Mill Pond Health Campus Assisted Living

INOVENBER 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans C - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events	Locations Key Code HC= Health Center Living Room HCD= Health Center Dining Room ALD= Assisted Living Dining Room ALF= Assisted Living Fireplace AR= Activity Room P= Patio	Ombudsman John Tumer 800-489-1561 812-238-1561 * All activities/outings are subject to change. Any changes will be announced on Lifeshare.			1 CC 9:00 Bake Sale Prep (AR) V 10:15 Washers (AL) CC 10:30 Bake Sale K 11:00 Trivia - AR K 2:00 Bingo (HCD) M 3:00 Happy Hour with John	9:30 Meditation
Daylight Savings Ends F 9:30 Come Relax With Us	5 1:30 Inspired Living	5 Election Day O 10:00 Walmart	V 10:15 Wednesday Weight	7	8 9:00 Bake Sale Prep (AR)	9 9:30 Coloring Inspiration
And Watch A Movie (ALD)	Committee (AL) K 2:00 Current Events- AR	A 11:00 Hand Pressed Turkey Craft	Lifting - (AL) G 12:00 Guys Lunch- AR	M 11:15 Name That Tune Trivia- AR	V 10:15 Dance To That Tune -	2.30 Coloning inspiration
2:00 Hynms with Soul Harvest (AR)	GF 6:15 Book Club -ARF	1:00 Journal Club - AR S 1:30 Chef's corner- HC	GF 2:00 Westem Movie Wednesday (AR)	A 1:00 Thanksgiving Wreaths- AR	10:30 Bake Sale 2:00 Bingo (HCD)	
2:20 Worship with Soul Harvest (AL)		2:00 Bingo (HCD) GG 3:00 Euchre Club (AL)	1 4:00 Fireside Women's Bible Circle	2:00 Scenic Drive 2:30 Cooking Club- AR	M 3:00 Happy Hour with Traveling Troubadours	
		4:00 Today in History- AR	GF 6:15 Book Club -ARF	3:30 Today in History- AR	(ALF)	
O Coma Dalau With He	Veterans Day	12	13	14	15	16
9:30 Come Relax With Us And Watch A Movie (ALD)	2:00 Chef's Comer- AL (AR)2:00 Current Events- AR6:15 Book Club -ARF	0 10:00 Walmart V 10:15 Put Put - AL A 11:00 Wreaths- AR	V 10:15 Wednesday Weight Lifting (AL) G 12:00 Guys Lunch- AR	I 10:30 Bible Study (AL) M 11:15 Name That Tune Trivia- AR	9:00 Bake Sale Prep (AR) 10:30 Bake Sale 11:00 Homemade Biscuits- AR	1 9:30 Meditation
11:00 Sunday Brunch 2:00 Hynms with Soul	GI U.IS BOOK CIUB -AIN	1:00 Weaths- AR 1:00 Journal Club - AR 1:30 Chef's Circle- HCD	A 1:00 DJ Creation (AR) GF 2:30 Movie Matinee (ALD)	A 1:00 Pie Signs Craft- AR O 2:00 Grand Traverse Pie	1:00 Continued Homemade Biscuits- AR	
Harvest (AR) 1 2:20 Worship with Soul		2:00 Bingo (HCD) 3:00 Euchre Club (AL)	1 4:00 Fireside Women's Bible Circle	Company Co 2:30 Cooking Club- AR	2:00 Bingo (HCD) 3:00 Happy Hour (ALF)	
Harvest (AL)		3:30 Today in History- AR	GF 6:15 Book Club -ARF	1 3:30 Today in History- AR		
17	18	19	20	21	22	23
F 9:30 Come Relax With Us And Watch A Movie	2:00 Chef's Comer- HC (AR) 2:00 Current Events- AR	9:45 Bean Bag Tic Tac Toe - HC (AR)	V 10:15 Wednesday Weight Lifting -(AL)	I 10:30 Bible Study (AL) M 11:15 Name That Tune Trivia-	9:00 Bake Sale Prep (AR) 10:15 Washers - HC	9:30 Coloring Inspiration 2:00 Chuck Reeves
(ALD) 2:00 Hynms with Soul Harvest (AR)	GF 6:15 Book Club -ARF	O 10:00 Dollar Tree A 10:30 Homemade Pies- AR I 1:00 Journal Club - AR	GF 2:00 Guys Lunch- AR GF 2:00 Movie Matinee -AR I 4:00 Fireside Women's Bible	AR A 1:00 Leaf Tea Lights- AR 2:00 Scenic Drive	CC 10:30 Bake Sale CC 2:00 Bingo (HCD) M 3:00 Happy Hour with Gill	3:00 Bingo (ALD)
2:20 Worship with Soul Harvest (AL)		2:00 Bingo (HCD) GG 3:00 Euchre Club (AL)	Circle GF 6:15 Book Club -ARF	2:30 Cooking Club- AR 3:30 Today in History- AR	Miller (ALF)	
3:00 Music with Faith Baptist		3:30 Today in History- AR		S 5:30 AL & Legacy Family Night- AL		
4	25	26	27	28 Thanksgiving	29	30
F 9:30 Come Relax With Us And Watch A Movie	5 1:30 Resident Council (AL) AR	010:00 Scenic Drive V10:15 Stretching -AR	V 10:15 Wednesday Weight Lifting -(AL)	I 10:30 Bible Study (AL) CC 2:30 Cooking Club- AR	9:00 Bake Sale Prep (AR) 10:30 Bake Sale	10:00 Coloring Inspirations 2:00 Bingo
(ALD) 2:00 Hynms with Soul	S 2:00 Chef's Comer- AL (AR) C:00 Current Events- AR	11:15 Journal Club - AR 1:00 Memorial Service (ALD)	G 12:00 Guys Lunch- AR F 2:00 Movie Matinee -AR	6:15 Lions Club Bingo (ALD)	V 11:00 Comhole - AL K 2:00 Bingo (HCD)	
Harvest (AR) 2:20 Worship with Soul	GF 6:15 Book Club -ARF	2:00 Bingo (HCD) GG 3:00 Euchre Club (AL)	1 4:00 Fireside Women's Bible Circle		M 3:00 Happy Hour	
Harvest (AL)		3:30 Today in History- AR M 6:15 Music with Shawn	GF 6:15 Book Club -ARF			

Mill Pond Health Campus Health Center

INOVEMBER 2019

NA POLICE OF THE PROPERTY OF T						Children
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce Lifelong Learning MN - Mindful Moments M - Music to My Ears O - Out & About	Locations Key Code HC= Health Center Living Room HCD= Health Center Dining Room ALD= Assisted Living Dining Room ALF= Assisted Living Fireplace AR= Activity Room	Ombudsman John Tumer 800-489-1561 812-238-1561 * All activities/outings are subject to change. Any changes will be announced on Lifeshare.			9:00 Bake Sale Prep (AR) 9:05 Mindful Moments 10:30 Bake Sale K 11:00 Trivia - AR 12:15 Healthy Hands K 2:00 Bingo (HCD) M 3:00 Happy Hour with John	9:30 Meditation 12:15 Cleansing Oils MI 1:15 Mindful Moments
3 Daylight Savings Ends	4	5 Election Day	6	7	8	9
GF 9:30 Come Relax With Us And Watch A Movie (ALD) 11:15 Mindful Moments 12:15 Healthy Hands (HCD) 2:00 Hynms with Soul Harvest (AR) 1 2:20 Worship with Soul Harvest (AL)	9:05 Mindful Moments V10:15 Chair Fitness- HC 12:15 Healthy Hands C2:00 Current Events- AR GF 6:15 Book Club -ARF	9:05 Mindful Moments 010:00 Walmart A11:00 Hand Pressed Turkey Craft S 1:30 Chef's corner- HC C 2:00 Bingo (HCD) GG 3:00 Euchre Club (AL) 4:00 Today in History- AR	9:05 Mindful Moments 16:12:00 Guys Lunch- AR 12:15 Healthy Hands GF 2:00 Western Movie Wednesday (AR) I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	 9:00 Mindful Moments- HC 10:30 Bible Study (AL) M11:15 Name That Tune Trivia-AR 1:00 Thanksgiving Wreaths-AR 2:00 Scenic Drive 2:30 Cooking Club- AR 3:30 Today in History- AR 	9:00 Bake Sale Prep (AR) 9:05 Mindful Moments 10:30 Bake Sale 12:15 Healthy Hands 2:00 Bingo (HCD) M 3:00 Happy Hour with Traveling Troubadours (ALF)	 1 9:30 Coloring Inspiration 12:15 Cleansing Oils M 1:15 Mindful Moments
.0	11 Veterans Day	12	13	14	15	16
SF 9:30 Come Relax With Us And Watch A Movie (ALD) S 11:00 Sunday Brunch 11:15 Mindful Moments 12:15 Healthy Hands (HCD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul	9:05 Mindful Moments V10:15 Weight Training- HC 12:15 Healthy Hands Current Events- AR GF 6:15 Book Club -ARF	9:00 Mindful Moments- HC 010:00 Walmart A11:00 Wreaths- AR 1:30 Chef's Circle- HCD 2:00 Bingo (HCD) GG 3:00 Euchre Club (AL) 3:30 Today in History- AR	 9:05 Mindful Moments 12:00 Guys Lunch- AR 12:15 Healthy Hands A 1:00 DJ Creation (AR) GF 2:30 Movie Matinee (ALD) I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF 	 9:00 Mindful Moments- HC 10:30 Bible Study (AL) M11:15 Name That Tune Trivia-AR 1:00 Pie Signs Craft- AR 2:00 Grand Traverse Pie Company 2:30 Cooking Club- AR 3:30 Today in History- AR 	9:00 Bake Sale Prep (AR) 9:05 Mindful Moments 10:30 Bake Sale 11:00 Homemade Biscuits- AR 12:15 Healthy Hands- HC 1:00 Continued Homemade Biscuits- AR 2:00 Bingo (HCD) M 3:00 Happy Hour (ALF)	I 9:30 Meditation 12:15 Cleansing Oils II:15 Mindful Moments
.7	18	19	20	21	22	23
And Watch A Movie (ALD) MN 11:15 Mindful Moments 12:15 Healthy Hands (HCD) M 2:00 Hynms with Soul Harvest (AR) 1 2:20 Worship with Soul Harvest (AL)	AR S 2:00 Chef's Comer- HC (AR)	 9:00 Mindful Moments- HC 9:45 Bean Bag Tic Tac Toe - HC (AR) 010:00 Dollar Tree A 10:30 Homemade Pies- AR 2:00 Bingo (HCD) 3:00 Euchre Club (AL) 3:30 Today in History- AR 5:30 Health Center Family 	9:05 Mindful Moments JG 12:00 Guys Lunch- AR 12:15 Healthy Hands- HC GF 2:00 Movie Matinee -AR I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	 9:00 Mindful Moments- HC 10:30 Bible Study (AL) M11:15 Name That Tune Trivia-AR 1:00 Leaf Tea Lights- AR 2:00 Scenic Drive 2:30 Cooking Club- AR 3:30 Today in History- AR 5:30 AL & Legacy Family 	9:00 Bake Sale Prep (AR) 9:05 Mindful Moments V 10:15 Washers - HC C 10:30 Bake Sale 12:15 Healthy Hands- HC X 2:00 Bingo (HCD) M 3:00 Happy Hour with Gill Miller (ALF)	 9:30 Coloring Inspiration 12:15 Cleansing Oils 1:15 Mindful Moments 2:00 Chuck Reeves 3:00 Bingo (ALD)
24	25	26	27	28 Thanksgiving	29	30
Come Relax With Us And Watch A Movie (ALD) 11:15 Mindful Moments 12:15 Healthy Hands (HCD) 2:00 Hynms with Soul Harvest (AR) U2:20 Worship with Soul Harvest (AL)	9:05 Mindful Moments V10:15 Parachute Games - HC 12:15 Healthy Hands- HC C 2:00 Current Events- AR GF 6:15 Book Club -ARF	9:00 Mindful Moments- HC 010:00 Scenic Drive 1:00 Memorial Service (ALD) 2:00 Bingo (HCD) 3:00 Euchre Club (AL) 1:3:30 Today in History- AR M 6:15 Music with Shawn	9:05 Mindful Moments 10:10 Guys Lunch- AR 12:15 Healthy Hands- HC GF 2:00 Movie Matinee -AR 1 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	9:00 Mindful Moments- HC 10:30 Bible Study (AL) 2:30 Cooking Club- AR 6:15 Lions Club Bingo (ALD)	9:00 Bake Sale Prep (AR) 9:05 Mindful Moments 10:30 Bake Sale V11:00 Comhole - AL 12:15 Healthy Hands- HC 2:00 Bingo (HCD) M 3:00 Happy Hour	10:00 Coloring Inspirations 12:15 Cleansing Oils 1:15 Mindful Moments 2:00 Bingo

Mill Pond Health Campus Daily Rhythm's

INOVEMBER 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About V - Vitality	Morning: Vitality Keeping it Sharp/ Reminiscence Refresher Creative Cooking	Every Aftemoon: Relax & Recharge Artisans Musical Celebration Refresher Group Games	Every Evening: Gathering of Friends Nighttime Traditions Ombudsman John Tumer 800-489-1561 812-238-1561		V Comucopia Pass Word Poem Refresher Apple-Cranberry Crumb Bars Lunch Prep Relax & Recharge Comcob Painting November Happy Hour GC Pin the Tail on Bessie	V Minfulness Matters K Turn Over Refresher CC Monster Cookies Lunch Prep Relax & Recharge Orange Clove Gift M Saturday Jazz GC Life on the Farm
3 Daylight Savings Ends	4	5 Election Day	6	7	8	9
 Bowling Joel Osteen TV Create a Caption Refresher Sandwich Cookies Lunch Prep Relax & Recharge Button Trees Glee Club 	#BurnBeforeTheBird K Football Frenzy! Refresher Layered Chili Cheese Dip Lunch Prep Relax & Recharge Gourd-geous Paint M Musical Moments GC Horseshoes	Cowboy Boogie Best Friends Forever! Refresher S'more Crescent Rolls Lunch Prep Relax & Recharge Creative Storytelling Toot Your Flute Roll the Die & Break the Ice	Chair Swimming Autumn Spelling Words Refresher Hearty Ham & Bean Soup Lunch Prep Relax & Recharge Thanksgiving Gratitude Tree Pass The Beat Lollipop Paddle	 Turkey Trot Reverse Hangman Scenic Drive Refresher Mother's Pumpkin Bread Lunch Prep Relax & Recharge Fall Garland Feel The Heartbeat 	V Cornucopia Pass Word Poem Refresher C Orange Cranberry Bread Lunch Prep Relax & Recharge A Cloth Tie Wreath M November Happy Hour GC Pin the Tail on Bessie	Minfulness Matters Turn Over Refresher Peanut Butter Pudding Cake Lunch Prep Relax & Recharge Foam Fortune Cookies M Saturday Jazz GG Life on the Farm
10	11 Veterans Day	12	13	14	15	16
 Bowling Joel Osteen TV Create a Caption Refresher Homemade Vanilla Cupcakes Lunch Prep Relax & Recharge Feather Paint Glee Club 	#BumBeforeTheBird Football Frenzy! Refresher Navy Bean Vegetable Soup Lunch Prep Relax & Recharge Veterans Day Heart Card Musical Moments GC Horseshoes	Cowboy Boogie Best Friends Forever! Refresher Sugar-free Pumpkin Cake Lunch Prep Relax & Recharge Autumn Leaf Stamping Toot Your Flute GG Roll the Die & Break the Ice	Chair Swimming Autumn Spelling Words Refresher Pretzel No Bake Cookies Lunch Prep Relax & Recharge Beaded Pumpkins Pass The Beat Lollipop Paddle	 Turkey Trot Reverse Hangman Scenic Drive Refresher Apple Praline Bread Lunch Prep Relax & Recharge Kindred Thanksgiving Craft A Man's Masterpiece 	Comucopia Pass Word Poem Refresher Grands Monkey Bread Lunch Prep Relax & Recharge Q-tip Trees November Happy Hour GC Pin the Tail on Bessie	Minfulness Matters Turn Over Refresher CC Cranberry Orange Salsa Spread Lunch Prep Relax & Recharge Sensory Paint M Saturday Jazz GC Life on the Farm
V Bowling I Joel Osteen TV Create a Caption Refresher CC Fruit Bread K Lunch Prep Relax & Recharge A Creative Storytelling M Glee Club	W #BurnBeforeTheBird K Football Frenzy! Refresher CC Tuscan Pumpkin Soup K Lunch Prep Relax & Recharge A Collaborative Weaving M Musical Moments GC Horseshoes	V Cowboy Boogie Best Friends Forever! Refresher CC Caramel Stuffed Snickerdoodles Lunch Prep Relax & Recharge Thumbprint Dandelion Toot Your Flute GC Roll the Die & Break the Ice	V Chair Swimming Autumn Spelling Words Refresher Sugar-free Oatmeal Spice Muffins Lunch Prep Relax & Recharge Poppy Field Collage M Pass The Beat	V Turkey Trot Reverse Hangman Scenic Drive Refresher Jiffy Combread Casserole Lunch Prep Relax & Recharge Picture Prompts M Feel The Heartbeat	V Comucopia Pass K Word Poem Refresher C Autumn Cheese Ball K Lunch Prep Relax & Recharge A Spice Painting M November Happy Hour G Pin the Tail on Bessie	V Minfulness Matters Turn Over Refresher Mini Pecan Pies K Lunch Prep Relax & Recharge A Chihuly Inspired Glass Art Saturday Jazz GG Life on the Farm
24	25	26	27	28 Thanksgiving	29	30
 W Bowling I Joel Osteen TV K Create a Caption Refresher Game Day BLT Dip Lunch Prep Relax & Recharge A Thankfulness Collage M Glee Club 	#BumBeforeTheBird K Football Frenzy! Refresher CC Ham & Potato Soup K Lunch Prep Relax & Recharge A Mystery Drawing M Musical Moments GC Horseshoes	Cowboy Boogie Best Friends Forever! Refresher Warm Apple Dip Lunch Prep Relax & Recharge Deck of Wit & Wisdom Toot Your Flute Roll the Die & Break the Ice	 Chair Swimming Autumn Spelling Words Refresher Sugar-free Pumpkin Custard Cups Lunch Prep Relax & Recharge Drama Club-Short Story Pass The Beat 	 Turkey Trot Reverse Hangman Scenic Drive Refresher Turkey Peanut Butter Cup Cookies Lunch Prep Relax & Recharge Seasonal Adult Coloring 	V Comucopia Pass K Word Poem Refresher Peanut Butter Fudge Lunch Prep Relax & Recharge A Ribbon Tree Ornament November Happy Hour GC Pin the Tail on Bessie	Minfulness Matters Turn Over Refresher CC Chewy Gingersnap Cookies Lunch Prep Relax & Recharge Creative Storytelling M Saturday Jazz GC Life on the Farm