

Oak Park Retirement

Gracious Retirement Living

548 White Oaks Drive • Salisbury, NC 28147 • Phone (704) 636-4600 • www.seniorlivinginstyle.com

NOVEMBER 2019

OAK PARK STAFF

Managers..... CHUCK & CHARLENE TURNER

Assistant Managers ...RANDY & ROBINN COOK

Executive Chef..... JUSTIN GRIER

Activity Coordinator KAREN LEONARD

Maintenance PETE TOWNSEND

TRANSPORTATION

Monday, 9 a.m.-2:30 p.m.:

Doctor's Appointments

Tuesday, 9 a.m.-Noon: Errands

Wednesday, 9 a.m.-2:30 p.m.:

Doctor's Appointments

Friday, 9:45 a.m.: Walmart

HAWTHORN
SENIOR LIVING

Art at the Park

Art at the Park has been a part of Oak Park for all 10 years since we opened this beautiful Community. In the early years, local artist Betty Sedberry taught classes at Oak Park. We are so blessed to announce she is now going to be teaching art classes the first Tuesday of November and December at 3:30 p.m. in the art studio at Oak Park.

Betty has over 43 years of art experience. She has produced over 100 originals with limited edition prints, many of which sold out. Her work has been published in American Artist, State, McCall's magazines, as well as other magazines.

So come to the art studio and meet Betty, and get ready to pick up a paint brush. Remember, the sky's the limit!



*Al's in Salisbury
painting by
artist Betty
Sedberry*

*Dairy Queen
in Salisbury
painting by artist
Betty Sedberry*





Rowan Girls Little League Visits Oak Park ... Then It Is on to the White House

The Rowan Girls Little League World Championship Team was invited to Oak Park for banana splits at dinner with our residents recently. The residents had been keeping up with the girls' season in the newspaper and television, in the news and sports. So the residents wanted them to enjoy a banana split party. They wanted to meet the girls and congratulate them for their hard work and dedication, along with good sportsmanship.

They were not the only ones inviting them to their house to meet them and congratulate them. They had recently gotten an invitation from the President of the United States to come to the White House for a photo with him in the Oval Office.



Rowan Girls Little League World Championship Team at Oak Park

Here is the Salisbury Post Article, October 11, 2019, by Terrence Jefferies:

Dignitaries, family members, coaches and players with the Rowan County Little League softball team toured the White House and met President Donald Trump on Friday afternoon in celebration of their World Series Championship.

"Honestly, it's been unreal," said team member Kennedy Fisher in a telephone interview. "It has been really busy today and really cool. We've been able to tour the White House, take pictures outside, and visit different places."

"We were able to see pictures of previous Presidents in different rooms throughout the White House," Kennedy said. "We saw the East Wing and the Oval Office. I thought it was pretty cool. There were a lot of small details that I could see in person rather than through pictures, such as details in the door of the Oval Office and the desk in the Oval Office."

She said it was a great experience.

"I actually got to speak to the President for a little bit. He asked me about the championship game and I got to press the red button. I was expecting an alarm to go off, but it was actually a service button for things such as a snack or drink," she said.

The entourage flew out of the Statesville Regional Airport on Victory Air, which donated use of a 50-passenger plane, said head coach Steve Yang.

The entourage toured the U.S. Capitol, then went to the White House for a meet-and-greet and photo shoot with the President. A visit to the Supreme Court and Arlington National Cemetery was also planned.



It is Banana Split time!



Fourteen team members were on the trip.

The group flew out Friday morning and were set to return Friday evening.

"This is just a celebration trip; a culmination of a long, hard summer and winning the World Series Championship," Yang said.

Yang said the team and its supporters were in the Oval Office for 30 minutes, then were set to visit the Supreme Court and meet Associate Justice Brett Kavanaugh.

"The players were awe-struck," Yang said. "President Trump was very personable to the girls, (had) great conversation and made them very comfortable."

The players were excited about the visit.

Campbell Schaen said D.C. is a very busy place with a lot of people.

"It's just very weird to know that you've just met the President of the United States," Campbell said.

"It's actually amazing that they recognized us and invited us to be with them. My family arrived

yesterday and came out to the White House. We've been to the Lincoln Memorial, the Smithsonian, and have been to the Washington Monument."

Kassidy Sechler said the White House visit was a once-in-a-lifetime experience that not many people have a chance to enjoy.

"We just met the President. He was very nice and down-to-earth and was willing to speak with us," she said. "It's not every day that 13-year-old girls get to go and meet the President, and not a lot of people get to go in the Oval Office."

She said the Oval Office is "very nice" and "very clean."

"It was really pretty the way it was set up," Kassidy said. "This really shows you where hard work and dedication can get you, and how much support we had back home and from everyone else."

The team received the invitation after Yang sent a tweet to Trump requesting one, after noticing that the Little League baseball championship team from Louisiana had been invited to the White House.

Yang's tweet stated: "President Trump, my name is Steve Yang and I am the head coach of Rowan LL in Salisbury, North Carolina, that recently won the softball Little League World Series in Portland, Oregon. Wanting the team to get an invite to the White House like the boys' team from Louisiana."

Two days later, with the support of U.S. Reps. Richard Hudson, R-8, and Ted Budd, R-13, the softball team received an invitation.



Oak Park resident, Doris Kluttz, congratulates one of the team members at Oak Park.



Coach Steve Yang with Oak Park resident Betty Bartholomew and Mary Jo



Members of the Rowan County Little League softball team meet with President Donald Trump in the Oval Office.

NOVEMBER
2019

Birthdays

Robert Claxton, 3rd
Don Mays, 16th
Bill Greenstreet, 19th
Bobbie Melton, 21st
Harvey Dezern, 24th
Eleanor Peeler, 30th

Locations

Activity Room
(First Floor), AR
Art Studio (Second
Floor), AS
Chapel (Third Floor), CH
Dining Room (First
Floor), DR
Game Room (Second
Floor), GR
Library (Second
Floor), LIB
Lobby, Lobby
Screen Porch
(First Floor), SP
Television Lounge
(Second Floor), TVL

“May your
thoughts turn
to gratitude this
holiday season
and carry on
throughout the
next year.”

—James A.
Murphy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<div>DAYLIGHT SAVING TIME ENDS 3</div> <div>9:10 Catholic Rosary, CH 9:40 Catholic Communion, CH 10:00 Coffee Chat, AR 2:00 Numbered Dominoes, AR 4:00 Chapel Service, CH</div> 	<div>4</div> <div>Local Doctor Appointments 9:15 Exercise with Legacy, AR 12:00 Singalong, DR 2:00 Bingo, AR 2:00 Bridge, GR 3:00 Great Lectures, TVL 3:00 Stitch and Knit, AR 3:30 Word Search, AR</div>	<div>ELECTION DAY 5</div> <div>9:00 Errands, Lobby 9:15 Exercise, AR 9:45 Devotions, CH 10:30 Balloon Volleyball, Lobby 12:00 Resident Activity Chat, AR 2:00 Numbered Dominoes, AR 2:00 Bridge, TVL 3:30 Art at the Park with Betty Sedberry, AS 7:00 Poker Night, AR</div>	<div>6</div> <div>Local Doctor Appointments 9:15 Exercise, AR 10:00 Band Practice, DR 2:00 Bingo, AR 2:00 Bridge, TVL 3:00 Bible Study, CH 3:00 Stitch and Knit, AR 6:30 Canasta, TVL</div>	<div>7</div> <div>9:00 Fort Dobbs, Lobby 9:15 Tai Chi, AR 11:00 Chef’s Meeting, AR 2:00 Numbered Dominoes, AR 2:00 Bridge, TVL 2:30 Great Lectures, TVL 4:00 Thursday Singalong, DR 6:30 Casino Night, AR 7:00 Poker Night, TVL</div>	<div>8</div> <div>9:00 Holiday Craft Market, Greensboro, Lobby 9:15 Exercise, AR 9:45 Walmart, Lobby 10:00 Corn Hole, AR 11:00 Learn to Play Chess, AR 2:00 Bingo, AR 2:00 Bridge, TVL</div>	<div>2</div> <div>10:00 Bridge, TVL 11:00 Phase 10 Card Game, AR 2:00 Stitch and Knit, AR 3:00 Corn Hole, AR 4:00 Gary Kees Band, DR 7:00 Classic Movie Night, TVL</div>
<div>10</div> <div>9:10 Catholic Rosary, CH 9:40 Catholic Communion, CH 10:00 Coffee Chat, AR 12:30 Vanilla Cupcake Day, DR 2:00 Numbered Dominoes, AR 4:00 Chapel Service, CH</div>	<div>VETERANS DAY 11</div> <div>Local Doctor Appointments 9:15 Exercise with Legacy, AR 12:00 Singalong, DR 12:00 Oak Park Band Veterans Day Program, DR 12:30 Thanksgiving Feast for Veterans, DR 2:00 Bridge, GR 2:00 Bingo, AR 3:00 Great Lectures, TVL 3:00 Stitch and Knit, AR 3:30 Word Search, AR</div>	<div>12</div> <div>9:00 Errands, Lobby 9:15 Exercise, AR 9:45 Devotions, CH 10:30 Balloon Volleyball, Lobby 12:00 Resident/Manager Meeting, DR 1:30 Penrod Walker Clinic, AR 1:30 Blood Pressure Check by Legacy, Lobby 2:00 Numbered Dominoes, AR 2:00 Bridge, TVL 3:30 Art at the Park with Carolyn Kirkman, AS 7:00 Poker Night, AR</div>	<div>13</div> <div>Local Doctor Appointments 9:15 Exercise, AR 10:00 Band Practice, DR 2:00 Bingo, AR 2:00 Bridge, TVL 3:00 Bible Study, CH 3:00 Stitch and Knit, AR 6:30 Canasta, TVL</div>	<div>14</div> <div>9:00 Lazy 5, Lobby 9:15 Tai Chi, AR 2:00 Numbered Dominoes, AR 2:00 Bridge, TVL 2:30 Great Lectures, TVL 2:30 Gingerbread House Workshop, AR 4:00 Thursday Singalong, DR 7:00 Poker Night, TVL</div>	<div>15</div> <div>9:15 Exercise, AR 9:45 Walmart, Lobby 10:00 Corn Hole, AR 11:00 Learn to Play Chess, AR 2:00 Bingo, AR 2:00 Bridge, TVL</div>	<div>16</div> <div>10:00 Bridge, TVL 11:00 Phase 10 Card Game, AR 2:00 Stitch and Knit, AR 3:00 John Hall Music, Lobby 3:00 Corn Hole, AR 7:00 Classic Movie Night, TVL</div> 
<div>17</div> <div>9:10 Catholic Rosary, CH 9:40 Catholic Communion, CH 10:00 Coffee Chat, AR 2:00 Numbered Dominoes, AR 4:00 Chapel Service, CH</div>	<div>18</div> <div>Local Doctor Appointments 9:15 Exercise with Legacy, AR 12:00 Singalong, DR 2:00 Bingo, AR 2:00 Bridge, GR 3:00 Great Lectures, TVL 3:00 Stitch and Knit, AR 3:30 Word Search, AR</div>	<div>19</div> <div>9:00 Errands, Lobby 9:15 Exercise, AR 9:45 Devotions, CH 10:30 Balloon Volleyball, Lobby 1:30 Herbal Tea, AR 2:00 Numbered Dominoes, AR 2:00 Bridge, TVL 7:00 Poker Night, AR</div> 	<div>20</div> <div>Local Doctor Appointments 9:15 Exercise, AR 10:00 Band Practice, DR 1:30 Rowan County Library Bookmobile, Lobby 2:00 Bingo, AR 2:00 Bridge, TVL 3:00 Bible Study, CH 3:00 Stitch and Knit, AR 6:30 Canasta, TVL</div>	<div>21</div> <div>9:15 Tai Chi, AR 12:00 Gingerbread House Workshop, DR 2:00 Numbered Dominoes, AR 2:00 Bridge, TVL 2:30 Great Lectures, TVL 3:00 New Resident Social and Monthly Birthday Party, AR 4:00 Thursday Singalong, DR 7:00 Poker Night, TVL</div> 	<div>22</div> <div>9:15 Exercise, AR 9:45 Walmart, Lobby 10:00 Corn Hole, AR 11:00 Learn to Play Chess, AR 2:00 Bingo, AR 2:00 Bridge, TVL</div>	<div>23</div> <div>10:00 Bridge, TVL 11:00 Phase 10 Card Game, AR 2:00 Stitch and Knit, AR 3:00 Corn Hole, AR 7:00 Classic Movie Night, TVL</div>
<div>24</div> <div>9:10 Catholic Rosary, CH 9:40 Catholic Communion, CH 10:00 Coffee Chat, AR 2:00 Numbered Dominoes, AR 4:00 Chapel Service, CH</div> 	<div>25</div> <div>Local Doctor Appointments 9:15 Exercise with Legacy, AR 12:00 Singalong, DR 2:00 Bingo, AR 2:00 Bridge, GR 3:00 Great Lectures, TVL 3:00 Stitch and Knit, AR 3:30 Word Search, AR</div>	<div>26</div> <div>9:00 Errands, Lobby 9:15 Exercise, AR 9:45 Devotions, CH 10:30 Balloon Volleyball, Lobby 1:30 Cooking with Herbs Thanksgiving Edition, AR 1:30 Blood Pressure Check by Legacy, Lobby 2:00 Numbered Dominoes, AR 2:00 Bridge, TVL 6:30 Hymns for the Fallen Salsbry Rowan Choral Society, DR 7:00 Poker Night, AR</div>	<div>27</div> <div>Local Doctor Appointments 9:15 Exercise, AR 10:00 Band Practice, DR 2:00 Bingo, AR 2:00 Bridge, TVL 3:00 Bible Study, CH 3:00 Stitch and Knit, AR 6:30 Canasta, TVL</div>	<div>THANKSGIVING DAY 28</div> <div>9:15 Tai Chi, AR 2:00 Numbered Dominoes, AR 2:00 Bridge, TVL 2:30 Great Lectures, TVL 4:00 Thursday Singalong, DR 7:00 Poker Night, TVL</div>	<div>29</div> <div>9:15 Exercise, AR 9:45 Walmart, Lobby 10:00 Corn Hole, AR 11:00 Learn to Play Chess, AR 2:00 Bingo, AR 2:00 Bridge, TVL</div>	<div>30</div> <div>10:00 Bridge, TVL 11:00 Phase 10 Card Game, AR 2:00 Stitch and Knit, AR 3:00 Corn Hole, AR 7:00 Classic Movie Night, TVL</div> 



At Oak Park, It Is Fall Festival Time

It was a beautiful fall day at Oak Park for a Fall Festival. Oak Park residents came out to enjoy the day with hayrides, dunking booth, candy apples, caramel apples, cotton candy, football toss, bean bag toss, ring toss, knock the cans down and lawn darts. To top it off, tickets were given to everyone who took part in the games for a drawing for prizes every 15 minutes.

For some reason, there seemed to be a line at the dunking booth the whole day. Our Manager, Chuck Turner, was such a good sport and just happened to be the person in the dunking booth. Residents' faces lit up with the biggest smile each time one of them were able to splash him into the water. Seeing their smiles made him keep coming back for more.

Residents said the day reminded them of some of their fondest memories, eating cotton candy and going on hayrides, while making some new memories with friends.

The day did not end outside. Everyone came inside for supper and enjoyed the music of the Graham Carlton Band.

Everyone agreed it was a fun-filled fall day to be remembered.

We want to also give a special thank you to our neighbor, Enon Baptist Church, for making the hayride possible. They made the trailer, provided the hay and tractor. They also helped with running the games for our residents. Thank you for being a part of our community and making a difference in the lives of our residents.



Oak Park Manager, Chuck, right before one of the residents puts him in the water



Walter's great-grandchildren enjoy some cotton candy.



Residents line up to have a chance to dunk Chuck in the water.



Executive Chef Justin with Levi eyeing those candy apples.



Oak Park Assistant Manager, Randy, helps get everyone ready for the hayride.



Dennis Eccleston Wins Another Gold Medal in Archery

At State Finals, qualifiers from the 52 local Senior Games gather to compete in Raleigh, North Carolina, against the "Best of the Best."

Our very own Oak Park resident, Dennis Eccleston, brought home another gold medal in Archery. This will be added to his wall of gold medals on his wall collection. Congratulations, Dennis. Oak Park is so proud of you!



Dennis Eccleston with another gold medal in Archery!

Life at Oak Park



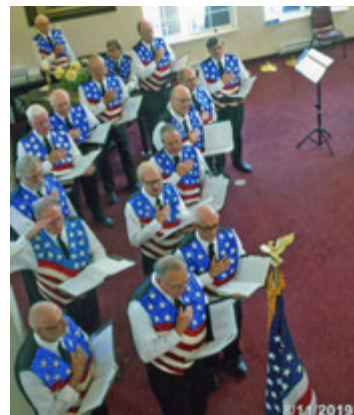
Genoal and Jean help make the largest banana split.



Oak Park Manager, Charlene, gets the chocolate milkshakes ready for the Sock Hop.



Time to fill the dance floor for a '50s Sock Hop



Joe and his men's singing group perform for Oak Park residents.



Resident Joan Pore with her family at the Oak Park 10 Year Anniversary Party.



Cora was happy to see Joni from Home Office when she came to help with our 10 Year Anniversary Party.

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Gracious Retirement Living

548 White Oaks Drive
Salisbury, NC 28147



Fall in love... with the season

Embrace Autumn without the worry of rising utility costs and home maintenance issues. Enjoy the freedom that our gracious retirement lifestyle has to offer. Please give us a call or stop by any day of the week for a complimentary meal and tour.

704-636-4600

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