

# MULLIGAN PARK

## Gracious Retirement Living

1800 Hermitage Blvd • Tallahassee, FL 32308 • Phone (850) 553-3252 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

### NOVEMBER 2019

#### MULLIGAN PARK STAFF

Managers..... DOUG & MARY WELLS  
Assistant Managers ..... EARL & CATHY KNIGHT  
Executive Chef ..... JULIO PRIETO POOL  
Marketing..... JEANIE MARTIN-ARMSTRONG  
Activity Coordinator ..... JAMIE GREEN  
Maintenance ..... SCOTT LYNN  
Bus Driver ..... SUSAN TIPLER

#### TRANSPORTATION

**Monday, 9:40 a.m.:** Shopping and Banking

**Tuesday, 9 a.m.:** Professional Appointments

**Wednesday, 9 a.m.:** Outings

**Thursday, 9 a.m.:** Professional Appointments

**Friday, 9:40 a.m.:** Shopping/Salon/Pharmacy

**HAWTHORN**  
SENIOR LIVING

### Veterans Day Celebration: Monday, November 11th, 12 p.m.

Please join us as we honor our veterans and all who have served our country at our Veterans Day Celebration at Mulligan Park.

Enjoy a delicious barbecue meal created by our all-star culinary team, while visiting with members from our local FSU ROTC, and special guest speaker Mayor John Daily.

Please RSVP by Thursday, November 7th.

We look forward to seeing you here at this special event!



### Thanksgiving Dinner at Mulligan Park

On Thursday, November 28th, Mulligan Park culinary team will create a beautiful Thanksgiving spread with turkey and all the fixings. This fabulous meal will be held from 12:30 until 2 p.m.

RSVPs are due by Friday, November 22nd.

We can't wait to see you!





## Get To Know Your Fellow Residents: Ken Jorishie

Written By: Resident Gloria Kolias

Born in 1933 in Clarksburg, West Virginia, Ken Jorishie was the youngest of four siblings, and the only boy. In a household with four females he has many memories of himself and his father waiting, and waiting some more to use the one bathroom. Two of his sisters were teachers, and being much older than Ken, one would constantly correct his grammar, much to his dismay.

At the age of 10, the family moved to Webster Springs, coal mining country located in a valley between three tall mountains. According to Ken, it was a small forgotten village with bad roads. The valley was so deep that the residents said the sunshine had to be piped in during the day, and the moonlight at night. It was here that he went to high school, played sports and learned to hunt and fish in the forests surrounding him. His father worked in the mines and contracted black lung disease. It was these forests that influenced his decision to major in forestry at the University of West Virginia. With degree in hand, he moved to Florida in 1956 and worked for Continental Can. In 1958, he joined the army and while in Indianapolis, Indiana at a USO event, he met a beautiful girl named Marguerite. Interest turned to love and they were married that same year. They were happily married for 57 years.

His company, Wood Procurement and Land Management and Safety, moved he and his wife to Swainsboro and Waycross, Georgia, and Jessup and Fernandina, Florida. Ken laughingly stated that every time they moved, they had a son, so they quit moving. Two of their sons: Jeff and Andy live in Tallahassee. Nicholas, the eldest, lives in Blackshear, Georgia and Christopher lives in Mooresville, North Carolina.



When he became a widower, he moved from son to son, but decided he needed other arrangements and chose Mulligan Park as his home. When asked why he chose this retirement home he said he liked the friendliness of the residents and the staff who would “do everything for you except burp you, and they would do that if you asked them to.” He likes the various activities, and participates in many of them with enthusiasm. Ken has a great sense of humor and has written several poems about life here at Mulligan Park. This poem illustrates his humor

and the way some of us feel when we look in the ...

### MIRRORS

I walked by the mirror and what did I see?  
A reasonable facsimile that looked like me.  
He had shaggy white hair and droopy brown eyes,  
two knobby knees and big fat thighs.  
As I looked closer, much to my chagrin,  
I had a poked-out stomach and cheeks that drew in.  
I gazed at my head; it's starting to get bare  
but alas my ears and nose still have plenty of hair.  
My hearing is going, my mind is playing tricks  
now sixty- and seventy-year-old women are  
classy chicks.

As I stare at the mirror, I begin to cry  
for a friend once told me that mirrors never lie.  
I turned from the mirror, that just couldn't be  
because I'm tall, dark and handsome and six  
foot three.

Dear Lord what did you do to this poor old Ken?  
I know I'll never look at a mirror again.

Ken continues to write poems about his experiences here at Mulligan Park. Be on the lookout for his poetry around the community!

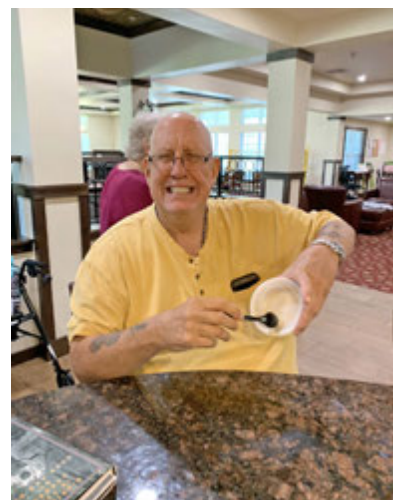




## Mulligan Park October Memories

The end of September we celebrated the end of summer with a Tropical Getaway Staycation which included a spectacular and educational performance by a Hawaiian hula dancer, Mocktails, and a beautiful spread of tropical coconut shrimp and fruit created by Mulligan Park's talented Executive Chef.

During September and October, residents also enjoyed many other activities, including kitty cuddling with a visit from The Fat Cat Cafe, an apple tasting, a poetry reading, walker wash and dash presented by Encompass Home Health, apple art, and much, much more! Thank you to everyone who volunteered and participated!



## Living To Be 100!

### Health Talk Presented by Amedysis

Amedisys is a leading provider of healthcare in the home with a vision of becoming the premiere solution for patients across the country to age in place. From home health to hospice to personal care, Amedisys team members provide quality, clinically distinctive care to more than 376,000 patients every year.

Join us on Friday, November 8th at 11 a.m., as Amedisys discusses how to live to be 100, during this exciting health talk.



NOVEMBER 2019

Birthdays

Dora Jane G., 2nd  
David H., 6th  
Susan P., 8th  
Jeroline N., 18th  
Maggie F., 20th  
Emily G., 20th  
Gerald R., 28th

Locations

Activity Room, AR  
Atrium, AT  
Billiards Room, BR  
Bus, Bus  
Chapel, CH  
Computer Center, CC  
Dining Room, DR  
Exercise Room, EX  
Fire Pit, FP  
Front Lobby, Lobby  
Library, LB  
Movie Theater, MT  
Pool, Pool  
TV Room, TV

“May your thoughts turn to gratitude this holiday season and carry on throughout the next year.”

—James A. Murphy

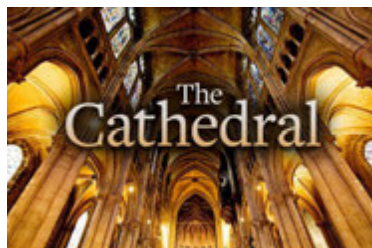
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<div>DAYLIGHT SAVING TIME ENDS3</div> <div>10:00Movie Matinee, MT</div> <div>2:00Nondenominational Sunday Service, CH</div> <div>7:00Sunday Night Classic Movie, MT</div>	<div>9:30Morning Chair Exercise with Jamie, AR4</div> <div>10:00Novus Racks Personal Stylist and Shopping, AR</div> <div>10:30Happy Hour Smoothies, AR</div> <div>11:00Billiard Games, BR</div> <div>2:00Bingo, AR</div> <div>3:30Getting Balance for Life with Fatimah, AR</div> <div>4:00Great Courses Cathedrals, MT</div> <div>7:00Monday Night Comedy Movie, MT</div>	<div>ELECTION DAY5</div> <div>9:30Morning Chair Exercise with Jamie, AR</div> <div>10:00Bible Study, CH</div> <div>10:30Happy Hour Smoothies, AR</div> <div>11:00Fit Beat Drumming, AR</div> <div>11:00Rosary Prayer Group, CH</div> <div>2:30Canasta, TV</div> <div>3:00Dream Catchers Craft, AR</div> <div>4:00Ageless Grace, AR</div> <div>7:00Left, Right, Center!, AR</div> <div>7:00Tuesday Night Action Movie, MT</div>	<div>Outing Day, Bus6</div> <div>9:00Public TV Day, MT</div> <div>2:00Bingo, AR</div> <div>2:00Scrabble, BR</div> <div>2:00Mahjong, BR</div> <div>6:45Bean Bag Baseball, AR</div> <div>7:00Wednesday Night Western Movie, MT</div> <div></div>	<div>9:30Chair Yoga with Amanda7</div> <div>10:00Monopoly Day Game, AR</div> <div>12:00Communion, CH</div> <div>1:45Manager/Resident Meeting, AR</div> <div>2:30Hand and Foot, TV</div> <div>3:00Monopoly Day Trivia, AR</div> <div>4:00Great Courses Cathedrals, MT</div> <div>7:00Thursday Night Thriller Movie, MT</div>	<div>9:30Morning Chair Exercise with Jamie, AR8</div> <div>10:30Happy Hour Smoothies, AR</div> <div>11:00Amedysis Health Talk, AR</div> <div>11:00Cooking with Cathy, Homemade Bread, AR</div> <div>2:00Bingo, AR</div> <div>3:30Chair Volleyball, AR</div> <div>7:00Friday Date Night Movie, MT</div> <div></div>	<div>10:30Coffee and Donuts with Asst. Mgrs., AR2</div> <div>11:00Board Games, AR</div> <div>2:00Left, Right, Center!, AR</div> <div>3:00Disney Movie Saturday, MT</div> <div>7:00Saturday Drama Movie Night, MT</div>
<div>10</div> <div>10:00Movie Matinee, MT</div> <div>2:00Nondenominational Sunday Service, CH</div> <div>7:00Sunday Night Classic Movie, MT</div>	<div>VETERANS DAY11</div> <div>9:30Morning Chair Exercise with Jamie, AR</div> <div>10:30Happy Hour Smoothies, AR</div> <div>11:00Billiard Games, BR</div> <div>12:00Veterans Day Buffet and Ceremony, DR</div> <div>2:00Bingo, AR</div> <div>3:30Getting Balance for Life with Fatimah, AR</div> <div>4:00Great Courses Cathedrals, MT</div> <div>7:00Monday Night Comedy Movie, MT</div>	<div>Postman’s Appreciation Day!12</div> <div>9:30Morning Chair Exercise with Jamie, AR</div> <div>10:00Bible Study, CH</div> <div>10:30Happy Hour Smoothies, AR</div> <div>11:00Rosary Prayer Group, CH</div> <div>11:00Fit Beat Drumming, AR</div> <div>1:45Encompass Health Talk: “Arthritis,” AR</div> <div>2:30Canasta, TV</div> <div>3:00Ocean Colors Pain Pour Art, AR</div> <div>7:00Left, Right, Center!, AR</div> <div>7:00Tuesday Night Action Movie, MT</div>	<div>Outing Day, Bus13</div> <div>World Kindness Day!</div> <div>2:00Bingo, AR</div> <div>2:00Scrabble, BR</div> <div>2:00Mahjong, BR</div> <div>6:45Bean Bag Baseball, AR</div> <div>7:00Wednesday Night Western Movie, MT</div>	<div>8:45Garden Club Meeting, AR14</div> <div>9:30Chair Yoga with Amanda</div> <div>12:00Communion, CH</div> <div>1:45Chef/Resident Meeting, AR</div> <div>2:30Hand and Foot, TV</div> <div>3:00Egg Carton Wreaths Craft, AR</div> <div>4:00Great Courses Cathedrals, MT</div> <div>7:00Thursday Night Thriller Movie, MT</div>	<div>9:30Morning Chair Exercise with Jamie, AR15</div> <div>10:30Happy Hour Smoothies, AR</div> <div>2:00Bingo, AR</div> <div>3:30Chair Volleyball, AR</div> <div>4:00New Resident Meet ‘N Greet, AR</div> <div>4:00Old Tyme Music and Singalong, DR</div> <div>7:00Friday Date Night Movie, MT</div>	<div>10:30Coffee and Donuts with Asst. Mgrs., AR16</div> <div>11:00Board Games, AR</div> <div>2:00Left, Right, Center!, AR</div> <div>3:00Disney Movie Saturday, MT</div> <div>7:00Saturday Drama Movie Night, MT</div>
<div>17</div> <div>10:00Movie Matinee, MT</div> <div>2:00Nondenominational Sunday Service, CH</div> <div>7:00Sunday Night Classic Movie, MT</div>	<div>18</div> <div>9:30Morning Chair Exercise with Jamie, AR</div> <div>10:30Happy Hour Smoothies, AR</div> <div>11:00Billiard Games, BR</div> <div>2:00Bingo, AR</div> <div>3:30Getting Balance for Life with Fatimah, AR</div> <div>4:00Great Courses Cathedrals, MT</div> <div>7:00Monday Night Comedy Movie, MT</div> <div></div>	<div>19</div> <div>9:30Morning Chair Exercise with Jamie, AR</div> <div>10:00Bible Study, CH</div> <div>11:00Rosary Prayer Group, CH</div> <div>1:45Encompass Health Talk “Speech Therapy Benefits,” AR</div> <div>2:00“Princess Diaries” Matinee, MT</div> <div>2:30Canasta, TV</div> <div>3:00Fall Sun Catchers Craft, AR</div> <div>4:00Ageless Grace, AR</div> <div>6:30Party with Carty, AR</div> <div>7:00Left, Right, Center!, AR</div> <div>7:00Tuesday Night Action Movie, MT</div>	<div>20</div> <div>Outing Day, Bus</div> <div>Happy Birthday Mickey Mouse Caregiver Appreciation Day</div> <div>2:00Bingo, AR</div> <div>2:00Scrabble, BR</div> <div>2:00Mahjong, BR</div> <div>6:45Bean Bag Baseball, AR</div> <div>7:00Wednesday Night Western Movie, MT</div> <div></div>	<div>International Hat Day!, DR21</div> <div>9:30Chair Yoga with Amanda</div> <div>12:00Communion, CH</div> <div>1:45Activities/Resident Meeting, AR</div> <div>2:30Hand and Foot, TV</div> <div>4:00Great Courses Cathedrals, MT</div> <div>7:00Thursday Night Thriller Movie, MT</div>	<div>22</div> <div>9:30Morning Chair Exercise with Jamie, AR</div> <div>10:30Happy Hour Smoothies, AR</div> <div>11:00Monthly Show ‘N’ Tell, AR</div> <div>2:00Bingo, AR</div> <div>3:30Chair Volleyball, AR</div> <div>7:00Friday Date Night Movie, MT</div>	<div>23</div> <div>10:30Coffee and Donuts with Asst. Mgrs., AR</div> <div>11:00Board Games, AR</div> <div>2:00Left, Right, Center!, AR</div> <div>3:00Disney Movie Saturday, MT</div> <div>7:00Saturday Drama Movie Night, MT</div>
<div>24</div> <div>10:00Movie Matinee, MT</div> <div>2:00Nondenominational Sunday Service, CH</div> <div>7:00“Casablanca” Movie, MT</div>	<div>25</div> <div>9:30Morning Chair Exercise with Jamie, AR</div> <div>10:30Happy Hour Smoothies, AR</div> <div>11:00Billiard Games, BR</div> <div>2:00Bingo, AR</div> <div>3:30Getting Balance for Life with Fatimah, AR</div> <div>4:00Great Courses Cathedrals, MT</div> <div>7:00Monday Night Comedy Movie, MT</div>	<div>Notable Quotes Day!, AR Yarn Snowflakes Craft, AR26</div> <div>9:30Morning Chair Exercise with Jamie, AR</div> <div>10:00Bible Study, CH</div> <div>10:30Happy Hour Smoothies, AR</div> <div>11:00Rosary Prayer Group, CH</div> <div>11:00Fit Beat Drumming, AR</div> <div>1:45Encompass BP Check, AR</div> <div>2:30Canasta, TV</div> <div>4:00Wine &amp; Cheese with Home Instead, AR</div> <div>7:00Left, Right, Center!, AR</div> <div>7:00Tuesday Night Action Movie, MT</div>	<div>27</div> <div>Outing Day, Bus</div> <div>2:00Bingo, AR</div> <div>2:00Scrabble, BR</div> <div>2:00Mahjong, BR</div> <div>6:45Bean Bag Baseball, AR</div> <div>7:00Wednesday Night Western Movie, MT</div>	<div>THANKSGIVING DAY28</div> <div>8:45Garden Club Meeting, AR</div> <div>12:30Thanksgiving Dinner, AR</div> <div>2:30Hand and Foot, TV</div> <div>4:00Great Courses Cathedrals, MT</div> <div>7:00Thursday Night Thriller Movie, MT</div> <div></div>	<div>29</div> <div>9:30Morning Chair Exercise with Jamie, AR</div> <div>10:30Happy Hour Smoothies, AR</div> <div>2:00Bingo, AR</div> <div>3:30Chair Volleyball, AR</div> <div>4:00Monthly Birthday Party and Trivia, AR</div> <div>7:00Friday Date Night Movie, MT</div>	<div>30</div> <div>10:30Coffee and Donuts with Asst. Mgrs., AR</div> <div>11:00Board Games, AR</div> <div>2:00Left, Right, Center!, AR</div> <div>3:00Disney Movie Saturday, MT</div> <div>4:30Monthly Dinner Outing, Bus</div> <div>7:00Saturday Drama Movie Night, MT</div>





## The Great Courses at Mulligan Park

Tour the world's most captivating cathedrals from the comfort of your own home, or rather Mulligan Park's Movie Theatre with these 24 lavishly illustrated lectures by Professor William R. Cook.



Explore the evolution, majesty, and intrigue of the world's most captivating cathedrals worldwide, as you embark on 3D tours with a noted medieval historian, Professor William R. Cook. These 24 lavishly illustrated lectures are given all from the comfort of your own home, or rather Mulligan Park's 30-seat, gorgeous movie theatre.

Courses will be held on Mondays and Thursdays, 4-5 p.m. and begin on Monday, November 4th. The courses will extend through December.

If you wish to attend this exciting and educational course, please contact Jamie in Activities to sign up. Seating is limited, so sign up today!

## To Our New Residents: Welcome To The Family!

- Jeanette B.
- Bob H.
- Scotty H.

Thank you for choosing Mulligan Park for your new home. We are very honored to be able to call you family. Welcome!

Join us Friday, November 15th at 4 p.m. for our monthly new resident meet-n-greet. This social gathering will take place in the Activity Room, where light refreshments will be served and a get-to-know-you game will be played.

This event is for EVERYONE, and is a chance to meet our new residents. Who knows, you might make a new friend!

## Out-N-About

September and October were full of outings that Mulligan Park residents will not forget. Residents utilized our amazing bus for trips to Spring Hill Tree Farm, where we chunked pumpkins and had hay rides. Other outings included: ice cream at Lofty Pursuits and a Canopy Roads Scenic Tour. November is full of even more adventures.

**Wednesday, November 6th:** Shopping (Target and Kohl's), 9:30 a.m.

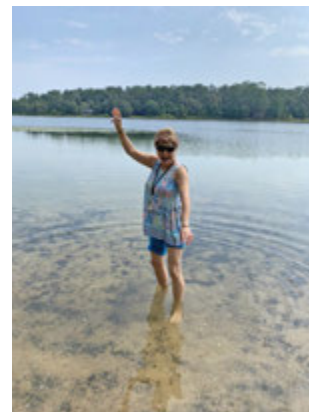
**Wednesday, November 13th:** Million Air Flight Tour, 1:30 p.m.

**Friday, November 15th:** Fred Astaire Dance Studio, 7 p.m.

**Wednesday, November 20th:** St. Peter's Anglican Church Tour, 9:45 a.m.

**Wednesday, November 27th:** The Art of Making Chocolate, \$15, 10 a.m.

**Saturday, November 30th:** Monthly Dinner Outing "Gordo's," 4:30 p.m.





## Guess Who?

Guess which resident is in this photo.

### Clues:

1. "Too lazy to work for a living, so he drove airplanes."
2. "Women love to push him around on the dance floor."
3. "He has a talent for teaching life and death discipline."
4. He has an amazing sense of humor.

October's "Guess Who" answer was Nancy W.



## 6 Things You Might Not Know About Thanksgiving

### 1. The First Thanksgiving

The story goes that the first Thanksgiving — a celebration of good harvest — took place in 1621, when English pilgrims landed at Plymouth Plantation and shared a meal with their Native American neighbors. However, historian Michael Gannon argues that the first Thanksgiving celebration in North America actually took place half a century earlier in Florida. On September 8, 1565, he says following a religious service, Spaniards shared a communal meal with the local native tribe.

### 2. A Public Holiday

According to the U.S. National Archives, on September 28, 1789 the first Federal Congress passed a resolution asking that the president of the United States recommend to the nation a day of thanksgiving. A few days later, George Washington issued a proclamation naming Thursday, November 26, 1789 as a "Day of Public Thanksgiving" — this was the first time Thanksgiving was celebrated under the new Constitution.

The dates of Thanksgiving celebrations varied as subsequent presidents came and went, and it wasn't until Abraham Lincoln's 1863 Proclamation — in the midst of the Civil War — that Thanksgiving was regularly commemorated each year on the last Thursday of November.

### 3. Changing Dates

The U.S. National Archives says that in 1939, with the last Thursday in November falling on the last day of the month, Franklin D. Roosevelt became concerned that the shortened Christmas shopping season might dampen economic recovery. He therefore issued a Presidential Proclamation moving Thanksgiving to the second to last Thursday of November.

Some 32 states consequently issued similar proclamations, but 16 states refused to

accept the change. As a result, for two years, two days were celebrated as Thanksgiving.

To end the confusion, on October 6, 1941 Congress set a fixed date for the holiday: it passed a joint resolution declaring the last Thursday in November to be the legal Thanksgiving Day.

### 4. The Macy's Thanksgiving Day Parade

The Macy's Thanksgiving Day Parade, which is televised nationally on NBC, has been marching since 1924. That year, the department store's president, Herbert Strauss, organized a six-mile procession from Harlem to the Macy's store in Herald Square. The parade featured animals — including elephants — from the Central Park Zoo, and was nearly three times as long as it is today: for the purposes of television filming, the route was later reduced to 2.5 miles.

### 5. Pass the Venison?

While turkey is today the bird of choice for Thanksgiving dinners across the United States, this was not always the case: according to History.com, for the first-ever Thanksgiving in 1621 the Indians killed five deer as a gift for the colonists, meaning venison would most likely have been the dish of the day.

### 6. The Pardoned Turkey

Each Thanksgiving, the President of the United States "pardons" a hand-selected turkey, sending it to a farm where it lives out the rest of its days. But, in 1989, contrary to popular belief, President George H. W. Bush was not the first president to grant such a pardon.

According to the White House, the tradition dates to Lincoln's days, when his son Tad begged him to write a presidential pardon for the bird meant for the family's Christmas table, arguing it had as much a right to live as anyone. Lincoln complied, and the turkey lived.



MULLIGAN PARK  
Gracious Retirement Living

1800 Hermitage Blvd  
Tallahassee, FL 32308



*Fall in love...*  
with the season

Embrace Autumn without the worry of rising utility costs and home maintenance issues. Enjoy the freedom that our gracious retirement lifestyle has to offer. Please give us a call or stop by any day of the week for a complimentary meal and tour.

**850-553-3252**

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