evening Approx. Start Times 6:00 Gathering of Friends 7:00 Nighttime Traditions		1 V Comucopia Pass K Word Poem CC Apple-Cranberry Crumb Bars Relax & Recharge A Corncob Painting M Music Man M November Happy Hour GG Pin the Tail on Bessie Healthy Hands	2 V Mindfulness Matters K Turn Over CC Monster Cookies Relax & Recharge A Stained Glass Pumpkin M Saturday Jazz GG Life on the Farm Healthy Hands GF Aquapainting
3 Daylight Savings Ends	4	5 Election Day	6	7	8	9
V Bowling K Create a Caption CC Sandwich Cookies Relax & Recharge A Button Trees M Glee Club GG Image Snap Healthy Hands GF Old Time Theater	V #BurnBeforeTheBird K Football Frenzy! CC Layered Chili Cheese Dip Relax & Recharge A Gourd-geous Paint M Musical Moments GG Horseshoes Healthy Hands GF Animal Album	V Cowboy Boogie K Best Friends Forever! CC S'more Crescent Rolls Relax & Recharge A Creative Storytelling M Toot Your Flute GG Roll the Die & Break the Ice Healthy Hands GF Hangman	V Chair Swimming K Autumn Spelling Words CC Hearty Ham & Bean Soup Relax & Recharge O Outing A Thanksgiving Gratitude Tree M Pass The Beat GG Lollipop Paddle Healthy Hands	V Turkey Trot K Reverse Hangman CC Mother's Pumpkin Bread Relax & Recharge A Fall Garland M Music with Alana GG Turkey Toss Healthy Hands GF A Time for Tea!	V Comucopia Pass K Word Poem CC Orange Cranberry Bread Relax & Recharge A Cloth Tie Wreath M Music with Herman M November Happy Hour GG Pin the Tail on Bessie Healthy Hands	V Mindfulness Matters K Turn Over CC Peanut Butter Pudding Cake Relax & Recharge A Fingerprint Turkeys M Saturday Jazz GG Life on the Farm Healthy Hands GF Aquapainting
10	11 Veterans Day	12	13	14	15	16
V Bowling K Create a Caption CC Homemade Vanilla Cupcakes S Brunch Relax & Recharge A Feather Paint M Glee Club GG Image Snap Healthy Hands	V #BurnBeforeTheBird K Football Frenzy! CC Navy Bean Vegetable Soup Relax & Recharge A Veterans Day Heart Card M Musical Moments GG Horseshoes Healthy Hands GF Animal Album	V Cowboy Boogie K Best Friends Forever! CC Sugar-free Pumpkin Cake Relax & Recharge A Autumn Leaf Stamping M Toot Your Flute GG Roll the Die & Break the Ice Healthy Hands GF Hangman	V Chair Swimming K Autumn Spelling Words CC Pretzel No Bake Cookies Relax & Recharge O Outing A Beaded Pumpkins M Pass The Beat GG Lollipop Paddle Healthy Hands	V Turkey Trot K Reverse Hangman M Music with Fred CC Apple Praline Bread Relax & Recharge A Ribbon Turkeys M Feel The Heartbeat GG Turkey Toss Healthy Hands	V Comucopia Pass K Word Poem I Church Service CC Grands Monkey Bread Relax & Recharge A Q-tip Trees M Happy Hour M November Happy Hour GG Pin the Tail on Bessie	V Mindfulness Matters K Turn Over CC Cranberry Orange Salsa Spread Relax & Recharge A Sensory Paint M Saturday Jazz GG Life on the Farm Healthy Hands GF Aquapainting
17	18	19	20	21	22	23
V Bowling K Create a Caption CC Fruit Bread Relax & Recharge A Creative Storytelling M Glee Club GG Image Snap Healthy Hands GF Old Time Theater	V #BurnBeforeTheBird K Football Frenzy! M Music with Alan CC Tuscan Pumpkin Soup Relax & Recharge A Scarecrows M Musical Moments GG Horseshoes Healthy Hands	V Cowboy Boogie K Best Friends Forever! CC Caramel Stuffed Snickerdoodles Relax & Recharge A Thumbprint Dandelion M Toot Your Flute GG Roll the Die & Break the Ice Healthy Hands GF Hangman	V Chair Swimming K Autumn Spelling Words CC Sugar-free Oatmeal Spice Muffins Relax & Recharge O Outing A Poppy Field Collage M Pass The Beat GG Lollipop Paddle	V Turkey Trot K Reverse Hangman CC Jiffy Cornbread Casserole Relax & Recharge A Picture Prompts M Feel The Heartbeat GG Turkey Toss Healthy Hands GF A Time for Tea!	V Comucopia Pass K Word Poem CC Autumn Cheese Ball Relax & Recharge A Fall Craft M Happy Hour M November Happy Hour GG Pin the Tail on Bessie Healthy Hands	V Mindfulness Matters K Turn Over CC Mini Pecan Pies Relax & Recharge A Chihuly Inspired Glass Art M Saturday Jazz GG Life on the Farm Healthy Hands GF Aquapainting
24	25	26	27	28 Thanksgiving	29	30
V Bowling K Create a Caption CC Game Day BLT Dip Relax & Recharge A Thankfulness Collage M Glee Club GG Image Snap Healthy Hands GF Old Time Theater	V #BurnBeforeTheBird K Football Frenzy! CC Ham & Potato Soup Relax & Recharge A Mystery Drawing M Musical Moments GG Horseshoes Healthy Hands GF Animal Album	V Cowboy Boogie K Best Friends Forever! CC Warm Apple Dip Relax & Recharge A Turkey Pompoms M Toot Your Flute GG Roll the Die & Break the Ice Healthy Hands GF Hangman	V Chair Swimming K Autumn Spelling Words CC Sugar-free Pumpkin Custard Cups Relax & Recharge O Outing A Drama Club-Short Story M Pass The Beat GG Lollipop Paddle	V Turkey Trot K Reverse Hangman CC Turkey Peanut Butter Cup Cookies Relax & Recharge A Seasonal Adult Coloring M Feel The Heartbeat GG Turkey Toss Healthy Hands	V Comucopia Pass K Word Poem CC Peanut Butter Fudge Relax & Recharge A Ribbon Tree Ornament M Happy Hour M November Happy Hour GG Pin the Tail on Bessie Healthy Hands	V Mindfulness Matters K Turn Over CC Chewy Gingersnap Cookies Relax & Recharge A Creative Storytelling M Saturday Jazz GG Life on the Farm Healthy Hands GF Aquapainting