

NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Resident Birthdays: November 1 Iris H. November 1 Phillip D. November 6 Mary S. November 15 Sheila M. November 17 Angela J. November 21 Nancy K. November 26 Don C. November 29 Brenda C.</p>	<p>Ombudsman: Debbie Wessel - 812-277-9626 State Survey Results are located in the Health Center Lobby.</p>	<p>CALENDAR KEY: DR - Dining Room RDR - Restorative Dining Room TV - TV Room AR - Activity Room IR - Individual Rooms L - Library TS - Town Square TG - Therapy Gym CY - Courtyard AL - Assisted Living</p>		<p>1 V AL Exercise - ALDR GG Catholic Service - HCTV M Music with Nila - HCDR A Arts and Crafts - AR</p>	<p>2 V Forever Fit - HCTV K Word Trivia - HCDR S Popcom Social -TS K Activity Cart - IR</p>
<p>3 Daylight Savings Ends</p> <p>I Sunday Church Service - HCDR M Bonnie & Stacey Singalong - HCDR S Activity Cart - IR K Week Preview - HCDR K Bingo - HCDR</p>	<p>4 GG Pet Visit with Molly V AL Exercise - ALDR K Scrabble - AR K Bingo - HCDR</p>	<p>5 Election Day</p> <p>S Inspired Living Committee - HCDR V Nickel Pitch - HCDR I Lowell's Bible Study - AR S Taste of Town K LifeShare Games - AR M Popcom and a Movie - HCTV</p>	<p>6 M Sing Fit - AR V AL Exercise - ALDR I David's Bible Study - AR K Bingo - HCDR S Chef's Circle - HCDR</p>	<p>7 S Resident Council O Bus Cruise A Creative Cooking - AR M Sing Fit - AR</p>	<p>8 V AL Exercise - ALDR M Music with Nila - HCDR A Arts and Crafts - AR S Happy Hour with Shawn K.</p>	<p>9 V Forever Fit - HCTV K Word Trivia - HCDR S Popcom Social -TS K Activity Cart - IR</p>
<p>10 I Sunday Church Service - HCDR M Bonnie & Stacey Singalong - HCDR S Activity Cart - IR K Week Preview - HCDR K Bingo - HCDR</p>	<p>11 Veterans Day</p> <p>V AL Exercise - ALDR K Scrabble - AR K Bingo - HCDR</p>	<p>12 V Nickel Pitch - HCDR I Lowell's Bible Study - AR K LifeShare Games - AR GG Popcom Christian Church - IR</p>	<p>13 M Sing Fit - AR V AL Exercise - ALDR I David's Bible Study - AR K Bingo - HCDR S Chef's Circle - HCDR</p>	<p>14 O Bus Cruise S Just The Guys - AR A Creative Cooking - AR I Gaither Family Music, Popcom & Soda - HGTV</p>	<p>15 V AL Exercise - ALDR M Music with Nila - HCDR S Happy Hour & Music with Mark Dickens</p>	<p>16 V Forever Fit - HCTV K Word Trivia - HCDR S Popcom Social -TS K Activity Cart - IR</p>
<p>17 I Sunday Church Service - HCDR M Bonnie & Stacey Singalong - HCDR S Activity Cart - IR K Week Preview - HCDR K Bingo - HCDR</p>	<p>18 GG Pet Visit with Molly V AL Exercise - ALDR K Scrabble - AR K Bingo - HCDR</p>	<p>19 V Nickel Pitch - HCDR I Lowell's Bible Study - AR K LifeShare Games - AR M Bluegrass Express - HCDR</p>	<p>20 GF Just The Guys - Men's Breakfast M Sing Fit - AR V AL Exercise - ALDR I David's Bible Study - AR K Bingo - HCDR S Chef's Circle - HCDR</p>	<p>21 O Bus Cruise K Altrusa Bingo - HCDR A Creative Cooking - AR GG The Sawmiller's Band - HCDR</p>	<p>22 V AL Exercise - ALDR M Music with Nila - HCDR A Arts and Crafts - AR</p>	<p>23 V Forever Fit - HCTV K Word Trivia - HCDR S Popcom Social -TS K Activity Cart - IR</p>
<p>24 I Sunday Church Service - HCDR M Bonnie & Stacey Singalong - HCDR S Activity Cart - IR K Week Preview - HCDR K Sunday Bingo - HCDR K Bingo - HCDR</p>	<p>25 V AL Exercise - ALDR K Scrabble - AR K Bingo - HCDR</p>	<p>26 V Nickel Pitch - HCDR I Lowell's Bible Study - AR K LifeShare Games - AR M Bonnie & Stacey Singalong - HCDR</p>	<p>27 M Sing Fit - AR V AL Exercise - ALDR I David's Bible Study - AR K Bingo - HCDR S Chef's Circle - HCDR</p>	<p>28 Thanksgiving</p> <p>V Forever Fit - HCTV CC Current Events - HCTV K Activity Cart K Scrabble</p>	<p>29 V AL Exercise - ALDR M Music with Nila - HCDR</p>	<p>30 V Forever Fit - HCTV K Word Trivia - HCDR V Forever Fit S Popcom Social -TS K Current Events K Activity Cart - IR</p>

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<p>3 Daylight Savings Ends</p> <p>I 9:00 Sunday Church Service - HCDR M 10:00 Bonnie & Stacey Singalong - HCDR S 10:30 Activity Cart - IR K 12:00 Week Preview - HCDR K 2:00 Bingo - HCDR</p>	<p>4 V 9:00 Forever Fit - HCTV K 9:30 Current Events - HCTV GG 10:00 Pet Visit with Molly K 10:45 Scrabble - AR K 2:00 Bingo - HCDR K 4:00 Mindful Moments - TS</p>	<p>5 Election Day</p> <p>S 9:30 Inspired Living Committee - HCDR V 10:15 Nickel Pitch - HCDR I 11:00 Lowell's Bible Study - AR S 12:00 Taste of Town O 1:30 Bus Cruise K 2:00 LifeShare Games - AR M 6:30 Popcom and a Movie -</p>	<p>6 V 9:00 Forever Fit - HCTV K 9:30 Current Events - HCTV M 9:30 Sing Fit - AR S 10:30 Resident Council Meeting - HCTV I 11:00 David's Bible Study - AR K 2:00 Bingo - HCDR S 2:30 Chef's Circle - HCDR</p>	<p>7 V 9:00 Forever Fit - HCTV CC 9:30 Current Events - HCTV A 2:00 Creative Cooking - AR MM 4:00 Mindful Moments - TS M 6:30 Sing Fit - AR</p>	<p>8 V 9:00 Forever Fit - HCTV K 9:30 Current Events - HCTV M 11:15 Music with Nila - HCDR A 1:30 Arts and Crafts - AR S 3:00 Happy Hour with Shawn K. MM 4:00 Mindful Moments</p>	<p>9 V 11:00 Forever Fit - HCTV K 12:00 Word Trivia - HCDR S 2:00 Popcom Social -TS K 3:30 Activity Cart - IR</p>
<p>10 I 9:00 Sunday Church Service - HCDR M 10:00 Bonnie & Stacey Singalong - HCDR S 10:30 Activity Cart - IR K 12:00 Week Preview - HCDR K 2:00 Bingo - HCDR</p>	<p>11 Veterans Day</p> <p>V 9:00 Forever Fit - HCTV K 9:30 Current Events - HCTV K 10:45 Scrabble - AR K 2:00 Bingo - HCDR K 4:00 Mindful Moments - TS</p>	<p>12 V 10:15 Nickel Pitch - HCDR I 11:00 Lowell's Bible Study - AR O 1:30 Bus Cruise K 2:00 LifeShare Games - AR GG 6:30 Popcom Christian Church - IR</p>	<p>13 V 9:00 Forever Fit - HCTV K 9:30 Current Events - HCTV M 9:30 Sing Fit - AR I 11:00 David's Bible Study - AR K 2:00 Bingo - HCDR S 2:30 Chef's Circle - HCDR MM 4:00 Mindful Moments</p>	<p>14 V 9:00 Forever Fit - HCTV CC 9:30 Current Events - HCTV S 1:30 Just The Guys - AR A 2:00 Creative Cooking - AR MM 4:00 Mindful Moments - TS I 6:30 Gaither Family Music, Popcom & Soda - HGTV</p>	<p>15 V 9:00 Forever Fit - HCTV K 9:30 Current Events - HCTV M 11:15 Music with Nila - HCDR S 3:00 Happy Hour & Music with Mark Dickens MM 4:00 Mindful Moments</p>	<p>16 V 11:00 Forever Fit - HCTV K 12:00 Word Trivia - HCDR S 2:00 Popcom Social -TS K 3:30 Activity Cart - IR</p>
<p>17 I 9:00 Sunday Church Service - HCDR M 10:00 Bonnie & Stacey Singalong - HCDR S 10:30 Activity Cart - IR K 12:00 Week Preview - HCDR K 2:00 Bingo - HCDR</p>	<p>18 V 9:00 Forever Fit - HCTV K 9:30 Current Events - HCTV GG 10:00 Pet Visit with Molly K 10:45 Scrabble - AR K 2:00 Bingo - HCDR K 4:00 Mindful Moments K 4:00 Mindful Moments - TS</p>	<p>19 V 10:15 Nickel Pitch - HCDR I 11:00 Lowell's Bible Study - AR O 1:30 Bus Cruise K 2:00 LifeShare Games - AR M 6:30 Bluegrass Express - HCDR</p>	<p>20 GF 7:00 Just The Guys - Men's Breakfast V 9:00 Forever Fit - HCTV K 9:30 Current Events - HCTV M 9:30 Sing Fit - AR I 11:00 David's Bible Study - AR K 2:00 Bingo - HCDR S 2:30 Chef's Circle - HCDR</p>	<p>21 V 9:00 Forever Fit - HCTV CC 9:30 Current Events - HCTV K 2:00 Altrusa Bingo - HCDR A 2:00 Creative Cooking - AR MM 4:00 Mindful Moments - TS GG 6:30 The Sawmiller's Band - HCDR</p>	<p>22 V 9:00 Forever Fit - HCTV K 9:30 Current Events - HCTV M 11:15 Music with Nila - HCDR A 1:30 Arts and Crafts - AR MM 4:00 Mindful Moments</p>	<p>23 V 11:00 Forever Fit - HCTV K 12:00 Word Trivia - HCDR S 2:00 Popcom Social -TS K 3:30 Activity Cart - IR</p>
<p>24 I 9:00 Sunday Church Service - HCDR M 10:00 Bonnie & Stacey Singalong - HCDR S 10:30 Activity Cart - IR K 12:00 Week Preview - HCDR K 2:00 Sunday Bingo - HCDR K 2:00 Bingo - HCDR</p>	<p>25 V 9:00 Forever Fit - HCTV K 9:30 Current Events - HCTV K 10:45 Scrabble - AR K 2:00 Bingo - HCDR MM 4:00 Mindful Moments K 4:00 Mindful Moments - TS</p>	<p>26 V 10:15 Nickel Pitch - HCDR I 11:00 Lowell's Bible Study - AR O 1:30 Bus Cruise K 2:00 LifeShare Games - AR M 6:30 Bonnie & Stacey Singalong - HCDR</p>	<p>27 V 9:00 Forever Fit - HCTV K 9:30 Current Events - HCTV M 9:30 Sing Fit - AR I 11:00 David's Bible Study - AR K 2:00 Bingo - HCDR S 2:30 Chef's Circle - HCDR MM 4:00 Mindful Moments</p>	<p>28 Thanksgiving</p> <p>V 9:00 Forever Fit - HCTV CC 9:30 Current Events - HCTV K 10:00 Activity Cart K 11:00 Scrabble</p>	<p>29 K 9:30 Current Events - HCTV M 11:15 Music with Nila - HCDR MM 4:00 Mindful Moments</p>	<p>30 V 11:00 Forever Fit - HCTV K 12:00 Word Trivia - HCDR V 2:00 Forever Fit S 2:00 Popcom Social -TS K 2:30 Current Events K 3:30 Activity Cart - IR</p>

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<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality</p>	<p>EVERY AFTERNOON: Relax & Recharge Activity Kits About 2:15 Creative Hands About 2:45 PM Refresher About 3:15 Musical Celebration About 3:45 Group Social Game About 4:15 Pick-me-up (exercise)</p>	<p>EVERY EVENING: About 6:30 Gathering of Friends (games)</p>	<p>State Survey Results are located in the Health Center Lobby. Ombudsman: Debbie Wessel - 812-277-9626</p>		<p>1 V Comucopia Pass K Word Poem CC Apple-Cranberry Crumb Bars Relax & Recharge A Corncob Painting M November Happy Hour GG Pin the Tail on Bessie Healthy Hands GF LifeShare Games</p>	<p>2 V Mindfulness Matters K Turn Over CC Monster Cookies Relax & Recharge A Orange Clove Gift M Saturday Jazz GG Life on the Farm Healthy Hands GF Aquapainting</p>
<p>3 Daylight Savings Ends</p> <p>V Bowling K Create a Caption CC Sandwich Cookies Relax & Recharge A Button Trees M Glee Club GG Image Snap Healthy Hands GF Old Time Theater</p>	<p>4 V #BumBeforeTheBird K Football Frenzy! CC Layered Chili Cheese Dip Relax & Recharge A Gourd-geous Paint M Musical Moments GG Horseshoes Healthy Hands GF Animal Album</p>	<p>5 Election Day</p> <p>V Cowboy Boogie K Best Friends Forever! CC S'more Crescent Rolls Relax & Recharge A Creative Storytelling M Toot Your Flute GG Roll the Die & Break the Ice Healthy Hands GF Hangman</p>	<p>6 V Chair Swimming K Autumn Spelling Words CC Hearty Ham & Bean Soup Relax & Recharge A Thanksgiving Gratitude Tree M Pass The Beat GG Lollipop Paddle Healthy Hands GF Garden Scentscape</p>	<p>7 V Turkey Trot K Reverse Hangman CC Mother's Pumpkin Bread Relax & Recharge A Fall Garland M Feel The Heartbeat GG Turkey Toss Healthy Hands GF A Time for Tea!</p>	<p>8 V Comucopia Pass K Word Poem CC Orange Cranberry Bread Relax & Recharge A Cloth Tie Wreath M November Happy Hour GG Pin the Tail on Bessie Healthy Hands GF LifeShare Games</p>	<p>9 V Mindfulness Matters K Turn Over CC Peanut Butter Pudding Cake Relax & Recharge A Foam Fortune Cookies M Saturday Jazz GG Life on the Farm Healthy Hands GF Aquapainting</p>
<p>10 V Bowling K Create a Caption CC Homemade Vanilla Cupcakes Relax & Recharge A Feather Paint M Glee Club GG Image Snap Healthy Hands GF Old Time Theater</p>	<p>11 Veterans Day</p> <p>V #BumBeforeTheBird K Football Frenzy! CC Navy Bean Vegetable Soup Relax & Recharge A Veterans Day Heart Card M Musical Moments GG Horseshoes Healthy Hands GF Animal Album</p>	<p>12 V Cowboy Boogie K Best Friends Forever! CC Sugar-free Pumpkin Cake Relax & Recharge A Autumn Leaf Stamping M Toot Your Flute GG Roll the Die & Break the Ice Healthy Hands GF Hangman</p>	<p>13 V Chair Swimming K Autumn Spelling Words CC Pretzel No Bake Cookies Relax & Recharge A Beaded Pumpkins M Pass The Beat GG Lollipop Paddle Healthy Hands GF Garden Scentscape</p>	<p>14 V Turkey Trot K Reverse Hangman CC Apple Praline Bread Relax & Recharge A A Man's Masterpiece M Feel The Heartbeat GG Turkey Toss Healthy Hands GF A Time for Tea!</p>	<p>15 V Comucopia Pass K Word Poem CC Grands Monkey Bread Relax & Recharge A Q-tip Trees M November Happy Hour GG Pin the Tail on Bessie Healthy Hands GF LifeShare Games</p>	<p>16 V Mindfulness Matters K Turn Over CC Cranberry Orange Salsa Spread Relax & Recharge A Sensory Paint M Saturday Jazz GG Life on the Farm Healthy Hands GF Aquapainting</p>
<p>17 V Bowling K Create a Caption CC Fruit Bread Relax & Recharge A Creative Storytelling M Glee Club GG Image Snap Healthy Hands GF Old Time Theater</p>	<p>18 V #BumBeforeTheBird K Football Frenzy! CC Tuscan Pumpkin Soup Relax & Recharge A Collaborative Weaving M Musical Moments GG Horseshoes Healthy Hands GF Animal Album</p>	<p>19 V Cowboy Boogie K Best Friends Forever! CC Caramel Stuffed Snickerdoodles Relax & Recharge A Thumbprint Dandelion M Toot Your Flute GG Roll the Die & Break the Ice Healthy Hands GF Hangman</p>	<p>20 V Chair Swimming K Autumn Spelling Words CC Sugar-free Oatmeal Spice Muffins Relax & Recharge A Poppy Field Collage M Pass The Beat GG Lollipop Paddle Healthy Hands</p>	<p>21 V Turkey Trot K Reverse Hangman CC Jiffy Combread Casserole Relax & Recharge A Picture Prompts M Feel The Heartbeat GG Turkey Toss Healthy Hands GF A Time for Tea!</p>	<p>22 V Comucopia Pass K Word Poem CC Autumn Cheese Ball Relax & Recharge A Spice Painting M November Happy Hour GG Pin the Tail on Bessie Healthy Hands GF LifeShare Games</p>	<p>23 V Mindfulness Matters K Turn Over CC Mini Pecan Pies Relax & Recharge A Chihuly Inspired Glass Art M Saturday Jazz GG Life on the Farm Healthy Hands GF Aquapainting</p>
<p>24 V Bowling K Create a Caption CC Game Day BLT Dip Relax & Recharge A Thankfulness Collage M Glee Club GG Image Snap Healthy Hands GF Old Time Theater</p>	<p>25 V #BumBeforeTheBird K Football Frenzy! CC Ham & Potato Soup Relax & Recharge A Mystery Drawing M Musical Moments GG Horseshoes Healthy Hands GF Animal Album</p>	<p>26 V Cowboy Boogie K Best Friends Forever! CC Warm Apple Dip Relax & Recharge A Deck of Wit & Wisdom M Toot Your Flute GG Roll the Die & Break the Ice Healthy Hands GF Hangman</p>	<p>27 V Chair Swimming K Autumn Spelling Words CC Sugar-free Pumpkin Custard Cups Relax & Recharge A Drama Club-Short Story M Pass The Beat GG Lollipop Paddle Healthy Hands</p>	<p>28 Thanksgiving</p> <p>V Turkey Trot K Reverse Hangman CC Turkey Peanut Butter Cup Cookies Relax & Recharge A Ribbon Tree Ornament M November Happy Hour GG Pin the Tail on Bessie Healthy Hands GF LifeShare Games</p>	<p>29 V Comucopia Pass K Word Poem CC Peanut Butter Fudge Relax & Recharge A Ribbon Tree Ornament M November Happy Hour GG Pin the Tail on Bessie Healthy Hands GF LifeShare Games</p>	<p>30 V Mindfulness Matters K Turn Over CC Chewy Gingersnap Cookies Relax & Recharge A Creative Storytelling M Saturday Jazz GG Life on the Farm Healthy Hands GF Aquapainting</p>